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ARMY FLIER

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'IMPORTANT MILESTONE'

Sergeant Audie Murphy Club inducts 6 local Soldiers

By Nathan Pfau
Army Flier Staff Writer

Many people affiliated with the Army know about the heroic tales of Audie Murphy, but for some, stories of the former Soldier's heroism are a way of life.

The Fort Rucker Sergeant Audie Murphy Club inducted six of its newest members during a ceremony at the U.S. Army Aviation Museum Monday.

The new inductees were: Sgt. 1st Class Johnathan Squires, C Company, 1st Battalion, 13th Aviation Regiment; Sgt. 1st Class Lawanda Sullivan, A Co., 1st Bn., 13th Avn. Regt.; Staff Sgt. Aaron Perry, C Co., 1st Bn., 13th Avn. Regt.; Staff Sgt. James O'Donoghue, A Co., 169th Engineer Battalion; Staff Sgt. Michael Neuhauslares, C Co., 1st Bn., 13th Avn. Regt.; and Staff Sgt. Nicholas Hirth, C Co., 1st Bn., 13th Avn. Regt.

Squires said to finally be inducted into the club was a great accomplishment.

"For me, personally, this is a great feeling," he said. "This took me nine months – I didn't make it through the first time around – but it's a long process and it's overwhelming when you finally get here."

For Squires, being inducted into the Sergeant Audie Murphy Club is about more than earning a medal or adding another achievement on his evaluation re-

port – it's about service.

"Being in the Audie Murphy Club, what it means to me in today's age is Soldiers taking care of Soldiers," he said. "That's what Audie Murphy was known for, that's what he received his Medal of Honor for – going back into the fight and taking care of his Soldiers – so, a lot of what we do here on this post and all the installations across the Army is take care of the Soldiers, their Families and the community. For me, it's about giving back."

Command Sgt. Maj. Eric C. Thom, Aviation Branch command sergeant major, along with Maj. Gen. Michael D. Lundy, U.S. Army Aviation Center of Excellence and Fort Rucker commanding general, presided over the ceremony to welcome the new inductees into the prestigious club.

"This is a very important milestone for these individuals' career path," said Thom during the ceremony. "It takes a lot to get to where these individuals are right now. This isn't like a promotion where you're judged by your potential or what you can do later on."

"To even start this process, your unit has to identify you as a proven, demonstrated leader who is able to take care of Soldiers, take care of training and take care of Family members," he continued. "And that's just to get the nomination



PHOTO BY NATHAN PFAU

The Sergeant Audie Murphy Club inducted six new members during a ceremony at the U.S. Army Aviation Museum Monday. Those inducted were: Sgt. 1st Class, Johnathan Squires, C Company, 1st Battalion, 13th Aviation Regiment; Sgt. 1st Class, Lawanda Sullivan, A Co., 1st Bn., 13th Avn. Regt.; Staff Sgt. Aaron Perry, C Co., 1st Bn., 13th Avn. Regt.; Staff Sgt. James O'Donoghue, A Co., 169th Engineer Battalion; Staff Sgt. Michael Neuhauslares, C Co., 1st Bn., 13th Avn. Regt.; and Staff Sgt. Nicholas Hirth, C Co., 1st Bn., 13th Avn. Regt.

started."

After the nominations, Soldiers endured two very stringent boards – one at the brigade level and one at the installation level.

During these boards, Soldiers are asked questions relating to Audie Murphy's biography, as well as situational questions that place them in various scenarios.

Squires said getting through the boards was the toughest part of the process.

"You never know when going into these boards what they're going to ask," he said. "They asked a lot of scenario-based questions and questions that draw information from you, and each question builds on itself, so if you really haven't been able to have the experience with it, then you may not know the answers. You can get pretty overwhelmed with the boards."

The six Soldiers who were inducted

were part of two quarters worth of Soldiers who went through the boards, said Thom.

"Roughly 50 percent of those who made it through the brigade-level boards didn't make it through the installation level," he said. "The first thing they had to do was recite the Audie Murphy bio verbatim. If they can't, it stops, it's done, they move out, so these individuals have done a great accomplishment just to get to this point."

Squires said that his long-term goal with this induction, as well as his mission throughout the Army, is to create awareness for military service members.

"I just want to accomplish awareness for who and what we are as a military," he said. "The military is not always shown in the brightest light, so I want to show that we're out there to give back to the community and to the Families."

U.S. ARMY SOLDIER SHOW



PHOTO BY NATHAN PFAU

Soldiers perform a number during the 2013 Soldier Show at the Enterprise High School Performing Arts Center last year.

Soldiers set to entertain Wiregrass

By Nathan Pfau
Army Flier Staff Writer

It's not often that people of the Wiregrass are treated to a free, high-energy, Broadway-style form of entertainment, but the 2014 U.S. Army Soldier Show is providing just that, along with a positive message.

This year's performance, put on by Army Entertainment and the Directorate of Family, Morale, Welfare and Recreation, promises a high-octane show featuring some of the Army's best singers and dancers. There will be two shows at the Enterprise High School Performing Arts Center Aug. 12 and 13 at 7 p.m., said Brian Jackson, DFMWR program manager.

"This event is extremely important for not only our military community, but for (surrounding) community members to be able to see the Army put on a fantastic show," said Jackson. "The Soldier Show provides important information creatively throughout the performance to help those that might not understand the Army."

"We always try to offer several

fun, energizing events for our Soldiers, Families, retirees and civilians in the Wiregrass," added Janice Erdlitz, DFMWR marketing director. "We know we have a diverse community and we always want to offer something everyone can enjoy."

Although the show is meant as an amazing form of entertainment, it's also meant to educate, said Erdlitz.

"This year's show, 'Stand Strong,' is a proud reminder of how our Soldiers and Families live their lives daily in the Army," said the marketing director. "The show will showcase the strength and character of the Soldiers and the Army. Whether you're civilians or military, you will be able to feel the energy of this show's performance to what it means to be Army Strong."

All performers in the show are active-duty military members and fulfill a one-year temporary duty to perform for the Soldier Show, said Jackson, and the show provides an amazing avenue for Soldiers to showcase their other talents outside their everyday jobs.

"Patrons should definitely come

to see the talent these Soldiers have, on top of the ability to fight and protect our country," he said. "Some of the best entertainment shows I have ever seen were by the Soldier Show in the five years I have worked for MWR."

In order to be selected to perform in the show, Soldiers must endure multiple auditions before the final audition in Fort Sam Houston, Texas, said Jackson.

"It is very competitive and definitely an honor for these troops to perform for the Soldier Show, and they are always extremely talented," he said.

"We very proud to be able to share with the entire Wiregrass community the experience of the U.S. Army Soldier Show," said Erdlitz. "We hope everyone will be able to take in one of the two performances being held. It's a great show, and a wonderful opportunity to show your support for the talented Soldier cast and the U.S. Army."

The show is free and open to the public. For more information, call 255-9180.

Pharmacy opens to rave reviews

By Sara E. Martin
Army Flier Staff Writer

The Lyster Army Health Clinic's pharmacy had its grand opening ceremony Monday, and even though patients had been using the new facility for a week beforehand, many were in attendance to celebrate with LAHC staff and Soldiers.

The new location is twice the size of the former pharmacy and, despite having fewer windows than its prior location, promises higher patient output through its new automated system, said Col. Gary A. Wheeler, LAHC commander.

The project started about 9 ½ months ago, and around \$4.5 million went into it. It is 7,000 square feet with state-of-the-art technology designed to improve service and safety, said Wheeler.

"We are absolutely pleased to offer this new capability for our beneficiaries. It is really a sight to behold," he said. "The new robotic medication dispensing machines offer patients the convenience of quicker turnarounds for prescriptions and now we have two refill windows, which will make service even faster."

Last month, Wheeler said the pharmacy dispensed 30,000 prescriptions – that is about 1,200 a day, so the new systems will really be efficient.

"With the modernization of everything, we will have better turnaround and serve more people faster," he continued. "Our goal is 15 minutes per prescription. It will take time to learn the new equipment and work out all the kinks, but we do see improvements every day."

SEE PHARMACY, PAGE A5



PHOTO BY SARA E. MARTIN

Sgt. Elvia Ayala, NCOIC of the pharmacy, Russell Hall, USAACE deputy to the commanding general, Col. Gary Wheeler, LAHC commander, and Lt. Col. Taiwo Bolaji, chief of the pharmacy, cut the ribbon at the new LAHC pharmacy Monday.

PERSPECTIVE

Job Fair: Opportunity for career success

By Mike Kozlowski
Army Community Services
Employment Readiness Program
Manager

Job fairs traditionally come in all sizes and flavors – from the small half-day employer days to student career fairs at local high schools to full-blown, multi-day community job fairs that offer breakout sessions on a variety of employment-related topics for interested attendees.

While some hiring occurs at these events, job fairs usually give company representatives the opportunity to meet, greet and evaluate a pool of interested candidates for their advertised positions, to receive resumes from these folks and to talk about what their company offers in the line of a specific product line or service.

The reps make no promise that the resumes they receive from individuals will result in callbacks for interviews. I've heard some frustrated job fair attendees state that many of the reps were just manning booths, directing them to complete online applications at their corporate websites.

Have I depressed you yet? Well, don't be. Walking into a job fair may be a daunting task for you. You may be one of hundreds of candidates vying for a recruiter's attention, but you can make lemonade out of these lemons by following some tips for job fair success.

Research

Research the employers you're interested in who will be at the fair. Typically, the sponsoring organization, such as the local Chamber of Commerce, will have published a comprehensive listing of those employers who have committed to man booths at the event. As the date of the fair draws closer, the sponsoring organization will also have published a map showing the floor plan of the event's location, along with where the representa-

tives' (or "vendors") booths will be situated.

Having this advance knowledge does a couple of key things for you.

You target those companies with which you have a keen interest in gaining employment, equipping yourself with basic knowledge about those companies so you can talk intelligently with company representatives. This communicates the fact that you're not merely interested in working for that company – you show that you care about the firm, and are also able to ask some targeted questions of the company representatives, which speaks volumes about you as a candidate.

You send the message that you have a sincere interest in the company and are not just looking out for No. 1. Additionally, knowing who you will visit allows you to individually tailor your resumes and cover letters for those companies.

You spend time visiting the vendors who are hiring people with your specific skill sets first. Your energies are likely to be at optimum levels when you first arrive at the fair – use that energy to your advantage early-on. You should also mark off the companies that you speak with, so you can remember to follow-up immediately after the event.

Multiple resumes

Always bring multiple copies of your resume. Even though you have targeted company booths you want to visit, extra copies of your resume are crucial for that unexpected representative at the fair – another company that appeals to your skill set and long-range goals. You don't need to hand out your resume aimlessly, but bring a dozen extra copies above what you need for your target companies.

Practice

Practice your "elevator speech." In her book, "60 Sec-

onds and You're Hired," noted author and career counselor Robin Ryan discusses the importance of having this pitch are all at the ready for any prospective employer who asks you the question, "So ... tell me about yourself."

Having a carefully crafted and naturally delivered elevator speech — lasting 30 to 60 seconds — gives you the opportunity to distinguish yourself from the rest of the candidate "pack." You can tell the rep the value you would add to their firm as an employee, or better yet, what you could contribute as a team member.

It takes a while to perfect your pitch, so write it out, revise it and practice it several times so it sounds natural and not like you're delivering a sales presentation for a new car.

Dress for success

This strategy should go without saying, but I have to bring it up. I have personally observed job fair attendees arriving in tank tops – showing off their colorful and message-infused tattoos -- cut-off shorts and sandals. I've seen other examples of revealing clothing on men and women alike.

These folks probably did not get the memo that job fairs give the company reps the opportunity to meet, greet and evaluate candidates for their positions. So, with that being said, I challenge you to ask yourself a couple of questions: Would I hire me if I came dressed for an interview in Saturday-casual attire? Am I trying to draw attention to my appearance, or am I trying to impress the representatives with my skills – with what I can bring to their companies?

Wearing jeans, T-shirts, muscle shirts, or ill-fitting or bad-looking clothing, wearing pink sunglasses to match your Capris that have a large embroidered pink flower on the leg, wearing excessive perfume, or smell-

ing like you've smoked a pack of cigarettes before your arrival – habits that send potentially negative signals to prospective employers at the job fair.

Besides, many people are allergic to perfumes and no one likes the smell of stale cigarette smoke. As far as dress is concerned, it's always wise to show up at any employment event wearing a conservative business suit – either blue or gray – that communicates success and seriousness on your part. Treat the event as if you were going to an interview.

Other considerations

We live in a day and age where personal contact is almost frowned upon in social settings. We have virtual friends on FaceBook. We would rather leave a voicemail message on someone's line than actually talk with that person. Texting, even fraught with grammar errors to the max, has replaced the face-to-face meeting in many instances, even when the person who receives the text message is sitting next to you.

Before you classify me as an anti-tech old fogey, hear me out on this. The rise of technology has also given rise to atrophied interpersonal skills – skills that are vital to your successful job hunt strategies, especially where job fair events are concerned.

So, here are some other considerations you need to keep in mind – and practice – before the date of the job fair rolls around.

- Be direct and enthusiastic when you meet company representatives. Introduce yourself, including your name and career interests. Remember to use good eye contact and a firm handshake with these reps. Much about who you are is communicated through subtle body language.
- Avoid poor communication habits. Ditch the chewing gum. Control your rocking and fidgeting in the presence

of the company rep, as a matter of fact, do not exhibit any nervous habit that may distract the rep from hearing you – jangling car keys or loose change, using inane filler words like "Um," "and," and "uh," and remember to never use profanity when speaking to the reps.

- Always ask pertinent questions of the reps, such as where they believe their firms are headed long-range. Never ask any questions concerning salaries and benefits – you haven't earned the right to ask those questions until you are given an employment offer.
- Ask the company representative for the next steps in the recruitment process. Try to obtain the representative's business card and hand write a personal thank you note as soon as you get home. Do not email, type or text these thank you notes. A handwritten note of thanks is rare in our modern tech-ridden culture, and I'm of the opinion that it's the rare things that set people apart from others insofar as the job hunt is concerned.
- You've probably heard it said, "We never plan to fail, we just fail to plan." Allow me to give you a target to shoot for, to plan for in earnest. The Fort Rucker Job Fair is slated for Aug. 13 from 9 a.m. to 1 p.m. at the Ozark Civic Center.

Details about the event's vendors are available from the Ozark Chamber of Commerce. Call Tanya Roberts, executive director of the Ozark Chamber of Commerce, at 774-9321 for other event details. You can also contact Bryan Tharpe, director of the Fort Rucker Soldier for Life Center, 255-2558, or me at 255-2594.

Use the job fair preparation techniques I've outlined and, as always, happy job hunting!

Rotor Wash

“School begins Tuesday. What tips can you offer parents to get their children back into the swing of the school year?”



Meghan Sebring-Morris,
military family member

"We start off slow. Don't start off with everything at once. Take it slow and take each subject one at a time."



Brenda Harris,
military family member

"Start now with getting lots of sleep and eating right. Get your family time in and get them motivated."



Latigre Purdy,
civilian

"When I was still in school, I would retrain myself the week before to go to bed earlier and get up earlier. That can be the hardest thing – getting up."



Sgt. Danny Roach,
1st Bn., 11th Avn. Regt.

"Start waking them up and getting them ready. You've got to get your sleep right, so start setting alarm clocks a week early."



Anna Hunter,
retired military

"Get them on the right schedule a week ahead of time so they can make sure to get enough sleep when school does start."

