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ARMY FLIER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

VOL. 64 ▪ NO. 17 | FORT RUCKER ★ ALABAMA | MAY 1, 2014

SHARP

Expert seeks to help eliminate sexual assault

By Sara E. Martin
Army Flier Staff Writer

While zero tolerance is the goal, the Army admits it still has work to do to combat sexual assault and harassment.

So, to educate its Soldiers and staff members with the best resources possible, Fort Rucker invited Russell Strand to speak to command teams, Sexual Harassment and Assault Response and Prevention personnel and other first responders during a seminar May 7 at Wings Chapel.

He will discuss achieving culture change to eliminate sexual assault, according to Sgt. 1st Class Lance Osborne, Fort Rucker SHARP program manager.

Russell Strand

As a DOD SME in the areas of spouse and child abuse, critical incident peer support, and sexual violence, and as the chief of the U.S. Army Military Police School behavioral sciences education and training division, he has much to expose on the topic.

According to seminar details, sex offenders thrive in a rape-prone, rape myth-accepting culture. The seminar will explore many societal myths and biases that enable sex offenders to operate successfully without suspicion and detection.

Strand will also discuss how they deceive, why they do what they do, and how people can peer through the fog and identify them.

Participants will be presented with up-to-date research, case studies and strategies on understanding sex offenders from a criminal justice viewpoint.

The session will inform attendees on typical offender typologies, how offenders groom and manipulate victims, coworkers, friends, relatives, neighbors and even professionals.

"Sexual assault victims don't witness sexual assault, they experience it, and the impact can be significant," said Strand. "We will explore what we now know about the neuroscience of sexual trauma and suggest better response modalities."

Strand expects attendees, upon completion of the seminar, to be able to identify rape myths that enable sex offenders to thrive, understand the impact and neuroscience of sexual assault, and how to define culture change and implement actions to create positive change.

"We will build on education, theories, promising best practices, and research to actively and intentionally change our culture to reduce — with a vision to eliminate — sexual assault in our society," he said.

Strand has an extensive resume that he has built in the last 40 years.

According to Strand's biography, he has established, developed, produced and conducted the U.S. Army Sexual Assault Investigations, Domestic Violence Intervention Training, Sexual Assault Investigations and Child Abuse Prevention and Investigation Techniques courses, and

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PHOTO BY SARA E. MARTIN

Staff Sgt. Ron Rivera, Staff Sgt Orlando Yanez, Staff Sgt. Michael Evancheck, Staff Sgt. Johnathan Schmanski, and Sgt. 1st Class Clay Engle, push a Humvee up a hill near Beaver Lake as a part of the NCO Academy Iron Squad Challenge.

SALUTING SELFLESSNESS

Post honors volunteers for service

By Michele W. Forehand
Contributing Writer

Fort Rucker paid tribute to its volunteers at The Landing April 23 with the theme "Changing Lives and the Community.

Volunteers are an invaluable resource to the community, said Col. Robert Doerer, U.S. Army Aviation Center of Excellence deputy commander.

"I want to thank you all for coming today," Doerer said. "The Army offers a lot of great programs. Many of the programs are accomplished by these volunteers who will be recognized here today. Our volunteers are the key component in making the Army, Army Strong and what the Army is today.

"The ones who volunteer do not ask to be recognized," he added. "They do what they do to make a difference and this is just a small token to show them we do recognize what they do for the Army."

Aviation Branch Command Sgt. Maj. Eric Thom said volunteers at Fort Rucker are something special.

"I have been at Fort Rucker for a little over three weeks," Thom said. "Volunteers are the backbone of the installation. And, I must say, Fort Rucker definitely shows southern hospitality and I believe that is also because of our volunteers here. They all go out of their way to make you feel welcome and a part of the team here."

A host of volunteers were given

1st Sgt. Steven Thorman
Active Duty Volunteer

Rhonda Blair
Lifetime Achievement Award

volunteer challenge coins and honored for contributing 50 or more hours of service to the community. Others were recognized for giving 500 or more hours: Maria Aponte, Amy Burns, Theresa Carter, Therese Erthal, Heidi Greve, Helen Kosman, Darcy Lynch, Lauren McGinnis, Katherine Moore, Carol Sanders and Earnest Smith Jr.

The 2013 Volunteer Award winners were:

- **Youth Volunteer of the Year –** Julia and Dominick Backmann, who were recognized for their work with the chapel, Catholic Sunday School, Vacation Bible School, the youth ministry and other activities;
- **Active Duty Volunteer of the Year –** 1st Sgt. Steven Thorman, who was recognized for his efforts in youth sports, including coaching baseball, soccer and basketball, and mentoring youth, along with other activities;
- **Adult Volunteer of the Year –** Suzanne Buchanan, who was recognized for her efforts with the Fort Rucker Community Spouses Club and the Fort Rucker Elementary School, along with many other activities;
- **Volunteer Family of the Year –** the Yearicks Family, who were recognized for their efforts with the 1st Battalion, 145th Aviation Regiment, the 98th Army Band and the unit's Family readiness group, the arts and crafts center, thrift shop, Cub Scouts, youth sports and other activities;
- **Helping Hand Award –** Amanda Gomez, who was recognized for her efforts with the Taunton Family Children's Home; and
- **Lifetime Achievement Award –** Rhonda Blair, who was recognized for her efforts with military Families, managing volunteers

The Yearicks Family
Volunteer Family of the Year

SEE SERVICE, PAGE A5

Post hosts 3rd Earth Day Expo

Event features Earth-friendly products

PHOTO BY MICHELE W. FOREHAND

The Southeast Alabama Gas District attended the Earth Day Expo, showing off a natural gas-powered Honda Civic. Terry Tradaway, marketing representative for SEAGD's Central Division, takes time to discuss the importance of natural gas-powered vehicles with Johnny Buchanan, Fort Rucker Environmental Office.

