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ARMY FLIER

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'IT'S ALL ABOUT THE STORIES'

Museum welcomes home XH-40, 'helicopter that changed world'

By Nathan Pfau
Army Flier Staff Writer

An aircraft that some regard as the single most important helicopter in Army Aviation history returned home to be showcased for all to see.

The very first XH-40 prototype helicopter — a precursor to the UH-1 Huey — returned to its home at the U.S. Army Aviation Museum Oct. 20 after it was gone from the installation for more than a year in an effort to restore the storied aircraft to its former glory, according to Bob Mitchell, U.S. Army Aviation Museum curator.

While away, the aircraft underwent a restoration and preservation process designed to keep much of the original aircraft together.

"When you do a restoration, a lot of times you have to replace old parts with new parts, and the artifact becomes something that really isn't," said the curator. "The goal was to try and preserve as much of the original artifact as possible."

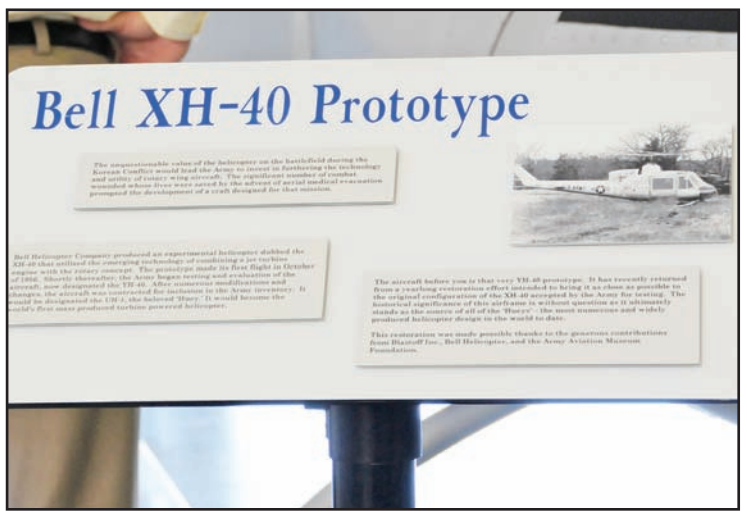
Mitchell said he wanted to be able to keep the aircraft authentic as possible to be able to preserve its place in history and the significance the aircraft played in shaping Army Aviation. The way the aircraft looks now is very much how it would have looked back when it was in service more than 60 years ago.

"The XH-40 is probably the single most important helicopter in the collection," said Mitchell. "It was the Army's first turbine helicopter and really the turning point for the United States Army and certainly Army Aviation – this is the helicopter that changed the world."

SEE XH-40, PAGE A7

PHOTOS BY NATHAN PFAU

The first XH-40 prototype helicopter returns to Fort Rucker and prepares to be moved to its home at the U.S. Army Aviation Museum Oct. 20 after more than a year of restoration and preservation.



PHOTOS BY NATHAN PFAU

Riders take off from the U.S. Army Aviation Museum parking lot as they embark on the motorcycle mentorship ride to Panama City Beach, Fla., Friday.

'WE HOPE TO SAVE SOME LIVES'

1-11th Avn. Regt. hosts motorcycle mentorship ride

By Nathan Pfau
Army Flier Staff Writer

Taking to the road in any vehicle can be dangerous, but the danger level increases for motorists on two wheels.

The 1st Battalion, 11th Aviation Regiment and Fort Rucker sought to educate motorcycle riders on post about proper safety when it comes to taking to the streets through the motorcycle mentorship ride Friday.

"We here in 1-11th encourage our riders to meet and ride frequently, as this interaction fosters a safe riding culture, and provides an opportunity for our mentors and riders to discuss issues, trends and dangerous riding locations," said Command Sgt. Maj. Marvin Pinckney, 1st Bn., 11th Avn. Regt. command sergeant major.

During the mentorship ride, the riders rode to Panama City Beach, Florida, but not before a safety brief on proper techniques while riding, especially in a group, which brings a completely different dynamic to riding compared to riding solo, said Joel Vanhoolandt, Department of the Army civilian and ride coordinator.

When riding alone, riders must be aware of their environment constantly, and although most riders may be safe and aware, it can be difficult for other motorists to see those on motorcycles, said Vanhoolandt. Riding in a group can be much safer because it increases visibility of the riders on the road, but with that, extra precautions must be taken and a plan has to be made for the ride.

"This is a controlled environment, so we monitor the riders, pair them off with their mentors and we identify their shortcomings and their strengths," he said. "We will ride staggered in two-second intervals, and there is a lead rider who will point out any hazards in the road, and will use different hand signals and signs to alert the following riders.

"This is a good way to watch how other riders ride and be able to point out any bad habits," he continued. "And while riding as a group, you have to keep your awareness because when the group stops you have to be able to keep up with all of that."

Vanhoolandt said that what many motorists don't seem to realize is that motorcyclists are riding in groups for their own safety, not to simply take over the roads. For that reason, people in vehicles should respect a group of riders and take extra caution.

SEE MENTORSHIP, PAGE A7

Riders receive a briefing before they take off from the U.S. Army Aviation Museum parking lot as they embark on the motorcycle mentorship ride.

Sexual assault victims get more support

Army Flier
Staff Reports

Serving the needs of sexual assault victims remains a top priority throughout the U.S. Army, and Fort Rucker's Office of the Judge Advocate now has a new counsel to give victims much-needed support.

Capt. Daniel Hancock, Fort Rucker's newly-appointed special victims' counsel, will work with victim advocates and victim witness liaisons to ensure victims fully understand their rights throughout the military investigative, judicial and legal administrative processes.

The Special Victim Counsel Program was designed to protect the rights of sexual assault victims. Special victims' counsels are specially-trained military attorneys who work for no one but the victim, he said.

"Anyone who has made a sexual assault complaint has access to special victims' counsel," Hancock said. "I am here to answer any questions they may have and to guide them through the legal processes."

Each special victim counsel is a licensed attorney, member of the Judge Advocate General's Corps and hand-selected to perform this important role, the captain added.

All are trained and certified to represent eligible victims of sexual assault, regardless of whether the victim chooses to file a restricted or unrestricted report of sexual assault. A counsel forms an attorney-client relationship with each

SEE SUPPORT, PAGE A7

PHOTO BY JEREMY HENDERSON

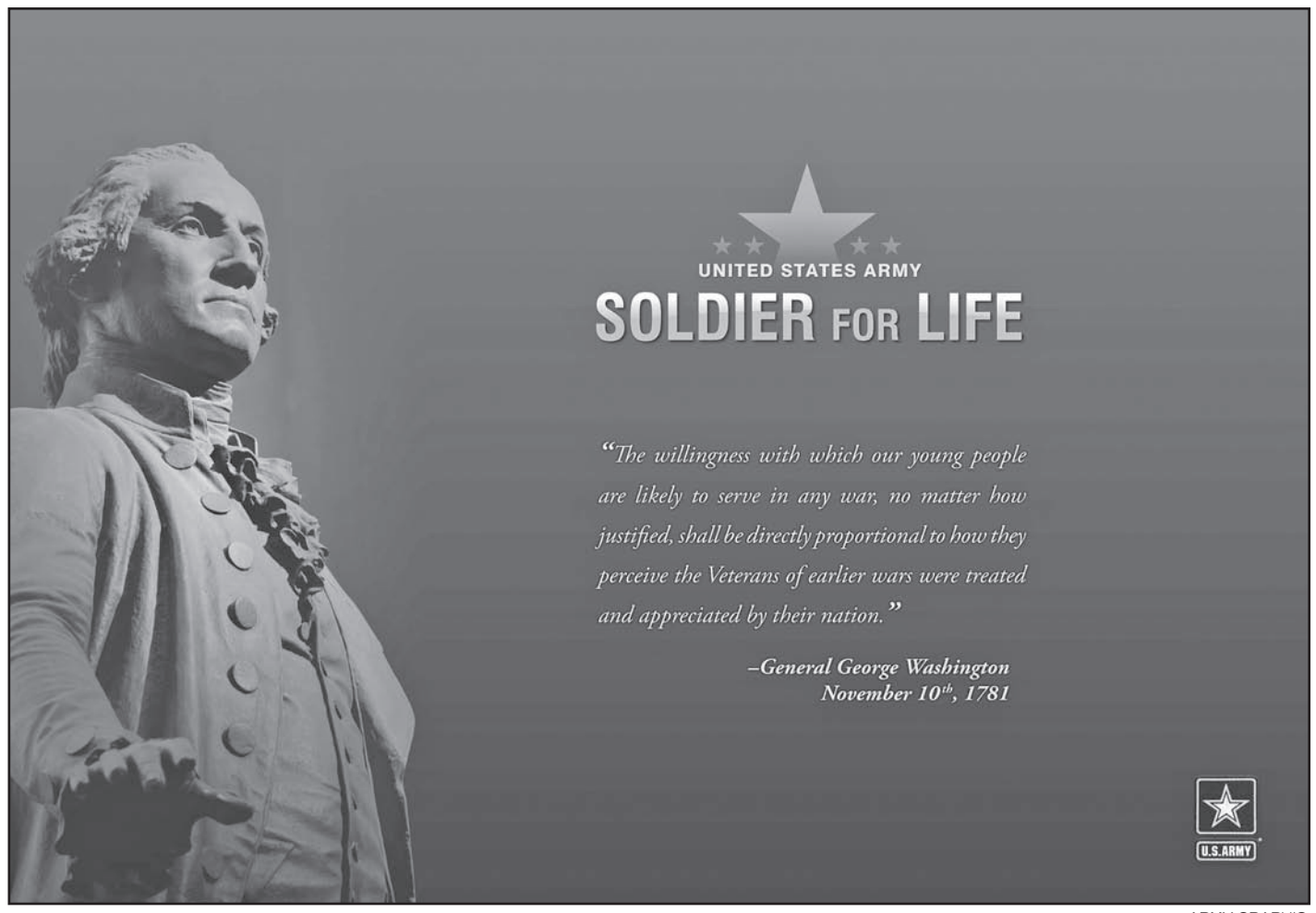
Capt. Daniel Hancock recently joined Fort Rucker's Office of the Staff Judge Advocate as the post's special victims' counsel.

PERSPECTIVE

SOLDIER FOR LIFE

Transition expert offers salary negotiation tips

By Bryan Tharpe
Fort Rucker Soldier for Life
Transition Services Manager



ARMY GRAPHIC

Negotiating a salary is every job hunter's final hurdle. Many times job seekers are so eager to have an offer that they forget to take advantage of the leverage they have at this critical moment.

Your negotiating strength is never stronger than at the moment when the company invites you to join their team. Many job seekers fail to prepare themselves for this final hurdle and may end up with less compensation than they are worth.

This can be avoided by researching, practicing and expecting negotiations.

Before you can begin to develop a negotiation strategy, you must learn about yourself. You can begin this process by analyzing your financial needs and wants. Determine what compensation you will require by preparing a brief balance sheet of your assets and liabilities. This simple exercise will quickly reveal your salary needs.

In addition, you need to research current compensation packages within your specific career field. You should become familiar with all parts of the compensation package because there are options with a civilian package that may be new to you. You can find salary information in the Jobs Rated Almanac, the American Almanac of Job Salaries and the Occupational Outlook Handbook, all of which are available on-line.

You should enter the negotiation process with a win-win attitude. The end result should be a benefit to you and the company. You should determine how soon the company needs to fill the position and whether or not you are a good fit.

Never be the first to mention money. The rule is, the first to mention money loses. This is true. You want the employer to reveal their money position first – this gives you the upper hand in negotiation.

Always remember, you can come across too greedy and this may turn-off your potential employer. You must use tact and common sense during the negotiation.

If you find yourself at an impasse with a potential employer, try to negotiate something other than salary. There are a multitude of benefits other than salary that you may be able to negotiate, such as vacation/leave time, 401K plans, stock options and health benefits. Many times relocation benefits are also a negotiation point. Do not overlook these benefits when you begin to develop your own negotiation strategy.

In summary, the most important points are, never mention money first and always enter the negotiation with a win-win attitude. In order to receive the compensation you want, you will need to prepare so you will come across as calm confident and flexible. Communicate that you are searching for a mutually satisfactory agreement as a potential member of the team.

The Soldier for Life Center is available to assist you develop a negotiation strategy or to simply answer questions you may have about how to properly enter a salary negotiation.

Salary negotiation is part of the Department of Labor workshop and is taught during the job search process to transitioning Soldiers and their family members.

Fort Rucker counselors can be reached at 255-2558.

Rotor Wash

"Trick-or-Treating will take place in the housing areas on post Monday from 6-8 p.m. What are some safety tips you can offer parents and family members before hitting the neighborhoods in search of goodies?"

Sgt. 1st Class Anthony Brister, U.S. Army Combat Readiness/Safety Center

"Wear reflective gear, travel in groups and inspect the candy before you let your kids eat it."

Mike Grubb, civilian

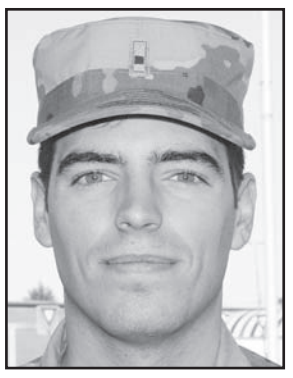
"Be vigilant and always be looking over your shoulder."

Odessa Jones, military family member

"Stay in well-lit areas."

Spc. Ryan Stroud, 6th Military Police Detachment

"Stay on base for trick-or-treating."



W01 Michael Gatechair, B Co., 1st Bn., 145th Avn. Regt.

"Parents can make sure to keep a watchful eye on their kids and don't let them play in the street."

COMMAND

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FORT RUCKER COMMANDING GENERAL

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FORT RUCKER GARRISON COMMANDER

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflier.com.

EDUCATION FAIR

Center hosts event to help Soldiers, family pursue their dreams

By Nathan Pfau
Army Flier Staff Writer

Pursuing one's dreams can be fraught with challenges and obstacles, but the Fort Rucker Education Center seeks to keep people's dreams of getting higher education within reach.

The Fort Rucker Education Center held its Education Fair Oct. 20 as a means to make it easier for Soldiers and family members to engage and connect with schools that might help them reach their education goals, according to Grey Edwards, Southeast Hub education director.

"Any time that we can showcase what we have available to service members and their families is a good thing," he said. "There are so many times that service members and family members are not aware of the opportunities that they can continue to do, from basic skills all the way through to graduate-level programs."

Some of the different schools and programs included, Enterprise State Community College, Troy University, Central Texas College, Florida Institute of Technology, Wallace Community College and the U.S. Department of Veterans Affairs, all that were there to help people meet their goals.

Attaining those goals was what W01 Jeremy Parnell, B Company, 1st Battalion, 145th Aviation Regiment, hoped to achieve when he visited the fair.

"I just wanted to come out and check to see what my options were as far as continuing my education," he said. "I may not be in the military forever, and even if I am, I want to have a plan and have other avenues open for me, so I think this is a great way to explore that."

PHOTO BY NATHAN PFAU

W01 Zach Pickard, B Co., 1st Battalion, 145th Avn. Regt., speaks with representatives from the U.S. Department of Veterans Affairs during the Education Fair at the Fort Rucker Education Center Oct. 20.

Edwards said that one of the best ways people can explore those options is by getting face-to-face interaction with people from these different institutions.

"There are programs from all different types of universities that are not only physically here, but visiting schools, as well," said the education director. "There are professional counselors and education staff who can work with them to attain their career goals.

"Anytime that you can have that face-to-face interaction, it gives them that opportunity to identify and see who they can pick up that phone to call if they have an immediate question or concern," continued Edwards. "They get the chance to establish that report to know that they have someone on that side they can trust, and it just opens up so many avenues because it's all about relationships and the opportunity for them to interface with our colleges, our education center, our testing center, our learning center and all of our mentors."

That opportunity is exactly what Charlene Bodin, military spouse, said she was hoping to get during her visit, not only to answer questions about continuing her own education, but her children's, as well.

"I'm a mother of three, so I don't have a lot of time for school at the moment, but I do want to go back and finish out my degree," she said. "It's good to know that I can come here and just see what my options might be."

Bodin, who already has an associate's degree, is hoping to be able to complete get her bachelor's degree in business administration, something she started years ago.

"I feel like it's been so long since I've been in school, I don't even know where to start anymore, so I'm glad that I can get here to ask some questions and just get a feel for what I need to do," she said. "And if I can help my kids get an early start on what we need to do to get their college education started, I'm all for that."

SecDef, Inherent Resolve commander discuss Iraq, Syria operations

By Cheryl Pellerin
Defense Media Activity

WASHINGTON — Defense Secretary Ash Carter and Army Lt. Gen. Stephen J. Townsend, commanding general of Combined Joint Task Force Operation Inherent Resolve, updated reporters Sunday on operations in Iraq and Syria during a news conference in Irbil, Iraq.

On his international trip, Carter is visiting Turkey, the United Arab Emirates, France and Belgium to meet with key partners in the campaign to deliver the Islamic State of Iraq and the Levant a lasting defeat. He is also scheduled to participate in the fifth NATO defense ministerial conference of his tenure as defense secretary.

In Irbil, Carter met with troops, praising them for excellent work in the current phase of the military campaign supporting Iraqi security forces in their battle to liberate the city of Mosul from ISIL control.

TAKING MOSUL

"That plan in this phase starting just a few days ago calls for the envelopment and capture of the city of Mosul, the second-largest city in Iraq and one that was captured by ISIL," Carter told reporters. "That battle has begun, and … it's proceeding on plan."

The secretary met earlier that day with Masoud Barzani, president of the Iraqi Kurdistan Region since 2005, congratulating him and his forces on their critical role in carrying out the Mosul campaign.

Carter also visited the joint operations center in Irbil, where coalition members are working with Iraqis and Kurdish peshmerga forces and coalition forces.

"They are not only working here in Iraq but also in Syria," he said, "as we plan and then carry out support of operations there, including the envelopment of Raqqa, the would-be capital of the would-be caliphate."

In his remarks, Townsend said he had received a preliminary report from Barzani about considerable success by the Kurdish peshmerga in a fight at Bashiqa, a city in the Mosul district of northern Iraq.

"If you think about Mosul as a hard center and then a softer middle and then a very hard crust," the general said, "Bashiqa is one of those villages that ISIL has emptied of civilians and fortified for the past two years. We think it's heavily (boobytrapped with improvised explosive devices), probably tunneled as well (and) very fortified."