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FORT RUCKER COMMANDING GENERAL

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FORT RUCKER GARRISON COMMANDER

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Day in the life

ACS employee a man of many hats

By Nathan Pfau
Army Flier Staff Writer

Many on Fort Rucker might have seen or even visited the installation's Army Community Service employment readiness program manager, but what many might not know is that he's a man who wears many hats.

Mike Kozlowski's life on Fort Rucker can be described as anything but typical, going from a civil servant by day – helping Soldiers, Family members and civilians with employment readiness and financial counseling – to husband, father, voice actor, stage actor and all-around entertainer.

On a typical day, Kozlowski wakes up around 5 a.m. to get ready for the day and by 7 a.m. he's out the door.

"Once I arrive at my office, I boot up my computer, and launch into reviewing my emails and any phone messages I might have," he said. "I perform various tasks throughout the business day, ranging from working on employment-related tasks, to providing financial counsel for Soldiers, retirees, civilian employees and Family members."

Kozlowski, who's originally from Washington, D.C., is a graduate of Marquette University, and received his Army commission through the ROTC program there.

Between 1981 and 1992, he served in the Army in a variety of



Mike Kozlowski, ACS employment readiness manager, looks through his email messages as he gets ready for the day July 24.

command and staff positions, even completing flight school here at Fort Rucker in 1984.

"My career path since my exit from the Army can be best described as 'colorful,'" said the program manager. "I've been a DJ at a local radio station, a stockbroker with a major brokerage firm, a paid professional with the Boy Scouts of America and a claims representative with the Social Security Administration."

He came to Fort Rucker through a transfer from the SSA.

As an employment readiness manager, it's Kozlowski's job to "get the word out" about jobs in local, regional, national and international areas. He also prepares his clients to enter an active "job

hunt" by letting them know the trends in the employment arena with resume and interview preparation, and other considerations people might overlook as they search for jobs.

"I've always been interested in human relations and HR-related (subject matter)," said Kozlowski. "(In my past careers), I've learned by doing, by interview people actively and testing people. This has allowed me to take the master's degree I have in personnel management and put some legs to it."

Kozlowski, who's been married to his wife, Kay, for 30 years, hopes to accomplish helping people find meaningful employment, and by that he means a job that doesn't feel like work.

"If your job is not a job and you enjoy it so much that it doesn't become a job, then you are actually going to something that you thoroughly enjoy and you'll never go to work again for the rest of your life," he said.

The most challenging part of Kozlowski's job is juggling the two programs, he said.

"Doing both (financial counseling and employment readiness), and having to change gears when I approach a certain problem can be almost like a grinding of the gears," he said. "As I get older, I find it become more difficult to switch, and trying to maintain a level of expertise in both disciplines is tough."

Despite the challenges, Kozlowski said the job comes with its rewards.

"What I get out of all of this is a smile. There are people that come in here with looks of concern on their face," he said. "People come to me for answers, so when they come in ... I lay out a plan for them on how we're going to attack their issue and they start to see their issue start to clear up, and I start to see their countenance brighten – that's where I get a lot of the good feelings that I can take away."

When he's not helping people with financial counseling or giving advice on how to find their next career path, Kozlowski is fully committed to engaging his creative side.

"I've been involved in community theater for quite some time," said the father of two. "Community theater is high energy and I need the outlet. I get plenty of exercise doing that and it forces my brain to think on a different wavelength. Any time I can engage the left side of my brain is a good thing."

Along with community theater, Kozlowski has been involved in doing professional voice-over work with multiple universities, and has even played a part in a commercial for a local credit union in Montgomery.

Kozlowski considers himself a voice actor and enjoys portraying a particular character to an audience with just his voice.

"I could stay in (the studio) all day long if you let me and just do reads," he said. "It's a challenge, but you get me behind a microphone and I'm in my own little world."

In the long run, Kozlowski hopes to leave a legacy that shows people that he looked at things differently and was able to help people.

"I want people to be able to say that I looked at things not as they are, but I looked beyond the pale and saw what they could become or how things could be improved upon," he said. "Outside of the office, I would like for my children to think that their dad had a lot of fun. They can always come to me for advice, and I hope that they carry the torch."

CAC CSM VISITS FORT RUCKER

By Sara E. Martin
Army Flier Staff Writer

The U.S. Army Combined Arms Center command sergeant major visited Fort Rucker July 23 to inform Aviation Soldiers about the future of the NCO corps and spoke to more than 100 Soldiers, including students at Yano Hall and sergeants to command sergeants major at the NCO Academy.

Command Sgt. Maj. Jeffrey Wright extended his stay at Fort Rucker in order to speak to Soldiers, and made it clear that he would answer any questions they had about their futures, whether they were about the drawdown, sequestration, the NCO 2020 project or how to teach new NCOs in the 21st century.

"We can't answer problems if we don't speak candidly to each other," he began. "I am here to serve you today. I want to let you in on what may be coming, because it is going to get worse before it gets better. But good leadership will lead us out of these difficult times. So let me know what is happening on your level and I will let you know what is happening on our level."

Sgt. Brandon Noel, NCO Academy cadre, said it was good to see senior Army leadership take the time to develop and mentor young and upcoming leaders in the NCO corps.

"With the downsizing of the Army, it was great to get some specific direction and guidance of career progression and how to stand out from your peers," he said. "Hearing where the Army is headed, his predictions for 2020, 2030 and 2040 were some of the most interesting points of discussion."

Everyone is looking at the future of where the Army needs to be at, said Wright,

who then spoke about what NCOs need to do to ensure they are successful in the corps in this transitional time.

"You need to go after those tough assignments. You need to take advantage of college assistance. You need to be a go-getter," he said. "You have to stay involved, informed and physically fit. Practice what you preach and stay away from sub-performance. Be the go-to guy."

"You have to reach out and find the information, not wait for it to trickle down to you. You have to be energetic enough to gain that knowledge on your own," he continued. "Make yourself multidimensional. That is how you will prepare yourself for the drawdown."

To survive as an NCO corps, and in order to say relevant, Wright said that officials will have to make tough decisions concerning numbers.

While at the academy, Wright also spoke about the future of Army robotics and its impact on war, training and retention numbers; institutional stability; future of the sergeants major academy; leaders micro-managing; digital job book; future Army technologies, training and learning; training vs. learning; digital media; broadening assignments; professional development; and cyber attacks.

"We are going to have to have leaders that are willing to adapt to a new Army. In order to handle what might be thrown at us, NCOs must be masters in their skill crafts, they must have an education, they must have experience and they have to have a foundation in the Army profession," he said.

Wright added that his team is working on ways to train and develop leaders that can



Command Sgt. Maj. Jeffrey Wright, U.S. Army Combined Arms Center command sergeant major, visited Fort Rucker's NCO Academy July 23 and spoke to Soldiers about the future of the NCO corps.

work with young Soldiers who challenge everything.

"I bet the first thing many of your Soldiers do when you tell them something is Google it and then they tell you you're inaccurate," he said while smiling. "So leaders of today have got to find a way to be effective in explaining the 'why.' It's not about the 'what,' it's now about the 'why.'"

Wright said that if leaders can successfully explain the "why" first, then they will be successful with their Soldiers.

Optimizing human performance was also one of Wright's main talking points.

"We want to get the most out of you, and we want to put the time and investment into

developing Soldiers' cognitive dominance. We would like you to have cognitive overmatch of your enemy that you will face," he said. "Look at that from the development and mastery of your skill set, which is us giving you the experience and education for you to apply your mastery to the unknown. It's incumbent upon us to make sure we give you the skills to be able to have that cognitive dominance to do that."

He finished by thanking the NCOs for their comments and questions and told them to stay strong.

"We are men and women in an Army profession that are competent, committed and Soldiers of character," he said.



BIRTHDAY

PHOTO BY SARA E. MARTIN

The Fort Rucker Chaplaincy Corps and the Fort Rucker Judge Advocate General's Corps celebrated a joint birthday Tuesday in the Soldier Service Center atrium, Bldg. 5700. On July 29, 1775 General George Washington signed the General Order authorizing the creation of the U.S. Army's Chaplain's and Judge Advocate General's Corps. After 239 years, the religious and legal representatives in these groups continue to help the Army in accomplishing its mission.

News Briefs

Troops to Teachers

Troops to Teachers is a federal government program that assists eligible veterans – active duty military, reservists and retired military – who desire to become public school teachers. A veteran TTT participant will conduct a free Teaching as a Second Career seminar Aug. 7 at 9 a.m. at the Fort Rucker Education Center in Bldg. 4502, Rm. 112, on Kingsman Street. Reservations are not required.

For more information, call the Southeast Region TTT Office at 404-413-8199, or visit www.tttga.net.

Spouse club signup event

The Fort Rucker Community Spouses Club's annual Super Sign-Up Membership Drive and Exposition is scheduled

for Aug. 18 from 10 a.m. to 2 p.m. at The Landing. This is an opportunity for spouses of active duty, retired, international and Department of Defense civilians in the Fort Rucker and Wiregrass communities to learn more about spouse club events, clubs, etc. Vendors will be on hand for shopping and to provide information about local area activities. The event will also feature free food, live music, door prizes and more.

New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at <http://www.revparintl.com/fort-rucker.htm>.

Saluting service

9 retirees honored at ceremony

By Sara E. Martin
Army Flier Staff Writer

A retirement ceremony was held Friday at the Army Aviation Museum that honored nine retirees.

Their service accounted for more than 227 combined years of service, and over 30 combat, operational and overseas assignments, and 24 combat deployments around the world.

But as incredible as those numbers are, guest speaker Col. David J. Francis, deputy commander, U.S. Army Aviation Center of Excellence, said that the true impact of their careers could not be measured.

"Today we get to celebrate ... distinguished Soldiers, all of whom were instrumental in making the Army what it is today as they joined 20 to 30 years ago," he said. "We can count your years of service and deployments, but the true impact of your careers cannot be reduced to statistics."

"We will never know how many Soldiers and Family members you trained, mentored and led to success over the course of your careers. How many Soldiers decided to make the Army a career because of your encouragement and example. How many young men and women decided to join the Army because they wanted to be like you," he continued. "We will never know the number of Family members you assisted through multiple deployments or comforted over the loss of a loved one. We will never know the thousands of sacrifices ... that you and your Families made as you served your country over the last two or three decades. You have our thanks and our admiration for your service and sacrifice."

Col. James Muskopf

Muskopf entered military service in 1984. During his 30 years of military service, he served in numerous locations, including: Kuwait, South Korea and Iraq. He stated the highlight of his career was serving and leading Soldiers in two major combat operations and then commanding the garrison at Fort Rucker. He and his wife, Esther, plan to reside in Pinckard upon retirement.

Col. Stanley Smith

Smith entered military service in 1983. During his 31 years of military service, he served in numerous locations, including: South Korea, Bosnia and Iraq. He stated the highlight of his career was serving, educating and leading the staff, faculty and students of the U.S. Army Warrant Officer Career College for the last 3 ½ years. He and his wife, Lisa, plan to reside in Enterprise to start another career.

Col. Brian Diaz

Diaz entered military service in 1985. During his 29 years of military service, he served in numerous locations, including: Germany, South Korea, Iraq and

Afghanistan. He stated the highlights of his career were serving and leading Soldiers; pinning airborne wings on his son and daughter; commissioning his daughter to second lieutenant and the life-long relationships he forged throughout his career. He and his wife, Heather, plan to reside wherever life beyond the Army takes them upon retirement.

Col. Michael L. Shenk

Shenk entered the Army in 1988. During his 26 years of service, he served in command and leadership positions at platoon through brigade levels and served as a professor at West Point, Auburn University and Troy University. He also served as a command inspector general and as a senior service college fellow. He stated that the highlight of his career was leading and serving with outstanding Army Soldiers, civilians and their Families – most notably during Operations Desert Shield, Desert Storm, Iraqi Freedom, New Dawn and Enduring Freedom. He and his wife, Julianne, will reside in Cedar Park, Texas, upon retirement.

CW4 Paul O. Williamson

Williamson entered military service in 1991. During his 23 years of military service, he served in various locations, including: Somalia, Haiti, Bosnia, Afghanistan, Iraq and Germany. He stated the highlight of his career was meeting his beautiful bride, Rebecca, the birth of his son, Owen, and having the privilege to serve his country alongside outstanding officers, NCOs and Soldiers. He and Rebecca plan to reside in Huntsville upon retirement.

CW3 Quartina Trafford

Trafford entered military service in 1992. During her 22 years of military service, she served in various locations, including: South Korea, Saudi Arabia, Turkey, Iraq, Af-



PHOTOS BY SARA E. MARTIN

The quarterly retirement ceremony took place Friday at the U.S. Army Aviation Museum where friends and Family gathered to honor nine Soldiers who served the United States with distinction. Back row: 1st Sgt. Michael Delaney, CW4 Paul O. Williamson and Col. Stanley Smith. Front row: Col. Brian Diaz and 1st Sgt. Rance P. Jones.



The quarterly retirement ceremony took place Friday at the U.S. Army Aviation Museum where friends and Family gathered to honor nine Soldiers who served the United States with distinction. Col. James Muskopf, Col. Michael L. Shenk, CW3 Quartina Trafford and Sgt. 1st Class Tecomus D. Musgrove.

ghanistan and Germany. She said the highlight of her career was honorably serving amongst and with the best in the United States armed forces and its allies. Upon retirement, she plans to reside in Birmingham.

1st Sgt. Rance P. Jones

Jones entered military service in 1988. During his 26 years of service, he served in numerous locations, including: Germany, France, Somalia, Bosnia and Iraq. He

stated the highlight of his career was traveling the world to help others while serving alongside America's finest Soldiers, troopers and leaders. He and his wife, Cindy, plan to reside in Tampa, Fla., upon retirement.

1st Sgt. Michael Delaney

Delaney entered military service in 1990. During his 24 years of service, he served in numerous locations, including: South Korea, Ger-

many, Italy, Slovenia and Iraq. He stated the highlight of his career was being stationed abroad, establishing flight school training for the Iraqi air force at Contingency Operating Base Speicher, Iraq, and teaching, training and mentoring America's finest Soldiers. He and his wife, Angie, plan to reside in Enterprise upon retirement.

Sgt. 1st Class Tecomus D. Musgrove

Musgrove entered

military service in 1993. During his 21 years of service, he served in numerous locations, including: Fort Bliss, Texas; Fort Carson, Colo.; Fort Benning, Ga.; Fort Monroe, Va.; Fort Eustis, Va. and Fort Lewis, Wash. He stated the highlight of his career was serving as G-3 operations sergeant for Headquarters Training and Doctrine Command. He and his wife, Iris, plan to reside in Clarksville, Tenn., upon retirement.



PHOTO BY NATHAN PFAU

Evander Holyfield, retired professional boxer and former undisputed world champion in both cruiser weight and heavyweight divisions, signs an autograph for Aaliyah Mendia, military Family member, as her mother, Susanna, looks on during a meet and greet at The Landing July 24.

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3D - 1:30, 4:00, 7:00, 9:30

II HERCULES - PG-13
2D - 1:45 & 7:00 • 3D - 4:00 & 9:15

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1st Soldiers awarded Army Instructor Badge

By U.S. Army Training and Doctrine Command
Public Affairs Office

ALEXANDRIA, Va. – Seven Soldiers made Army history when they became the first instructors to receive the Army Instructor Badge during a recognition ceremony in Alexandria July 17.