By Michele W. Forehand
Contributing Writer

Fort Rucker hosted its third annual Earth Day Expo April 22 and more than 10 vendors displayed items ranging from cloth diapers to natural gas-operated vehicles, all which help preserve the environment.

"I want to thank all the vendors for participating today," said Melissa Lowlavar, environmental management branch chief. "The vendors are displaying all earth-friendly products that can be used at work and at home. The products not only help with the environment, but they are less expensive, as well."

Darrell Hager, Directorate of Public Works Environmental Office Sustainability Program manager, said the expo is an important outreach effort.

"We host the event annually to help reach a wider area to help share the importance of saving our resources," Hager said. "The No. 1 key is to always recycle. We only have a limited number of resources and we need to conserve what we have by recycling.

"One factor that I hope everyone takes into consideration after today is, be aware of what you do, such as what you are buying to either clean your home or office, and what do you do with it all when you are done using it. Take time to be aware of what that product is doing to the environment."

One vendor seemed to catch everyone's attention – the natural gas-powered vehicle on display at the SEAGD booth.

"The Honda Civic we have with us is the duel fueled, natural gas-powered

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PERSPECTIVE

Advocacy program established for victims

By Fort Rucker Office of the Staff Judge Advocate

PHOTO BY SPC. JOHN G. MARTINEZ

Secretary of the Army John M. McHugh speaks at a Pentagon ceremony marking the start of Sexual Assault Awareness Month, which was observed in April.

The Secretary of the Army fully established a special victim's advocacy program Jan. 1 that entitles victims of sexual assault to legal representation from the moment the victim reports the crime through the conclusion of all legal proceedings against the alleged perpetrator.

This program is available to Soldiers, adult dependents of Soldiers, or other qualifying sexual assault victims who are affiliated with the military when the alleged perpetrator is a Soldier.

Immediately after victims report that they have been sexually assaulted, they may choose to have a special victim counsel assigned as their representative. SVCs are legal assistance attorneys (normally captains) with demonstrated experience, maturity and judgment.

Because the SVC represents the victim's interests, the SVC and victim maintain an attorney-client relationship. This means that all communications between the victim and SVC remain confidential unless the victim permits the SVC to reveal information in an effort to achieve the victim's goals related to the prosecution of the alleged perpetrator.

The specially trained SVC will guide a sexual assault victim through the various aspects of the legal process against the alleged perpetrator. For example, after a victim makes an allegation of sexual assault, the SVC may accompany the victim to interviews with criminal investigators.

The SVC may represent the victim's interests at pre-trial hearings, advocate for the victim when government prosecutors and commanders are deciding whether to move forward with a case, and protect the victim's rights during the court-martial itself. If the perpetrator is convicted and sentenced at court-martial, as part of the post-trial process, the convicted Soldier may later request a reduced sentence from the commanding general who convened the court-martial.

Before deciding whether to grant such a request, however, the SVC may help the victim submit a victim-impact statement expressing the victim's preferences regarding the convicted Soldier's request for leniency.

Aside from providing support during the legal proceedings, as a legal assistance attorney, the SVC is available to provide the victim with a broad range of legal assistance services. For example, if a Soldier sexually assaults a dependent spouse, the victim may need legal assistance regarding legal separation, divorce proceedings, child custody or child support.

The SVC can advise the victim about each of those matters and recommend whether the victim should seek the services of a civilian attorney. SVCs may also connect victims with various resources on the installation, such as Army Community Service or the health clinic.

The establishment of the special victim's advocacy program represents a significant increase in the rights of victims and their participation in the Army's criminal justice process. SVCs will zealously ensure that victims understand the process, the victim's best interests are always represented, and that victims are treated with fairness, dignity and respect.

Rotor Wash

"Severe weather can strike with little more than a moment's notice. What are some simple tips Families should keep in mind to remain safe when weather quickly becomes dangerous?"

Mary Turner, military spouse

"Find a closet or an interior bathroom, and bring mattresses and pillows, and pile them on top of yourself and your kids to stay safe."

2nd Lt. James Hastings, D Co., 1st Bn., 145th Avn., Regt.

"Make plans to go somewhere safe if you don't live in a shelter that is well built."

Spc. Sean Beavens, 6th MP Detachment

"Depending on the type of weather, make sure you get what you need to survive like food, water and supplies."

Staff Sgt. Lee Brown, 1st Bn., 223rd Avn., Regt

"If you have a smart phone, have a weather app on your phone that will give you weather tips and alerts to keep up with the weather."