When forces punch through the hard crust, Townsend added, that will be the next phase of the approach.

"We're still on the approach – the isolation, choking down the cordon around Mosul and getting through that hard external crust," he explained. "Bashiqa is a part of that hard external crust."

COUNTERING ISIL

Townsend addressed recent ISIL attacks at the Iraqi town of Rutbah in western Anbar province and the city of Kirkuk in northern Iraq.

"We know, and the Iraqi security forces know, and the government of Iraq is expecting spoiling attacks (by ISIL) to try to draw our attention from Mosul," he said. "The government of Iraq is handling (the complex attack at Rutbah) without a lot of coalition assistance, and that's necessary so they can keep their eye on the main objective here in Mosul."

On targeting high-value members of the ISIL leadership, Carter said such external operations are the coalition's highest priority.

"We are getting better and better at that – it helps in several ways," he added, noting that the coalition is collecting more information about how ISIL operates and, with that, will come new opportunities to attack external plotters.

EXTERNAL OPERATIONS

As the terrorist army is squeezed down in its territory, ISIL fighters become more concerned about their own security and less free to orchestrate complex attacks against Iraq or externally, including against the United States, the secretary said.

Townsend added that, at the top tier of ISIL leadership, there's an overlap between leadership in Mosul, leadership in Raqqa and external operations.

"The top-tier leaders … are involved in all of those things," he said. "So by killing those individuals, we affect both sides of this theater, and external operations as well."

Targeting mid-tier leaders causes confusion in the ranks of defenders in Mosul, Townsend said. "Both (top and mid-tier) efforts have been successful, and I think they're going to pay off here in the coming weeks ahead," he added.

DISMANTLING THE CALIPHATE

Carter said it's essential that the Iraqi security forces destroy ISIL in the cities of Mosul and Raqqa, but pointed out that doing so won't end the campaign.

PHOTO BY AIR FORCE TECH. SGT. BRIGITTE N. BRANTLEY

Defense Secretary Ash Carter speaks with Army Lt. Gen. Stephen Townsend, commander of Combined Joint Task Force Operation Inherent Resolve, before departing Irbil, Iraq, Sunday.

"We know that ISIL will take to other lesser locations in the countryside in Iraq, to take the Iraq example," he said. "And we're all planning to help the Iraqi security forces consolidate their control over all of Iraqi territory." Defeating ISIL in Iraq and Syria is essential but not sufficient, the secretary added.

"That's why – whether it's Afghanistan or Libya or anywhere else – we and our coalition partners have a campaign wherever ISIL may pop up – and every time we eliminate overseas an external plotter, we contribute to the protection of the homeland," the secretary said.

Every time the coalition gathers intelligence, he added, "we're able to share that with our law enforcement and intelligence partners back home so we can interdict anybody who might be trying to plan or conduct attacks in the United States."

After victory in Mosul, Iraq, and Raqqa, Syria, Carter said, the fight will become more of a counterterrorism effort when ISIL's physical caliphate is dismantled.

"They will not have the fiction any longer that there is an Islamic state based upon this ideology," he said. "They will not have territory from which to plot freedom of action (or) any kind of territory of this size to operate from. And … we'll learn more and more about (ISIL's leadership), so we'll know more (about) how to eliminate their leadership, and that makes them more vulnerable."

Townsend echoed the secretary's point. "You can't be a caliphate without territory," he said. "So in one way, the fight has been clean. At least we know where the enemy is as long as he has territory. But, at the same time, that's balanced by the fact that he's then just an idea, an ideology and terrorist insurgent organization."

News Briefs

Retiree health fair

The 42nd annual Fort Rucker Retiree Health Fair is scheduled for Friday from 8 a.m. to noon at Yano Hall. All retirees and their family members are welcome to attend. Lyster Army Health Clinic, along with other agencies, will have booths with information on topics ranging from health and disease-management information, physical therapy, fitness, nutrition and more. Light refreshments will be available along with several door prize drawings.

For more information, call 255-7930 or 255-2292.

Retirement ceremony

Fort Rucker will host its quarterly retirement ceremony Friday at 2 p.m. at the U.S. Army Aviation Museum. All are welcome to attend and honor the post's latest retirees for their service.

Flu shots

Flu shots will be available to families after Friday in the Lyster Army Health Clinic Preventive Medicine Department Mondays-Fridays from 7:30 a.m. to 3:30 p.m. Patients should keep in mind that lunchtime is the busiest time for the department, according to clinic officials.

Chili cookoff and more

Friday, the Spooky 5k, Wounded Warrior Hunt award ceremony and Army Aviation Association of America Chili Cookoff will take place at Lake Tholocco. Spooky 5k registration and chili cooking will begin at 7:30 a.m.; Spooky 5k race will begin at 9 a.m.; Chili tasting opens to the public and a military working dog demonstration will take place at 10:30 a.m.; the Wounded Warrior Hunt closing ceremony will take place at 11 a.m.; chili judging will begin at noon; chili awards will be presented at 1:30 p.m. and events will come to a close at 2 p.m. Open to the public, the events will also feature children's activities and inflatables, music and a rock climbing wall.

For more on the Spooky 5k, call 255-3794. For more on the chili cookoff, visit www.ruckeraaaa.com.

Pay office closure

The Defense Military Pay Office will close Friday at noon. All DMPO customers are asked to visit the DMPO with pay inquiries or clearance papers prior to the closure. Soldiers with a military pay emergency during this time should call 317-319-7604 for assistance. The office will reopen Monday at 7:30 a.m.

Building dedication

The Training and Doctrine Command will host a building dedication at the Directorate of Training and Doctrine Liaison Office, Bldg. 4105, in honor of Bill Foley Nov. 4 at 2 p.m. Foley was the liaison point of contact officer for many years before his death April 2015.

ID card section closure

Starting Nov. 9, the Fort Rucker ID Card Section will close from 2:15-4:15 p.m. for training the second Wednesday of every month.

Hollyday Bazaar

The Fort Rucker Community Spouses Club will host its annual Hollyday Bazaar Nov. 12 from 9 a.m. to 4 p.m. at Yano Hall. Admission costs $5 and all proceeds go towards the club's scholarship and community grants program, according to FRCSC officials. The bazaar will feature more than 90 vendors, swag bags for the first 500 attendees and a visit from Santa Claus.

For more information, visit www.fortruckercsc.com.

MOVING FORWARD

Iraqi Forces have momentum in fight for Mosul, says OIR commander

By Lisa Ferdinando
Defense Media Activity

WASHINGTON — Iraqi forces have momentum in the fight to retake Mosul from the Islamic State of Iraq and the Levant, the U.S. commander of Operation Inherent Resolve's ground troops said Oct. 19.

"I am confident that the Iraqis are up to this task," Army Maj. Gen. Gary J. Volesky, commander of Combined Joint Forces Land Component Command-Operation Inherent Resolve and the 101st Airborne Division, told reporters at the Pentagon via teleconference from Baghdad.

In the next 72 hours, he said, Iraqi forces are expected to continue toward Mosul and conduct more operations with the Kurds to clear territory in the push for the northern city.

"Tomorrow we'll be a lot closer to Mosul than we are today," Volesky said, noting the concern is not on the speed of getting to the city, but on ensuring the Iraqi forces have the sustained combat power for the fight.

PHOTO BY SGT. LISA SOY

A peshmerga soldier loads his M16 rifle during a chemical, biological, radiological and nuclear defense class taught by Italian trainers in Bnaslawa, Iraq, Sept. 21.

The Iraqi forces need to sustain their momentum and continue to put "unrelenting pressure on the enemy, and then the enemy's going to break," Volesky said.

Iraqi forces launched the counterattack for Mosul Oct. 17.

TOUGH FIGHT AHEAD

Volesky said he expects the fight will be harder the closer Iraqi forces get to the city, noting Mosul is a complex urban environment where ISIL has been for two years.

There are indications, he said, of obstacles such as T-walls, concrete walls, trenches and berms. He expects ISIL to give up territory around Mosul, but launch defensive attacks the closer Iraqi forces get to the city itself.

"I expect that they're going to go into an insurgency mode, and they'll try to do these high-profile, spectacular attacks to draw attention away from the losses that they're suffering," Volesky said.

But, he said, ISIL leaders have been moving out of Mosul.

"There are fewer (ISIL) fighters today than there were yesterday, and there'll be fewer tomorrow than there are today," the general said.

Volesky said ISIL is expected to fight inside the city to counter the technological advantages held by the Iraqi forces and the coalition. But, the Iraqi forces and the coalition supporting them have been successful in striking ISIL.

SUPPORT EFFORTS

The general highlighted the role of the U.S. military in the coalition supporting Iraqi forces, noting that U.S. military advisers are at the division level and the operational command level in the tactical assembly areas. Advisers could also go out to the brigade level, but that probably won't be needed at this time, he said.

"This is an Iraqi-led operation, the Iraqis are in the lead and they're the ones fighting it," Volesky said. "We are here enabling, we're providing capabilities."

Those capabilities, he explained, include AH-64 Apaches that are flying at night supporting Iraqi forces' nighttime operations.

Inherent Resolve: Oil fires burn south of Mosul

Combined Joint Task Force
Operation Inherent Resolve
News Release

BAGHDAD — Combined Joint Task Force Operation Inherent Resolve is assessing the potential risk to personnel at Camp Swift and Qayyarah West Airfield, located about 50 miles south of Mosul, as a result of nearby burning oil wells and a sulfur plant fire.

The coalition has taken air samples, and the analysis is ongoing to determine what, if any, health concerns may result from the fires, which officials said were set by Islamic State of Iraq and the Levant terrorists.

As a precaution, coalition personnel at sites affected by the smoke have been directed to limit their activity outdoors. Some service members have voluntarily chosen to don protective masks for their own comfort.

The coalition is taking the risk of these hazards and associated substances into consideration as part of ongoing force protection measures and is prepared to respond to such a contingency should the need arise.

There has been no change at this time to the mission-oriented protective posture level. Iraq's government is working to put out the fires and projects it may take approximately two to three days to accomplish this task.

CJTF-OIR provided more than 24,000 protective chemical masks to Iraqi and peshmerga forces during training in preparation for the Mosul offensive.

The use of chemical weapons by the Islamic State of Iraq and the Levant underscores why the international coalition is assisting the Iraqi government to degrade and ultimately destroy ISIL, which continues to kill indiscriminately and operate completely unencumbered by any legal or moral restraint.

"The enemy has used chemical weapons in the past, and we're going to make sure we are taking every measure to mitigate the risk to our forces," said Army Maj. Gen. Gary J. Volesky, commander of Combined Joint Forces Land Component Command, Operation Inherent Resolve. "Force protection is my No. 1 priority here."

CJTF-OIR has five building partner capacity sites, which were instrumental in training

PHOTO BY SPC. CHRISTOPHER BRECHT

A U.S. Army M109A6 Paladin howitzer conducts a fire mission at Qayyarah West Airfield, Iraq, in support of the Iraqi forces' push toward Mosul, Oct. 17.

Iraqi and peshmerga counterattack brigades for the Mosul offensive. Their training included responding to chemical attacks by ISIL, and effectively using and fighting in their issued gas masks.

"The coalition is trained. We've trained the (Iraqis) and peshmerga – they've got equipment," Volesky said. "We're confident that as the enemy attempt to use a lot of means – not just chemicals – we're targeting the training with the Iraqis and with the coalition to make sure we're mitigating any risk of that threat."

STRATCOM

Commander addresses 21st century strategic deterrence

By Terri Moon Cronk
Defense Media Activity

WASHINGTON — Global security threats today must be viewed in a transregional, multidomain and multifunctional context, the commander of U.S. Strategic Command said Friday.

Speaking at Kansas State University's Landon Lecture Series, Navy Adm. Cecil D. Haney addressed U.S. military strategic deterrence in the 21st century.

Haney discussed Russia, China, North Korea, Iran and the Islamic State of Iraq and the Levant as the five evolving challenges the military faces, and he emphasized that strategic deterrence capabilities are used every day to maintain strategic stability.

"As we look in the rear-view mirror over the last year and extrapolate into the future, our global security environment remains dynamic and uncertain," the STRATCOM commander said. "Some nation-states are developing and modernizing their nuclear weapons capabilities. Nuclear and nonnuclear nation states aspire to or have demonstrated their ability to employ not just a variety of missile capabilities, but also cyber, counter-space and other asymmetric capabilities."

But any nation that thinks it can get away with a strategic attack on the United States and its allies must think carefully about their actions and potential consequences, Haney cautioned.

"I think we all understand the impact a nuclear weapon could have, but it's also important to understand that an attack in space or cyberspace can have strategic effect," he said.

And with all the complexities and the interconnectedness of globalization, these strategic problems have global ramifications that require comprehensive solutions, Haney said.

PHOTO BY LT. COL. MARTIN L. O'DONNELL

Navy Adm. Cecil D. Haney, U.S. Strategic Command commander, and Gen. Lee Sun-jin, chairman of South Korea's Joint Chiefs of Staff, leave the flightline at Offutt Air Force Base, Neb., after touring a B-52 Stratofortress strategic bomber Oct. 12.

As a global combatant command, STRATCOM has transregional responsibility that extends from under the sea to geosynchronous orbit, the admiral explained.

"(STRATCOM's) capabilities underpin the fundamental elements of deterrence, affording the United States the ability to maintain strategic stability – a must in this dynamic and uncertain security environment," he emphasized.

STRATCOM works to understand deterrence mechanisms and gain a deeper understanding of the adversary, he noted, adding, "We provide the nation with a safe, secure, effective and credible strategic nuclear deterrence force that is ready."

U.S. deterrence forces stand at the ready and are critical in a global security environment where it is clear other nation-states are placing a high priority on developing, sustaining, modernizing and, in some cases, expanding their nuclear forces, Haney said.

"Today, the extended service of our nuclear delivery platforms is testament to the efforts and ingenuity of our predecessors – particularly the designers, engineers, maintainers, and industry – but we are fast approaching the point where having an effective nuclear deterrent will be put at risk," he said. "To be clear, however, baseline sustainment won't meet future adversarial threats. We simply must modernize."

Delaying development and fielding of our modernization programs – everything from space-sensing, communications, platforms and life extensions for warheads – or ceasing to invest in the people who engineer, maintain and operate these systems – will create an unacceptable increase in risk, the admiral said.

"Equally, if not more important, delaying will directly affect our credibility and ability to deter and assure and will detract from our nonproliferation efforts," Haney told the audience.

Meeting future challenges requires a synchronized campaign of investments supporting the full range of military operations that secure U.S. national security objectives, he added. And while the admiral said he was pleased with the president's proposed defense budget request for fiscal year 2017, he said he is "not pleased with the fact we do not have an approved budget and continue to live with a continuing resolution."

A credible strategic deterrence capability cannot be done by STRATCOM alone, he said, adding that a holistic approach should be taken to integrate military effects with all instruments of national power.

Haney explained such synchronization is commonly called "DIME" – for diplomatic, information, military and economic – "which together deters our adversaries and assure U.S. allies and partners."

For example, he said, STRATCOM aims to work seamlessly with the other combatant commands and across the federal government, as well as with partners and allies, the commercial sector and academia to apply the scope of its portfolio toward a synchronized pursuit of national objectives, such as building, sustaining and supporting partnerships to better understand the strategic and the regional environment and successfully develop effective strategies.

The STRATCOM commander also noted that leaders must ensure they are developing the talent that will assume the mantle as the geopolitical landscape continues to change and evolve.

The nation needs professionals who can think deeply and strategically, voice educated opinions, coherently document those thoughts and drive effective solutions, Haney said. "We must ask ourselves: How do we deter one without provoking another? Are we thinking about our actions from the perception of our adversaries? How do we communicate our intent, our resolve, and our readiness?

"The answers to those questions start with this institution and with the people in this room," the admiral told the university audience. "KSU fosters a high-velocity learning environment and helps to create leaders who not only understand the challenges associated with the world we live in today, but who can develop and apply solutions. Therefore, we need you."

The goal of deterrence is peace, the STRATCOM commander noted. "Peace is achieved through strength. Strength is all of us working together to prepare for an uncertain world."

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Service secretaries: Tired force excelling

By David Vergun
Army News Service

ARMY PHOTO

Soldiers assigned to 101st Airborne Brigade fire a Javelin anti-tank missile system during a large-scale platoon live-fire exercise at Fort Campbell, Ky., July 29.

WASHINGTON — The Army is not a broken or hollow force, Army Secretary Eric Fanning said Monday, but it's "tired, because we've been running it hard for such a long time now and there's no end in sight to the high optempo."

Fanning was joined by Navy Secretary Ray Mabus and Air Force Secretary Deborah Lee James during a panel discussion moderated by CNN Pentagon correspondent Barbara Starr at the Center for a New American Security.

All three service secretaries proclaimed that the United States is ready to fight a near-peer adversary simultaneously with a drawn-out battle on terror, despite a tired force – the caveat being a certain amount of risk for lives lost due to less-than-ideal manpower, training and weaponry brought on by lack of congressional action to loosen its purse strings.

TIRED, BUT READY

Mabus said his Sailors and Marines are ready to defend America any time and any place, with the notable exception of Norfolk, Virginia, which he said could be under water in a few decades if nothing is done to stop climate change.

Also related to climate change, he said, his ships are prepared to enforce international law once the ice melts in the Arctic and the Russians try to force hegemony over what they claim is their ocean.

Fanning said the Army is ready to fight no matter who is elected president Nov. 8. He predicted that the day after the election, teams from the new administration will show up at his door in the Pentagon, seeking counsel and giving their own, as well, and that he's ready for that.

Regarding those teams from the new administration, James said, she expects them to stop by her office, as well, and she's prepared to go over the nation's future nuclear posture with them and "look at the state of the nuclear enterprise."

"Nothing will fall through the cracks during the transition," Mabus said. "We're ready," but the Navy would certainly like a few more ships, he added.

On Nov. 9, "we'll get up, come to work and discuss the returns, then get to our appointments," James said, noting that she'd especially like an appointment with the new team to discuss stopping sequestration and continuing resolutions.

Fanning said he's a bit skeptical on getting things done quickly, based on how long his own confirmation took.

As Army secretary, Fanning said, he feels an appreciation for the "tremendous autonomy" he has, compared to when he was working at the Office of the Secretary of Defense. He said he's ready to push through much-needed programs that will save the lives of Soldiers and defeat America's enemies.