The instructors were recognized by the Army chief of staff and sergeant major of the Army for their participation in U.S. Army Training and Doctrine Command's Instructor Development and Recognition Program.

The purpose of the IDRPs, designed by TRADOC's Institute for NCO Professional Development, is to coach, mentor and train instructors who teach at NCO academies throughout the Army.

"Our Soldiers are the best at what they do because of the training they receive from world-class instructors," said Command Sgt. Maj. Daniel Dailey, TRADOC's senior enlisted adviser and narrator for the IDRPs ceremony. "These first seven Army Instructor Badge recipients represent the thousands of dedicated professionals in our Army who teach, coach and mentor tomorrow's future leaders."

In addition to recognizing the first Soldiers to participate in the IDRPs, the ceremony served as a foundation on which the Army can promote instructor achievement through personal and professional



COURTESY GRAPHIC

growth, inspiring others to do the same, said Master Sgt. Elsi Inoa-Santos, IDRPs manager.

"This award codifies and recognizes

hard work," said Sgt. 1st Class Brian Ditzler, an Army Instructor Badge recipient from the U.S. Army Maneuver Center of Excellence at Fort Benning, Ga.

Ditzler, who currently has 16 years of service with two years as an instructor at the Henry Caro NCO Academy, said the badge is more than the individual recognition – it symbolizes the team effort of developing the backbone of America's Army.

"This is not just for me, but for my team and all the hard work they have been putting in to develop NCOs who come through the NCO academy," he said.

The first seven instructors to receive the Army Instructor badge are:

- Sgt. 1st Class Michael Brown, U.S. Army Quarter Master Corps, Fort Lee, Va.;
- Sgt. 1st Class Brian Ditzler, U.S. Army Maneuver Center of Excellence, Fort Benning;
- Sgt. 1st Class Kevin Johnson, U.S. Army Aviation Center of Excellence, Fort Eustis, Va.;
- Staff Sgt. Justin Scott Ross, U.S. Army Maneuver Center of Excellence, National Guard, Starke, Fla.;
- Sgt. 1st Class Jacqueline Sauve, U.S. Army Intelligence Center of Excellence, Fort Huachuca, Ariz.;
- Sgt. 1st Class Adrian Villareal, U.S. Army Fires Center of Excellence, Fort Sill, Okla.; and
- Sgt. 1st Class Bryan Vann, U.S. Army Cyber Center of Excellence Fort Gordon, Ga.

Pharmacy: Upgrades increase ease of access

Continued from Page A1

Michael Johnson, a Boy Scout with Troop 50, completed his Eagle Scout project during the facility's construction. He made two magazine racks for patients to enjoy.

"When I was younger, I was sick a lot. So, I wanted to help the pharmacy instead of doing something outside like other Scouts have done," he said. "I wanted to give back to an organization that helps people feel healthy. I am happy how the project turned out because I think the racks are beautiful.

They are not something that will go to waste."

One of the new systems in the pharmacy catalogs patients in an automated computer system, which only requires the patient's ID card to be scanned to access their prescriptions.

"Customers can now come to the refill window and they will present us their card, and whatever their medication is, it will light up in the new system," said Lt. Col. Taiwo Bolaji, LAHC chief of pharmacy.

Depending on whether the patient needs a refill or a pickup, the medications are either dis-

pensed automatically through a machine or are already ready for pickup.

When picking up prepackaged medications, a system is used that allows a pharmacy technician to scan a patient's card, letting the technician know what prescription needs to be picked up. From there the technician will visit the RFID storage units, which are numbered and will light up blue, alerting the technician as to which storage unit to access.

Another add-on to the pharmacy was the addition of a private counseling room where Bolaji said patients can receive one-

on-one consultations with their pharmacist. That privacy doesn't only extend to the counseling room, but also to each individual window, which is now separated from other windows using partitions.

This allows more privacy between pharmacy technicians or pharmacists and the patients when discussing medications and prescriptions, which is very important when it comes to patient care, added Bolaji.

Ralph Breeze, retired Air Force, has been a LAHC patient for more than 30 years and said the pharmacy is, and always will

be, a first-class facility.

"Lyster pharmacy is absolutely the best pharmacy I have ever seen in my life. I have been all over the world and no hospital, as far as the pharmacy goes, can compete with Lyster's," he said. "I can really get in and get out, and I appreciate that."

Breeze said he doubts that the pharmacy can get any faster.

"While they were at their temporary facility it was super fast, even faster than before construction began. I can't imagine them being any faster than they were there," he said. "I am excited to see that."

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new LISTING



209 Antler ~ Enterprise
\$114,665 - Easy one level living in this three bedroom ranch home on large shady corner lot conveniently located to schools, shopping and the Fort Rucker gate. Recent updates include flooring, fixtures, and repainting much of the home's interior. Step into the large screen porch from the family room -- great outdoor space for entertaining and relaxing. Side entry two car garage, fenced yard, large shade trees and a sidewalk for your morning strolls -- make this your new home. **JUDY DUNN 334-301-5656** MLS #20141227



new LISTING



102 Linda ~ Enterprise
\$144,900 - Move in ready! Over 1900 sq. ft., priced to sell quick. Very spacious home with 3 living areas, a very large activity room a lot of space and the yards are private and perfect for gatherings. There is a 16x14 brick work shop, brick Gazebos, old time working water pump, with roof and floor. A lot of house for the MONEY!!!! **FRAN & DON KALTENBAUGH 790-5973** MLS #20141226



new LISTING



3251 Old Salem Road ~ Enterprise
\$125,000 - If you like country but don't want to be far out of town, then you can call this HOME. Lots of upgrades to include the kitchen and master bath. Workshop out back for the hobby person, big yard for the children to play, and either a patio off the master bedroom to relax when you get up in the morning, or sit on the deck off the kitchen/laundry room. An office or computer room off the living room and a great open floor plan. Priced to sell, call before it is GONE!! "AS IS". **EVELYN HITCH 406-3436** MLS #20141225



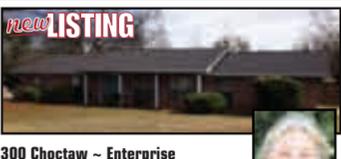
new LISTING



31 Cotton Creek ~ Enterprise
\$285,000 - Amazing floor plan with a lot of room. This cute as a button 4 BR/3 BA home with a saltwater pool has so much space! The kitchen is large and open, the dining room is huge, the laundry room is a dream come true, and the bedrooms are great sizes. Each bathroom has double sinks and long vanities. The huge great room is easy to entertain in and all the windows make the home bright and let the outside in. The giant covered porch and pool with decorative picket fence let you live outside all year. **MAGGIE HAAS 389-0011** MLS #20141240



new LISTING



300 Choctaw ~ Enterprise
\$116,530 - Looking for a convenient location and four bedrooms? Schedule a time today to see this 4 bedroom, 2 bath with two living areas and a two car side entry garage on a corner lot. Enjoy sitting in the shade of the covered patio while the children play in the fence back yard. Great price, great location. Call today to view this great property price at the county appraised value. You don't want to miss this one. **JUDY DUNN 301-5656** MLS # 20141237



new LISTING



11002 County Road 67 ~ Midland City
\$125,000 - Great starter home or retirement home in the county, but convenient to town. Features an eat-in kitchen with lots of cabinets, and an island. Back patio features a Jacuzzi hot tub with cover, and lots of privacy. Chain link fence around yard for your pets or children with a utility shed. Two-car garage has a wall between each unit, so lots of storage if you only have one car. Heat pump was replaced in 2013, so no worries there. Washer and dryer are negotiable. Don't miss out on this one owner home! **EVELYN HITCH 406-3436** MLS #20141250



new LISTING



1549 Smith ~ Elba
\$93,000 - 2 BR/2 BA. **JACKIE THOMPSON 334-406-1231** MLS #20141256



new LISTING



169 Lakeview ~ Daleville
\$60,000 - Updated townhouse, conveniently located to work, shopping and schools. Be the first to see the many updates -- fresh interior paint throughout -- new kitchen counter tops, refrigerator and range -- new flooring in living area and kitchen. Relax on the deck off the upstairs bedroom or on the patio opening from the eat in kitchen -- a comfortable home to come home to after a long day at work. Why rent when you can own your own home? Call today to see this affordable townhouse. **JUDY DUNN 301-5656** MLS #20141279



new LISTING



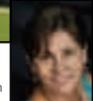
504 Cedar ~ Enterprise
\$142,000 - Great house for the price! Great neighborhood. Holly Hills School Zone. Beautiful wooded landscaped yard, screened back porch, lots of hardwood floors, spacious kitchen, eat-in kitchen, dining room that could be used as an office, exercise room or fourth bedroom (has a closet), half bath in the garage. **BOB 369-8534 & AGNES KARVONEN 406-9752** MLS #20141314



new LISTING



812 S Ouida ~ Enterprise
\$67,000 - Excellent opportunity for an investor. With some interior repairs this home can be an excellent rental or flip property. Must see it. It won't last long. Located on a well-established neighborhood, very convenient to Fort Rucker, community college, shopping areas, churches, doctors, etc. **NANCY CAFIERO 389-1758** Hablo Espanol MLS #20141311



new LISTING



26 Courtyard ~ Enterprise
\$99,500 - Come and enjoy community living at its finest. Just minutes from Fort Rucker, this subdivision features a club house, tennis courts, basketball courts and a nice pool. **CHRIS ROGERS 406-0726** MLS #20141340



new LISTING



117 Woodfield ~ Enterprise
\$64,900 - Bring your furniture -- this traditional townhome is ready and waiting. Great price and convenient location. You'll love the fresh look and feel of this 2 bedroom home. Updates include new roof 2012, repainted interior & new flooring May 2014. You don't have to rent -- take a look and bring an offer to make this townhome all your own. **JUDY DUNN 301-5656** MLS #20141354



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NEW LISTING




181 COUNTY ROAD 680 • COFFEE SPRINGS ~ \$259,000: Better than new! Beautiful 3 or 4 bedroom, 2.5 bath home on +/- 2.3 acres in Lake Nichols Subdivision. Floor plan is mostly open with formal and casual dining spaces. Features include a two-car attached garage, a fireplace, and all of the other niceties one would expect in a nearly new home. You must see the huge and gorgeous screened and covered back porch/patio that looks out onto a large wooded back yard. The current owners have created a nice walking trail through the wooded portion of the expansive back yard. If country living and privacy is what you are looking for, then this house is perfect! The floor plan is great for everyday living and entertaining. There's plenty of room for a large family or lots of guests. The separate den could easily be used for an office or a 4th bedroom if needed. **ROBIN FOY 389-4410**

\$119,900 ~ UPDATES!



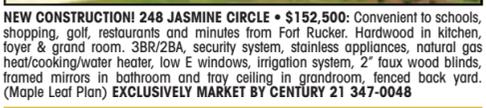

1740 DAUPHIN: This property is ready for you, please don't miss it. The owners did all the updates with LOVE, new flooring, new kitchen counter tops, ceiling fans and lots more!! Large back yard with workshop. **FRAN & DON KALTENBAUGH 790-5973**

ONE YEAR TARTAN PINES GOLF COURSE MEMBERSHIP INCLUDED WITH ACCEPTED OFFER

NEW CONSTRUCTION! 248 JASMINE CIRCLE • \$152,500: Convenient to schools, shopping, golf, restaurants and minutes from Fort Rucker. Hardwood in kitchen, foyer & grand room. 3BR/2BA, security system, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom, fenced back yard. (Maple Leaf Plan) **EXCLUSIVELY MARKET BY CENTURY 21 347-0048**



NEW CONSTRUCTION



232 JASMINE CIRCLE • \$165,500 - THE COTTAGES AT WOODLAND PARK: Tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants and minutes from Fort Rucker. Security system, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom and tray ceiling in grandroom. (Laurel Plan) **EXCLUSIVELY MARKET BY CENTURY 21 347-0048**

\$78,000




4127 COUNTY ROAD 43: Live in the country yet convenient to town. 3BR/1BA with living and dining room, eat-in kitchen on approx. 1.8 +/- acres. Some trees, well water, carpet. **ANGIE GOODMAN 464-7869**

\$97,500




WITH 3RD GARAGE/SHOP




110 WINDOVER • \$239,000: What a charmer! It has a BASEMENT! Entry level includes an inviting family room with beautiful gas log fireplace, a spacious eat-in kitchen, dining room, master suite, office, half bath, laundry room, exercise room and two-car garage. Walk downstairs into a bonus room ideal for kids/teenagers. Also, you find 2 bedrooms, a bath, and a huge storage closet. Final door leads into the third garage with work shop and another half bath. Great moldings upstairs. Relax on your covered deck. Situated on a lot and a half. **JAN SAWYER 406-2393**

OVER 2,600 SQ FT




206 OLIVE DRIVE • \$165,450: Over 2,600 square feet in the well-loved brick home with a yard to die for. Priced to sell. **MARY JONES 790-2933**

POOL




303 RICHLAND • \$145,000: Conveniently located only minutes from Fort Rucker this 3 bedroom, 3 bath home with a beautiful pool is one you must see. Easy one level living with lots of updates -- freshly painted interior, new closet doors, flooring (no carpet), garage door opener with entry pad, privacy fence with wide entry gate, and light fixtures. A well cared for home -- you will love to invite your friends over for a splash in the delightful pool. **JUDY DUNN 301-5656**

UNDER \$100,000

- 236 Jefer Hill Road..... **\$29,000**
- 1990 Taylor Mill Road **\$31,000**
- 545 Eufaula **\$29,900**
- Old Newton Road..... **\$39,900**
- 16 Wells..... **\$49,000**
- Rucker Blvd/Wooddale **\$49,000**
- 305 Access **\$55,000**
- 209 Martin..... **\$58,000**
- 20 County Road 438 **\$60,000**
- 6353 Hwy 51 Under Contract **\$70,000**
- 76 Woodfield **\$79,000**
- 117 Eagle..... **\$80,000**
- TBD County Road 730 **\$84,150**
- 1895 Hwy 141 **\$83,000**
- 106 Creeke **\$94,000**
- 1029 Poole Road..... **\$95,000**

\$150,000 AND UNDER

- 111 Crestview **\$105,000**
- Deer Run Strut **\$110,000**
- 200 Averett **\$115,000**
- 108 Mohegan Under Contract **\$119,900**
- 408 Doug Brown..... **\$121,900**
- 11002 County Road 67 **\$125,000**
- 3251 Old Salem..... **\$125,000**
- 3094 Achey **\$126,000**
- 4343 County Road 651 **\$135,500**
- 607 Green **\$150,000**

UNDER \$225,000

- 105 Skylark **\$168,900**
- 3483 Augusta **\$179,900**
- 102 Shadow **\$195,000**
- 202 Laurel Breeze **\$215,000**

JULY 31, 2014

Units train together in Korea



PHOTO BY SGT. 1ST CLASS VINCENT ABRIL

Pvt. Debra Davis, 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade, loads ordnance onto an AH-64D Longbow Apache helicopter alongside Pfc. Dustin Rodgers, D Company, 4th Attack Reconnaissance Battalion, 2nd CAB, July 9 at Rodriguez Range near Pocheon, South Korea.

By Sgt. 1st Class Vincent Abril
2nd Combat Aviation Brigade

RODRIGUEZ LIVE FIRE RANGE, South Korea – The sun is blazing and the weather is heating up on the peninsula. Some days, the 90-degree temperature seems unforgiving. The good news is the Army trains its forces to defeat the enemy in all elements. Some units show off that ability as they train to maintain the winning strategy in a joint venture.