Beverly Smith, retired military

"Make sure that you listen to the radio station and be cautious of everything that they tell you to do. Also, it's always good to have a supply kit ready with water and things like that, but most importantly stay informed."

COMMAND

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FORT RUCKER COMMANDING GENERAL

Col. Stuart J. McRae
FORT RUCKER GARRISON COMMANDER

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflier.com.

ACE SUICIDE INTERVENTION

Ask your buddy

- Have the courage to ask the question, but stay calm.
- Ask the question directly. For example, "Are you thinking of killing yourself?"

Care for your buddy

- Remove any means that could be used for self-injury.
- Calmly control the situation, do not use force.
- Actively listen to produce relief.

Escort your buddy

- Never leave your buddy alone.
- Escort to the chain of command, a chaplain, a behavioral health professional or a primary care provider.

Fort Rucker honors 10 retirees

By Jim Hughes
Command Information Officer

Hundreds of Soldiers, friends, Family members and co-workers saluted a combined 258 years of service to the country as nine Soldiers and one civil servant retired during a ceremony Friday at the U.S. Army Aviation Museum.

Col. Jayson Altieri, 110th Aviation Brigade commander, spoke at the event about the importance of honoring the nation's retiring veterans and civil servants.

"The men and women we are going to recognize here today have served their country honorably, and now they will take on the title of retired veterans or civil servants," he said. "In the history of the United States, retired veterans and civil servants have held a special place in history, and their importance was recognized by none other than the first commander in chief, Gen. of the Continental Army George Washington, who once said, 'the willingness of which young people are likely to serve in any war, no matter how justified, shall be directly proportional to how they perceive veterans of earlier wars were treated and appreciated by our nation.'

"It's important that ceremonies like this today recognize our civil servants, recognize our retired veterans in front of their friends, their Families and their peers … because it does send a very special message to those who will come after us to serve," Altieri added.

The colonel also paid homage to the legacy left by retiring veterans and civil servants, taking umbrage with something a general officer once said to people suspect of the Army's transition and modernization, "This is not your grandfather's Army."

"While the statement may have been true, I would like to add the following caveat: were it not for those men and women who have served before us, both in civil service and as military veterans, we would not have the elite professional fighting force that the U.S. Army is today. And we owe them a round of applause," he said.

"The time that it will take today to recognize our fellow Americans and their Families may seem like a small trifle, but the message is powerful, and it is the least we can do for these great Americans and their Families who we recognize today," he added.

PHOTOS BY JIM HUGHES

First Sgt. Brian R. White, CW5 Charles A. Miller Jr., Maj. Terry Brooks, CW5 Johnny Silva and CW4 Steven A. Haase retired during a ceremony Friday at the U.S. Army Aviation Museum.

Sgt, 1st Class Joseph H. Samuel, Muriel L. Scott, CW4 Eric J. Stadler, CW4 Brian C. Williams and Sgt. 1st Class Bret L. Clemens retired during a ceremony Friday at the U.S. Army Aviation Museum.

Maj. Terry Brooks

Brooks served 26 years in the military, culminating in an assignment as the chief of the doctrine branch, Directorate of Training and Doctrine. He served overseas in Hawaii, South Korea, the western Pacific with a Navy Amphibious Ready Group and Afghanistan. He stated the highlight of his career was being asked to return to active duty after 13 years to be the doctrine branch chief and having the full encouragement of his wife, Dianne. He and his wife plan to reside in Enterprise.

CW5 Johnny Silva

Silva served 31 years in the Army, culminating in an assignment as director, Warrant Officer Staff Course at the Warrant Officer Career College. He served overseas in South Korea, Germany, Hawaii, Bosnia, Iraq and Afghanistan, including multiple combat tours in support of Operation Enduring Freedom and Iraqi Freedom. He said he considers the highlight of his career was serving with the 209th Aviation Support Battalion as the production control officer in Hawaii. He and his wife, Patricia, plan to reside in the local area.

CW5 Charles A. Miller Jr.

Miller served 30 years in the Army, culminating in an assignment as chief of the Aviation Survivability Development and Tactics Team with the Directorate of Training and Doctrine. He served overseas in Germany and the Balkans, along with combat tours in support of Operations Desert Storm, Iraqi Freedom and New Dawn. He said the highlight of his career was serving as the brigade Aviation maintenance officer for the 1st Combat Aviation Brigade supporting and conducting combat operations in Iraq. He and his wife, Rena, plan to reside in Dothan.

CW4 Brian C. Williams

Williams served 23 years in the Army, culminating in an assignment as brigade maintenance officer for the 164th Theater Airfield Operations Group. He served overseas in Afghanistan, Iraq, Germany and Hawaii, including multiple combat tours in support of Operations Iraqi Freedom and Enduring Freedom. He said the highlights of his career were meeting his beautiful bride, the birth of his two children, serving as a drill sergeant and being awarded a Bronze Star in Afghanistan. He and his wife, Ella, plan to reside in Cosby, Tenn.