There are two things he said he'd avoid doing that could kill those projects. The first being to say "we need to study this more" and the second being "this should be DOD-wide." The latter concern was that the project would get watered down to fit all of the services, thereby making it less effective. Each service should be an incubator for experimentation and competition, he added.

TIRED, YET TALENTED

Now, more than at any time in the nation's history, those overworked Soldiers, Sailors, Airmen and Marines are doing a tremendous job, given the mission and equipment they have, the trio said. One of the main reasons for this talent is the diversity the Defense Department has achieved, they agreed.

Diversity is not just race and gender, they said, but means the force is representative of the nation as a whole, from geographical locations to the many types of talents service members bring with them.

But it hasn't always been that way, said Mabus, who ticked off a list of landmark decisions that opened the way to more diversity in the total force: desegregation, end of "don't ask, don't tell," and more recently, the inclusion of women into every combat specialty, except for the notable exception of Mabus's own SEALs.

Each of these decisions has led to a stronger and more resilient force because of the diversity of opinions and experience each person brings, Mabus said. Besides that, he added, the force owes it to the nation to represent its citizens in as many ways as possible.

Teams with the greatest diversity have the greatest innovation, James said. Industry is beginning to understand that too, she added, comparing diversity to a toolkit.

"When the only tool you have is a hammer, then every problem looks like a nail," she said.

The force is stronger when it reflects society, Fanning said. "Everyone should be able to serve and see a future for themselves," he added.

DIVERSITY PROBLEM AREAS

The service secretaries pointed out that their services are not yet at the point they'd like to be at when it comes to diversity. For instance, they are not attracting the talent needed in the cyber force, they said.

Fanning said the Army can't win on salary alone, but it could attract more by appealing to a sense of patriotism and the Army's "unique mission."

James said the Air National Guard and Air Force Reserve are attracting "top-notch" people who can keep their civilian jobs while defending America.

Mabus said the Navy is growing its talent by sending its cyber operators to private industries to bring back great ideas when they return.

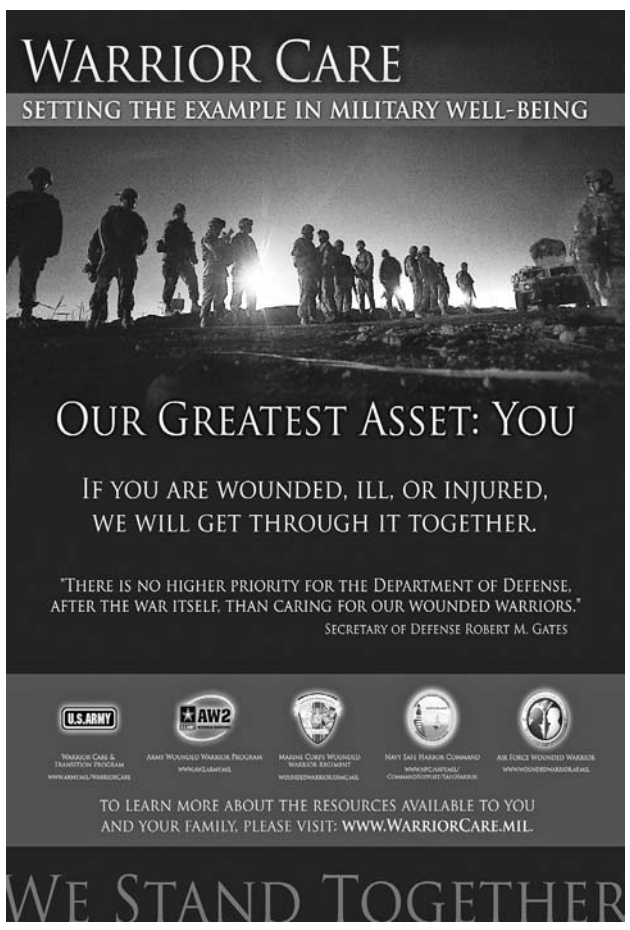
A particularly difficult problem of achieving full diversity is getting women to stay in the military, Mabus said, because women have to make the choice to serve or dedicate more time to family.

To stanch the outflow of women from the Navy, Mabus said, the military has increased maternity leave from six to 18 weeks and is looking at giving service members three years off, with the option to return to duty where they left off. The Navy also has "co-location policies for better choice," he added.

Regarding getting the military to the point of greater diversity in every sense of the word, Mabus said: "It's not about gender, who you love or the color of your skin. If you can do the job, you should get the job."

PHOTO BY SGT. CHRISTOPHER BLANTON

1st Brigade Combat Team, 2nd Infantry Division provides security during Decisive Action Rotation 16-06 at the National Training Center in Fort Irwin, Calif., May 16.



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XH-40

Continued from Page A1

The XH-40 is so significant because before turbine engine helicopters, the Army had to rely on reciprocating engine helicopters, which were oftentimes unreliable, and prone to vibration and failure, said the curator.

"This aircraft changed everything," he said. "Now we had a reliable power plant, very little vibration, very high thrust-to-weight ratio, and it just changed everything in on the battlefield."

Originally meant to be a medical evacuation aircraft, the Army quickly realized the versatility of the aircraft, which ushered in a new era of rotor-wing flight, said Mitchell.

"When word got back to Congress that this helicopter was so instrumental in saving lives, they appropriated money for research and development for a new medical evacuation helicopter," said Mitchell. "That would be the Huey."

Since its induction into the Army in 1955, the Huey has seen service through the Vietnam War, the Gulf War and recent conflicts, and thousands of UH-1 helicopters are still used in the civilian world today – along with the Air Force, he said.

After this particular XH-40 was no longer in use, the aircraft found its home at the gate of the installation where it sat for decades as a static display, taking all kinds of punishment – from Mother Nature and even vandals, said Mitchell.

"We took it down years ago, and put her in storage and that's where it sat for years," he said. "She's had a rough road, but now she's been preserved and in a climate-controlled environment, and will be available for people to observe for decades."

Being able to showcase aircraft like the XH-40 is where the real payoff is, said Mitchell. It gives the aircraft and those who have flown in them a chance to tell their stories.

"We're able to bring this thing in and present it to the world and not only tell its story, but also to have it available for all of those generations who came before us to tell their stories, as well," said the curator. "That's really what we live for. Not only to be able to work with these pieces of history, but to have them available to people for them to enjoy. It's all about the stories."

Support

Continued from Page A1

victim of sexual assault, providing the protections of confidentiality and attorney-client privilege, Hancock said.

According to the Department of Defense, victims must be confident that, should they report a sexual assault, they will be treated fairly. Part of that fair treatment is ensuring they know and can exercise their rights.

In response, the military now requires that victims reporting an assault be notified of their right to consult with a special victims' counsel and of the availability of other legal assistance. Victims must receive this explanation at the time they report a sexual assault, Hancock said.

"The most rewarding part of this job is the ability to work one-on-one with other Soldiers," he said. "It is a change of pace from working in a courtroom."

In addition, no one in a victim's chain of command or the accused's chain of command may influence a special victims' counsel in providing legal support to a victim, he added.

Hancock's primary duty is to support his clients' rights and interests throughout all phases of a sexual assault investigation, and any resulting military justice or administrative proceedings against the service member accused of the sexual assault.

He will provide in-person representation of victims of sexual assault at courts-martial proceedings and educate victims on the military justice system, so that they can make informed decisions throughout all phases of the process. Additionally, he will address any retaliation that the victim may experience, and help victims take advantage of the variety of medical and legal services available to them.

Eligible victims are all active duty Soldiers reporting sexual assaults, family members, retirees and their family members and certain DOD civilian employees who were sexually assaulted by a service member.

Hancock's office is located in the Soldier Service Center, Bldg. 5700, Rm. 320, and he may be reached at 255-3482.

Members of the DOD community who have been affected by sexual assault can also access 24/7, confidential, anonymous support through the DOD Safe Helpline at www.safehelpline.org or by calling 877-995-5247.

Mentorship

Continued from Page A1

"We try not to get the group split up by letting cars in between the formation because that can be dangerous, and when we change lanes we do so as a group," he said. "We don't act stupid and we respect the traffic."

Sgt. 1st Class Edgardo Hernandez, A Company, 1st Bn., 11th Avn. Regt., and his wife, Emily, have been riding for about 10 years. They decided to take part in the mentorship ride to not only help educate younger riders on the importance of motorcycle safety, but to simply enjoy the ride itself with other enthusiasts.

"Riding is just so relaxing," said Emily. "You just get to look at everything and it's totally different, and you meet the most amazing people."

"You're definitely more observant when you're reading on a motorcycle – you get to see the countryside a lot more and it's almost like being free," added Edgardo. "And when you ride in a group, there's just that sense of camaraderie that you don't get riding alone."

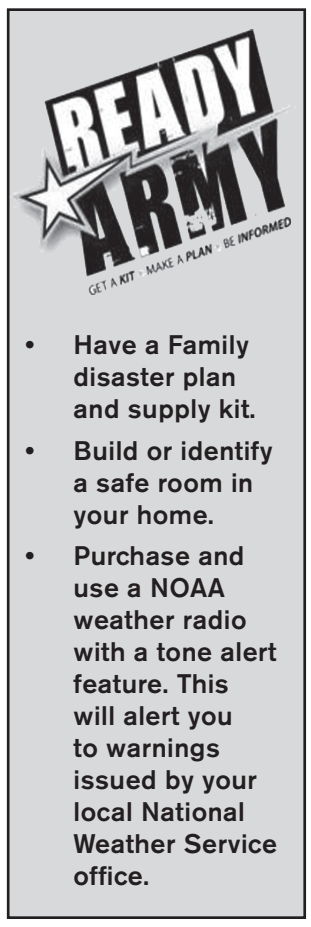
Despite the freedom that riding gives them, they know all too well the importance of safety when it comes to riding.

"Riding in a group is different dynamic because you have to maintain your spacing and speed is a big factor," said Edgardo. "You need to learn the hand signals to be able to communicate with the other riders, and by using those signals you can let the other riders know if there might be a hazard in the road or (other dangers).

"Also, when riding in a group, riders not only have to pay attention to the others on the road, but to each other, as well," he continued. "You have to have a plan and make sure everyone knows the plan – you can't just veer off and go your own way because you're part of the group."

Vanhoolandt added that although the ride is meant for training, the goal is to also have fun, but if the ride can help newer riders get some good safety habits, then their job is done.

"This is just a good training event and it's great for esprit de corps," he said. "Ultimately, though, we hope to save some lives."



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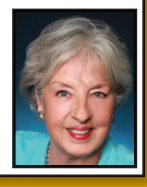

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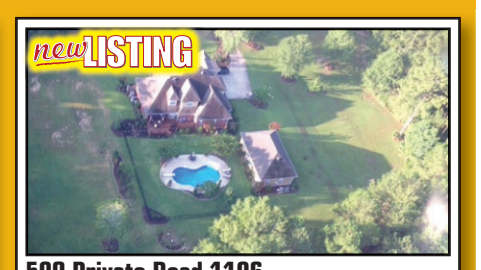

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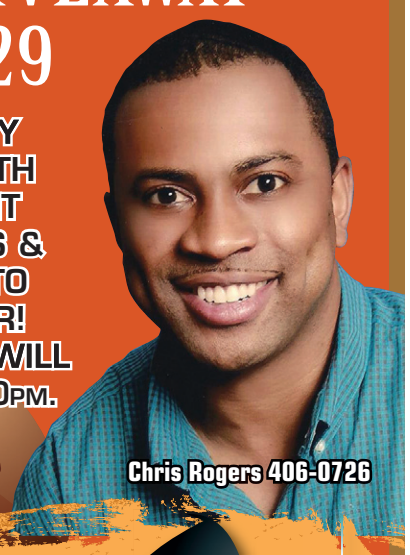

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HELPING HAND

PHOTO BY CPL. SAMUEL GUERRA

A member of the Haiti police force leaps off of a CH-47 Chinook to provide security for partner nations at a supply distribution center at Jeremie.

JTF Matthew provides assistance for Haiti hurricane victims

By Marine Cpl. Samuel Guerra
U.S. Marine Corps Forces South Public Affairs

SOTO CANO AIR BASE, Honduras — When Hurricane Matthew struck the Caribbean nation of Haiti Oct. 4, it was the first Category 4 storm to make landfall on the small island since 1964.

Farmland was ruined, roads and bridges were destroyed, and thousands of people were left homeless when wind and rain traveling more than 150 miles per hour devastated the country.

Knowing the effects of the storm would likely be severe, U.S. Southern Command readied several units to respond as soon as the hurricane had passed. Because they were pre-staged, the first U.S. forces, part of what would come to be known as Joint Task Force Matthew, arrived in Haiti Oct. 5, the day after the storm hit.

JTF Matthew is comprised of more than 400 Marines, Soldiers, Sailors and Airmen supporting the U.S. Agency for International Development's disaster relief operations in Haiti during the critical early stages after the island nation was struck by Hurricane Matthew.

One of the units deployed in support of JTF Matthew is Special Purpose Marine Air-Ground Task Force - Southern

SEE HAITI, PAGE B4

IT'S ABOUT TIME

FORSCOM: More training time vital in shaking off rust

By Sean Kimmons
Army News Service

WASHINGTON — A lack of training time is the biggest setback for Army units shaking off the rust and getting back into combined-arms operations, according to the chief of U.S. Army Forces Command.

Soldiers are now facing less time in between deployments, limiting training opportunities. While the goal is to give Soldiers twice as much dwell time so they can hone and develop new skills, the Army is seeing a rate of around 1 to 1.3 in how long a Solider is deployed compared to their dwell time, Gen. Robert Abrams said.

"Our No. 1 constraint for training is time available," Abrams said during a recent Association of the U.S. Army discussion on readiness. "Our commitments worldwide across the globe in support of our combatant commanders remain at a very high level, while we continue to simultaneously downsize the total force."

Last year, Army officials announced the regular Army would be cut by 40,000 Soldiers to 450,000 by the end of fiscal year 2018. Tasked by Congress to look into the structure of the Army, the National Commission on the Future of the Army cautioned earlier this year that the total Army should not dip below 980,000 Soldiers, with an active-duty force of 450,000 at the bare minimum, in order to remain effective.

The manning cuts, along with non-deployable Soldiers and a decrease in training time, could hinder Army efforts to boost its combined-arms capabilities, which senior leaders believe will play a key role in a future multi-domain battlefield.

"We had an incredible amount of time in war experience in counterterrorism and counterinsurgency, but we were very rusty in our combined-arms maneuver proficiency across the board," Abrams said of when he took command of FORSCOM last year.

The U.S. military from the late 1990s through 2003, he noted, was a master in combined arms through a steady flow of exercises. Today's Army is still years behind.

"We're at least four years from mastery-level proficiency," he said. "If we're going to achieve mastery level in the fundamentals of our combined-arms maneuver proficiency, we're actually going to have to do this in a live environment to give us enough repetitions."

The Army has developed complex missions under the Decisive Action Training Environment, which involves a hybrid threat and the intricacies the Army could face against a near-peer adversary.

"This is the environment we expect to operate in and that's the environment we've got to get our leaders and units ready to operate in," Abrams said.

The general said the Army has increased live fires as it makes progress, but other missions around the world have affected its ability to keep forces ready.

"The impact of nonstandard missions continues to have a degrading effect across our force in being able

SEE TRAINING, PAGE B4

AT THE READY

PHOTO BY CAPT. BRIAN HARRIS

Two 16th Combat Aviation Brigade AH-64E Apaches prepare to land at Orchard Combat Training Center, Idaho, Sept. 29 during Exercise Raptor Fury. Raptor Fury is a month-long training exercise to validate 16th CAB's mission readiness with support from nearly 1,500 7th ID Soldiers.

U.S., Koreans conduct night air assault training

By Sgt. Robert Larson
2nd Infantry Division Public Affairs

Soldiers of 2nd Battalion (Assault), 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division-Republic of Korea, U.S. Combined Division assisted ground units of ROK army counterparts from the 603rd Air Assault Battalion on nighttime air assault training.

"We are conducting a combined air assault between ROK 603rd Air Assault Battalion and US 2-2nd Assault Helicopter Battalion, involving six UH-60 Black Hawks from both sides," said Capt. Chris Strain, an Aviation officer with 2-2nd Avn. Regt. "Most importantly, today's training will be conducted during night time, which makes everything more complicated. You are losing primary visual sense — definitely more challenging. However, nighttime is also when we can possess an advantage over the enemy, if everything is precisely conducted in a right way."

With the sun setting, more than 100 ROK soldiers from the 603rd Air Assault Battalion arrived at the pickup zone.

The sound of the first Black Hawks rose to a deafening roar from the dark sky as they approached. After the helicopters landed, the first group of ROK soldiers quickly boarded. About five minutes after the six ROK Black Hawks left, the American helicopters arrived to pick up the remaining ROK soldiers.

"With combined training like this, you get to see the other nation's operations, tactics and techniques," said Strain. "When you work with other nations, since every nation has its different ways to proceed, you really have to step back and think 'How do I do it?' and 'Why do I do it in that way?'"

Strain explained the importance of the lessons that he gained from conducting combined training.

"Not only learning from them, but you are taking a deeper look at why you do the things the way you do it and find if there's a better way that it can be done."

With 2nd Infantry Division's 100th anniversary coming up, the Soldiers are endlessly building on top of the Indianhead's legacy.

"To be part of this training for me is very humbling," said Sgt. Devon Canty, 2-2nd Avn. Regt. "It's a great opportunity to see both units operating together – (I'm) really honored to build upon the long history of the 2nd Infantry Division."

PHOTO BY KATUSA CPL. JUNKYU PARK

UH-60 Black Hawks approach a pick-up point near Chungju, South Korea, during a nighttime air assault exercise Oct. 13.

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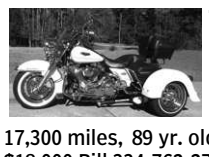

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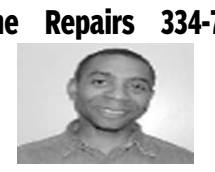

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Haiti

Continued from Page B1

Command. These Marines and Sailors have been deployed to Soto Cano Air Base since June, and were able to rapidly organize and respond to Haiti in support of the disaster relief efforts.