With a little more than a month in country, the 6th Squadron, 17th Cavalry Regiment, with OH-58D Kiowa Warrior helicopters, spared no time jumping into the saddle. These cavalrymen drove their spurs into a training mission alongside a combined arms outfit called the 1st Battalion, 12th Cavalry Regiment, based out of Fort Hood, Texas. Both units recently joined the 2nd Infantry Division on a nine-month deployment here.

Like its counterpart from Texas, the 6-17th

Cav. Regt., based out of Fort Wainwright, Alaska, arrived as a combat ready force with the mindset to accomplish its mission here.

“The 6-17th Cavalry arrived to the peninsula fully trained, ready to execute and understand the fight tonight mentality,” said Lt. Col. Matthew F. Ketchum, commander of the 6-17th Cav. Regt. and native of The Dalles, Ore.

Both units conducted gunnery at the Multi-Purpose Range Complex, also known as Rodriguez Range, near Pocheon, South Korea. They didn’t go at it alone, though. The 4th Attack Reconnaissance Battalion, 2nd Combat Aviation Brigade, a regular at MPRC with its AH-64D Longbow Apache helicopters and an organic unit of the 2nd ID, also trained with the rotational duo. The training began July 1 and continued for more than a week.

The ground trembled like an earthquake as tanks and aircraft unleashed a fury of deadly

SEE UNITS, PAGE B4

POCKET-SIZED

Army researchers develop compact surveillance device

By Jeffrey Sisto

Natick Soldier Research, Development and Engineering Center
Public Affairs

NATICK, Mass. — Researchers at the U.S. Army Natick Soldier Research, Development and Engineering Center are developing a pocket-sized aerial surveillance device for Soldiers and small units operating in challenging ground environments.

The Cargo Pocket Intelligence, Surveillance and Reconnaissance program seeks to develop a mobile Soldier sensor to increase the situational awareness of dismounted Soldiers by providing real-time video surveillance of threat areas within their immediate operational environment.

While larger systems have been used to provide over-the-hill ISR capabilities on the battlefield for almost a decade, none of those delivers it directly to the squad level, where Soldiers need the ability to see around the corner or into the next room during combat missions.

When Soldiers and small units need to assess the threat in a village, or in thick canopy terrain where traditional ISR assets cannot penetrate, the CP-ISR can be deployed to provide that capability.

“The Cargo Pocket ISR is a true example of an applied systems approach for developing new Soldier capabilities,” said Dr. Laurel Allender, acting NSRDEC technical director. “It provides an integrated capability for the Soldier and small unit for increased situational awareness and understanding with negligible impact on Soldier load and agility.”

NSRDEC engineers investigated existing commercial off-the-shelf technologies to identify a surrogate CP-ISR system.

Prox Dynamics’ PD-100 Black Hornet, a palm-sized miniature helicopter weighing only 16 grams, has the ability to fly up to 20 minutes while providing real-time video via a digital data link from one of the three embedded cameras and operates remotely with GPS navigation. Tiny, electric propellers and motors make the device virtually undetectable to subjects under surveillance.

The size, weight and image-gathering capabilities of the system are promising advancements that fulfill the burgeoning requirement for an organic, squad-level ISR capability, but more work still needs to be done.

Several efforts are underway to develop three different aspects of the technology to ensure it is ready for the Soldier and small unit.

The first of these efforts is focused on a redesign of the digital data link to achieve compatibility with U.S. Army standards.

The second focuses on developing and integrating advanced payloads for low-light imaging, allowing for indoor and night operations.

SEE UAS, PAGE B4



UNITED KINGDOM MINISTRY OF DEFENSE

A British Soldier holds Prox Dynamics’ PD-100 Black Hornet, a palm-sized miniature helicopter weighing 16 grams.



U.S. ARMY PHOTO

MEDEVAC

Soldiers from the 3rd Brigade Combat Team “Rakkasans,” 101st Airborne Division (Air Assault), prepare to evacuate a simulated casualty during a Joint Force Entry training exercise July 22 at the Joint Rotational Training Center at Fort Polk, La. Soldiers participating in the exercise planned, rehearsed and conducted a large scale air assault mission.

ABOVE, BEYOND

JTF-Bravo provides care to 650-plus

By Cpt. Steven Stubbs

Joint Task Force-Bravo

SOTO CANO AIR BASE, Honduras — Joint Task Force-Bravo Medical Element, with support from 1st Battalion, 228th Aviation Regiment, JTF-Bravo Joint Security Forces and Army Forces Battalion, partnered with the Honduras Ministry of Health and the Honduran military to provide medical care to more than 650 people in the remote village of Barra Patuca in the Department of Gracias a Dios, Honduras, during a Medical Readiness Training Exercise July 17.

Joint Task Force-Bravo conducts MEDRETES to enhance partner nation relations through medical training with regional military forces and local civilian organizations while supporting the Honduras Ministry of Health’s efforts to provide medical care to the underserved population.

Barra Patuca is located on the northeastern Caribbean shore of Honduras where the only mode of transportation is by small boat or helicopter. The 1-228th Avn. Rgt. provided the transportation of supplies, equipment and personnel to and from the area that can be compared to the Florida Everglades. When the helicopters landed, a wave of people greeted the group and proceeded to help unload the supplies.



PHOTO BY CAPT. STEVEN STUBBS

Members of Joint Task Force-Bravo, Honduran military and villagers from Barra Patuca, Honduras, unload supplies from a UH-60 Black Hawk during a Medical Readiness Training Exercise July 17.

“It was an overwhelming sense of joy to see all the help that came to greet us as soon as the Black Hawks landed,” said Capt. Erin Velazquez, the officer in charge of the MEDRETE. “Everyone came out to greet us and help take our equipment to the school where the MEDRETE was located. It was truly a team effort.”

The JTF-Bravo team, the Honduran Ministry of Health, and the Honduran military worked together to provide preventative medicine to the villagers, including classes on hygiene, preventative dental care and nutrition. They also provided immunizations to infants, dental care, wellness checkups, medications and minor medical procedures.

“I think having the Honduran nationals and military working with us showed the community of Barra Patuca that the government still cares and wants to help them,” stated Navy Ensign Alex Iteen, a second year medical student at the Uniformed Services University of the Health Sciences. “It was fantastic working side-by-side with the Hondurans. The lieutenant I worked with was really eager to translate for me and help out any way he could.”

“It is a good feeling knowing that we are helping patients with their dental problems and alleviating their pain and discomfort,” added Spc. Brandon Tigges, a MEDEL dental clinic technician.

Prior to deploying to

Honduras, Velazquez worked at an elementary school and was able to obtain some books that she could give to the kids on the MEDRETES. The children anxiously waited in line to receive their book and immediately began looking at them.

“Before leaving, one of the school’s staff was cleaning out some items they were going to discard and asked if I had any use for them. I said, ‘Of course!’ So, I brought them with me to Honduras. They were all brand new books in Spanish for (pre-kindergarten) age to about first-grade level. I couldn’t turn them down.”

At the end of the day, Velazquez described how

SEE ABOVE, PAGE B4

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Units: Force capabilities enhance readiness

Continued from Page B1

ordnance on their fictitious enemy. The realistic training provided a chance to enhance interoperability among these different units.

"It's definitely a unique opportunity," said 1st Lt. Demetrios Kolitsos, 1st Platoon leader with C Company, 1-12th Cav. Regt. and native of Youngstown, Ohio. "It's been a very good experience for us thus far. We've had a chance to work with other units out here that we don't have much experience with. Korea itself provides some very unique challenges, and we had an opportunity to use all of the different assets at our disposal to meet those challenges."

One of those assets, the rotary wing aircraft, played a key role in providing peace of mind to the combat arms troops on the ground during the training scenario.

"Working with 1-12th Cavalry, we were able to display our ability to provide close combat attack, reconnaissance and security, as well as the added situational awareness our aerial perspective can offer a ground force commander," said Capt. Michael A. Krivensky, commander of Troop A, 6-17th Cav. Regt. "It was a tremendous opportunity to enhance our training with a genuine ground force element in a combined arms live fire environment."

One Soldier who maintains helicopters told of their ability to lay down the law in training or real-world situations.

"When they call in air support, we deliver," said Sgt. Alexander J. Arvai, an



PHOTO BY SPC. JACQUELINE DOWLAND

An OH-58D Kiowa of 6th Squadron, 17th Cavalry Regiment, provides close attack combat support as Bradley Fighting Vehicles of 1st Battalion, 12th Cavalry Regiment engage their training targets July 9 at Rodriguez Range near Pocheon, South Korea.

OH-58D Kiowa helicopter crew chief with Troop A, 6-17th Cav. Regt. "Wherever they need firepower, that's what we do. We deliver 2.75mm rockets, 50 caliber rounds or even the [HELLFIRE missile]."

The capabilities of these forces may, without a doubt, enhance the overall readi-

ness on the Korean peninsula. These assets, combined with their Republic of Korea counterparts, could surely enhance this fighting force through future combined training. Arvai looks forward to that opportunity on his agenda here.

"So far I've enjoyed getting to interact

with the ROK army," said Arvai. "They are a great and proud people. They cherish the freedom that other people sometimes take for granted, because they have a threat right across the border. They train hard, work well and I'm looking forward to working with them very much."

UAS: New sensors allow confined, indoor operation

Continued from Page B1

Lastly, researchers are continuing to develop and enhance guidance, navigation and control algorithms for the CP-ISR surrogate system. This will allow the airborne sensor to operate in confined and indoor spaces,

such as when Soldiers advance from room to room as they are clearing buildings.

In November, NSRDEC will collaborate with the Maneuver Center of Excellence, the Army Research Laboratory and other organizations to support the Army Capabilities Integration Center's Manned Unmanned

Teaming (Ground) Limited Objective Experiment by demonstrating the current capabilities of mobile Soldier sensors.

While the final system could be different from the surrogate system, NSRDEC is focused on proving the basic capability first.

Above: Soldiers provide preventative care, physical therapy

Continued from Page B1

it feels to be able to impact hundreds of people's lives through these MEDRETE missions.

"It is a great feeling to know your team

has made an impact that could last a lifetime. Whether it is through a memory a child holds or the partnership that is created with the people, the village and the government entities every time we go on a mission. It is really amazing."

Joint Task Force-Bravo's MEDEL is composed of 64 Army personnel who have come together from across the United States and have provided medical care to more than 9,000 people in Honduras during the last 12 months. MEDEL provides preventative

medical care, wellness check-ups, dental care, preventative dental care, surgical care and physical therapy through local partnerships in Comayagua, Tegucigalpa and through local MEDRETEs, which are carried out on a weekly basis.

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GOING TO THE DOGS



Dog siblings, Odin and Bronwyn, play in a pool full of cool water Saturday at the CML Bark Park.



Several dogs play together Saturday at the CML Bark Park.

Dog park offers 4-legged Family fun

By Sara E. Martin
Army Flier Staff Writer

Military Families come in all shapes and sizes, and some members even have fur.

There are around 700 dogs living in the three Corvias Military Living neighborhoods on post, and the Bark Park that was set up for them six years ago is still one of the best places parents and their four-legged children can go to stretch their legs, said Brandon Masters, CML communications manager.

"We are limited to how much yard space we can provide for each house," said Masters, "so it is a great place where people and dogs can run around, and meet other dogs and neighbors."

Most Families think that Corvias is doing a good job in offering amenities that people want. Brandi Buhl, Army spouse, said she brings her boxer, Zeus, to the dog park weekly so he can expel all his energy so her house is more peaceful.

"By keeping my dog mentally and physically fit, it helps my Family, and my husband, stay mentally and physically fit, as well," she said. "If the dog has too much energy, the house is more stressed. Its so hard to find places that are dog friendly and he is a member of our Family. It makes me feel good that he is welcome and there is a place just for him."

And though the park is for the enjoyment of dogs, human parents enjoy it just as much.

"The dog park is a great place for my two Italian greyhounds, Piper and Maggie, to play with other dogs and it has plenty of room to run without being on a leash," said Eden Keene, veteran. "Its great for socialization for me and them."

Keeping a dog physically and mentally active by taking them to the park can help their behavior while at home, said Masters.

"If a dog barks while in the back yard, getting some exercise may curb that," he

said.

The Bark Park is located in the Bowden Terrace neighborhood on Artillery Road near the Fort Rucker Primary School.

It is open from sun up to sun down and was constructed with recycled materials. It was recently resodded to help keep it maintained for everyone's enjoyment, said the communications manager.

"The Barking Lot is made from crushed foundations from old homes. We made the pavilions from materials from an Allen Heights patio," he said. "We also were able to locate the park on a lot where there was previously a home, so we were able to put in a water spout so dogs can get a drink and be cleaned off."

The park is broken up into three sections for dog safety – an entry area, an area for small dogs less than 20 pounds and a large area for dogs over 20 pounds.

For the health and safety of everyone who utilizes the park, Corvias asks that dogs less than four months old be kept out

of the park because they have not received all of their vaccines at that age.

Dogs in season are not allowed to play in the park. And all dogs must wear a collar and identification tag.

For those who have never used the park before, Masters suggests visiting the park at non-peak times, which are weekdays from late afternoon to sundown.

Masters also offered tips to Families for when they visit the park.

Let the dog off leash as soon as they enter the fenced area so the dog feels comfortable when other dogs greet them.

Be aware that dogs have different play styles and be educated on dog behavior.

Don't smoke or eat while at the park because cigarette butts and food wrappers are tempting for dogs to eat.

Mischief can happen quickly, so always be aware of what your dog is doing.

For problems, suggestions or concerns about the Bark Park, call a CML neighborhood center.

Back To School • As summer vacation ends officials emphasize safety

By Sara E. Martin
Army Flier Staff Writer

Although not everyone will be happy to return to school and say goodbye to summer vacation Aug. 5, officials stress it is important that everyone – students, teachers, parents, housing residents and employees – stay safe when heading to and from facilities this year.

To help keep students safe this year, Fort Rucker Primary School and Elementary School are implementing ways that will help parents feel more at ease while their children are away engaging their brains.

One new method at FRPS is the School Check-In Program, a computer-based program that provides teachers and staff a simple and easy way to use check in and check out procedures for students, volunteers and visitors, said Deborah Deas, primary school principal.

"We will be able to track when and why students are late and print the admittance slip for the classroom teacher, track when and why students leave early and print a slip for teachers, provide badges that state the name of visitors and location in the building, as well as total hours for volunteers, and keep permanent information records and generate instant reports on student tardiness and early releases that affect attendance and student learning," she said.

Even though this new program will monitor students' comings and goings, Deas said that parents are still required to bring and meet their children every day at the bus stop.

"This is important so parents and children may get acquainted with the bus drivers and provide a safe, secure environment for students as they begin something new," she said.

She added that it is very important for the students to know the follow-

ing safety measures while riding the bus: remain seated while the bus is moving, don't throw anything from windows, listen to the adults on the bus and be a friend to fellow students.

For parents that drive their children to school, Deas said that they should be dropped-off and picked-up at the back of the school.

Vicki Gilmer, Fort Rucker elementary school principal, also had safety tips for the older students.

"Timing is huge for the elementary students. Students need to arrive at campus no earlier than 7:25 a.m. unless they are eating breakfast. Breakfast eaters may come on campus at 7:15 a.m.," she said.

Arriving right on time is perfect, said Gilmer, and gives the students plenty of time to get to class before the 7:45 a.m. bell, which is when instruction begins.