CW4 Steven A. Haase

Haase served 26 years in the Army, culminating in an assignment as the chief pilot and C-12 regional program manager for the Office of Defense Cooperation Turkey and Defense Attaché Office, U.S. Embassy, Ankara, Turkey. He served overseas in Germany, South Korea, Turkey, Cyprus, Kosovo, Afghanistan and Iraq, including multiple combat tours in support of Operations Enduring Freedom and Iraqi Freedom. He said the highlight of his career was to serve with great Americans world-wide. He and his wife, Susanne, plan to reside in Dothan.

CW4 Eric J. Stadler

Stadler served 21 years in the military, culminating in an assignment as a lessons learned analyst with the Directorate of Training and Doctrine. He served overseas in Turkey, South Korea and Iraq, including a combat tour in support of Operation Iraqi Freedom. He said the highlight of his career was flying medevac missions for the 57th Medical Company (Air Ambulance) in support of Iraqi Freedom. He and his wife, Kimberly, plan to reside in Enterprise.

First Sgt. Brian R. White

White served 20 years in the Army, culminating in an assignment as the first sergeant for A Company, 1st Battalion, 223rd Aviation Regiment. He served overseas in South Korea, Bosnia, Guatemala, Iraq and Afghanistan, including multiple combat tours in support of Operations Iraqi Freedom and Enduring Freedom. He considers the highlight of his career traveling the world to help others while serving alongside America's finest Soldiers, paratroopers and leaders. He and his wife, Alison, plan to reside in Spring Lake, N.C.

Sgt. 1st Class Bret L. Clemens

Clemens served 22 years in the Army, culminating in an assignment as the CH-47 D and F maintenance test pilot course instructor and writer, 1-223rd AVN. He served overseas in Egypt, Germany, Kosovo, Macedonia and Afghanistan, including a combat tour in support of Operation Enduring Freedom. He said the highlights of his career were serving in OEF and his selection to the U.S. Army Security Assistance Training Management Organization at Fort Bragg where trained the Egyptian Air Force and helped them establish their Aviation life support program. He and his wife, Amy, plan to reside in the local area.

Sgt. 1st Class Joseph H. Samuel

Samuel served 22 years in the military, culminating in an assignment as the Public Health Command District-Fort Gordon's (Ga.) Pensacola (Fla.) Branch NCO in charge. He served overseas in Germany, and considers the highlight of his career serving as an Army health care recruiter to assist in commissioning the best-qualified professionals to render medical care to America's warfighters. He and his wife, Anita, plan to reside in Augusta, Ga.

Muriel L. Scott

Scott began her civil service career in 1976 at Fort Rucker. Her more than 37 years of federal service culminated in an assignment as a program analyst for the U.S. Army Aviation Center of Excellence G3. She considers the highlight of her career supporting students in Aviation training. She plans to reside in Enterprise.

News Briefs

Heritage month

Fort Rucker hosts the kickoff of its Asian American/Pacific Islander Heritage Month celebration Friday from 11:30 a.m. to 1 p.m. at the main exchange. The event will feature an art display, entertainment, vendors and a pot-luck food tasting.

Other events during the month include luncheons at the warrant officer candidate dining facility in Bldg. 5914 and the advanced individual training DFAC in Bldg. 6204 May 16 from 11:30 a.m. to 1 p.m., and a luncheon at The Landing May 30 from 11:30 a.m. to 1 p.m. that features a guest speaker, themed displays and entertainment.

AAFES customer survey

In an effort to constantly improve the level of service provided throughout its facilities, the Army and Air Force Exchange Service relies on its ongoing customer satisfaction index for localized, real-time snapshots of how successful the organization is at meeting the community's needs.

The survey, which addresses customer service, pricing, sales associate availability, merchandise assortment and other key issues, is administered at every exchange main store annually.

Fort Rucker shoppers' opportunity to participate in the 2014 Customer Satisfaction Index runs through May 17. During this time, Soldiers, retirees and their Families are encouraged to visit the exchange to provide feedback on services available at Fort Rucker. Beyond improving exchange operations, shoppers who participate will also receive a coupon worth $5 off their next purchase at the exchange.

"We want to hear from as many Fort Rucker shoppers as possible," said Don Walter Jr. of the exchange. "Efforts like the CSI are critical to not only improving the shopping experience, but also bolstering the dividend the exchange annually delivers to the community as healthy exchange operations make the Fort Rucker community a better place to live and work while producing greater returns for Army quality of life programs."

WOCC change of command

The U.S. Army Warrant Officer Career College will host its change of command ceremony Friday at 2 p.m. in the U.S. Army Aviation Museum. Col. Garry L. Thompson will assume command of the college from Col. Stanley O. Smith.

Opportunity knocks

The following internal positions are available on Fort Rucker: Civil Engineer, GS-0810-12, Vacancy No. SCEG149983221100418, with the Fort Rucker garrison, with a closing date of May 22; IT Specialist (Network), GS-2210-12, Vacancy No. SCEG140041841100771, with U.S. Army Network Technology Command, with a closing date of Tuesday; and Air Traffic Assistant, GS-2154-07, Vacancy No. SCEG140109801100750, with the U.S. Army Training and Doctrine Command, with a closing date of Tuesday; and Fire Protection Specialist (Instructor), GS-0081-09, Vacancy No. SCEG149798271059184, with TRADOC, with a closing date of Tuesday.