"We have been delivering 11,000 pounds (daily) of our supplies to the far southwestern corner of Haiti," said Marine Capt. Brad B. Maa, a CH-53E Super Stallion pilot with SPMAGTF-SC. "(Our supplies) consist of food, water purification and hygiene kits to assist the victims of Hurricane Matthew."

Throughout the relief operation, JTF Matthew service members utilized two CH-53E Super Stallions, three CH-47 Chinooks and four UH-60 Black Hawks to transport resources to designated landing zones, through coordination with USAID. Without them, the affected areas would have been unreachable. When Marines with the 24th Marine Expeditionary Unit and the USS Iwo Jima (LHD 7) arrived Oct. 12, they brought an additional four MV-22B Ospreys, three CH-53E Super Stallions and four SH-60B Seahawks to support the mission.

"Our goal is to meet three runs a day per aircraft to supply the locals with as much material as we can," said Army Staff Sgt. Jim Burley, a flight engineer with Joint Task Force-Bravo's 1st Battalion, 228th Aviation Regiment, which has Soldiers and aircraft deployed in support of JTF Matthew. "Supplying the victims with materials they need has been both a rewarding and humbling experience."

As of Oct. 15, the service members of JTF Matthew have delivered more than 478,000 pounds of food and supplies to the people of Haiti. They've proven to themselves that working diligently and as a team are essential for completing the mission.

"I've learned that all of the services can come together as one and assist others in times of need and disasters," said Marine Cpl. Christian Tabarquino, a civil affairs NCO with the SPMAGTF-SC. "We all (contributed) to the same mission effectively, and it has been really great seeing us unite for a good cause."

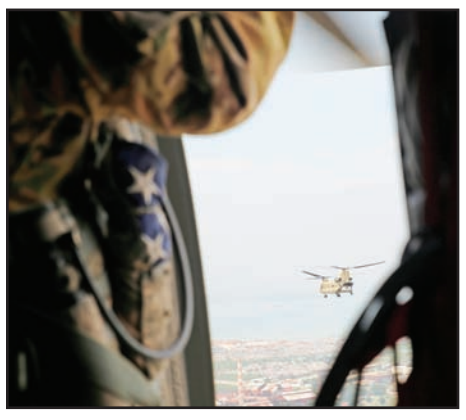
Service members with JTF Matthew spent countless hours to successfully deliver much needed supplies to those in need. The U.S. effort, led by USAID, with the DOD in support, along with the government of Haiti, as well as international and local organizations, continues to deliver aid to those impacted by the disaster.

Many of those in uniform commented that they would not want to be doing anything else than helping the victims of Hurricane Matthew. The gratitude from those affected in Haiti reflected this positive attitude.

"I simply want to thank (the JTF) for their excellent work of your organization and share with you the significant impact your efforts are making in the field," said Austin Holmes, the director of development for the Mission of Hope in Haiti. "We are honored to have served with you, and deeply grateful for the character, professionalism, and tireless work of your team in the life-saving response to Hurricane Matthew."

PHOTOS BY CPL. SAMUEL GUERRA

U.S. service members with Joint Task Force Matthew unload supplies from a CH-47 Chinook at a landing zone at Jeremie, Haiti, Oct. 9.



A CH-47 Chinook with Joint Task Force-Bravo's 1st Battalion, 228th Aviation Regiment, flies toward a supply distribution center in Haiti.

Training

Continued from Page B1

to sustain proficiency in combined-arms maneuver," he said.

In five to 10 years, he said, Soldiers will encounter a battlefield with combinations of conventional and unconventional forces, with the risk of insurgencies, displaced persons and unstable host-nation governments in many parts of the world. The emergence of cyber warfare will also be a formidable weapon.

"There is a real cyber threat in the world today that affects not only national infrastructure but has tactical applications," he said.

The Army, though, is leading the way in that arena. "We're the only service that's created its own Cyber Branch and its own cyber military occupational specialty for enlisted, and we are targeting our recruitment efforts in that manner," Abrams said.

As for tactical applications, Abrams hinted that cyber could have the ability to send text messages to every cell phone in a certain geographical area, so Soldiers could send alerts to a certain populace or influence them as part of psychological operations.

"That's actually possible in today's world," he said.

DOD: Cyber Mission Force teams achieve initial operating capability
Story on Page C3

OCTOBER 27, 2016

PHOTOS BY NATHAN PFAU

Jon Hamm, Animal Tales naturalist, shows off a bird-eating tarantula during the Creepy Critters show at the Center Library Oct. 20.

CREEPY CRITTERS

Children get up close, personal with cringe-worthy creatures

By Nathan Pfau
Army Flier Staff Writer

Children who love all things creepy crawly received a treat Oct. 20 as the Center Library brought in creatures capable of making even the bravest of people cringe.

Creepy Critters, a special live-animal education program, had parents and children squealing in their seats as they got to get up close and personal with different insects and animals – including a tarantula, a scorpion, cockroaches, rats, snakes and even a kangaroo.

Throughout the program, children got the chance to not only see the different creatures, but learn about each of the critters, as well.

From Madagascar hissing cockroaches and tarantulas, to an Egyptian fruit bat to a milk snake, the children and parents learned about what each of the creatures eat, what type of habitats they need to survive, as well as the purpose they serve in their environments.

For many of the parents and children, like Janice Hartmann, military spouse, and her daughter, Chloe, the experience was one they won't soon forget.

"We heard about this and just thought it would be something we would love to see together – we were right," said Janice. "All the kids and I were just screaming and shifting in our seats, but we really did love it."

Chloe's favorite part was learning about the different animals and getting to see them in person, and although she said it was a good time, none of the creatures were any she'd like to take home.

"I thought the tarantula was cool, and I learned a lot about where the animals live and things like that," she said. "I don't think I'd want any of them as a pet, though, but I still thought they were fun to look at."

Janice said it was a great opportunity for children to learn about the different animals and what not to do should they encounter them in the wild.

"It's nice that they were able to learn about these animals, too, because it's not often that you get the chance to get them up close to animals like this, not that I would want to normally," she said. "But it's important for them to know the role that these animals play in the world and probably even more important for them to know to leave them alone if they ever see one."

Stacy Leeman, military spouse, brought her children, Braden and Mark, and said it was a great learning experience for not only them, but her, as well.

"I have to say that this was great for the children, but it was great for me, too," she said. "Of course, I sat in the back because I didn't really want to be too close to the animals, but I did learn some things about them. I'm glad my kids got to learn about them, too – I know they'll be talking about it for a while."

Despite her fear of the creepy critters, Leeman said she was glad to have been able to share the experience with her children.

"I'm glad my kids got to see these, and learn that they aren't suppose to try and handle these animals if they ever came across them," she said. "I don't know if they would or not, but they're still at that age when they're curious about everything, so the fact that they got to see these animals up close and personal is a great way for them to learn about them."

Hamm handles an Egyptian fruit bat as he shows parents and children during the Creepy Critters live animal show.

Hamm gets ready to pick up a bird eating tarantula to show children during the live animal show.

COFFEE, CONVERSATION

Army spouse shares knowledge, experience with community

COURTESY PHOTO

Vicki Cody

By Jeremy Henderson
Army Flier Staff Writer

Knowledge is strength and, in celebration of the Month of the Military Family, the Fort Rucker Directorate of Family, Morale, Welfare and Recreation invites the community to share coffee and conversation with a well-seasoned Army wife.

DFMWR hosts Coffee and Conversation with Vicki Cody November 4 from 9-10 a.m. at The Landing.

"This event is for our military community as we celebrate Month of the Military Family," Janice Erdlitz, DFMWR marketing director, said. "We are so excited to host this Coffee and Conversation with Vicki Cody. It's an honor to have Mrs. Cody take time to visit our military family members and speak about her life experiences being an Army Spouse. We're expecting a very engaging morning."

The community is invited to attend the free event and enjoy light refreshments with Cody as she discusses her life as a military spouse.

"We'll have rows of seats set up for patrons," Erdlitz said. "We wanted an informal atmosphere; something relaxed that would make everyone feel welcomed and at ease to discuss and share experiences."

Cody spent 33 years as an Army wife, supporting her husband, retired Gen. Richard A. Cody, in his career.

"Mrs. Cody has 33 years of Army life experience," Erdlitz said. "She's a mother, a wife and a valuable member of the Army community. She just recently spoke at the AUSA Family Forum. She has a wealth of knowledge on what it's like to be an Army spouse. Her family was stationed in Fort Rucker on previous tours of duty, so she can relate to our local community, too."

While raising their two sons and moving all over the United States and overseas, she served as a coach and mentor for Army spouses and as an advocate for Army families. Cody will share her experiences as an Army wife and answer questions from the audience. Gen. Cody will also be present for the event.

"There is a bond that binds military families," Erdlitz said. "Sharing experiences with others who have done and seen the same struggles, challenges, births, moves, deployments, everything that goes on in a military family's life gives knowledge and understanding to other families.

"Military families have an immediate connection and bond; typically within the first few minutes they learn what posts that have been stationed and how many deployments they have under their belts," she added. "Our military families are so resilient and amazing. We love our military families and we are honored to have Mrs. Cody share her knowledge and strength of being an Army spouse with our community."

According to Erdlitz, Cody will host a book signing at the post exchange later the same day. More information will be available at the meet and greet.

This event is free and open to the public. RSVPs are recommended.

For more information, call 255-3817, 2550 2161 or visit rucker.armymwr.com.

To register, visit
https://www.eventbrite.com/e/coffee-conversation-with-vicki-cody-tickets-27629452436

On Post

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Right Arm Night

The Landing Zone will host Fort Rucker Right Arm Night today from 4-6 p.m., hosted by the NCO Academy. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 255-0768.

Relocation readiness workshop

Army Community Service will host its relocation readiness workshop Friday from 9-10 a.m. in Bldg. 5700, Rm. 371D. Soldiers and spouses will receive information on benefits, entitlements, advance pay, government travel cards and more.

For more information or to register, call 255-3161 or 255-3735.

Trick-or-Treat

Fort Rucker's Trick-or-Treat night on post will be Monday from 6-8 p.m. For more information, call 255-9638.

Army Family Team Building app

People can complete Army Family Team Building training through AFTB's app. Visit http://www.ftruckermwr.com/acs/army-family-team-building/ to find the direct link to the app. Once complete, people can contact Fort Rucker AFTB to receive their certificate. Search for AFTB in the app store for Apple devices. For more information, call 255-9637.

Family advisory board meeting

The Fort Rucker Child, Youth and School Services Family Advisory Board will meet Tuesday at 5 p.m. at the school age center, Bldg. 2806. PAC Meetings give parents the opportunity to provide input about administrative policies and developmental programming for CYSS services, and establish volunteer opportunities, according to CYSS officials. PAC members will earn two parent participation points per meeting to help them accumulate 10 points and receive 10 percent off of monthly child care fees.

For more information, call 255-2958.

DFMWR ornament contest

The annual Directorate of Family, and Morale, Welfare and Recreation ornament contest will run Tuesday-Nov. 23. Prizes will be awarded to first-place entries in the following categories: 3-5 years old, 6-8 years old and 9-11 years old. Ornaments may be turned into the youth center, child development center or central registration in Bldg. 5700. All entries will be displayed on the post Christmas tree. Parents should label their children's entries with the child's name and age, and the guardian's name and contact information.

For more information, call 255-1749 or 255-9810.

Coffee & Conversation with Vicki Cody

In celebration of the Month of the Military Family, The Landing will host Coffee & Conversation with Vicki Cody Nov. 4 from 9-10 a.m. Cody will discuss her life as a military spouse. She spent 33 years as an Army wife, supporting her husband in his career. While raising their two sons and moving all over the U.S. and overseas, she served as a coach and mentor for Army spouses and as an advocate for Army families. Vicki Cody will share her experiences as an Army wife and answer questions from the audience. RSVPs are recommended. People can register online at https://www.eventbrite.com/e/coffee-conversation-with-vicki-cody-tickets-27629452436.Coffee and light refreshments will be served.

For additional details, visit rucker.armymwr.com, or call 255-3817 or 255-3161.

Thanksgiving craft

The Center Library will host a Thanksgiving craft session Nov. 8 from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register. The event will be open to authorized patrons and will be Exceptional Family Member Program friendly.

For more information or to register, call 255-3885.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Nov. 10. People who attend will meet in Rm. 350 at 8:40 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

International Spouses Get Together

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

Library Saturday matinee

The Center Library will begin hosting its Saturday matinee, a new free monthly event, Nov. 12 at 1:30 p.m. when it shows "The Dirty Dozen." The 1967 movie is about a rebellious U.S. Army major assigned a dozen convicted murderers whom he must train and lead on an assassination mission on the eve of D-Day. The showing will be open to authorized patrons and Exceptional Family Member Program friendly.

For more information, call Center Library at (334) 255-3885.

Family Member Resilience Training

Army Community Service will host its family member resilience training Nov. 14 from 9-11:30 a.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the challenges that life may throw at them.

For more information, call 255-3161 or 255-3735.

SAC open house

The Fort Rucker School Age Center will host an open house for families that do not currently use the center Nov. 14-18 from 4-6 p.m. Children in first-fifth grades may be dropped off for a maximum of one hour within the week at no charge. Parents must schedule a tour and reservations before a child may be dropped off. If a Special Needs Accommodation Process is in progress, the parent must stay with the child.

The following events will be happening during the open house: Nov. 14, family movie night, "Zootopia," PG, from 4:30-6 p.m.; Nov. 16, family dodgeball, 5-6 p.m.; and Nov. 18, Turkey Wobble Skate Night, 6:15-9:30 p.m. All children must be registered with child, youth and school services. To attend the open house, parents must visit parent central to register their children and call to schedule a tour of the facility.

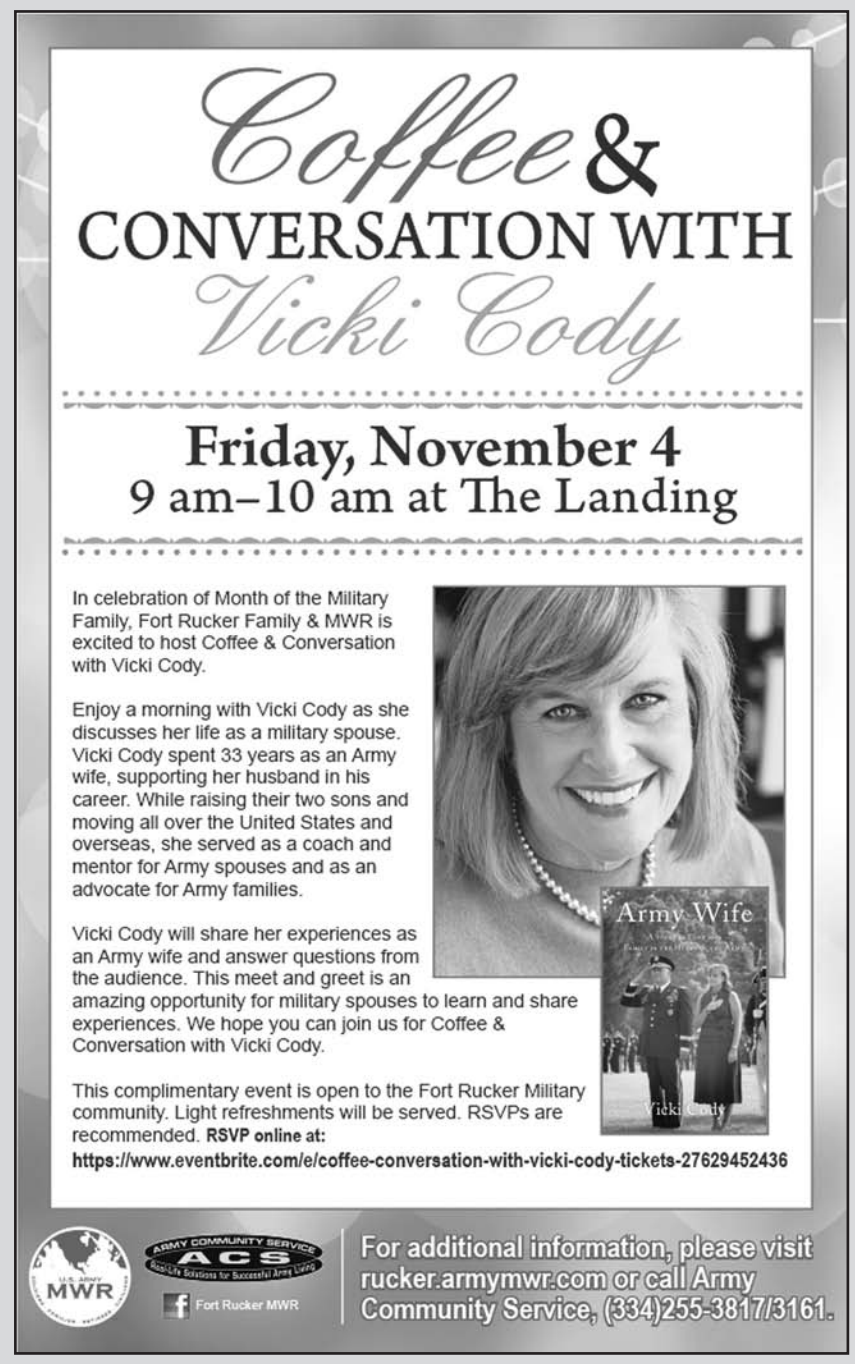
For more information, call 255-9108.

NAVY PHOTO

Blue Angels air show

MWR Central will host a day trip to Pensacola, Florida, to see the 70th anniversary Blue Angels Air Show Nov. 11. People are welcome to bring a lawn chair or blanket and spend the day watching the show. Cost is $18 per person. For more information, call 255-2997.

DFMWR SPOTLIGHT



Camping Under the Stars

Fort Rucker will host its sixth annual Camping Under the Stars Nov. 18 at West Beach, Lake Tholocco. The event will feature a night of camping out, s'mores and hot chocolate, games, a story reading and two movies on the big screen.

People can call outdoor recreation at 255-4305 to check out tents – there are three-man and six-man tents. The event is free and open to military ID card holders.

For more information, call 255-1749.

Turkey Wobble Skate Night

The Fort Rucker School Age Center staff wants to know who knows the "Turkey Gobble" dance and who has a great turkey call, so it's hosting its Turkey Wobble Skate Night Nov. 18 from 6:15-9:30 p.m. The event will feature prizes for the best rendition of the "Turkey Gobble" dance and best turkey call. Safety skate will cost $2 and will be from 6:15-7:15 p.m. – parents must be present. Regular skate will cost $5 and will be from 7:30-9:30 p.m. Admission will be cash only and the staff asks that people try to have the exact amount. All skaters must be registered with child, youth and school services.