It is best not to have students hanging out across the street waiting as the area across from the school is not a supervised area and children tend to get into mischief, she added.

Marcel Dumais, chief of police, agreed.

For some children, the novelty of going to school is very exciting and being with all their friends may make them less inclined to follow rules, he added.

"I would ask parents to be familiar with the child supervision matrix, Garrison Policy Letter 13-39, and if your child requires supervision please accompany them to school," he said. "As always, if you see something that isn't right, report it."

This year, FRES is revamping its morning broadcast and will be using a new format that helps promote "The Leader in Me" for all FRES students. This new format will help all students to be, not only academically successful, but also positive

and productive in many leadership traits, said Gilmer.

Deas is looking forward to the 21st century opportunities that will continue to be offered at FRPS.

"New schools that are being built now are utilizing the pod or neighborhood concept within the school for increased learning opportunities. This is the model that we offer all students," she said. "We also offer iPads in classrooms for students, as well as computer stations and smartboards. Science, Technology, Engineering and Mathematics also plays an important role in preparing students for a productive life."

Gilmer said she is excited to see the students and their Families – both returning and new.

"It is so amazing to work in a climate where students, teachers and staff are all so focused on positive outcomes," said Gilmer. "We look forward to continuing with our team-like goals and strategies. We are really able to achieve because we focus on success for all, and everyone feels like a part of the FRES Family."

Even though during early morning and afternoon school-zone commutes an officer is stationed at the intersection in front of FRES to direct traffic, Dumais said all community members should take extra safety precautions to keep Fort Rucker youth safe.

"Parents and motorists should be alert for children walking and riding their bikes to school in the mornings and from school in the afternoons," he said. "Be alert for children crossing the streets, they may not be paying attention to on-coming traffic, not looking before they cross or obeying pedestrian rules."

He suggests that parents get to know the school routes with their children and walk with them to school for at least the first week.



PHOTO BY SARA E. MARTIN

A school zone speed monitor flashes as a driver passes through the area.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

New facility survey

The Army commissioned REVPAR International to evaluate the development of a new recreational lodge, banquet facility and bowling center at Fort Rucker. People can ensure they have a voice in the process by taking a survey at <http://www.revparintl.com/fort-rucker.htm>.

Splash! discounted season passes

Splash! pool has a new back-to-school bonus. Now through Sept. 1, Splash! season passes are available at discounted prices. For more information, call 255-9162.

Grape Stomp Festival

Leisure travel services will host a day trip to Arlington, Ga., (about an hour and 40 minutes away) Saturday, leaving at 8:30 a.m. and returning at 4:30 p.m. for the annual Grape Stomp Festival. There are 27 seats available and cost \$15 per seat. People can reserve their seats now. This Family-friendly area offers food, drink, a water slide, hayrides through the vineyard and live music.

For more information and where to sign up, visit leisure travel services, or call 255-2997 or 255-9517.

Dale County Pro-Rodeo Classic tickets

Tickets are on sale at leisure travel services for the annual Dale County Pro-Rodeo Classic Aug. 15-16 at the Dale County AgPlex Arena. Doors will open at 6 p.m. and the rodeo will begin at 8 p.m. Advanced tickets cost \$8 for ages 13 and older, \$6 for ages 6-12, and children 5 and younger are admitted for free.

For more information, call 255-2997 or 255-9517.

LZ Dog Days of Summer

The Landing Zone offers a Hot Dog of the Day special throughout July, Mondays-Fridays during lunch hours – 11 a.m. to 2 p.m.

For more information, call 598-8025.

Financial readiness training

Army Community Service will host financial readiness training Friday from 7:20 a.m. to 4:15 p.m. at the Soldier Service Center, Bldg. 5700, in Rm. 284. Personal financial readiness training provides a practical approach to help Soldiers manage their money more effectively. The training is required for all first-term junior enlisted Soldiers (E-1 through E-4). Spouses are welcome to attend.

For more information, call 255-9631 or 255-2594.

International spouses get together

Army Community Service will host its International Spouses Get Together Friday at 9 a.m. in the Allen Heights Community Center to help those who may need help understanding the American culture and military life. Spouses can meet other spouses from other countries, and gain support and knowledge with finding the re-



ARMY PHOTO

Soldier show

The U.S. Army Soldier Show makes a tour stop to the Wiregrass Aug. 12-13 at 7 p.m. each night at the Enterprise High School Performing Arts Center for its free show, "Stand Strong." The Soldier Show performs across the country, entertaining Soldiers, Families, retirees and civilians with its all-Soldier cast. The event is open to the public and no tickets are required. The national sponsors are the Army Sexual Harassment and Assault Response and Prevention program, and Navy Federal Credit Union.

For more information, visit www.ftrucker.mwr.com or call 255-9810.

sources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

Chocolate Chip Muffin Day

Fort Rucker's three Coffee Zone locations will celebrate National Chocolate Chip Muffin Day Monday. People who purchase a coffee drink will receive a free mini chocolate chip muffin while supplies last. The offer cannot be combined with another promotion or discount.

For more information, call 598-8025.

Employment Readiness Class

Army Community Service is giving people the chance to build and enhance their careers at one of the Fort Rucker's Employment Readiness Program Orientation Sessions, held monthly in the Soldier Service Center, Bldg. 5700, Rm. 371A. The next sessions are scheduled for Aug. 7 and 19. People will first meet in Rm. 350 for paperwork and attendance prior to going to Rm. 371A. People can sign up to learn essentials about the program and receive helpful job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, including times, or to register, call 255-2594.

Youth center open house

The Fort Rucker Youth Center will host an open house Aug. 9 from 10:30 a.m. to 12:30 p.m. The event is open to all sixth graders eligible for membership at the youth center in Bldg. 2800. The event will welcome new members, and give them a chance to explore the center with their peers while introducing them to activities and programs the cen-

ter offers.

For more information, call 255-2271 or 255-2260.

Fort Rucker Job Fair

The Fort Rucker Job Fair is scheduled for Aug. 13 from 9 a.m. to 1 p.m. in the Ozark Civic Center. The event is free and open to the general public. For more information, call the Fort Rucker Soldier for Life Center at 255-2558, the Ozark Chamber of Commerce at 774-9321 or the Army Community Service Employment Readiness Program at 255-2594.

Beach themed craft

The Center Library will host a beach-themed craft making activity Aug. 12 from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register.

For more information or to register, stop by the library or call 255-3885.

Family resilience training

Army Community Service will host Family member resilience training Aug. 12 and 13 from 8:30 a.m. to 3 p.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the challenges that life may throw at them. The deadline to register is Aug. 8.

For more information and to register, call 255-3735.

Illusionist show

Illusionist Chris Carter will put on a show Aug. 22 from 7-9 p.m. at The Landing. The show will feature displays of mind reading, visual illusions, predictions and more. Tickets are on sale for \$12 and cost \$16 at the door. The event is open to the public, ages 18 and older. Limited VIP tables are available, as well.

For more information, visit www.ftrucker.mwr.com, or call 598-2426.

DFMWR

Spotlight

**Child, Youth & School Services
Upcoming Events & Activities**

CYSS Youth Sports

Registration has been extended until August 8th

Football, Cheer, Tennis, Soccer

To register or for more details, Parent Central Services, (334) 255-9638 or Youth Sports Department, (334) 255-2257/2254 or webtrac.mwr.army.mil/webtrac/ruckercyms.html

Youth Center

Open House

Saturday, August 9th
10:30 am - 12:30 pm

Open to all 6th graders eligible for membership to the Youth Center (Bldg. 2800). This Open House will welcome new members and give them a chance to explore the center with their peers, while introducing them to activities and programs the Youth Center offers.

For more info call the Youth Center, (334) 255-2271/2260.

www.ftrucker.mwr.com

FORT RUCKER MOVIE SCHEDULE FOR JULY 31 - AUG. 3

Thursday, July 31	Friday, Aug. 1	Saturday, Aug. 2	Sunday, Aug. 3
<p>Maleficent (PG)7 p.m.</p>	<p>Think Like a Man Too (PG-13)7 p.m.</p>	<p>Think Like a Man Too (PG-13)7 p.m.</p>	<p>How To Train Your Dragon 2 (PG)2 p.m.</p>

TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.

Singing Soldier: Stays grounded while star rises

By Sgt. William Begley
3rd Combat Aviation Brigade Public Affairs

HUNTER ARMY AIRFIELD, Ga. — When a 21-year-old private first class with A Company, 603rd Aviation Support Battalion, 3rd Combat Aviation Brigade was in Afghanistan, he and a friend made a video of him singing “Stay” by Rihanna.

And like a million young dreamers before, Pfc. Paul Ieti posted it on YouTube. The video went viral and has since been viewed by over a million people worldwide.

Ieti never expected the video would have such an impact. He also never expected that the producers from “America’s Got Talent” would invite him to come and sing on their popular television variety show.

The rest is history, and Ieti wowed the crowd and judges with a performance that has made him a very popular guy. He is still in the competition, with a very real opportunity to win a million dollars. That combination of fame and potential for fortune has a way of making normal people go a little crazy. The streets of celebrity are paved with young stars who couldn’t handle the pitfalls that money and success can bring.

What is apparent to most who meet him is just how humble and grounded the young singer has remained.

The singing Soldier remains true to his Family, his faith and his friends who help keep him grounded through this exciting period in his life.

Ieti said he’s never understood why people change after making it to celebrity status.

“I’m still going to be Paul Ieti, the normal but hyper-active guy I’ve been,” said Ieti. “I know my talent is God-given and I just want to share it with the world.”

Ieti also gives credit to his mother and father for his success and wants to share that success with them. He credits them for giving him the right perspective about his newfound fame.

“Both of my parents have told me that no matter how far I get or how famous I get, I need to remember where I’m from and to stay humble,” said Ieti.

One member of Ieti’s small but tight inner circle of friends is Spc. Jason Timms, B Company, 603rd ASB. When the Cypress, Fla., native, was asked why he feels Ieti is remaining so grounded throughout the experience, he didn’t hesitate to answer.

“I like to think that it’s a matter of humility and things that he’s learned throughout the years. Basically it comes down to his Family, his faith and his friends,” said Timms.

Ieti admitted that his circle of “true friends” has gotten smaller. Timms has been a friend since before the singing Soldier from American Samoa became popular. Whether or not he wins the



Pfc. Paul Ieti, A Company, 603rd Aviation Support Battalion, 3rd Combat Aviation Brigade, poses with his “little fans” on Hunter Army Airfield, Ga., after his performance on “America’s Got Talent.”

competition, Timms is someone who will remain a true friend.

“Materialistic things aren’t very meaningful to me,” continued Timms. “I take value in personal relationships more than I would value any money or fame.”

Ieti said that he loves to sing, and loves it even more when his God-given talent helps comfort one of his friends and fellow Soldiers.

Juliet Schwarz, another friend of Ieti who calls Dothan her home, recalled a time during a recent deployment to Afghanistan when she was having another “Groundhog Day.” Soldiers use the term “Groundhog Day” to describe the routine when every day seems just like the day before.

She was taking a break from her job when Ieti came and talked to her. He asked her if he could sing for her. Reluctantly she agreed. She said listening to Ieti removed her from the war zone.

“I just didn’t feel like I was there anymore,” said Schwarz. “For that short time while he sang, I felt elevated to a different level. It made me happy.”

The reward of being able to share his gift with someone is all the payment Ieti said that he needs.

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Taken at face value?
It might not be worth much.



The Face of Indiscipline

The consequences of not knowing the right signs can be severe. When the time comes to know the right signs, you need to know the right signs. The signs are not just for your own safety, but for the safety of your fellow Soldiers. The signs are not just for your own safety, but for the safety of your fellow Soldiers. The signs are not just for your own safety, but for the safety of your fellow Soldiers.

When is the time to know the right signs? Discipline takes more time, so does discipline. Know what's right and do what's right.



KNOW WHAT'S RIGHT
know the signs
NO WHAT'S RIGHT

Church Directory

First United Methodist Church

Traditional Worship Service
8:30AM & 11:00AM
Contemporary Worship -
New Connection
8:45AM & 11:00AM
The Gathering - Youth
5:45PM
Sunday School
10:00 M
Nursery Care: During all services
217 S. Main St • Enterprise, AL
Office: 334-347-3467
efumc@adelphia.net
Prayer Line (24 Hours) 334-393-7509

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1 Corinthians 11:1

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Alabama Road Trip — Montgomery, where history runs deep

Alabama Tourism Department
Press Release

History is woven into the very soul of Montgomery. It spirals down grand staircases, like the one inside the 1847 State Capitol building. It descends from lofty places, such as Dexter Avenue King Memorial Baptist Church, where a humble preacher rose to prominence as the leader of the Civil Rights Movement.

And it bubbles up from streets such as historic Dexter Avenue that bustled with merchants in the 1800s, served as an auction block for slaves during the Civil War and was later pounded by the foot soldiers during the 1965 Selma to Montgomery march.

Captured between the brick and mortar of historic church houses and notable dwellings and inside museum after museum in downtown Montgomery, you'll hear epic stories of a past that is unparalleled to that of any other city in America.

Begin your tour at the Montgomery Area Visitor Center (300 Water St., 262-0013) at Union Station. Park your car and go inside for brochures and information on what to see and do in the city.

You can walk to many of the downtown attractions and museums, but to get to others, you'll want to drive.

One of the fascinations of downtown Montgomery is the fact that there are so many museums and attractions dedicated to telling the story of the city's role in the Civil War of the 1860s and the Civil Rights Movement that occurred nearly a century later.

With Jefferson Davis as its leader, Montgomery served as the cradle of the Confederacy from Feb. 4, 1861, to May 29, 1861. A century later, congregations in African American churches conducted peaceful protests to overturn laws allowing segregation.

In 1955, when seamstress Rosa Parks was arrested after boarding a Montgomery



The Alabama State Capitol Building.

bus at Court Square and refusing to give up her seat to white passengers, the modern Civil Rights Movement was born. A new Montgomery minister, Martin Luther King Jr., was recruited to organize a boycott of city buses. The Montgomery Bus Boycott lasted a year and ended when a U.S. Supreme Court decision stopped segregated public transportation in 1956.

A must visit in Montgomery is the Rosa Parks Museum and Children's Wing (252 Montgomery St., 241-8615) located on the very site where Parks was arrested. The museum chronicles the history of the Civil Rights Movement and the Montgomery Bus Boycott through presentations, newspaper clippings and exhibits, including a replica of the bus on which the civil rights pioneer was riding.

A block away is the Freedom Rides Museum at the historic Montgomery Greyhound Bus Station (210 S. Court St., 242-3188). Interpretive panels on the outside and contemporary artwork on the inside of the museum tell the story of young Freedom Riders who faced mob violence with non-violence and courage in May 1961.

From the Freedom Rides Museum on Court Street, take the first left on Alabama Street; turn left onto S. Perry Street and then right on Dexter Avenue. Standing gallantly at the top of Dexter Avenue is the Alabama State Capitol (600 Dexter Ave., 242-7800) building, where Jefferson Davis took the oath of office as president of the Confederacy in February 1861 and where civil rights activists ended the historic Selma to Montgomery march in 1965.

Adjacent to the State Capitol is the First White House of the Confederacy (644 Washington Ave., 242-1861) where Jefferson Davis and his Family lived during the brief period when the capital of the Confederacy was in Montgomery. Go next door to the Alabama Department of Archives and History (624 Washington Ave., 242-4364). Inside, the Museum of Alabama chronicles three phases in the state's history, including its Native American heritage, the Civil War and the Civil Rights Movement.