For more, check out www.usajobs.gov.

Fire extinguisher servicing

The Fort Rucker Fire Department is unable to provide people portable fire extinguisher service, but it is still able to conduct annual inspections and tag replacements. For six-year maintenance, recharges and hydrostatic testing, there are local businesses that can assist people.

For more information, call 255-3316.

Exchange pricing parity

Whether stationed at Fort Rucker or abroad, service members can expect to find the same, or very similar, prices at Army and Air Force Exchange Service facilities worldwide. Known as pricing parity, this practice ensures exchange prices are established centrally.

"While there may be some slight price differentiations that occur with items purchased locally overseas, per Department of Defense policy, the exchange doesn't increase prices in order to cover shipping or other higher operational costs," said Lorenzo Salgado, Fort Rucker Exchange general manager. "No matter where they are called to serve, it is our goal to bring Soldiers and their Families the same products, at the same cost."

Despite the exchange's efforts to price consistently, a few exceptions can occur.

"There may be some price differences between locations in the continental United States and overseas for categories such as gasoline, alcohol and tobacco," said Salgado. "These prices are set based on Department of Energy benchmarks, or local surveys, established by DOD directives."

Additionally, prices for some convenience and frequently purchased items may be lower at different locations based on local promotions or surveys. To ensure prices on these same items overseas are consistent with those service members would expect to see at home, overseas prices are set at the average surveyed CONUS price.

For more information, visit http://www.shopmyexchange.com/CustomerService/.

101st Airborne begins transitioning to BCT 2020

By Staff Sgt. Joel Salgado
101st Airborne Division Public Affairs

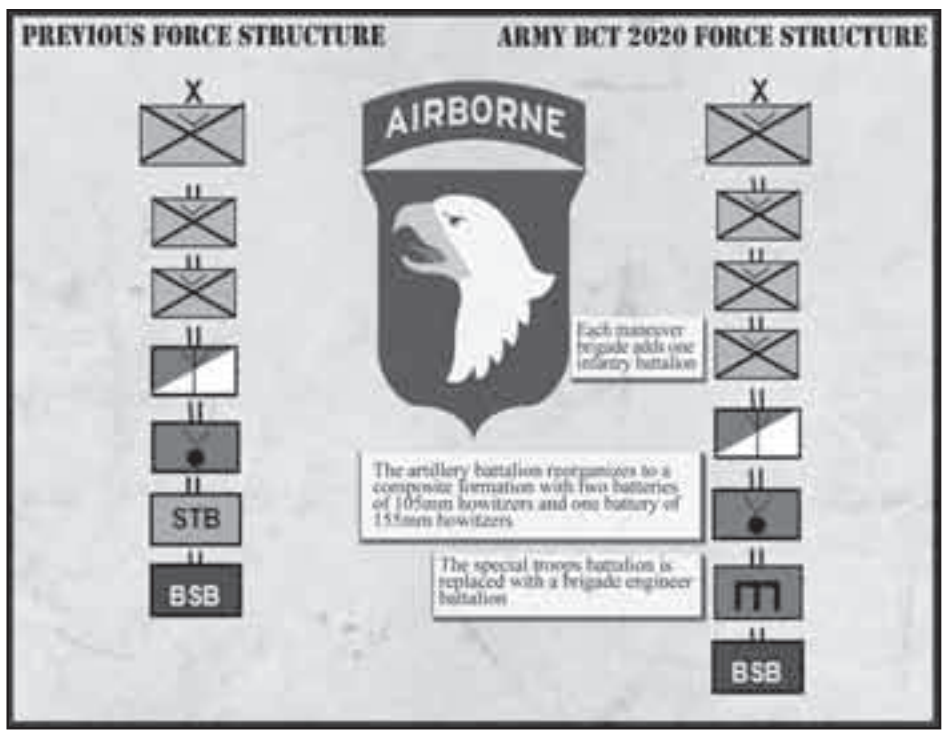
FORT CAMPBELL, Ky. — The 101st Airborne Division (Air Assault) is beginning Operation Agile Eagle II, designed to localize and implement the larger Department of the Army-directed Brigade Combat Team 2020 initiative.

This overarching move is part of a plan that will reduce the overall strength of the Army in order to meet future requirements, officials said.

Much like the previous brigade modularization undertaken in the mid-2000s, they said Brigade Combat Team 2020 will add additional assets to the brigades and the division to increase their autonomy and enhance their abilities to meet future mission requirements.

"The addition of a third maneuver battalion in each brigade combat team adds to the ability of the division to respond to the needs of the Army with a more robust force to meet mission requirements," said Maj. Gen. James McConville, commander, 101st Airborne Division (Air Assault). "It also puts more combat Soldiers into units and reduces the overhead of staff."

Additionally, the brigades are standing up brigade engineer battalions, adding an increased range of ability to the commanders to address a wide range of mission challenges.



U.S. ARMY GRAPHIC

BCT 2020 Reorganization for the 101st Airborne Division (Air Assault).

In addition to adding a third infantry battalion and a brigade engineer battalion to each BCT, the artillery units will also reorganize to composite battalions, which will each have two batteries of 105mm howitzers, and one battery of 155mm howitzers.