For more information, call 255-9108 or 255-9127.

FORT RUCKER MOVIE SCHEDULE FOR OCTOBER 27-30

Thursday, October 27

Jack Reacher: Never Go Back *(PG-13)* .....7 p.m.

Friday, October 28

Jack Reacher: Never Go Back *(PG-13)* .....7 p.m.

Saturday, October 29

Storks *(PG)* .....4 p.m.
Blair Witch *(R)* .....7 p.m.

Sunday, October 30

Storks *(PG)* .....1 p.m.
Bridget Jones Baby *(R)* .....4 p.m.

TICKETS ARE $6 FOR ADULTS AND $5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

DOD:

Cyber Mission Force teams achieve initial operating capability

U.S. Cyber Command
News Release

FORT MEADE, Md. – All 133 of U.S. Cyber Command's Cyber Mission Force teams achieved initial operating capability as of Oct. 21, Cybercom officials announced today.

Reaching the IOC milestone is a testament to the Defense Department's focus on developing cyber capability and capacity, as outlined in DOD's Cyber Strategy, officials said.

"One of the reasons DOD has done exceptionally well to rapidly train and build this force is that each branch of the military services has come to the conclusion that cyber is a mission set that requires dedicated expertise over time," said Navy Adm. Michael S. Rogers, Cybercom commander, director of the National Security Agency and chief of the Central Security Service. "That wasn't always the case, and I have to compliment the services, the services' cyber component leadership and the entire team for all of the extremely hard work to achieve this goal."

Initial operating capability means that all Cyber Mission Force units have reached a threshold level of initial operating capacity and can execute their fundamental mission.

DOD GRAPHIC

ASSESSMENT OF CAPABILITY

IOC is an assessment of capability, officials explained, and is not designed to represent the overall combat readiness for the Cyber Mission Forces teams. Rather, it reflects a team's overall progress toward achieving full operational capability and serves as standard baseline in building the 133 teams.

The Cyber Mission Force currently comprises about 5,000 individuals across the 133 teams. By the end of fiscal year 2018, the goal is for the force to grow to nearly 6,200 and for all 133 teams to be fully operational, officials said, adding that full operational capability is tied to a validation that all Cyber Mission Force teams are capable of operating at full mission capacity.

The next major milestone is for all teams to be at full operational capability by Sept. 30, 2018, Rogers said, "because our experience is that it takes about two years to get a team from the time we stand it up to fully mission-capable."

As of mid-October, nearly half of the Cyber Mission Force teams had already achieved full operational capability Cybercom officials said. Still, they added, given the rapidly developing and dynamic nature of the cyber domain, Cyber Mission Force teams in development – "build-status" – have played a vital role in supporting missions to safeguard the nation against cyberattacks since their inception in 2013.

"The reality is, because of the dynamics of cyber, we have needed to apply capacity as soon as we're generating it," Rogers said. "And so we find ourselves in a situation – a little unusual in the military arena – wherein as soon as we get a basic framework, we have been deploying the teams and putting them against challenges."

FOCUS ALIGNS CYBER STRATEGY

The focus of Cybercom's Cyber Mission Force teams aligns with the DOD Cyber Strategy's three primary missions: Defend DOD networks and ensure their data is held secure; support joint military commander objectives; and, when directed, defend U.S. critical infrastructure.

Specifically, Cyber Mission Force teams support these mission sets though their respective assignments.

- Cyber National Mission Force teams defend the nation by seeing adversary activity, blocking attacks, and maneuvering to defeat them.
- Cyber Combat Mission Force teams conduct military cyber operations in support of combatant commands.
- Cyber Protection Force teams defend the DOD information networks, protect priority missions and prepare cyber forces for combat.
- Cyber Support teams provide analytic and planning support to National Mission and Combat Mission teams.

In support of joint military commander objectives, the services' Combat Mission Force teams support combatant commands under the Joint Force Headquarters Cyber construct:

- JFHQ-C MARFORCYBER supports U.S. Special Operations Command;
- JFHQ-C ARCYBER supports U.S. Central Command, U.S. Africa Command and U.S. Northern Command;
- JFHQ-C FLTCYBER supports U.S. Pacific Command and U.S. Southern Command; and
- JFHQ-C AFCYBER supports U.S. European Command, U.S. Strategic Command, and U.S. Transportation Command.

Cyber Mission Teams are also assigned to both the Cyber National Mission Force and Joint Force Headquarters DOD Information Networks, Cybercom component headquarters.

The Cyber National Mission Force plans, directs, and synchronizes full-spectrum cyberspace operations to deter, disrupt, and if necessary, defeat adversary cyber actors to defend the nation. Its "defend the nation" missions include the following.

-- When directed by the president or secretary of defense, defending the U.S. and its interests against cyberattacks of significant consequence and defense of the nation's critical infrastructure when significant consequences may include loss of life, significant damage to property, serious adverse U.S. foreign policy consequences or serious economic impact on the United States.

-- Alignment to the most sophisticated cyber adversaries: nation-state cyber adversaries and non-nation-state or emerging threats.

Joint Force Headquarters DOD Information Networks provides command and control of DOD Information Network operations and defensive cyber operations internal defensive measures globally to coordinate the protection of DOD component capabilities enabling power projection and freedom of action across all warfighting domains. Its cyber protection teams actively work to harden DOD network boundary defenses.

NSA official discusses importance of cyber vigilance

By Amaani Lyle
Defense Media Activity

WASHINGTON — In the wake of major intrusions into U.S. government computer networks over the last 24 months, the National Security Agency's deputy national manager for national security systems outlined his agency's role in developing cyber defense mitigations, and its critical response to public- and private-sector cyber incidents.

During his remarks Oct. 18 at the American Enterprise Institute, Curt Dukes offered an inside look at NSA's incident-response work, and described the agency's way ahead in improving government cyber defense in the aftermath of intrusions at the Office of Personnel Management, State Department, DOD's Joint Staff and two commercial companies that conducted background checks for the U.S. government.

"The adversary took advantage of poorly secured, poorly patched systems," Dukes said. "Once they had that initial foothold, they elevated privileges and then moved to mission objective, which was exfiltration of personally identifiable information, exfiltration of intelligence, or in some cases, the actual destruction of the host."

RAISING COSTS TO ADVERSARIES

With so much at stake, Dukes said U.S. vigilance of computer networks is vital and ultimately needs to stack the odds against cyber attackers.

"(An adversary) could easily attack us (and) achieve mission objective – so, I want to raise the cost to the adversary," he said. "By the time we actually respond to an intrusion – it takes hours to days – by then, in cyber time, an adversary has already met their objective."

Dukes explained typical cyberattack life cycles and various mitigations that he said will force adversaries to alter their intrusion methods, while helping industry to better prepare the U.S. government and military for those types of attacks at each step of the cycle.

As networks become increasingly interconnected, Dukes said, adversaries will find proportionately more exploitation opportunities. He maintains that it pays to invest in network defense.

"Look at what we currently spend in remediation for the (Office of Personnel Management) breach – if we had put just put one-tenth of that into good security at the very beginning, we'd have been much better prepared for any type of attack in that regard," Dukes said of the 2015 intrusions that cost the government millions to address and impacted millions of current, former and prospective federal employees and contractors. "There's an imbalance right now in what we spend on offense capabilities, and what we spend on defense."

CYBERATTACK LIFECYCLES

The cycle, Dukes explained, begins with an initial exploitation of open-source literature or the defense industrial base. When a vendor wins a contract, that information becomes publicly available and adversaries use a phishing attack, such as crafting emails that appear to come from a senior official.

"They want you to either click on that link or open that attachment," he said, "and this creates a classic spear-phishing avenue that they're going to continue to use until we actually remove that as a capability for them."

Dukes also described "watering holes," in which adversaries lead unsuspecting users to a site they've already corrupted. "From that point," he said, "they can then put the initial install onto your device, and get access through a classic thumb drive or some type of media."

And, while these vulnerabilities help cyber attackers gain access to very basic network levels, their next move is to establish persistence, Dukes explained.

"It gives them the ability to have multiple ingress and egress points," once they establish a virus and assesses to a network and its connectivity, Dukes said. "So they've maybe found that host, but they've already moved to other hosts and to multiple ways in and out of the network."

But entry points, he noted, are only part of the problem.

"Once they understand your system, if you're not particularly well-patched or configured, then, they're going to (seek) privileged escalation (and)they can then download tools … or hide inside normal traffic," he added.

And that "normal traffic," Dukes said, can include secure websites or encrypted web mail, which appears innocuous – until it isn't.

"Defense tools will not be able to protect you," he said. "They basically 'own' you at that point in time."

Dukes recounted the OPM intrusion had multiple ingress and egress points. "They had the initial attack," he said, "then they moved laterally across it, and it became very difficult for network defenders to actually find them and eradicate them from that network."

As a result, he said, NSA network defenders mapped an objective attack life cycle, consisting of phases including intelligence collection, intellectual property collection, and destructive programs such as ransomware.

"It doesn't matter whether it's a foreign nation such as Russia, China (or) Iran," Dukes said. "It could even be a terrorist organization. It could be a criminal network. They tend to follow the exact same life cycle in that regard."

LIFE CYCLE MITIGATION TECHNIQUES

To mitigate the attacker's life cycle, he said, NSA implemented anti-exploitation features in a Windows environment, which, along with a secure host baseline, is now core to the Windows 10 operating system. NSA also developed an application whitelist of known and trusted websites that can be refined over time, Dukes said.

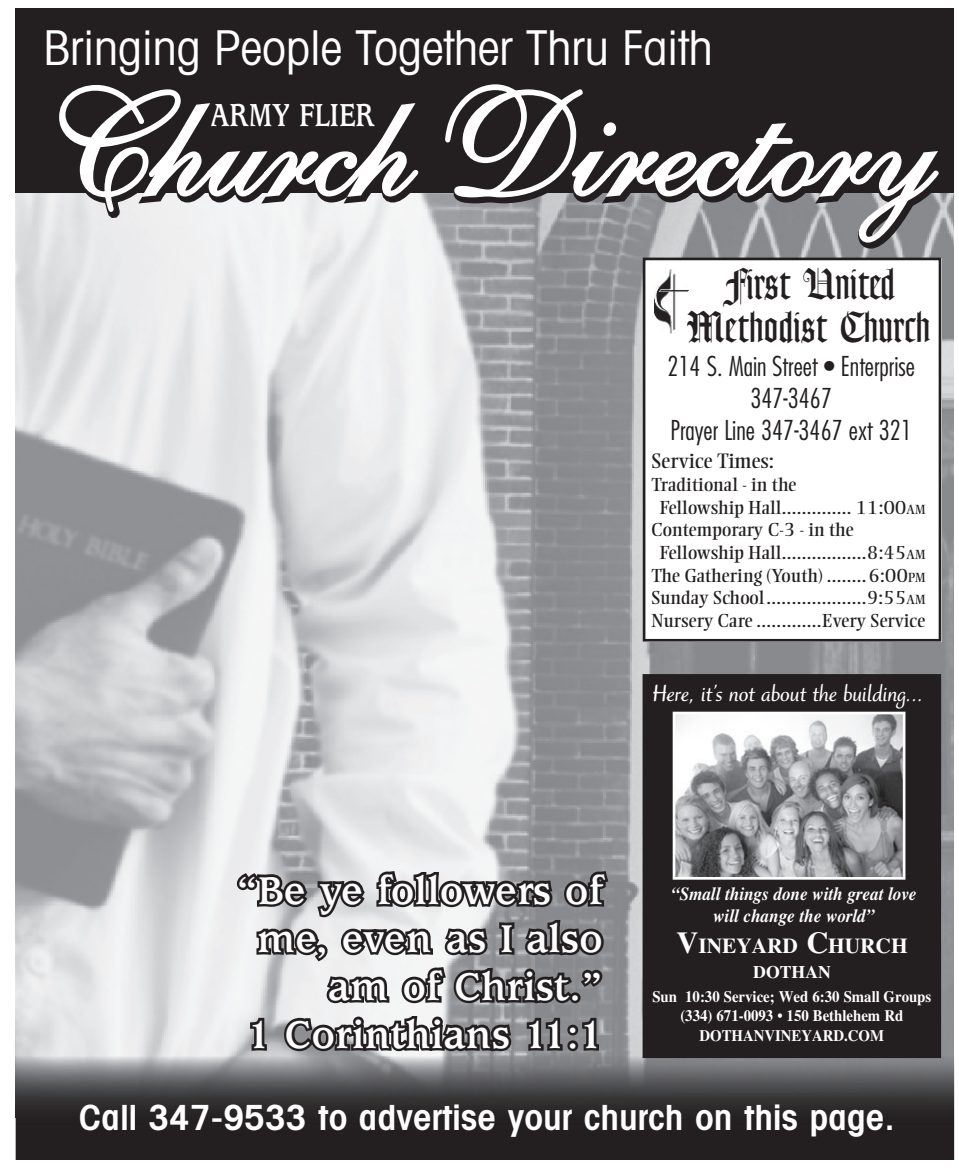
Additionally, the Defense Department implements a host-based security or intrusion prevention system, for daily antivirus protection through assessing an adversary's ability to attack, he said.

About five years ago, Dukes said, the antivirus industry changed technology by moving host reputation services to a cloud-based presence, allowing network defenders the ability to globally detect malware.

"Adversaries like to hide and fake who they actually are, so with reputation service, you can check what websites and (Internet protocol) addresses map back to," he said. "It's a pretty impactful tool."

Aside from antivirus protection, Dukes praised controlled administrative privileges.

"You want to limit the number of folks that actually have admin privileges on your network," he said. "By doing that, you reduce the ability for an adversary to find that one weak host to take advantage of."



Behavioral health experts keep eye on mental health of Army children

By Ronald W. wo
Army News Service

DEFENSE HEALTH HEADQUARTERS, FALLS CHURCH, Va. – Soldiers have to focus on duty when they are deployed. One concern they should never have is whether their families, especially their children, are being taken care of at home.

Care for children of Soldiers – particularly the relationship between parental deployment and children's behavioral health – was a panel topic for a Military Family Forum during the Association of the United States Army Annual Meeting in Washington, D.C., Oct. 5.

The forum topic was "An Update on Military Kids: How Are They Doing? What Do They Need?" The panel featured representatives of the Rand Corporation, Army Installation Management Command, the Substance Abuse and Mental Health Services Administration, and Army Medicine.

Behavioral health experts know that military children face unique needs associated with parental deployment. While a parent is deployed, military children show strained peer and family relationships, decreased academic performance, increased risk for alcohol and drug use, and increased feelings of depression and sadness.

Panelist Lt. Col. Christopher Ivany, chief, Behavioral Health Division, Office of the Surgeon General, stated that one-in-five Army children will need some type of mental health treatment and that "mental health care for children is a national issue."

Army Medicine has developed a school behavioral health model of care to imbed providers into this setting where children live and work.

This school-based effort is critical because since 2001 about 1.3 million Soldiers have deployed to Iraq and Afghanistan; 40 percent more than once. Of the 1.3 million who have deployed, 60 percent were married and 50 percent had at least one child.

ARMY PHOTO

Lt. Col. Christopher Ivany, chief, Behavioral Health Division, Office of the Surgeon General, spoke at a Military Family Forum during the Association of the United States Army Annual Meeting in Washington, D.C., Oct. 5.

For children of Soldiers, Army Medicine aims to ensure that as many behavioral health services as possible are available, starting with providing access to care in schools.

School behavioral health services are directed at improving mental health, academic achievement, and school performance of all children and adolescents attending the school.

Currently, Army Medicine has school behavioral health programs at 14 installations with more than 60 providers providing a range of behavioral health services within on-post schools.

Army Medicine plans to implement school behavioral health services in more than 100 schools on 18 installations – following approval by local school districts – by the end of fiscal year 2017.

School behavioral health care is delivered by licensed, credentialed child and adolescent psychologists or licensed clinical social workers. Access to care is improved – the benefits include reduced stigma, maximized student time in school and minimized time away from work for parents.

The need for school behavioral health or other convenient access to care is clear. A 20-percent increase in behavioral health care visits to providers occurred in the last 2 years, with more than 30,000 visits in schools occurring in 2015.

School behavioral health care allows easier access to care and makes repeat visits to a provider more convenient. It also makes it easier for the behavioral health provider to work with administrators and teachers.

Simply hiring people and building more clinics is not enough, Ivany said. We have to design services with the Army community to build on services that are already there to provide solutions.

Army hospitals create success in providing health care to children and families by bringing together the best evidence-based practices.

Army Medicine has already had great success with the use of tele-behavioral health. In 2015, there were about 50,000 behavioral health visits using virtual health technology, allowing behavioral health providers to be available 24/7 for any member of the Army family anywhere in the world.

Tele-behavioral health may prove to be a great asset for children who live in remote locations, e.g., when the military parent is in National Guard or Reserve, or any place where in-school care is not immediately available. The idea for tele-behavioral health is simple: link people, especially children, to a location to where staff is available.

Ivany also mentioned the value of outreach coordinators as part of the installation support plan for behavioral health. Outreach coordinators can coordinate multiple resources to help improve efficiencies and reduce duplication of effort in access to care, he said.

Army Medicine focuses on the entire Army family, not just Soldiers, to ensure wellness.

School behavioral health care is innovative care for children of Army families and improves family readiness and resilience.

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White House, DOD salute companies' commitment

By Lisa Ferdinando
Defense Media Activity

WASHINGTON – Employers who hire military spouses are doing the right thing for their businesses – and for the country, speakers at a Department of Defense Military Spouse Employment Partnership event said this week.

White House and Defense Department officials, business representatives and military spouses were among those who came out Oct. 17 to celebrate the induction of 50 employers to the MSEP program – the largest induction class since the initiative was launched five years ago.

By hiring military spouses, employers are promoting stability in military families, which increases the readiness of the force, said Todd A. Weiler, assistant secretary of defense for manpower and reserve affairs.

"You're getting a loyal and committed workforce, and we're getting a more stable, a more predictable, a less stressful environment for our families," he told the employers.

DEBT OF GRATITUDE

Dr. Jill Biden, the wife of Vice President Joe Biden, helped to launch the MSEP program in 2011. Speaking at the event, which was held at the U.S. Chamber of Commerce building, the same location where the program was launched, she said the entire family serves when a member is in military.