Located a block west of the Capitol is the Dexter Avenue King Memorial Baptist Church — the only church where Dr. Mar-

tin Luther King, Jr. ever served as pastor (454 Dexter Ave., 263-3970).

A block behind the church is the Civil Rights Memorial designed by renowned sculptor Maya Lin. Etched into a granite table overflowing with water are the names of 40 martyrs who died between 1954 and 1968 during the struggle for civil rights. Walk up the entrance at mid block to enter the Civil Rights Memorial Center (400 Washington Ave., 956-8439) and learn more about this period in American history. The "Here I Stand" exhibits and videos chronicle important events that occurred downtown during the Civil Rights Movement.

Less than five minutes away is the Dexter Parsonage Museum (309 South Jackson Street, 261-3270), where King and his wife, Coretta, lived from Sept. 1, 1954, until late 1959 when they moved to Atlanta.

Nearby is the 1853 Jackson Community House (409 S. Union St., 221-1973) which has served many functions, including being home to Montgomery's first public library open to African Americans beginning in 1948.

Located a few minutes away from the Dexter Avenue Parsonage Museum is historic Alabama State University. The National Center for the Study of Civil Rights and African American Culture (915 S. Jackson St., 229-4876), located on the campus, documents the Civil Rights Movement and Montgomery's role in it.

Also on campus are two historic homes: the childhood home of singer Nat "King" Cole and the former home of civil rights pioneer Ralph David Abernathy.

Hank Williams, Old Alabama Town

While exploring downtown Montgomery, you'll also want to tour the Hank Williams Museum (118 Commerce St., 262-3600), where you'll find the 1952 baby-blue Cadillac that the singer passed away in on Jan. 1, 1953, rare videos, photographs and more.

WIREFRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served on Sundays and games and TVs are available for entertainment. Open to all. Post can host parties, weddings, hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

AUG. 9 — The Dothan Artifact Show will display cases, pipes, bowls, spears, arrowheads, clothing, jewelry, books, educational displays and more. Pre-Columbian, Civil War relics, fossils and related artifacts will be featured. There will be a flint knapping demo during the show. There will also be a raffle and refreshments. Admission is \$2 for adults and free for children under 12. For more information, visit www.dothanshow.com.

AUG. 14 — The Wiregrass Museum of Art hosts Alabama artist Sonja Rieger, who will present a lecture on her exhibition, Dazzling at 6 p.m. This exhibition is a portrait project that documents an amateur transit circuit. Admission is free. For more information, call 794-3871, or visit www.wiregrassmuseum.org.

AUG. 22-23 — Wiregrass Museum of

Art hosts the annual Yard Party for Art from 6-11 p.m. People can enjoy food, drinks and live music at this outdoor fundraiser. For more information, call 794-3871 or visit www.wiregrassmuseum.org.

ONGOING — The American Legion Post 12 holds their monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

ONGOING — Wiregrass Suicide Prevention Services holds bi-monthly suicide survivor support groups the second and fourth Monday at 6 p.m. at 148 E. Main Street. The support groups are for anyone who has lost a friend or loved one to suicide. Children's groups are also available. For more information, call 792-9814.

ENTERPRISE

AUG. 16 — Chapter 351 of the Experimental Aircraft Association will offer free airplane rides to children ages 8-17 at Enterprise Municipal Airport. Registration will start at 8:30 a.m. and flights will be conducted from 9 a.m. to 3 p.m. For more information, visit the chapter on Facebook at EAA351-Enterprise, or call 601-329-1334 or 804-381-1244.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call 406-3077, 393-6499 or 347-7076, or visit the VFW Post 6683 on Facebook.

ONGOING — The American Legion Post 73 meets at the American Legion/Doer's Shrine Club building at 200 Gibson Street on the fourth Saturday of each month, beginning at 8 a.m. The building is across the street from the Lee Street Baptist Church. For more information, call 347-5961 or 447-8507.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank.

For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING — Disabled American Veterans Chapter 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

OZARK

AUG. 13 — The Fort Rucker Area Job Fair will take place at the Ozark Civic Center from 9 a.m. to 1 p.m. The event is open to the public and is free. Participants should bring resumes, be prepared to be interviewed and be dressed appropriately. For more information, call 774-9321.

AUG. 1 — The Ozark Area Chamber of Commerce annual Banquet Country Western Night will be held from 6-9 p.m. at 282 N. Union Ave. The event features Shane Owens and a demonstration by the Do-Sa-Do's Square Dancers. For more information, or to buy tickets, call 774-9321.

ONGOING — Every Thursday at the Ozark Chamber of Commerce the Somersizers Weight Club meets at 5 p.m. to shed weight. For more information, call 774-9321.

ONGOING — The Ann Rudd Art Center is offering free art lessons for children ages 5 and over. The Young Student class is held Saturdays from 10 a.m. to noon, and the Adult/Teen Class from 12:30-3 p.m.

Slots are on a first come, first served basis. For more information, call 774-7922.

ONGOING — Every Monday through Friday aerobic classes are open to the public at the Autrey Recreation Center from 8-10 a.m. Please call 334-774-2042 for more information.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

ONGOING — The Samson City Council meets monthly on the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

WIREFRASS AREA

ONGOING — Veterans Of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m. and karaoke begins at 6 p.m. The post will be celebrating its 80th anniversary on Aug. 1. The event is open to members and guests only. For more information, call 793-7912.

Beyond Briefs

Summer Concert Series

Aaron Bessant Park at Pier Park in Panama City Beach, Fla., holds a concert series now through Aug. 14 from 7-9 p.m. Visitors are asked to bring coolers, lawn chairs and friends for an evening of music under the stars. For more information, visit www.visitpanamacitybeach.com/things-to-do/events.

5K Cool Summer Race Series

The inaugural Panama City Beach Cool Summer Series is set on a 5K course that weaves through Pier Park now through Aug. 13 at 8 a.m. The Cool Summer Series is a celebration of all things summer—fun in the sun, good friends, Family and a little friendly competition. This 5K is a run/walk course open everyone.

Registration fee is \$25 cash or \$30 debit card day of the races.

For more information, call 850-890-4775.

Pepsi Gulf Coast Jam

This Labor Day weekend, Aug. 29-31, the Pepsi Gulf Coast Jam will bring country music stars to the beach such as, Carrie Underwood, Dierks Bentley, Blake Shelton and more at Grand Strand Park. Patrons can ride free shuttles to the headline stage. For more information, visit www.gulfcoastjam.com.

Mentorship

Program shapes Army installation management's future

By Amanda Kraus Rodriguez
U.S. Army Installation Management
Command

SAN ANTONIO — U.S. Army Installation Management Command walks the talk, increasing its investment in employee development through a revitalized, year-long mentorship program, which kicked off with a three-day orientation July 15.

Twenty-eight mentees paired with their 28 mentors and five senior mentors, from installations around the globe, gathered to begin participation in the IMCOM Headquarters Centralized Mentoring Program.

Maj. Gen. Camille Nichols, IMCOM's deputy commanding general, praised the participants for their initiative.

"I commend you all for being here," Nichols said, "and taking that first step. You're your own best personnel manager. When I look back, there were times I really did need some guidance and still do to this day ... I believe you never stop that opportunity."

Karen Perkins, IMCOM director of human resources, spoke about the personal impact of the "Army's investment."

"The power in this room and the potential here in this room is exponential," Perkins said. "Think about how much knowledge, skill and life experience that you have to give to this program over the next year. This is about individual leadership, too. It's a life changing opportunity."

Debbie Caraway, workforce development and human resources specialist, believes this year's holistic approach combined with the direct impact of capstone projects on IMCOM's lines of effort may yield immediate results in individual professional development and organizational process improvements.

"The goal is to provide growth experiences that will allow (participants) to accept positions of greater responsibility," said Caraway. "It contributes to building the bench and is very important during this time of dynamic change within the Department of Defense to provide the people in the organization the opportunity to enhance their individual capabilities. It ensures loyalty, a better skilled, more capable team member and mission capability for the organization."

With volunteered help from community, business and education partners, such as United Services Automotive Association social media team, National Basketball Association's San Antonio Spurs organizational management team, University of Texas-San Antonio career services division and U.S. Army Medical Command partners, the mentor/mentee teams spent time on team building, leadership, organi-



Maj. Gen. Camille Nichols, deputy commanding general, U.S. Army Installation Management Command, welcomes mentors and mentees to the IMCOM Headquarters Centralized Mentoring Program three-day orientation, which started July 15.

zational development, defining the objectives and desired outcome of the program and general discussion about skills, career goal setting, networking, continued education, customer service, and the health and work performance relationship.

Caraway described it as a 360-degree growth opportunity that turns "individual development into mission success."

"The holistic perspective is going to address academics," Caraway said, "it's going to address commercial activities ... and those skills related to service providers. It links into the (commanding general's) lines of effort and priorities for the organization and it will allow participants to grow as individuals in many areas, not just their individual functional expertise."

Following orientation, mentees travel to their respective mentor's installation and shadow them at work before the longest and final phase of the program begins in earnest – capstone projects.

"We've developed a project menu based on command lines of effort and our intent is for the teams to take on something of value to the organization," said Caraway. "They'll have to develop a problem statement, to identify an expected outcome, a briefing that will include recommendations to leadership. It's growth for the individual to develop things like mission assessments and

working problem resolution and it provides an opportunity to develop project management skills."

Projects, like human capital development, will be briefed to senior mentors at the programs conclusion and according to Caraway, these projects and participants' efforts lead to innovations and improvements.

One of the selected mentors, Paul Yoshimiya of U.S. Army Garrison Benelux, Belgium, saw immediate value in the program – personal and professional – when he first participated as a mentee.

"My whole goal was to come back as a mentor," Yoshimiya said. "I spent a couple dozen years in the Army, and mentoring is ingrained into the system and on the civilian side it really isn't. It is one team and one fight, and when you leave your foxhole and you are able to meet

people, talk to people, have a mentor to go to, you'll make positive impact. It's not a year program. It's a relationship for life."

The HCMP is an annual program that runs for 12 months. It is open to civilians command wide – garrisons, regions, IMCOM headquarters and Office of the Assistant Chief of Staff for Installation Management staff. Mentor participants are employees in grades 13-15 (or equivalent) and mentees are employees in grades GS 11-13 (or equivalent). The program also includes non-appropriated fund and local national employees. Mentor and mentee applications for the next session will be available in Spring 2015.

For more information, contact IMCOM headquarters workforce development team at (210) 466-0402 or IMCOM regional workforce development staff.



U.S. Army Installation Management Command mentors and mentees work on teambuilding skills, building a block tower in total silence, during the IMCOM Headquarters Centralized Mentoring Program three-day orientation, which started July 15.

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Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Building 109
8:00 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940
9:00 a.m. Catholic Mass Sunday
11:00 a.m. Traditional Worship Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4:00 p.m. Catholic Confessions Saturday
5:00 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036
08:00 a.m. Latter-Day Saints Worship Service
9:30 a.m. Protestant Sunday School
10:45 a.m. Wings Contemporary Worship Protestant Service
1:00 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939
10:45 a.m. CCD (except during summer months).

BIBLE STUDIES

Tuesday-

9:00 a.m. Protestant Women of the Chapel, Wings Chapel
5:30 p.m. Youth Group Bible Study, Spiritual Life Center
6:00 p.m. Protestant Women of the Chapel, Wings Chapel
7:00 p.m. Adult Bible Study, Spiritual Life Center

Wednesday-

11:00 a.m. Above the Best Bible Study, Yano Hall
11:30 a.m. 164th TAG Bible Study, Bldg 30501
12:00 p.m. Adult Bible Study, Soldier Service Center



COURTESY PHOTO

Pick-of-the-litter

Meet Honey, a 9-month-old yellow lab mix. She knows simple commands and would be a great Family companion. She will alert humans in a heartbeat of someone coming by. She is very obedient and calm. Adoption fees vary per species and needs of animal, but include all up-to-date shots, the first round of age-appropriate vaccinations, microchip and spaying or neutering. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at [http:// www.facebook.com/fortruckerstrayfacility/](http://www.facebook.com/fortruckerstrayfacility/) for constant updates on the newest animals available for adoption.

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JULY 31, 2014

OUT OF TRIM

1-212th takes championship

By Nathan Pfau
Army Flier Staff Writer

Two of Fort Rucker's top intramural softball teams went head to head to see who would take the title of post champions during a heated match that turned the championship into a double-elimination bout.

The 1st Battalion, 212th Aviation Regiment's Out of Trim bested the Fort Rucker Fire Department's Plug Uglies during the Fort Rucker Intramural Softball Championship in a two-game showdown.

Plug Uglies dominated their opponents in the first game, winning 14-4, but still needed a second win to earn the crown. Despite playing with only nine players and missing five of their starters, Out of Trim was able to prove they weren't down for the count, bringing out a superior offense and solid defense to take the title with a 9-0 win in the second game.

W01 Shawn Farias, coach for Out of Trim, said it was his team's attitude and endurance that allowed them to pull out a win in the second game.

"I think our stamina and

endurance helped us outlast the other team in the second game," he said. "We just kept a good attitude and we didn't let (the loss) bring us down during the second game. We made the routine plays and gave good hustle. I think this win says a lot about our team, especially playing while missing so many of our players."

During the first game, Plug Uglies took to the plate first and got off to a slow start with a pop up to center field and followed up with a two-base hit, but weren't able to keep their momentum going, racking up three outs to send Out of Trim to the plate.

The 1-212th was off to a better start than their opponents, managing a two-base hit followed by an RBI for the first run of the game.

Plug Uglies managed to tighten up their defense, catching two pop ups to left field and getting a play at first to send their opponents back into the outfield.

The Fire Department team had plenty of time to make up for lost ground and started the second inning on the right foot with multiple base hits, and a

shot through the gloves of the opposing short stop allowed for an RBI to tie the game, 1-1.

Out of Trim took to the plate again determined not to fall behind, and kept up their offense by keeping the ball on the ground to get runners on base and scoring to retake the lead before heading back into the outfield.

Trailing, Plug Uglies continued to match Out of Trim's momentum, but a string of base hits allowed for a three-run shot, followed by a solo in-the-park homerun to put the Fire Department comfortably ahead.

Out of Trim was finally able to put a stop to their opponent's onslaught and had their work cut out for them as they took to the plate, but Plug Uglies' defense proved too much for them as they were sent packing, scoreless for the inning.

The Fire Department team kept up their momentum going into the fourth with a string of base hits and two RBIs to keep them ahead, 6-2.

As the game went on, the 1-212th couldn't seem to



PHOTO BY NATHAN PFAU

A player for Fire Dept. Plug Uglies scores a run during the Fort Rucker Intramural Softball Championship game at the intramural softball fields July 24.

catch their stride and were unable to get past their opponent's defense, but Plug Uglies seemed right at home as they managed base hit after base hit in the sixth, which allowed for three more RBIs to extend their lead.

Out of Trim managed a couple runs leading up to the final inning, but it was nothing against the aggressive offense their opponent's were putting up.

Plug Uglies culminated their time in the final game, managing five more runs in the final inning to win the first-game, 14-4.

Out of Trim knew they would have to step up their game during the second bout in order to win the championship. And they did just that.

Both teams seemed evenly matched going into the second game as neither was able to make any headway on the other during the first inning, but Out of Trim hit their stride going into the second inning, managing three runs during their time at the plate to put them way out in front.