The division has already begun adapting to meet the new model by recently inactivating the 3rd Special Troops Battalion and reflagging it as the 21st Brigade Engineer Battalion and reorganizing the 3rd Battalion, 320th Field Artillery Regiment, 3rd BCT, to a composite artillery formation.

In mid-April, the 1st Special Troops Battalion of 1st Brigade Combat Team inactivated and transformed to the 326th Brigade Engineer Battalion. The 4th BCT was inactivated Friday as part of the realignment effort.

"As part of the Army's 2020 model, the division is reducing the 4th Brigade Combat Team, realigning its two infantry battalions under the 1st and 3rd Brigade Combat Teams, and distributing the remaining elements across the division," said McConville.

The division recently conducted Operation Golden Eagle, the first brigade-size air assault training operation in more than a decade at Fort Campbell that highlighted the capabilities of a brigade under the new BCT 2020 model.

In addition to increasing the division's ability to meet mission requirements, the reorganization also allows the history and lineage of some of the Army's most distinguished units to live on, McConville said.

"We are able to preserve the history and lineage of some of the Army's most highly decorated units with the retention of the 506th Infantry Regiment," he said.

Following the transition of the 1st and 2nd BCTs to the new BCT 2020 model and the activation of the division artillery, the division expects to meet the Army-directed goal of Sept. 30, 2015.

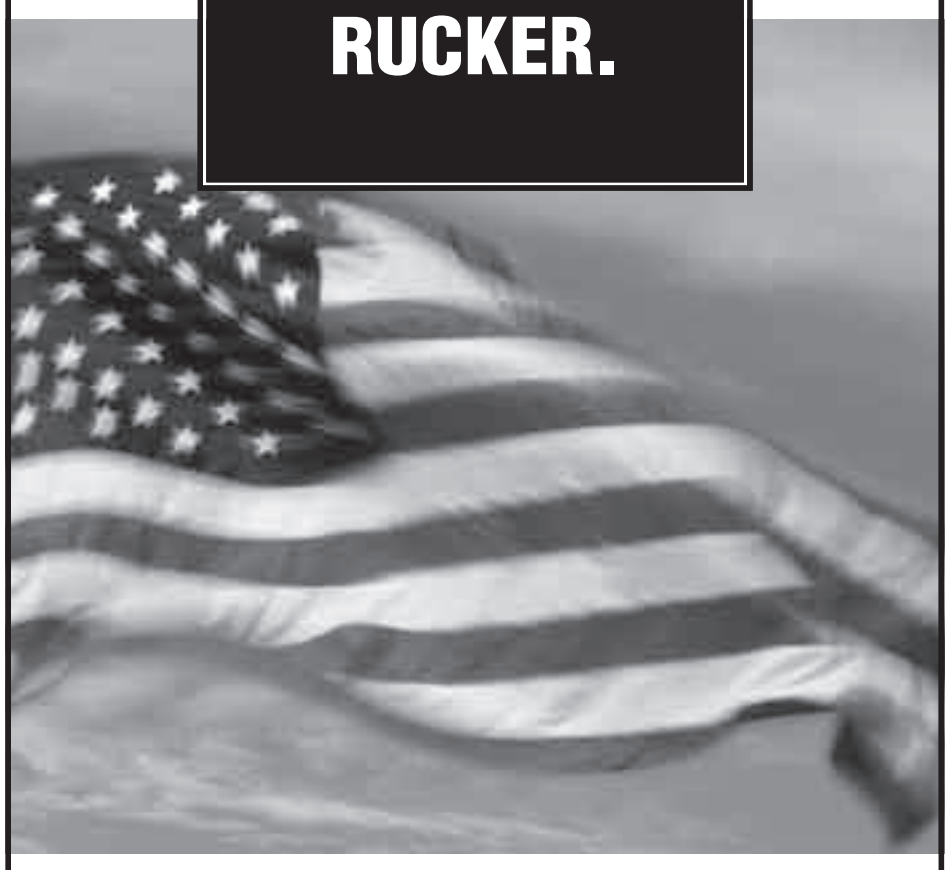
"The end state is that by 2015, we'll be completely transformed to three maneuver brigades," said CW5 Manny Vasquez, the lead planner for Agile Eagle II.

ANZAC Day

Nicole Barton helps children, Isabella and Alice, lay a wreath down at the 135th Assault Helicopter Company Memorial in Veterans Park Friday at a dawn service celebrating Australian and New Zealand Army Corps Day, a national day of remembrance in Australia and New Zealand, which is celebrated much like the American Memorial and Veterans' days.

PHOTO BY SARA E. MARTIN

WE APPRECIATE FORT RUCKER.



Southeast Alabama Medical Center employees and medical staff thank Fort Rucker for its commitment to the security of our community and our country. We extend our appreciation to the soldiers and military families for their personal sacrifices.

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SHARP: Guest speaker hopes to dispel myths

Continued from Page A1

supervised the development of the Critical Incident Peer Support course.

He has specialized expertise, experience and training in the area of domestic violence intervention, critical incident peer support, sexual assault, trafficking in persons and child abuse investigations.