"I believe that we owe those who wear our uniform and their families a debt of gratitude," she added. "Military spouses are among the most skilled and dedicated members of America's workforce. That's why all of you are here today."

At the program's inception, supporters were excited to have 50 partner companies that pledged to increase employment opportunities for military spouses, Biden noted. The number has increased significantly, she said, pointing out that the 50 new inductees bring the total number of partnered companies to 335.

"Since we launched, more than 100,000 military spouses have been hired – and that is truly remarkable," Biden said, welcoming the new partners into the program. "Our veterans, service members and their families deserve the very best efforts of each of us, to show them how much we appreciate their service to our country."

PHOTO BY LISA FERDINANDO

Dr. Jill Biden, the wife of Vice President Joe Biden, speaks at a Department of Defense Military Spouse Employment Partnership event in Washington, Oct. 17.

NO AVERAGE MILITARY SPOUSE

The experiences and makeup of military spouses vary greatly, including in age, backgrounds, education, career aspirations, family composition and religions, said Ellyn Dunford, the wife of Marine Corps Gen. Joe Dunford, the chairman of the Joint Chiefs of Staff.

"There is no such thing as an average military spouse, nor an average military spouse experience," she said. Dunford relayed the challenges of balancing her career as a physical therapist with her family life through more than three decades as a military spouse.

Amid the frequent moves, military families face challenges as a spouse tries to balance a career, including perhaps even being geographically separated to keep a job, she said. Dunford said the lessons she learned over the decades have helped her in her current role and in advocating for military families.

She applauded the efforts of the MSEP and its partner companies, saying those who hire military spouses are using "their heart and their head."

Religious Services

WORSHIP SERVICES
Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109
8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940
8:30 a.m. Catholic Confessions
9 a.m. Catholic Mass
11 a.m. Collective Protestant
12:05 p.m. Catholic Mass (Tuesday-Friday)
4 p.m. Catholic Confessions (Saturday)
5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036
9:30 a.m. Protestant Sunday School
10:45 a.m. Latter-Day Saints
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
11 p.m. Eckankar Study (4th Sunday)
Spiritual Life Center, Bldg. 8939
10:15 a.m. CCD (except during summer months)

BIBLE STUDIES
TUESDAYS
Crossroads Discipleship Study
(Meal/Bible Study)
Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel
Wings Chape, 9 a.m. and 6 p.m.

Adult Bible Study
Spiritual Life Center,
7 p.m.

WEDNESDAYS
Catholic Women of the Chapel
Spiritual Life Center,
9 a.m.

Above the Best Bible Study
Yano Hall,
11 a.m.

1-14th Avn Regt Bible Study
Hanchey AAF, Bldg. 50102N,
Rm. 101 11:30 a.m.

164th TAOG Bible Study
Bldg. 30501, 11:30 a.m.

Precepts Bible Study
Soldier Service Center, 12 p.m.

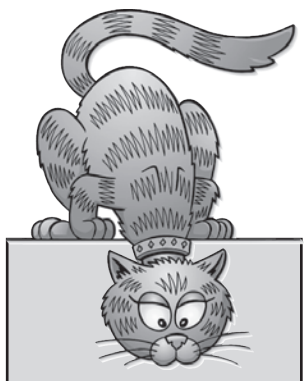
Kingdom Kidz & Youth Group Bible Study
Spiritual Life Center,
5:30 p.m.

Adult Bible Study
Spiritual Life Center,
6 p.m.

THURSDAYS
WOCC Bible Study (1st/3rd Thursday)
Swartworth Hall,
Bldg. 5302, 11:30 a.m.

Praise and Worship Meal/Bible Study
Wings Chapel, 5:30 p.m.

SATURDAYS
Protestant Men of the Chapel (1st Saturday)
Larry's Restaurant, Daleville, 8 a.m.



Adopt a pet

For more information about animal adoptions, call the Veterinary Clinic at 255-9061. The Stray Facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels.

Donations can be dropped off at the Veterinary Clinic or the Commissary.

DO YOU HAVE *TIRED*, *ACHY*, *HEAVY-FEELING* LEGS?

COMPLIMENTARY PHYSICIAN VISIT

Wednesday, November 16th
4:30PM - 6:30PM

3280 Ross Clark Circle
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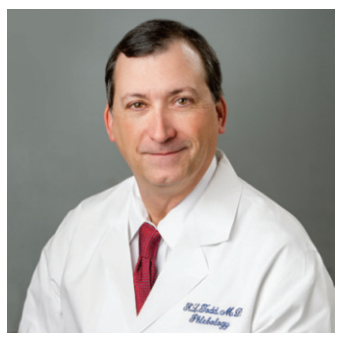

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National Peanut Festival
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Ages 5 and under FREE
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Includes Admission & Armband ticket • May be used for any one day of the festival.

Megapass & Advance Gate Tickets
on sale until 5:00 p.m., Thursday, November 3rd at the NPF Ticket Office, Online & Eagle Eye Outfitters.

Megapass at McDonald's
(in Dothan, Abbeville, Daleville, Enterprise, Geneva & Ozark)
$1 from each Megapass sold at McDonald's will be donated to Ronald McDonald House

Also Available at Advance Ticket Outlets*:
*Check with the outlets regarding times & cut-off dates on sales. While supplies last.
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• Five Star Credit Union
• Henry County Health & Rehab Facility
• All in One Salon (Ashford)

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www.NationalPeanutFestival.com
Nov. 4-13, 2016

Alabama National Fair opens Friday

Army Flier
Staff Reports

The Alabama National Fair is scheduled for Friday-Nov. 6 at Montgomery's Garrett Coliseum and Fairgrounds. The event will feature more than 60 rides, food, information and commercial booths, livestock competitions and more, according to organizers. General admission tickets are $12.

For more information, visitwww.alnationalfair.org.

WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

NOV. 4 — The Wiregrass Museum of Art will host its next seasonal public film series, Screen on the Green, in the museum's garden beginning at 7:30 p.m. – and admission is free. The public is invited to bring lawn chairs and blankets. A local food truck will be on hand to satisfy movie-watching cravings and the museum will provide free popcorn. Steven Spielberg's "Hook" will be shown. A spring series of films will be announced in January. In case of inclement weather, movies will be show in the Great Hall of WMA's Conference Center.

NOV. 5 — Dothan Montessori School will host its fourth annual Montessori Madness 5K and Kids Dash. DMS is located at 205 Holly Lane. The race begins at 8 a.m., with race-day registration starting at 7 a.m. Payment accepted by cash or check only. There will be door prizes, a children's dash, face painting and more! DMS is the only local non-profit, non-denominational Montessori school in the Wiregrass. Pre-registration can be found online at www.dothanmontessorischool.org. For more information, call 334-671-7170.

ONGOING — Disabled American Veterans Dothan Chapter 87 maintains a service officer at its office at 545 West Main St. (Mixon Business Center) Tuesdays and Wednesdays from 9 a.m. to 2 p.m. The chapter will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims and other veterans benefits. All veteran services provided are free of charge. For more information, call 836-0217, Ext. 123, or send an email to davchapter87@gmail.com.

ENTERPRISE

ONGOING – Beginning classes in the Taoist Tai Chi Society™ Internal Arts and Methods are currently held at the Enterprise YMCA Fitness Center and the Episcopal Church of the Epiphany Parish Hall. At the Y, classes are offered on Thursdays at 1 p.m. and Saturdays at 10 a.m. At the Episcopal Church, classes are offered Mondays at 8:30 a.m. and Thursdays at 5 p.m. An ongoing health and recovery class is also held at the church on Mondays at 10:15 a.m. People can join a class at any time. For more information, call 334-588-0512 or 334-347-4663. For more information about Taoist Tai Chi, visit http://www.taoist.org/usa/locations/montgomery/

ONGOING — Reformers Unanimous, a national Christ-centered addictions program headquartered in Rockford, Illinois, is starting a chapter in Enterprise. Faith Baptist Church, 4481 Rucker Boulevard, will host the program Fridays from 7-9 p.m. The program is open to all adults who struggle with an addiction. For more information, call 790-2058.

ONGOING — Mondays through Thursdays each month, Aqua Zumba and EPRD water aerobics will be held by instructor Natalie Showers from 7-8 p.m. Price is $5 per class and registration is not required. For more information, call 348-2684.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

OCT. 27 — Disabled American Veterans Chapter 99 will meet at 6 p.m. in the New Brockton Senior Center located one block behind the police station. Food and drinks will be served, followed by regular chapter business. Veterans throughout the Wiregrass are invited to join as new members in DAV and DAV Auxiliary. For more information, call 334-718-5707.

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class.

For more information, call 894-2350.

OZARK

OCT. 28 — St. Michael's Episcopal Church will host a classical guitar and flutist concert at 7 p.m. The performers are known as R2Duo – classical guitarist Dr. Robert Gibson and flutist Rachel Nozny. Gibson and Nozny teach music at Troy University. Following the concert will be a meet the artists reception in the parish hall. St. Michael's Episcopal Church is located at 427 Camilla Avenue.

ONGOING — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — A German coffee takes place the last Thursday of every month except November at 10 a.m. at The Landing on Fort Rucker. The group has been meeting for more than 40 years.

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

Beyond Briefs

Alabama National Fair

The Alabama National Fair is scheduled for Oct. 28-Nov. 6 at Montgomery's Garrett Coliseum and Fairgrounds. The event will feature more than 60 rides, food, information and commercial booths, livestock competitions and more, according to organizers. General admission tickets are $12.

For more information, visitwww.alnationalfair.org.

Zoo Boo

The Montgomery Zoo will its Zoo Boo Oct. 27-31. Zoo officials welcome people to climb aboard the Haunted Hay Ride or mosey on over to the Pumpkin Pull for a good, old-fashioned, non-scary, traditional hay ride. The event will also feature games, bouncy castles, concessions and more.

Gates open nightly at 6 p.m., and the first Haunted Hay Ride will pull out at dusk. Event fee is $15 for ages 3 years old and older. Ticket includes entry, one ride on either the Haunted Hay Ride or the Pumpkin Pull Hay Ride and one sheet of game tickets – 10 tickets per sheet.

For more information, call 334-240-4900 or visit montgomeryzoo.com/announcements/zoo-boo-week-1.

Scarecrows in the Garden

The Old Alabama Town Herb Society hosts its fifth annual Scarecrows in the Garden at Old Alabama Town in Montgomery now through Nov. 18. All scarecrows are made with materials found in nature, as far as is possible, according to Old Alabama Town officials.

For more information, call 334-240-4500 or visit www.landmarksfoundation.com/events/upcoming-events.

Public Eye Soar

Panama City, Florida, will host its Public Eye Soar 2016 Nov. 11-12 from 5-10 p.m. at the City Arts Cooperative, 318 Luverne Avenue. Admission is free to this international projection art festival that combines art, technology and interactive activities into a street festival based in downtown Panama City. Featuring artists from all over the world, SOAR takes art out of the gallery and projects it onto buildings, walls and 3D objects, according to organizers. Festival goers can expect to see traditional art, animation and short videos. Interactive projections and installations invite attendees to create art, emerse themselves in virtual experiences and watch live art created during the festival. Artists are encouraged to be a part of the festival by submitting their work. There is no fee for submission. SOAR is family friendly.

For more information, visit http://www.bayartsevents.com/event/public-eye-soar-2016/.

Emerald Coast Cruizin

Emerald Coast Cruizin - The South's Best Blast from the Past is billed as a family event featuring thousands of classic cars, hot rods, custom cars and trucks held Nov. 7-12 in Panama City Beach, according to organizers. This year's event will be held at Aaron Bessant Park next to Pier Park. Along with the car show, the event will feature a swap meet, parade, cruiz-ins, a block party and live music

For more information, including a schedule, visit http://www.emeraldcoastcruizin.com/.

Color Vibe 5k

The Color Vibe 5k is scheduled for Nov. 19 from 9-11 a.m. at St. Andrews Marina, 1201 Beck Avenue, Panama City, Florida. Price is $27-30, and children 12 and under register for free -- not include processing fee, according to organizers.

For more information and to register visit http://www.thecolorvibe.com/panamacity.php#.

Theatre in the Mind

The Alabama Shakespeare Festival will host its free Theatre in the Mind series on various Saturdays now through May 6 from noon to 1 p.m. The series is designed to help people gain new insights into ASF productions through the acclaimed Theatre in the Mind and Bard Talk lecture discussions. Designed around the plays ASF presents each season, people can participate in free pre-show discussions with authors, cast members, designers and directors. The discussions are hosted by Dr. Susan Willis, ASF's resident dramaturge.

Schedule: Nov. 26 –A Christmas Carol; Feb. 4 – Because of Winn-Dixie; Feb. 18 –The Two Gentlemen of Verona; March 11 –Sherlock Holmes; March 25 –Dauphin Island; and April 22 –The Tempest; and May 6 – Rep Actor's Discussion (after matinee) and Narrated Changeover.

Theatre in the Mind is free and open to the public. Reservations are not required – people may pick up their tickets at the box office counter just before each lecture. People do not need to be a ticket holder to that day's performance to attend the lecture.

For more information, call 334-271-5353,

Soldiers, Marines help Latvian special needs children

By Pfc. James Dutkavich
24th Press Camp Headquarters

AMATA PARISH, LATVIA — The Army and Marines train and fight together, but they also recently teamed up for a community project — to support the Spares School in Amata Parish Oct. 18.

Paratroopers assigned to the 2nd Battalion, 503rd Infantry Regiment (Airborne), 173rd Airborne, Soldiers assigned to 92nd Civil Affairs Battalion, 95th Civil Affairs Brigade, Marines assigned to 2nd Battalion, 8th Marine Regiment, and Marines assigned to Marine Forces Europe and Africa, helped children at an orphanage in Latvia.

The Soldiers, paratroopers and Marines helped clear pine trees and pile the lumber to be used in the spring for a project to build a walking path for the orphanage. The support helped cut three days off the time required for the project.

Spc. Austin Boothe, 2-503rd Inf. Regt., said, "Projects like this strengthen our alliance because it shows Latvians we are here to help."

After lunch, the paratroopers and Marines participated in games and team events with the children. Each team had two children, a paratrooper and Marine.

The walking path that is going to be constructed makes its way through a park that is more than one hundred years old. The path will allow the children to walk and play in the woods, have picnics and learn about nature.

"I think it is a good project, especially something like this because it shows the Latvians that we care about them, care about our NATO partnership, specifically with the special needs children it shows the people in the community that we care about them," said Staff Sgt. Archie Titus, a civil affairs specialist assigned to 92nd Civil Affairs Bn. "I think when the Latvian citizens see us come out here and help them in their community, they see that they are not alone in the world."

Titus added that coming out here builds relationships with the citizens that can go a long way.

Currently the Soldiers and Marines are participating in exercise Silver Arrow. Silver Arrow is a two-week long Latvian led exercise, which joins foreign Armed Forces units, in order to develop relationships and leverage allied and partner nation capabilities preserving peace through strength. The exercise is part of Operation Atlantic Resolve, a U.S. lead effort being conducted in Eastern Europe to demonstrate U.S. commitment to the collective security of NATO and dedication to enduring peace and stability in the region.

PHOTOS BY PFC. JAMES DUTKAVICH

A Marine assigned to 2nd Battalion, 8th Marine Regiment, interacts with a Latvian child from the Spares School Oct. 18 in Amata Parish, Latvia.

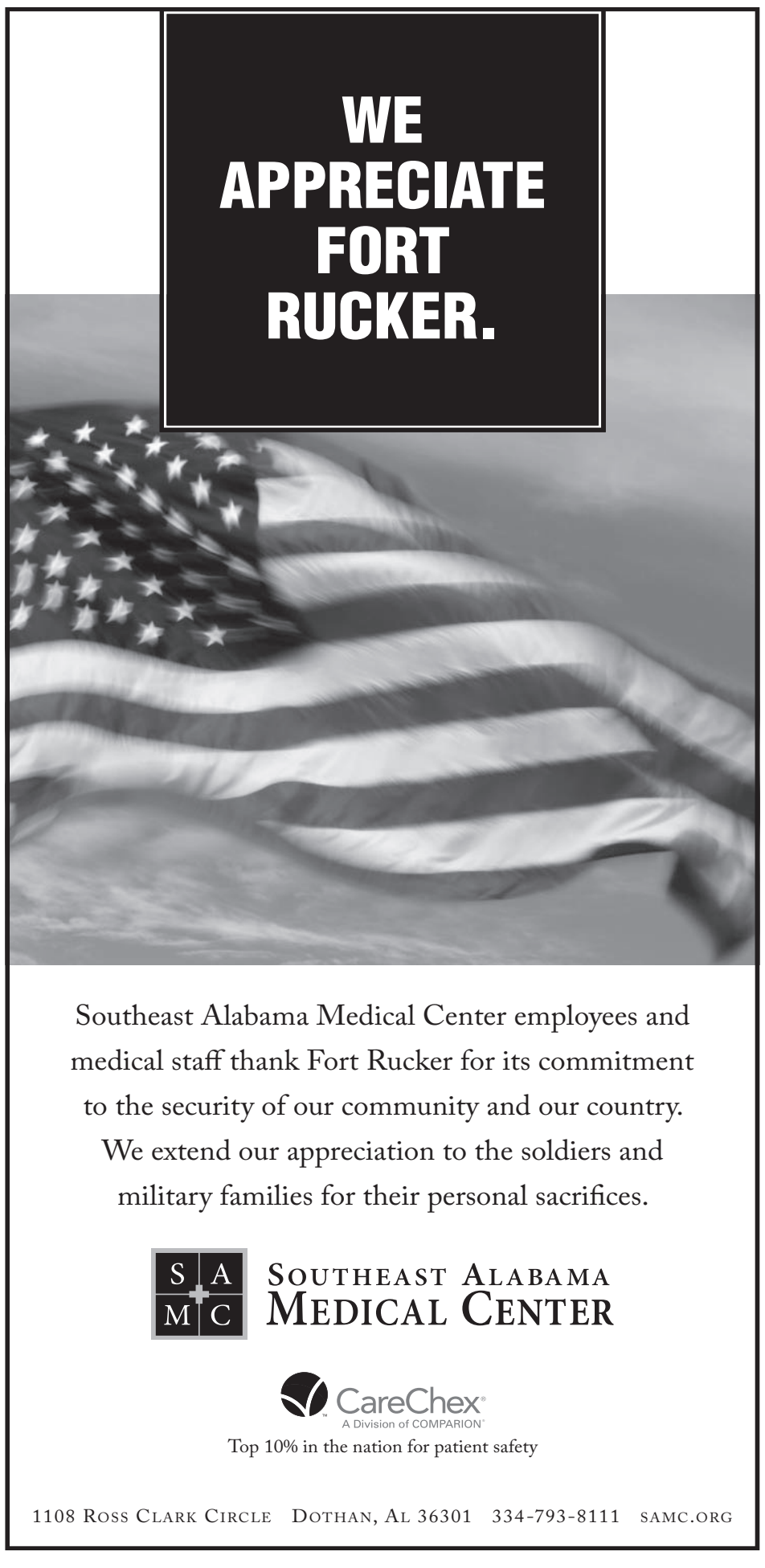
Soldiers and Marines help a Latvian child during a fire-building exercise.