The 1-212th's defense also held strong, as they didn't allow Plug Uglies to

advance, despite multiple base hits, but neither team seemed able to make any headway for multiple innings.

It wasn't until the sixth inning that Out of Trim was able to end the drought with a string of base hits followed by a three-run in-the-park home run.

Plug Uglies were visibly exhausted at this point and seemed to struggle to stay in the game. Out of Trim capitalized on their opponent's exhaustion by scoring three runs in the final inning to end the game and earn the crown, 9-0.

Army study looks at developing mental armor

By Shannon Russ
Army Study Program
Management Office

WASHINGTON – In December, the Army Study Program Management Office published "PTSD - Is Mental Armor Possible?"

The article discussed the predominance of tragic accounts of post-traumatic stress disorder

from both the Soldier and civilian communities. PTSD, the reaction to experiencing or witnessing one or more terrible events including combat, rape, physical assault and national disasters, has been the focus of numerous studies to determine a successful treatment.

The focus of the study for the Army Study Program for fiscal years 2013 and 2014 took a different approach.

The basic question examined was, "What if instead of placing the focus on how to treat PTSD once an individual is suffering the Army helped Soldiers develop mental armor to deter PTSD?"

In the fiscal year 2014 study, "Design, Implement, and Demonstrate Integrated Training to Optimize Human Performance and Discourage PTSD and Suicide," known as the Squad Overmatch Study, the goal is to demonstrate how to train the Soldier to recognize and apply learned techniques to manage psychological stress experienced in a combat-realistic, controlled, repeatable and reviewable simulated environment while exercising warrior skills.

The study team concluded with an outbreak June 25 at the Fort Benning, Ga., Clark Simulation Center, where the training was conducted. The study was aimed at developing an instructional approach and a graduated stress exposure model for integrated training.

The team from the Program Executive Office for Simulation, Training and Instrumentation, the Army Research Laboratory, and the MITRE Corporation among others, hosted team members from several organizations, including federal law enforcement agencies, Special Operations Command and the Army Study Program Management Office.

The guests were briefed on the methodologies applied to the training and walked through the Clark Simulation Center to see the classroom portion, where Soldiers employ the most recent version of the Army's 3-D virtual training game, Virtual Battle

Space 3. VBS3 allows players to personalize their avatar within the simulation, including their own height, weight, Army Physical Fitness Test scores and even their weapons qualifications scores.

Next, observers were given a briefing, and then watched a video that allowed them to see exactly what the Soldiers see, as well as the Dismounted Soldier Training System equipment that provides for a separate virtual training experience in a live, indoor environment. Finally, guests were transported to the CACTF Live Environment Demonstration, which took place in an actual replication of a typical village that Soldiers encounter in Afghanistan.

The team performed several demonstrations, including simulated enemy fire and a simulated explosion from an improvised explosive device. The realism of the training was enhanced by live actors combined with interactive avatars that test Soldiers' ability to pick up on facial and voice cues, as would be the case when communicating with the local populations they encounter in theater. In order to create the most realistic environment possible, visual, audio, olfactory and tactile stimuli were utilized.

The Squad Overmatch Study team employed a study methodology using experimental learning and guided practice based on realistic cases to assess how advanced situational awareness skills, combined with stress management methods, facilitate recognition, perception and adaptation to combat stressors by simulating their effects under re-

alistic combat conditions.

The Stress Exposure Training model incorporated situation awareness and stress management with foundation skills and enhanced realism, consisting of four key experiential learning tenets: continuum (when we train), scenarios (what we train), technology and cognitive realism (believable presentation), and an integrated after action report or AAR (how we learn). The methodology implemented accelerated two day study sessions that simulated opportunities to learn skills that would normally be spread over the two-year warrior skill training continuum.

By using graduated levels of SET (resilience and situational awareness) skills, Soldiers were exposed to situations that develop coping skills, provide for tactical cues such as body language and interrogation, opportunities to determine decision points and varying levels of stress. The squads were provided cues and factors to apply decisions and problem-solving skills. Additionally, the technology utilized by the team eliminated standard pop-up targets and replaced the unrealistic targets with virtual targets and interactive avatars controlled by an unseen actor who fully interacted with the Squads. The interaction provided by the virtual targets allowed the opportunity for Soldiers to read body language and learn to sense deception.

For more information on this and other study initiatives, visit the Army Study Program Management Office on Facebook at www.facebook.com/armystudies.



PHOTO BY NATHAN PFAU

W01 Nathan Strand, B Company, 1st Battalion, 145th Aviation Regiment, chips a shot onto the green during the 2014 Silver Wings Golf Course Post Championship game Saturday. Strand finished the course with a 96, but the post championship title went to CW5 Ben Acosta.

DOWN TIME



Just Like Cats & Dogs by Dave T. Phipps



Trivia test by Fifi Rodriguez

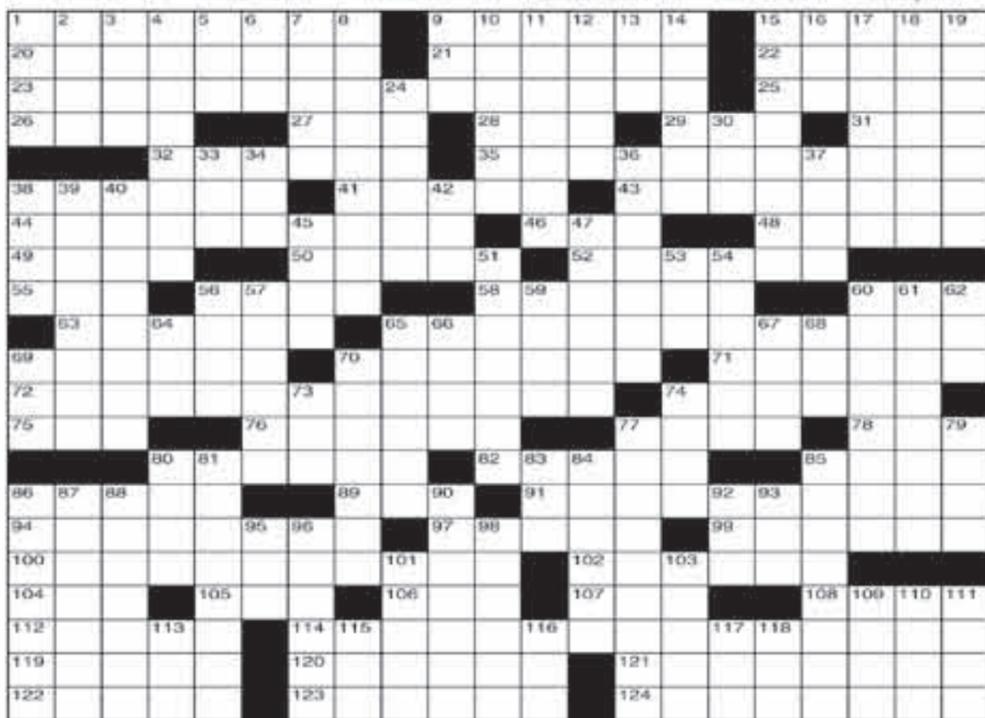
T R I V I A

1. MOVIES: Who starred in the 1957 film "An Affair to Remember"?
2. FOOD & DRINK: Osso bucco is traditionally made with what type of meat?
3. GEOGRAPHY: On which continent is the nation of Djibouti located?
4. GAMES: In Monopoly, what is the name of the square that represents the water utility?
5. ANATOMY: What is a more common name for the umbilicus?
6. GENERAL KNOWLEDGE: A big band dance called the "Lindy Hop" came to be associated with which early 20th-century celebrity?
7. RELIGION: According to the Old Testament, Noah's Ark landed on what mountain range?
8. ENTERTAINMENT: Who created the catchphrase "Bam!" on his television show?
9. GOVERNMENT: How long is a U.S. senator's term of office?
10. SCIENCE: What are endorphins?

See Page D4 for this week's answers.

Super Crossword CURDISH LANGUAGE

- ACROSS**
- 1 Subtly persuasive marketing technique
 - 9 Chemistry class charge
 - 15 On the — of (close to)
 - 20 Mystery writer Agatha
 - 21 Bedside buzzers
 - 22 Filing board
 - 23 MasterCard alternative
 - 25 Calcutta coin
 - 26 Memory unit
 - 27 — Tin Tin (TV pooch)
 - 28 Top serve
 - 29 Home for B-52s and F-14s: Abbe.
 - 31 — Misérables
 - 32 Inferior
 - 35 2001 Chris Kattan film
 - 38 Wedding seaters
 - 41 Battery type, for short
 - 43 Big name in gloves
 - 44 Omega or Ebel product
 - 46 Prefix for "outer"
 - 48 French for "between"
 - 49 Topping sorts
 - 50 Plants used in first aid
 - 52 Actor Haley Joel
 - 55 Giant bird of legend
 - 56 Looking a whiter shade of pale?
 - 58 — Harum ("A Whiter Shade of Pale" band)
 - 60 China's — Zedong
 - 63 Pitch raisers, musically
 - 65 What many a modern is connected to
 - 69 "My — Amour" (1969 hit)
 - 70 "Hogwash!"
 - 71 Igloo dwellers
 - 72 Fred Gwynne sitcom role
 - 74 Small hills
 - 75 Carders
 - 76 Johnny Carson character who was "magnificent"
 - 77 New Mexico skiing locale
 - 78 Schlep
 - 80 Shepherd on "The View"
 - 82 Screenwriter Ben
 - 85 Water main, for one
 - 86 Suffix with land or sea
 - 89 Mag for growing cos.
 - 91 "United States of Tara" actress
 - 94 20-Across was one
 - 97 Burnt — (pigment)
 - 99 — Green (old elopers' destination)
 - 100 "Dynasty" schemer
 - 102 Telly commercial
 - 104 — favor, Señorita
 - 105 Major-league
 - 106 Suffix with planet
 - 107 Degree for a corp. exec
 - 108 Bard's black
 - 112 Museum in Madrid
 - 114 Entered seven answers in this puzzle?
 - 119 "The — Sanction"
 - 120 Unlike a dead ball
 - 121 Florida tribe
 - 122 — of robins
 - 123 Burglars checking out potential targets, say
 - 124 Attempts to get
 - DOWN**
 - 1 Wound cover
 - 2 "Good golly!"
 - 3 Be in a stew
 - 4 Indefatigable
 - 5 Fed. stipend
 - 6 Series ender: Abbr.
 - 7 Fibbing folks
 - 8 In a merciful manner
 - 9 Not stringent
 - 10 Mammal like a camel
 - 11 Market scanner input
 - 12 Loss foddered
 - 13 Long dashes
 - 14 Elia works
 - 15 Forbidden
 - 16 Kiwi's relative
 - 17 Sow again
 - 18 More grassy
 - 19 Junk pile, say
 - 24 Physicist Fermi
 - 30 To's opposite
 - 33 Lifesaving sites, brothy
 - 34 Denver-to-Santa Fe dir.
 - 36 Lowbrow, as art trinkets
 - 37 — Blanc
 - 38 Pre-'91 superpower
 - 39 Flushed by audibly
 - 40 Folks thumbing rides
 - 42 Rebel Guevara
 - 45 Hot tub sighs
 - 47 Journalist Anderson
 - 51 Liquid smear
 - 53 Bovine noise
 - 54 Odd weather cause
 - 56 Oratorio solo
 - 57 High-profile lawyer Gary
 - 59 Russo of film
 - 60 Spammer's resource
 - 61 Affects
 - 62 Permits
 - 64 Certain limb
 - 65 Substance in red wine
 - 66 Actress Lanchester
 - 67 1980 TV spinoff
 - 68 Summer mo.
 - 69 Sorority letter
 - 70 Enchilada kin
 - 73 Dent up, e.g.
 - 74 Wife of Wills
 - 77 Like a bronze medal winner
 - 79 Hollywood's Rowlands
 - 80 X-ray — (sci-fi glasses)
 - 81 Copter's landing area
 - 83 Tide reflux
 - 84 Pie fillers
 - 85 12-year-olds, e.g.
 - 86 Stir-fry tidbit
 - 87 Use crayons to fill, say
 - 88 Medicare
 - 90 Semiprivate workspace
 - 92 Size bigger than med.
 - 93 Pl. of ETA
 - 95 Galileo loc.
 - 96 Suffix with micro- or macro-
 - 98 Sweetheart
 - 101 Nooses, e.g.
 - 103 Darts —
 - 109 "How may I — service?"
 - 110 Main port of Norway
 - 111 — do-well (idle sort)
 - 113 — Planes
 - 115 Retrovirus material
 - 116 — admin
 - 117 901, to Livy
 - 118 Zip, old-style



See Page D4 for this week's answers.

Weekly SUDOKU

by Linda Thistle

	6			8	9		5	
7		9		3			8	
		2	4					1
	4		5					2
		5		6	2	8		
9				1				3
	1		3			2	9	
		4		5			1	
2	3				7			6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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See Page D4 for this week's answers.

KID'S CORNER

Junior Whirl

by Hal Kaufman

YOUR DEAL! You've managed to fill the boxes of the diagram at right with the right letters, and now you'll be able to guess the words. That's to be expected if you can find the words. Longer words are shown in bold. Use the letters in the boxes to find the words. If you can't find a word, try to find a synonym.

1 MIS —
2 MIS —
3 MIS —
4 MIS —
5 MIS —
6 MIS —

WIS INFORMED WORD TEST

LET'S see if you can find the words in the diagram at right. Use the letters in the boxes to find the words. If you can't find a word, try to find a synonym.

1 Fail to fill the bag.
2 Scuffed.
3 Unlikely accident.
4 Two and two is five, for example.
5 Wrongly applied.
6 State flower of Ohio.

KID STUFF! These nursery rhyme lines are missing a lot of words. Use the letters in the boxes to find the words.

Wishing Well

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

WHEEL THING! "My Big Wheel, going my way!" Color 1—red, 2—blue, 3—yellow, 4—green, 5—purple, 6—orange, 7—pink, 8—brown, 9—grey, 10—black, 11—white, 12—purple.

SPELLBINDER

SCORE 10 points for using all the letters in the word below to form the complete words.

AIRSPED

THREE score 2 points each for all words of four letters or more found among the letters.

Try to score at least 10 points.

Wishing Well

2	6	8	7	6	5	2	4	7	2	3	2	5
D	W	L	Y	A	T	O	T	O	F	M	O	E
6	4	6	7	4	6	7	3	6	5	3	2	8
R	R	M	U	E	F	R	O	E	A	D	R	O
3	7	4	3	2	7	8	4	2	7	3	5	4
E	E	A	R	O	F	V	T	T	L	A	C	Y
3	7	6	7	3	8	4	7	5	3	5	3	4
T	E	E	C	E	O	T	H	D	O	E	U	
2	7	2	7	2	8	7	6	7	3	7	2	3
H	S	E	U	R	O	C	L	C	S	E	S	I
8	3	8	3	7	3	8	4	5	7	4	5	8
F	R	L	E	S	S	U	R	T	S	S	H	X
6	4	8	6	4	8	5	8	6	5	4	5	6
I	E	U	N	L	R	E	Y	G	R	F	S	S

HOCUS-FOCUS

BY HENRY BOLDSOFF

CAN YOU TRUST YOUR EYES? There are at least six different ways to identify the letters in the word below. The letters are all the same! Check the boxes with the letters in the word below.

WHEEL THING! "My Big Wheel, going my way!" Color 1—red, 2—blue, 3—yellow, 4—green, 5—purple, 6—orange, 7—pink, 8—brown, 9—grey, 10—black, 11—white, 12—purple.