He has also assisted in the development and implementation of DOD training standards, programs of instruction and lesson plans.

He is a member of the Defense Family Advocacy Command Assistance Team and Department of the Army Fatality Review Board. He also developed the DOD Trafficking in Persons Law Enforcement First Responders and Investigators training modules.

He continues to conduct interviews with child and adult victims of physical and sexual abuse, and provides investigative and consultation support in ongoing sexual assault, domestic violence, and child abuse investigations, interventions, and military and civilian criminal trials.

Recently, he developed a new interview technique known as the Forensic Physiological Trauma Interview.

In 2012, he received the End Violence Against Women International Visionary Award in recognition of his impact, vision and leadership in ending violence against women around the world.

Service: Honorees see volunteerism as its own reward

Continued from Page A1

through the Red Cross, spouses club and multiple Family readiness groups, with her citation reading, "Mrs. Blair's enthusiasm, ability to motivate others, and warmth have a profound and lasting impact on all the Army and local communities in which she has served. Her selfless volunteerism and indomitable spirit have proven that she is the essence of a role model."

Thorman said the recognition from the community is nice, but volunteering brings its own rewards.

"Serving as a volunteer allows me to not only coach the children here in Fort Rucker, but it also has allowed me to just take time and watch just how much each child has learned and grown as they enjoy the sport," he said. "It is a great way to be a positive influence on the children."

The Yearicks Family is no stranger to receiving enjoyment from coaching several athletic programs.

"My husband, Ryan, has coached many youth sports programs here," said Staff Sgt. Lani Yearicks. "He also helps with the arts and crafts programs, thrift store and 98th Army Band. I help as much as possible, but I pitch in as the behind-the-scene coach. We enjoy trying to help out and giving back to the community."

Earning the Lifetime Achievement Award, Blair said she gets a lot out of volunteering and helping Army Families navigate Army life.

"My passion is Army Families," Blair said. "I get enjoyment out of everything I do for the Families here. I volunteer as an instructor and teach classes to help the Families know that knowledge is power and being a part of helping them navigate in the Army life is my reward."

Expo: Event showcases cutting edge options to improve environment

PHOTO BY MICHELE FOREHAND

Fort Rucker celebrated Earth Day April 22 by hosting an Earth Day Expo. Vendors displayed a variety of items to improve the earth's environment.

Continued from Page A1

vehicle," said Terry Tradaway, SEAGD marketing representative for the Central Division. "When powered by natural gas, this vehicle gets around 41-42 miles per gallon. Of course, right now, the vehicle is a little (expensive), but over time the price will come down, and it will be the car of tomorrow. With a natural gas-powered vehicle, you just about cut the cost of fuel in half. These vehicles also generate fewer exhaust and greenhouse gas emissions than their gasoline or diesel-powered vehicles."

The Directorate of Family, Morale, Welfare and Recreation also had a booth set up during the event.

"We are here today to help spread the word about going paperless," said Nikki McKay, graphic design with DFMWR Marketing. "We publish a newsletter and magazine to keep everyone informed about activities taking place on post. We encourage everyone, instead of waiting to see the newsletter, you go paperless. This not only allows you to get information sooner, it also helps save the trees. Less paper used means less to recycle. You will not only be up-to-date on everything taking place in Fort Rucker, but you will be doing your part in protecting our environment."

And with summer time just around the corner, one vendor decided it was a good time to spread the word about insect repellent – Mo's OBX Skeeter Beater.

"This product is 100-percent green and contains no DEET," said Worda James, representative with Mo's OBX Skeeter Beater. "This product protects individuals and pets from West Nile Virus, Yellow Fever, Lyme Disease, Dengue Fever, Malaria and other insect-borne diseases.

For more information on Fort Rucker's environmental efforts, call 255-1653.

Army Aviation Center Federal Credit Union

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WE'RE TAKING THE DEALS TO THE DEALERS' LOTS!

Due to flooding at our original car sale location, we're moving our deals to the lots of our participating dealers!

15 OF OUR AREA'S FINEST DEALERS PARTICIPATING IN THE SALE

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GET A $150 VISA GIFT CARD WHEN YOU FINANCE YOUR PURCHASE FROM A PARTICIPATING DEALER WITH AACFCU FROM MAY 1-10!*

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*APR means annual percentage rate. Rates good for May 1-10, 2014 only. **Autos: 72 months available on new units and 1 year old on $20,000 or more; 84 months available on new units and 1 year old on $30,000 or more. Used Autos are considered 2 and 3 years old. **Boats: Up to 60 months available on units under $15,000; Up to 120 months available on units over $15,000. **Recreational Vehicles: Up to 60 months available on units under $20,000; Up to 143 months available on units $20,000-$49,999; Up to 180 months available on units over $50,000. Army Aviation Center Federal Credit Union will finance up to 115% MSRP (new) or NADA (used) on autos only plus tax and title on all units purchased from participating dealers (listed above) during the car sale event May 1-10, 2014. ***One $150 Visa gift card offered per unit financed with AACFCU and purchased from a participating dealer (listed above) during the car sale event May 1-10, 2014 only. One gift card per account. Accounts with multiple members will only receive one gift card. Gift cards will be mailed within 4-6 weeks of the car sale to the address on file with AACFCU.