Soldiers and Marines, along with Latvian children, work together to overcome a challenge.

Fire Safety

In the event of a fire, time is the biggest enemy and every second counts. Escape plans help you get out of your home quickly. In less than 30 seconds, a small flame can get completly out of control and turn into a major fire. It only takes minutes for a house to fill with thick black smoke and become engulfed in flames. Make sure your Family is prepared by:

- Practicing escape plans every month.
- Planning two ways out of each room.
- Immediately leaving your home when a fire occurs.
- Never opening doors that are hot to the touch.
- Designating a meeting location away from your home.
- Once you're out, stay out!



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PIGSKIN PICKS
Check out this week's NCAA football picks
Story on Page D3

OCTOBER 27, 2016

COMEBACK DENIED

6th MPs hang on for 26-20 win over 1-11th Avn.

By Nathan Pfau
Army Flier Staff Writer

As the Fort Rucker Intramural Football Season pushes past its halfway point, the competition is heating up as teams bring the fight to the field.

The 1st Battalion, 11th Aviation Regiment, Control Freqs took on the 6th Military Police Detachment Centurions Tuesday during a game at the Fort Rucker Physical Fitness Center football field, but it was the Centurions that edged out a win, 26-20, to remain the No. 1 team so far in the season.

"It was two teams playing hard … and this time we tried to stay focused," said Sgt. Benny Morris, coach for the Centurions. "(The 1-11th) almost came back and they made some good adjustments, so I can't take that away from them – they're some good ball players."

With only four games left in the season for the team until the playoffs, Morris said he and his team were determined to pull out a win, and they were able to do so with an aggressive offense that had their opponents tripping up at every turn early on.

The game started as Control Freqs received the kick off, but got off to a slow start and were unable to get through the opposing defense. The Centurions came out strong, though, with an interception by Pvt. Shawn Rogers and a 10-yard return.

The 1-11th couldn't seem to keep up with the 6th MP's offense, who managed to push up to the goal line within minutes of the game. Shortly after, a complete pass into the end zone had the Centurions on the scoreboard to lead, 6-0.

As Control Freqs took possession again, they couldn't seem to make up ground against their opponents, though they managed to get to a first down, but another interception by Rogers and a 20-yard run brought the 6th MPs within 15 yards of the opposing goal line.

Within the next play, the Centurions managed a 20-yard pass, well into the opposing end zone for their second touchdown, leading 12-0.

The 6th MP defense wasn't making it easy for the 1-11th to advance, but they weren't giving up so easily as they tried to make the most of each down.

Try as they might, they couldn't get through the Centurion's defense, which forced a turnover to give the 6th MPs another chance to score.

Overconfidence might have gotten the best of the Centurions, though, as the 1-11th managed to pick off an interception to retake possession.

The Control Freqs took full advantage of their newfound possession and pushed hard against the opposing defense, which couldn't managed to hold them back much longer. The 1-11th saw their chance and managed to get through the gaps in the 6th MPs defense to get into the end zone and get on the scoreboard with just minutes remaining in the half.

Not to be outdone, the Centurions came back on their next play with a 20-yard pass to lock in their third touchdown and extra point, to keep a comfortable lead of 19-6 at the end of the half.

The 6th MPs had the advantage going into the second half as they

SEE DENIED, PAGE D3

PHOTO BY TORI EVANS

Players from the 1st Battalion, 11th Aviation Regiment, Control Freqs and 6th Military Police Detachment Centurions jump to catch a pass during an intramural football game at the Fort Rucker Physical Fitness Center Tuesday.

ARMY:

Virtual medicine will be norm in future crises

By David Vergun
Army News Service

WASHINGTON — Immediately following the 2009 and 2014 shootings at Fort Hood, Texas, the Army's virtual health care was there, linking the survivors with behavioral health care providers "from Hawaii, D.C. and San Antonio," said Dr. Colleen Rye.

Virtual health, also called telemedicine, is currently being used across 18 time zones and 30 countries, supporting more than 20 clinical specialties, according to Rye, chief of Army Virtual Health, Office of the Army Surgeon General.

She spoke at an Association of the United States Army Medical Readiness panel Sept. 22.

A virtual health pilot is now under way in U.S. Africa Command, where the "tyranny of distance" means that the only medical service providers available on site are the medics and telemedicine, she said.

Another virtual health pilot is being conducted with Special Forces, she said.

PHOTO BY DAVID E. GILLESPIE

In a demonstration of the Telehealth process at Blanchfield Army Community Hospital, Fort Campbell, Ky., clinical staff nurse Lt. Maxx P. Mamula examines patient Master Sgt. Jason H. Alexander using a digital external ocular camera.

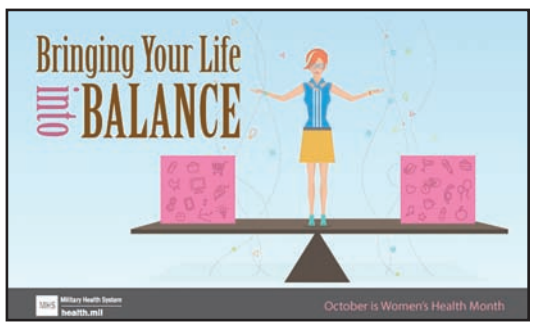
WHAT IS IT?

In the example of Special Forces, telehealth takes the form of a James Bond-type suitcase filled with medical gadgetry instead of spy gear designed by Q. Open it and "out pops a tablet computer, a device to connect to satellites and a whole array of peripherals, from otoscopes and stethoscopes to ultrasound cameras and ophthalmoscopes," Rye said.

With this equipment, health specialists can literally, "hear your heartbeat from 3,000 miles away," Rye said.

In other words, a medic could connect a patient at the point of injury to a specialist in another apart of the world, who could then provide the medic with

SEE MEDICINE, PAGE D3



DOD GRAPHIC

Women's health essential to force readiness

By Yan Kennan
Naval Hospital Jacksonville

JACKSONVILLE NAVAL AIR STATION, Florida — The Top 5 leading causes of death for U.S. women, according to the Centers for Disease Control and Prevention, are heart disease, cancer, chronic lower respiratory disease, stroke and Alzheimer's disease.

Women comprise more than 16 percent of U.S. Navy, and 6 percent of Marine Corps personnel respectively, making women's health essential to force readiness.

"Prevention is always the best policy when it comes to your health," said Navy Capt. Elizabeth Adriano, Naval Hospital Jacksonville director for surgical services. "Be proactive about any health

SEE READINESS, PAGE D3

PIGSKIN PICKS

	Jacksonville vs. Tennessee	Kansas City vs. Indianapolis	Detroit vs. Houston	Arizona vs. Carolina	Green Bay vs. Atlanta	Philadelphia vs. Dallas	Minnesota vs. Chicago
David Agan, *PAO* (28-21)	Tennessee	Kansas City	Detroit	Arizona	Atlanta	Dallas	Minnesota
Col. Tom von Eschenbach, *CDID Director* (27-22)	Tennessee	Kansas City	Houston	Carolina	Atlanta	Philadelphia	Minnesota
Jim Hughes, *PAO* (26-23)	Tennessee	Kansas City	Detroit	Arizona	Atlanta	Dallas	Minnesota
Capt. Jason Jordan, *6th MP* (26-23)	Jacksonville	Indianapolis	Houston	Arizona	Green Bay	Dallas	Minnesota
Capt. Mike Simmons, *DPS* (30-19)	Tennessee	Kansas City	Houston	Arizona	Atlanta	Dallas	Minnesota

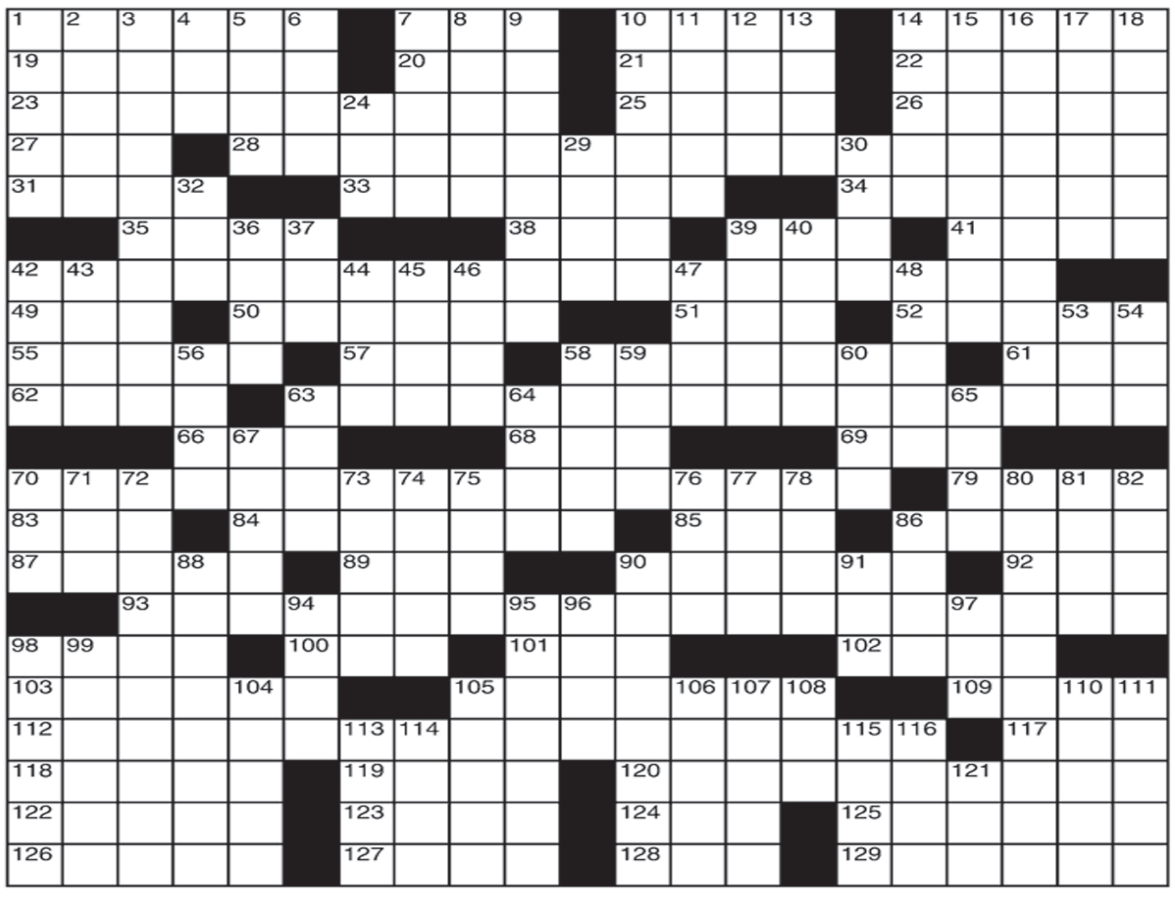
Down Time

Super Crossword

SCHOOL ORDERS

ACROSS
1 Loch monster moniker
7 — Tomé
10 Party giver's abbr.
14 Disk units
19 And much more of the same: Abbr.
20 Waters off Fla.
21 Part of BSA: Abbr.
22 Target for an exterminator
23 Start of a riddle
25 "Me neither"
26 Hunky-dory
27 Address book no.
28 Riddle, part 2
31 Polar vehicle
33 Puts on the burner again
34 Fair-haired folks
35 Saintly glow
38 On top of that
39 Wall St. insider, maybe
41 Brewery oven
42 Riddle, part 3
49 Crooner Jones
50 Lament
51 Perp's charge
52 "Later, José"
55 Ample
57 Trawl, e.g.
58 Typical Tiger Beat readers
61 Brewery tank
62 Round hairdo
63 Riddle, part 4
66 Toshiba rival
68 Neighbor of Arg.
69 U.K. "Inc."
70 Riddle, part 5
79 "— -Ca-Dabra" (1974 tune)
83 Stadium shout
84 Without help
85 With 4-Down, gear up
86 Newbies, so to speak
87 Die marks
89 Numbered hwy.
90 Like red soil
92 Ore- — (maker of Zesties!)
93 Riddle, part 6
98 "Mamma Mia" quartet
100 Suffix for an enzyme
101 Stadium shout
102 Vatican site
103 Detonate
105 African cat
109 Meat stamp inits.
112 End of the riddle
117 Cal. units
118 Holy Roman emperor known as "the Great"
119 Ian who played Bilbo Baggins
120 Riddle's answer
122 Ban Ki-moon heads it, for short
123 Run up — (drink on credit)
124 "A," in Caen
125 Submissive
126 Big mattress maker
127 Setup on eHarmony
128 Signing need
129 Many stage mutterings

DOWN
1 Colorful amphibians
2 Merman of "Gypsy"
3 Warrior's suit with small, overlapping plates
4 See 85-Across
5 — -bitsy
6 Audio effect
7 Ketchup, e.g.
8 Words after attorney or heir
9 Language of early inscriptions
10 Rampaged
11 L.A. hazes
12 Stylish Wang
13 Rigidly formal
14 Bar fight
15 Gave an attention-getting shout
16 Fallen suddenly
17 Clicked-open greetings
18 Least bold
24 "The Skin of — Teeth"
29 Author — Hubbard
30 Peters out
32 Penn & Teller, e.g.
36 July gem
37 Bonobo, e.g.
39 "Law & Order" actress — de la Garza
40 Push away
42 Razor choice
43 Slip up
44 High-end hotel chain
45 Antagonists
46 Way to go
47 Glenn of the Eagles
48 Laces into
53 Sculler's tool
54 Bourbon and Wall: Abbr.
56 Funny Sahl
58 Govt.-issued security
59 Snaky swimmers
60 Bank (on)
63 God that's part goat
64 Conical woodwind
65 The date 6/6/44
67 Earthen pot for liquids
70 Tax-taking org.
71 Tot's break
72 One given to ostentatious display
73 Golf vehicles
74 Offering-plate share
75 Notion, to Fifi
76 Eye creepily
77 — tide
78 About 5.88 trillion mi.
80 Wedding VIP
81 Traveled by bus, e.g.
82 "That is — commentary"
86 Old toy company
88 Defrosts
90 Rises slowly
91 Always, in odes
94 Neck part
95 West African tree
96 Oscar winner Guinness
97 Rhea relative
98 Monastery heads
99 Actress Danner
104 Wake — cold sweat
105 B soundalike
106 Macduff, e.g.
107 Tunesmith Harold
108 Pork product
110 Sir Arthur Conan —
111 Mules' sires
113 Landlocked African land
114 Tiny amount
115 Fanta, e.g.
116 Grandson of Adam
121 College dept.



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See Page D3 for this week's answers.

TRIVIA

Trivia test by Fifi Rodriguez

1. LANGUAGE: What is the meaning of the Greek prefix "xeno"?
2. GEOGRAPHY: Gotland Island is located in what body of water?
3. MEASUREMENTS: What does a micron measure?
4. MOVIES: Who was the Oscar-winning director of the movie "Deer Hunter"?
5. LITERATURE: In which U.S. state was the writer Eudora Welty born?
6. MUSIC: Who wrote the song "Raindrops Keep Falling on My Head"?
7. MOVIES: What movie featured the line, "Hasta la vista, baby"?
8. PSYCHOLOGY: What is a fear of books called?
9. HISTORY: Who was the first U.S. astronaut to fly into space twice?
10. FOOD & DRINK: What food is eaten traditionally in the United Kingdom on the day before Ash Wednesday?

See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle

	2				8		5	
8			6					3
		7		9		6		
9			5		3		7	
		1		7				8
	5		2			1		
		4	3					7
	8			6		4		
5					2		1	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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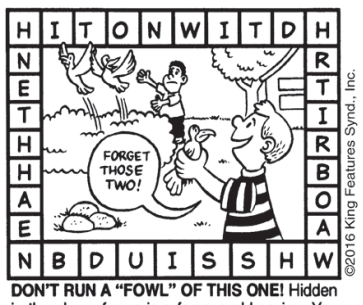
See Page D3 for this week's answers.

Kid's Corner



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DON'T RUN A "FOWL" OF THIS ONE! Hidden in the above frame is a famous old saying. You can find it by reading every other letter as you go around counterclockwise. The trick is finding the right first letter.

Answer: Starting with the "A" in the right-hand rail: "A bird in the hand is worth two in the bush."

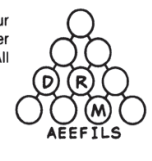
Illustrated by David Coulson

A SHORT MATH TEST! See if you can arrange the digits 1, 2, 3, 4 and 5 so that when two of the digits are multiplied by one of the digits, the product will contain the remaining two digits.

__ __ × __ = __ __

Answer: 13 x 4 = 52.

CHAIN REACTION! Take the seven letters printed below our diagram and place them in the circles so that eight four-letter words can be read, top to bottom, along the connecting lines. All the words will begin with the letter in the top circle.

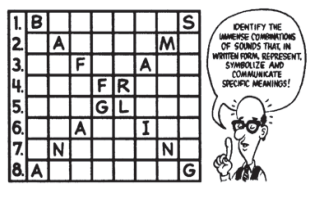


Answers: Top to bottom, left to right: Fads, fade, fare, farm, fire, firm, film, file.

Junior Whirl

by Charles Barry Townsend

FIND THE BIG WORDS!



Using the definitions and the anagrams below, you must find the eight eight-letter words that fit into the framework pictured on the left. For each definition, the letters in the two anagram words must be unscrambled and used to form the work asked for.