RIGHT ON TARGET

Gunsmiths key to success of Army Marksmanship Unit

By Michael Molinaro
U.S. Army Marksmanship Unit

FORT BENNING, Ga. — Sweeping both the Interservice Pistol and National Rifle Association National Pistol Championships along with wins at the Interservice Rifle and National Trophy Rifle matches, U.S. Army Marksmanship Unit Soldiers continue to live up to their reputation as some of the best shooters in the world.

Yet, similar to how a race car driver would be limited without a fast car or a golfer restricted without good clubs, a competitive shooter would be at a disadvantage without a good gun. That's where the Soldiers and civilians within the Custom Firearms Shop complement the USAMU's elite team of highly-skilled marksmen.

The success on the firing line is the result of hard work in the unit's shop that begins in the fall, and doesn't end until the final bullet meets its intended target during the national championships every summer.

The service rifle and pistol team's military coaches meet with the gunsmiths at the conclusion of the summer competitive shooting season to give them a list of guns that need to be rebuilt and ones that require the highly specialized work that only the Custom Firearms Shop can provide, said Spc. Reuben Anderson, a gunsmith with the unit. That's when the team in the shop gets to showcase its talents.

"We'll get a batch of rifles out of the arms room, upper receivers mostly, and we'll strip them down and give them a good inspection," Anderson said. "If we are rebuilding, we'll just go right ahead and tear it down, take the barrel off along with the bolt, gas tube and the sights. We're always dealing with components."

The process is similar for the pistols, said Sgt. 1st Class Thomas Grieve. They start on the .22-caliber pistols and work their way through the inventory of guns in the arms room.

"We test the barrels, weld up the frames, look at the recoil springs and whatever else that needs to be done to ensure that they get the best pistol possible," Grieve said.

Becoming a member of the shop is not as



PHOTO BY MICHAEL MOLINARO

Spc. Reuben Anderson uses a dial indicator to ensure that the sights on Staff Sgt. Brandon Green's rifle are clicking properly and to the right measurement. Green, a high-power rifle and interservice rifle champion, and all of the U.S. Army Marksmanship Unit's shooters and instructors, rely on the expertise and professionalism of the unit's gunsmiths to maintain their superiority in competitions around the country.

simple as telling a recruiter that you want to be a gunsmith, or applying for the job as a civilian because you like guns. Steve Young, the custom firearms shop chief, said that, for starters, military and civilian gunsmiths must have a two-year certification in gunsmithing or machining.

"They must be highly knowledgeable on a wide variety of military and match-grade firearms, including rifle, pistol and shotgun designs, assembly specifications, parts fabrication and repair," Young said.

Once the guns are built and tested for competition, the gunsmiths continue to provide support for the teams leading up to and at their biggest matches. Anderson said the Soldiers may try to change something with their sights, or feel that their trigger

isn't feeling right and needs a slight adjustment.

"Depending on match conditions, sometimes they want to swap out different sight arrangements for the weather," he said. "If it's a cloudy day and the targets look different from way back at the 600-yard line compared to the 200, they'll have to adjust accordingly to a different aperture to get more light into their eye. If anything happens we are ready to help."

Besides assisting USAMU shooters, the gunsmiths will also help out civilian shooters and teams at the national matches, despite the fact that these civilians are trying to beat the USAMU shooters. Anderson said that they cannot give the civilians parts to repair a gun, but if they come to

their truck and it doesn't cost anything to help, the gunsmiths will provide a service to the civilians.

"If we fix their gun, it makes their day, and they walk away saying, 'Hey, those Army guys are pretty cool,'" said Anderson.

Winning in national and international competitions is how the unit demonstrates and proves its skills, said Young. The shooters and gunsmiths together use this expertise for developing weapons and ammunition to increase the accuracy of Army marksmanship.

"It brings a lot of satisfaction," Anderson said. "When you put the time and effort into building something for a shooter and they do well with it, it feels great."

Soldier boxers excel in World Class Athlete Program

By Tim Hippias
Installation Management
Command

FORT CARSON, Colo. — Two female Soldiers recently won national Golden Gloves championships, bringing the number of female amateur boxing national champions in the U.S. Army World Class Athlete Program to four.

Pfc. Alexandra Love and Pvt. Rianna Rios won their weight classes July 12 at the 2014 National Women's Golden Gloves Championships in Fort Lauderdale, Fla.

WCAP teammates Spc. Melissa Parker and Spc. Fallon Farrar finished second in other divisions of the Golden Gloves Championships, but Parker was the 125-pound Golden Gloves national champ in 2013, and Farrar swept the 152-pound 2013 crowns at the USA Boxing, Golden Gloves and Police Athletic League Championships.

Love defeated Jennifer Amato of Keene, Mass., to claim the 106-pound division of the Women's Golden Gloves Championships. Love also prevailed at the 2014 USA Boxing National Championships in Spokane, Wash.

"She's a fierce Soldier-athlete," Staff Sgt. Charles Leverette, WCAP head boxing coach, said. "I call her my little pit viper. There's no challenge out there that she won't take and achieve. She's one of those Soldier-athletes that you don't have to worry about giving it her all. She's very dedicated, and that makes my job a lot easier."

Standing 5-feet, 1-inch, Love is accustomed to throwing "a lot of overhand rights" at taller opponents. "Since all my teammates are taller than me, I'm pre-



PHOTO BY CAPT. NATE GARCIA

U.S. Army World Class Athlete Program boxing assistant coach Sgt. Joe Guzman, Pfc. Alexandra Love, Pvt. Rianna Rios and WCAP boxing head coach Staff Sgt. Charles Leverette pose with belts won at the 2014 National Women's Golden Gloves Championships July 12 in Fort Lauderdale, Fla.

pared for that kind of fight," she said.

"I've won everything this year," said Love, 25, a two-time U.S. Nationals champion from Monroe, Wash., with a career record of 53-8. "I joined this program because I was missing coaching. Now I have two incredible coaches."

Staff Sgt. Joe Guzman assists Leverette with coaching the WCAP boxers.

"WCAP changed my life," Love said. "It gave me a career and a chance to make something more of myself than I could have before. Getting into the ring [and] being a Soldier representing the United States is an honor I can't describe."

A multi-sport athlete who played basketball, volleyball, tennis and ran track at Interlake High School in Bellevue, Wash., Love began boxing in 2010, when she was cross training for basketball. Now her sights are set on winning an Olympic gold medal.

Asked if she will be ready to contend for a spot in the Rio 2016 Summer

Olympic Games, Love said, "I'm going. Due to boxing being put in the Olympics, women's boxing has really picked up because now there is a way for them to go. Before, it ended at nationals. Now, there's that next level."

Leverette likes Love's chances of making Team USA for the 2016 Olympic

Games.

"She's grown in the sport," he said. "When we first got her, she just wanted to fight, fight, fight, fight. We have calmed her down a little bit and she's started believing in what we're teaching. Now, if we have to turn that fight switch on, she can get it, but she's boxing. She has a great chance.

She's right there."

Rios defeated Ashleigh Moore of Buzzards Bay, Mass., by a unanimous decision for the 125-pound Golden Gloves crown.

"She was a wild fighter, so I dominated by counter punching," explained Rios, 19, of Alice, Texas.

Rios played basketball at Benbolt High School, but she grew up watching her father train for boxing. She began boxing at age 10 and fought nearly 60 bouts by age 18.

Rios also prevailed at the Adidas National Police Athletic League Tournament June 21, in Oxnard, Calif., shortly after completing Army Advanced Individual Training at Fort Leonard Wood, Mo.

"WCAP has allowed me to continue to follow my dreams, but also have a career," Rios said. "A gold medal in Rio is my goal. Not only am I able to wear the uniform, but I'm also able to compete representing my country in the ring."

"The sky's the limit," Leverette said of Rios'

chances of boxing in Rio de Janeiro, site of the 2016 Olympic Games. "She's a young, talented Soldier-athlete, a very promising athlete who is very exciting to watch. She dominated the Junior Olympics as a female, so we're very excited about her. Her success rides on training, dedication and execution."

Rios, like Love, likely will compete for the Team USA spot at 112 pounds, currently occupied by Olympic flyweight bronze medalist Marlen Esparza, of Houston, the first American female boxer to qualify for the Olympics.

Leverette enjoys the idea of having two Soldiers boxing as underdogs for the same spot at the 2016 U.S. Olympic Team Trials for Women's Boxing.

"I don't think there's going to be any love lost, but it's going to be a good show," he said. "We're here to put some Soldier-athletes on the Olympic team to represent the U.S. Army and the World Class Athlete Program. That's our goal."

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Crossing home plate to combat silent injuries

By John Harlow
USAG Natick Public Affairs

BOSTON – In just its fifth year, the “Run to Home Base” continues to grow and help military members who suffer from post-traumatic stress and traumatic brain injuries.

The Home Base Program is a joint effort of the Red Sox Foundation and Massachusetts General Hospital, which has treated more than 1,000 Iraq and Afghanistan veterans and their Families from all parts of New England.

The concept came from Red Sox Chairman Tom Werner after the Red Sox made a 2004 visit to Walter Reed Medical Center. It has grown from there.

The Run to Home Base has grown in its five years to a record number of 2,600 runners and walk-

ers, which included 500 active duty service members this year. It was estimated that this year’s 9-kilometer run/3-mile walk raised \$2 million for the Home Base Program.

“It is as important today as it was five years ago,” said Werner. “The genesis of this was our understanding of how widespread post-traumatic stress and traumatic brain injuries are, and we felt we could make a difference and provide not just care, but a place where the whole Family could go to. The Veterans Administration deals with the Soldier, but it doesn’t deal with the whole Family. We feel that if the Soldier serves, the whole Family serves.”

The Home Base program fills a need for veterans in New England and is sharing that with programs

throughout the country.

“We’ve seen a 30-percent growth each year based on the need,” said retired Brig. Gen. Jack Hammond, the executive director of the program. “As the war winds down completely, and as these hundreds of thousands leave the service, within five years nearly 80 percent of the Soldiers who served in Iraq and Afghanistan will be in the civilian sector, and will start to realize some of their issues coming to light as they transition.

“We’ve provided clinical training to more than 10,000 clinicians from all 50 states so far,” Hammond continued. “We’re working with four or five different academic medical centers to replicate this program in other regions of the country.”

Not only did 2,600 runners

and walkers hit the start line on Yawkey Way and cross home plate at Fenway Park, more than 1,000 took part in a shadow Run to Home Base, at Bagram Airfield, Afghanistan. Also, 83 runners took part in the first shadow run at Guantanamo Bay, Cuba.

The Guantanamo run was organized by Capt. Tyler Field, commander of the 747th Military Police Company, Massachusetts Army National Guard.

“I decided to do the shadow run partly as [morale, welfare and recreation] event for my Soldiers,” said Field. “Being from the Massachusetts Army National Guard, I knew my Soldiers would enjoy being able to do the run. But mainly I wanted to generate awareness for the Home Base Program.

“Working in a joint environ-

ment, I felt that my fellow service members were the right audience,” Field said. “They likely know someone who suffers from [traumatic brain injury] or [post-traumatic stress disorder], and now they know programs like the Home Base Program are available.”

The Red Sox sent a Fenway Park home plate for the runners at Guantanamo to cross when they finished their 9-kilometer run.

Field’s wife, Kelly, helped organize the Bagram Airfield shadow run and ran in it when she was deployed to Afghanistan.

In the five years of the run, more than \$11 million has been raised for the Home Base Program.

To learn more about the Home Base Program, visit www.homebaseprogram.org.

PUZZLE ANSWERS

Super Crossword

Answers

Weekly SUDOKU

Answer

4	6	1	7	2	8	9	3	5
7	5	9	6	3	1	4	8	2
3	8	2	4	9	5	7	6	1
8	4	6	5	7	3	1	2	9
1	3	5	9	6	2	8	7	4
9	2	7	8	1	4	6	5	3
5	1	8	3	4	6	2	9	7
6	7	4	2	5	9	3	1	8
2	9	3	1	8	7	5	4	6

TRIVIA

Answers

1. Cary Grant and Deborah Kerr
2. Veal
3. Africa
4. Water Works
5. Navel or belly button
6. Charles Lindbergh, who was the first to fly solo across the Atlantic Ocean
7. The Mountains of Ararat
8. TV chef Emeril Lagasse
9. Six years
10. Chemicals produced in the body that reduce perception of pain

SPORTS BRIEFS

Resiliency Bowl-a-Thon

The Fort Rucker Army Substance Abuse Program and Rucker Lanes Bowling Center will host a Resiliency Bowl-A-Thon Friday from 10 a.m. to midnight. The event is designed to offer a fun, team and Family approach to discussing serious topics in an effort to promote camaraderie and resiliency. No teams are necessary, but units, directorates, Families and other groups are encouraged to reserve a time and share a lane as they bowl for individual awards. Tables and displays will be set up to provide attendees with preventive and informative materials on a wide range of risk and health topics, such as suicide, substance abuse, bullying and stress.

Cost is \$5 per person and will include breakfast, lunch or dinner – depending on time selected to

bowl – and two games of bowling. All participants will receive a prize and overall place finishers will receive a trophy. The event is open to all authorized patrons.

For more information or to register, call 255-7508 or 255-9503.

Youth sports signups

Registration for youth tackle football, cheerleading, tennis and fall soccer will continue through today. Children must meet age requirements by Sept. 1, 2013. A current sport physical and valid child, youth and school services registration are required for participation. Cost for each sport is \$65 for tackle football, \$40 for cheerleading, \$40 for fall soccer \$40.00 (Ages 4-5 is \$20) and \$40 for tennis. A mul-

tiplied child rate will be determined at parent central services during registration.

For more information and to register, call 255-2257 or 255-2254.

Zumba challenge

The Fortenberry-Colton Physical Fitness Center will host a two-hour Zumba challenge today from 5:30-7:30 p.m. The cost will be \$3.50, or patrons may use their Fitness Card. Door prizes will be given and refreshments will be provided. The challenge is open to all authorized patrons.

For more information, call 255-3794.

Youth Extreme Fitness

Fort Rucker Youth Sports will host its Youth Ex-

treme Fitness program now through Aug. 14, Thursdays from 6-7 p.m. at the Youth Sports Football Fields Complex, Bldg. 8923. Workouts include: low crawling, tire flipping, pulling rope, running, lawn mower pushing and sled pushing. This program is designed to be challenging and rewarding, but parents should keep in mind that this program is intended to push children beyond their normal comfort zones, both mentally and physically. The program is open to youth ages 8-18. There is no deadline to register, and people can sign up now at parent central services. To take part, youth must have a current sports physical and a valid Fort Rucker Child, Youth and School Service membership.

For more information, call youth sports at 255-2257 or parent central services at 255-9638.

Hosted by Fort Rucker ACAP, Fort Rucker ACS, and the Ozark Area Chamber of Commerce



11th Annual Fort Rucker Area JOB FAIR

Date: Wednesday, August 13th
Time: 9 am - 1 pm
Location: Ozark Civic Center

Open to the Public!
FREE for all job seekers!

Representatives from Government Contractors, Employment Agencies, the Federal Government and Local Companies plan to be there!

Workshops will be conducted prior to job fair to include: Résumé writing, interviewing skills, and personal branding.

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- Be prepared to be interviewed!
- Dress for success!



For more details call the Army Career & Alumni Program (ACAP) at (334) 255-2558/1117 or the Ozark Area Chamber of Commerce at (334) 774-9321

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