DEFINITION:	ANAGRAM:
1. Where outlaws hide out.	sand + bald
2. Famous Carnegie Deli sandwich.	aims + trap
3. Invented by Ben Franklin.	fail + cobs
4. Where bats hang out.	ribs + flee
5. Night criminals.	slag + burr
6. What waiters expect.	yurt + gait
7. Ancient mythical horses.	coin + runs
8. What young actors are.	pigs + rain

Answers: 1. Badlands. 2. Pastrami. 3. Bifocals. 4. Belfries. 5. Burglars. 6. Gratuity. 7. Unicorns. 8. Aspiring.

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3	5	8	2	3	2	5	7	4	5	8	4	7
K	S	H	P	N	L	O	S	B	F	I	U	H
5	7	2	3	8	6	3	5	8	7	5	3	5
T	I	A	O	G	B	W	S	H	F	E	Y	L
4	3	2	3	5	3	7	6	3	5	6	3	7
S	O	N	U	L	R	T	A	S	B	L	E	T
6	4	5	7	6	5	3	7	5	4	7	8	5
M	Y	R	O	Y	I	L	H	N	D	I	E	G
3	7	6	8	7	6	5	2	8	6	5	4	8
F	G	D	R	H	A	S	A	V	Y	S	A	A
4	7	6	4	5	7	2	6	5	7	5	8	5
Y	G	S	S	U	E	H	A	C	A	C	L	E
2	8	2	5	6	5	2	7	8	6	8	6	6
E	U	A	S	H	S	D	R	E	E	S	A	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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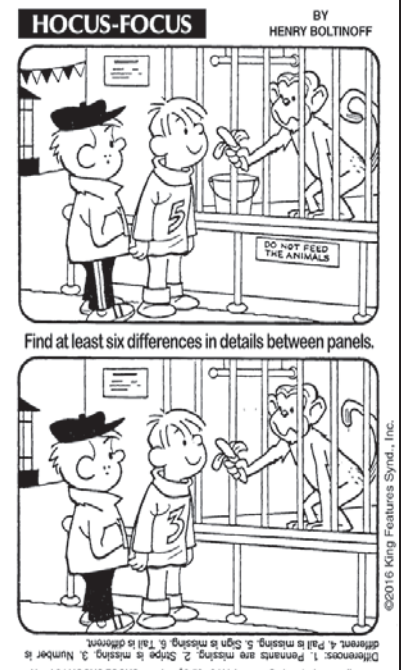
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Pennants are missing. 2. Stripe is missing. 3. Number is different. 4. Pail is missing. 5. Sign is missing. 6. Tail is different.

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Denied

Continued from Page D1

took possession, and they made the most of it as they kept their momentum going with a string of complete passes. Only minutes into the half, Rogers threw another long bomb for another touchdown to solidify their lead, 26-6, but it was the last touchdown the Control Freqs would give up.

The 1-11th were determined to get back in the game, and managed to push hard against their opponents for another touchdown and extra point to stay within reach of the 6th MPs, trailing 26-13.

The Centurions continued their aggressive offense, but 1-11th tightened up their defense and kept the pressure on to force the turnover, giving them another chance to score.

They took full advantage of their possession and once again found themselves on the opposing goal line. They managed to push through the Centurion's defense for another touchdown and extra point to find themselves nipping at their opponent's heels, 26-20 with just minutes remaining.

With little time left on the clock, the Centurions were determined not to lose their lead and managed to slowly push against the 1-11th to maintain first down, which gave them the time they needed to wind down the clock and seal in the win.

PHOTO BY TORI EVANS

Pvt. Shawn Rogers, quarterback for the Centurions, fights to stay in bounds during an intramural football game at the Fort Rucker Physical Fitness Center Tuesday.

Medicine

Continued from Page D1

detailed instructions on how to save the Soldier's life. The specialist at the other end could be a hematologist, orthopedist, pulmonologist, cardiologist, whatever kind is needed.

WHY IS VIRTUAL HEALTH CARE SO IMPORTANT?

Future combat will probably not look like it does in Iraq and Afghanistan, Rye said. Rather, the battlespace may be contested to such a degree that medevacs may be impossible and field hospitals, much less forward operating bases, may not be located nearby.

"(The) virtual hand will be reaching out, guiding medics through what they need right at the point of injury," she said.

WHAT'S NEXT

Army medicine is currently building a global teleconsultation portal to provide virtual care through a vast network of health service providers. "The sun will never set on us" when it comes to providing care virtually anywhere and at any time, Rye said.

The Navy was thrilled by the promise of the Army's virtual health system, Rye said. They're now paying the Army to build identical systems on 67 Navy ships.

All of the new gadgetry was produced in Army laboratories, Rye concluded. Civilian medical facilities around the world are now using Army-produced technology, from telestroke to remote health monitoring.

Readiness

Continued from Page D1

concerns you have, and take advantage of preventive services such as regular Pap tests, mammograms, and colonoscopies. We are standing by to take care of you."

Risk factors for heart disease, the No. 1 killer of women, include diabetes, high blood pressure, obesity, poor diet, physical inactivity, smoking, and excessive alcohol use. Women should know their risk and work with their primary care manager to reduce those risks.

Breast cancer is the second most common cancer, behind skin cancer, among women in the U.S. However, breast cancer is on the decline due to increased awareness, screenings, and improved treatment.

Starting at age 40, women should talk with their PCM about when to start and how often to get a mammogram. Women age 40 and up do have the choice to get an annual mammogram. To find out more, talk a PCM.

Women should get Pap tests starting at age 21, regardless of sexual activity, and continue every three years through age 65, at which point the PCM might recommend stopping as long as prior results didn't show precancerous changes. Pap tests can be done at well-woman exams. Almost all cervical cancers are caused by human papillomavirus, according to CDC. Factors that increase risk are smoking, using birth control pills for five or more years, or multiple sex partners.

There's more to preventive care than cancer screenings. At regular check-ups, the PCM conducts a physical exam, documents health habits and history, discusses recommended screenings and immunizations, and provides education and counseling to help patients make informed health decisions.

Below are some important steps women can take to help live a healthy life.

- Quit smoking.
- Eat fruits and vegetables. See what's recommended at https://www.choosemyplate.gov/.
- Each week, get 2 1/2 hours of moderate-intensity aerobic activity, and muscle-strengthening activities on two or more days per week.
- Maintain a healthy weight.
- Limit alcohol use.
- Get seven to eight hours of quality sleep per night.
- Take time to relax.
- Take charge of your sexual health – value who you are and decide what's right for you.
- Regularly see your primary care manager.
- Get screenings and immunizations – such as pap tests, mammograms and all three HPV shots – as recommended by your primary care manager.

Some life events can bring added stress with symptoms of anxiety, depression and sleep difficulties. Manage stress with self-care and social support – and talk to a health care provider, when needed. Avoid drugs and alcohol, stay active, stay socially connected and seek out support.

PIGSKIN PICKS

	Michigan vs. MSU	Florida vs. Georgia	Army vs. Wake Forest	Miami vs. Notre Dame	Nebraska vs. Wisconsin	Auburn vs. Ole Miss	Clemson vs. Florida State
Kent Anger, DPTMS (37-12)	Michigan	Florida	Wake Forest	Miami	Wisconsin	Auburn	Clemson
Todd Conyers, USAACE (34-15)	Michigan	Georgia	Wake Forest	Notre Dame	Wisconsin	Ole Miss	Florida State
Jeff Frey, NCOA (27-22)	Michigan	Florida	Wake Forest	Miami	Wisconsin	Auburn	Florida State
Wes Hamilton, NEC (36-13)	Michigan	Florida	Wake Forest	Miami	Wisconsin	Auburn	Clemson
John Tkac, DPS (35-14)	Michigan	Florida	Wake Forest	Miami	Wisconsin	Auburn	Clemson

PUZZLE ANSWERS

Super Crossword

Answers

N	E	S	S	I	E		S	A	O		R	S	V	P		B	Y	T	E	S
E	T	C	E	T	C		A	T	L		A	M	E	R		R	O	A	C	H
W	H	A	T	S	H	O	U	L	D		N	O	R	I		A	O	K	A	Y
T	E	L		Y	O	U	C	A	L	L	A	G	A	M	E	W	H	E	R	E
S	L	E	D			R	E	W	A	R	M	S			B	L	O	N	D	S
		A	U	R	A				T	O	O		A	R	B		O	A	S	T
A	G	R	O	U	P	O	F	P	I	N	K	F	L	E	S	H	E	D		
T	O	M		B	E	M	O	A	N			R	A	P		A	D	I	O	S
R	O	O	M	Y		N	E	T		T	E	E	N	E	R	S		V	A	T
A	F	R	O		F	I	S	H	O	B	E	Y	A	L	E	A	D	E	R	S
			R	C	A				B	O	L				L	T	D			
I	N	S	T	R	U	C	T	I	O	N	S	O	N	L	Y		A	B	R	A
R	A	H		U	N	A	I	D	E	D		G	E	T		T	Y	R	O	S
S	P	O	T	S		R	T	E			C	L	A	Y	E	Y		I	D	A
		W	H	E	N	T	H	E	Y	A	R	E	P	R	E	C	E	D	E	D
A	B	B	A		A	S	E		O	L	E				R	O	M	E		
B	L	O	W	U	P			C	H	E	E	T	A	H			U	S	D	A
B	Y	A	S	P	E	C	I	F	I	C	P	H	R	A	S	E		M	O	S
O	T	T	O	I		H	O	L	M		S	A	L	M	O	N	S	A	Y	S
T	H	E	U	N		A	T	A	B		U	N	E		D	O	C	I	L	E
S	E	R	T	A		D	A	T	E		P	E	N		A	S	I	D	E	S

Weekly SUDOKU

Answer

4	2	6	7	3	8	9	5	1
8	9	5	6	2	1	7	4	3
1	3	7	4	9	5	6	8	2
9	6	8	5	1	3	2	7	4
2	4	1	9	7	6	5	3	8
7	5	3	2	8	4	1	6	9
6	1	4	3	5	9	8	2	7
3	8	2	1	6	7	4	9	5
5	7	9	8	4	2	3	1	6

Trivia

Answers

1. Foreigner or stranger
2. Baltic Sea
3. Length
4. Michael Cimino
5. Mississippi
6. Burt Bacharach and Hal David
7. "Terminator 2: Judgment Day"
8. Bibliophobia
9. Gus Grissom
10. Pancakes

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SPORTS BRIEFS

Wounded Warrior Fall Hunt

The Fort Rucker Wounded Warrior Fall Hunt wraps up Saturday at 10 a.m. At the conclusion of the hunt, participants will meet back at West Beach, Lake Tholocco, at noon for door prize giveaways, announcement of winners and sponsor recognition. Cost to participate in the hunt is $25 and it is open to the public. Patrons can purchase $5 door prize tickets, which will be available at local participating businesses in the Wiregrass and on post at the outdoor recreation service center and MWR Central. Proceeds from this year's hunt will be used to enhance the quality of life for local wounded warriors. Hunt registration is under way. Participants must have a valid Alabama hunting license, and a Hunter Safety Education Course Completion Card and a Fort Rucker post hunting permit.

For more information, visit rucker.armymwr.com or call 255-4305.

Rucker Lanes construction

Rucker Lanes is undergoing construction now through Monday to improve the facility. The snack bar and bingo corner should remain operational, but might experience some limited unavailability. Bowling will be closed through Monday. Construction is scheduled to be finished and Rucker Lanes will be operating at regular business hours starting Tuesday. An updated operational status will be posted at the bowling center, on the bowling center marquee and on the Fort Rucker MWR Facebook page.

For more information, call 255-9503.

Rucker Lanes re-opening party

Rucker Lanes will host its grand re-opening costume party Nov. 5 from 6 p.m. to midnight. Kid-Focused Time will be 6-9 p.m. and Xtreme Bowling will be 9 p.m. to midnight. Cost is $35 per lane, with a maximum of four per lane; or $60 per pair of lanes, for up to 10 people. Price includes unlimited bowling during people's selected timeframe and shoe rentals. Prize packs will be awarded for the best costumes. Reservations are not required, but are recommended.

For more information, call 255-9503.

Biggest Buck Contest

Fort Rucker Outdoor Recreation will host its Big Buck Contest now through Jan. 30 during daylight hours. Entry fee is $25 per person and the contest is open to the public. Participants must be registered before harvesting their buck – bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card.

For more information and to register, call 255-4305.

Youth gymnastics classes

Fort Rucker Child, Youth and School Services will hold gymnastics classes now through Dec. 20 on Mondays, Wednesdays and Thursdays at the school age center, Bldg. 2806. Classes are offered for preschool – coed – (age 3-5) up though Level 5 (age 16). Cost varies from $25-$50 per month. Students can join classes at any time.

For more information, call 255-1867.

Youth basketball registration

Child, youth and school support youth sports fall basketball registration will take place throughout October. Cost is $40 to participate and additional children will receive a percentage discount to be determined at parent central services during registration. Teams will be broken down into age groups: Training League - ages 6-8; PeeWee League - ages 9-10; Minor League - ages 11-12; Junior League - ages 13-14; and Senior League - ages 15-18. Children must meet age requirements by Sept. 1. A current sports physical and a valid CYSS registration are required for participation. There will be a parents meeting Nov. 3 at 6 p.m. at the youth center gymnasium, Bldg. 2800, Seventh Avenue.

Coaches are needed and people interested can call 255-2257 or 255-2254. For more information and to register, call 255-2257 or 255-2254.

Spooky 5K

The Fort Rucker Physical Fitness Center will host the annual Spooky 5k, 1-Mile Fun Run and Costume Contest Saturday at West Beach, Lake Tholocco. Registration on the day of the event will begin at 7:30 a.m. and end at 8:45 a.m. The run will start at 9 a.m. Participants are encouraged to pre-register for the event. Forms are available at both PFCs and online at rucker.armymwr.com. The fun run is free and open to all children. Each fun run participant will receive a medal. There will be a costume contest for adults and children in various categories. The costume contest is free to enter and will start at 8:15 a.m. Trophies will also be awarded in various categories for the 5k race.

For more information, including costs to register for the race, call 255-2296.

Veterans Day Golf Challenge

Fort Rucker's Silver Wings Golf Course will host its third annual Veterans Day Golf Challenge Nov. 11. Format will be four-person team scramble, 18 holes. Up to 36 teams may participate. Priority for team slots will be given to active-duty Soldiers. Lunch and prizes will immediately follow play. Cost is $30 for non-members and $20 for members.

Schedule: 7 a.m., driving range; 8 a.m., continental breakfast; and 9 a.m. shotgun start. The deadline to enter is Nov. 7 by 5 p.m. The challenge is open to the public.

For more information, call 255-0089.

Youth deer hunt

Fort Rucker Outdoor Recreation will host a youth deer hunt Nov. 12. The cost is $20 and the hunt is open to the public for youth ages 7-15 years old. Parents and escorts of youth hunters must have an Alabama State Hunting License and Hunter Safety Education Course Completion Card. No antlerless deer are allowed to be harvested. Spike bucks and larger will be allowed to be harvested only if the youth is registered with ODR and participates in the youth hunt Nov. 12. Door prizes and lunch will be provided. Prizes will be awarded to first-third place winners. People can sign up at the ODR service center located on West Beach of Lake Tholocco.

For more information, call 255-4305.

Find Your FUN! National Peanut Festival November 4-13, 2016

NATIONAL PEANUT FESTIVAL

November 4 - 13, 2016

2016 Entertainment

— OLD DOMINION —

CHASE BRYANT

7:30 P.M.
TUESDAY,
NOVEMBER 8TH

7:30 PM, SUNDAY,
NOVEMBER 6TH

DUSTIN LYNCH
7:30 PM,
WEDNESDAY, NOVEMBER 9TH

2016 Gate & Ride Specials

GATE & RIDE SPECIALS
Regular Price Gate Admission (ages 6 and over) - $7 • Ages 5 and under admitted free every day

FRIDAY, NOVEMBER 4
Regular Price Gate Admission — $25 Armband

SATURDAY, NOVEMBER 5
Regular Price Gate Admission
$35 Armband sold only from 10:00 a.m. to 4:00 p.m. • Armbands may be used until closing time

SUNDAY, NOVEMBER 6
$6 Gate Admission for anyone ages 6 and over • $20 Armband

MONDAY, NOVEMBER 7
Pre-registered farmers and their families get in free
Alfa Farmers Members Admission $5 with Membership Card
Regular Price Gate Admission • $20 Armband

TUESDAY, NOVEMBER 8
Alfa Farmers Members Admission $5 with Membership Card • $20 Armband

WEDNESDAY, NOVEMBER 9
Dream Big Food Drive for the Wiregrass Food Bank
Bring a minimum of 3 cans of food or 1 jar of peanut butter
and receive $2 off gate admission and $5 off ride armband
Without food donations: Admission - $7 and Armbands - $20

THURSDAY, NOVEMBER 10
Seniors (55 & over) admitted free from 11:00 a.m. until 3:00 p.m.
Senior Admission $5.00 starting at 4:30 p.m.
Military, Veterans and their family members with ID admitted free starting at 4:30 p.m.
Regular Price Gate Admission for all others • $20 Armband

SATURDAY, NOVEMBER 12
$35 Armbands sold from 12:00 noon to 4:00 p.m. • Armbands may be used until closing time

SUNDAY, NOVEMBER 13
$22 Armband — No additional gate admission charged

Advance Sales: Gate & Ride Tickets

Advance Ticket Outlets*
*Check With The Outlets Regarding Times and Cut-Off Dates Of Sales.
• The Barn • Fieldcrest Apartments
• Five Star Credit Union • Henry County Health & Rehab Facility
• All In One Salon (Ashford)

www.nationalpeanutfestival.com
Dothan, Alabama

Advance Admission — $6.00 • Megapass* — $25.00
(*Includes Admission & Armband)
On Sale until 5:00 p.m., Thursday, November 3rd
at the NPF Ticket Office, Online &
Eagle Eye Outfitters.
Megapass* at McDonald's
(in Dothan, Abbeville, Daleville, Enterprise, Geneva & Ozark)
($1 from each Megapass sold at McDonald's
will be donated to Ronald McDonald House)

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2016 Edge

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2016 Focus

But you better hurry, the $100.00 "Under Invoice" Sale ends October 31 only at Ed Sherling Ford in Enterprise.

Under Invoice Sales Event
PLUS 0% on select models
*0% interest with approved Ford Motor Credit up to 72 months