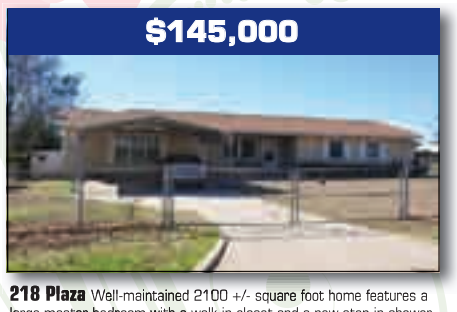
REAL ESTATE SHOWCASE

What better gift for your mother on Mother's Day than a new home?!

OPEN SUNDAY 2-4 PM

100 Kinnon ~ $134,900 Updated home in an established neighborhood convenient to Hillcrest Elementary and Dauphin Jr. High. Over 2200 Square feet, 4 bedrooms, 2 baths, a great updated kitchen with pull out pantry and granite countertops. Island can be repositioned as you choose. Living room being used as dining room, and eat-in kitchen has room for table and chairs also. 1-car garage has been enclosed for playroom & storage and can be easily converted back into a garage. Wonderful, cozy family room with wood burning fireplace. 2-story barn with new roof, electricity and is plumbed for a bathroom. New roof in 2008. Directions: From Boll Weevil Circle across from old Food World, turn on Kinnon Dr. just before Sylvan Dr. Home is first house on the right.

$145,000

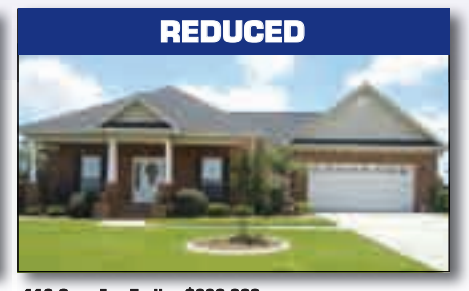


218 Plaza Well-maintained 2100 +/- square foot home features a large master bedroom with a walk-in closet and a new step in shower with tile surround. Everyone will enjoy gathering around the beautiful gas log fireplace located in the large family room. The u-shaped kitchen has oak cabinets, a newer range, a breakfast bar and plenty of space for a hutch and dining table. The spacious backyard has a large shed for extra storage. New roof in 2011 and newer water heater. Convenient to Ft Rucker, Enterprise and US 84 to Dothan.

NEW LISTING

3421 Lake Oak Ridge ~ $239,000 Lake view with BONUS ROOM in Oak Ridge Forest. Two bedrooms w/Jack-n-Jill bath upstairs. Master is downstairs w/large bathroom, his/hers closets, double vanities, separate shower, and Jacuzzi tub. Family room w/gas log fireplace with built-ins on each side. Spacious eat-in kitchen just off the formal dining room. Roomy laundry room w/sink. 2-car garage w/large storage room. Very large addition on rear of house for office, man cave, hobby/crafts, or any combo. Lots of space! Enjoy the view from front porch.

REDUCED



112 Grey Fox Trail ~ $220,000 Pristine gem in popular Brookwood. The open floor plan includes granite counter tops and tile flooring in kitchen and bathrooms w/hardwood flooring elsewhere. Eat-in kitchen, formal dining & awesome light fixtures throughout. Separate master shower, Jacuzzi tub, and double sinks. A 12x12 shop w/power located in back yard. Hours of hard work and inspired design have transformed the backyard into a haven for entertaining and relaxing. The patio was expanded and screened in. Come see all it has to offer.

REDUCED

156 CR 737 ~ $64,900 Ideal location on this great property. Sleepy Hollow, off Freedom Road is convenient to Enterprise, Fort Rucker, and Level Plains/US 84. Really well maintained 3 BR/2 BA would make an excellent rental property, retirement home, or starter home. Kitchen has lots of counter space and cabinets, all three bedrooms have walk-in closets, there is a separate laundry room, and the huge living room easily accommodates a big screen TV. Large corner lot includes two parcels, a shed, and chain link fence for pets.

REDUCED

118 Grey Fox Trail ~ $211,000 Unique color choices make this such a warm and inviting place. Owner added screened porch and attached patio for easy entertaining. Also added gutters and stained privacy fence with double gate. Plenty of room to park your boat or motor home. Master bath features large L-shaped walk in closet & awesome tile work. Located in Brookwood with beauty and convenient to everything plus gives you a jump on the beach traffic each weekend.

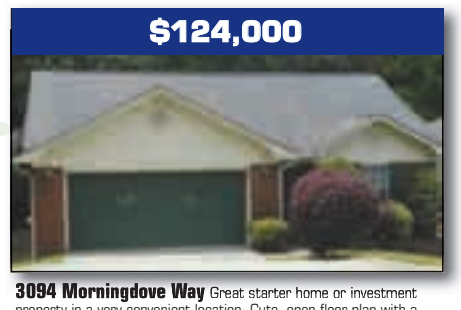
POOL

2900 Rocky Head Rd ~ $129,000 What a great place to call home! Remodeled 3 bedroom, 1 1/2 bath home with a 20 X 40 inground salt water pool. Backyard is quite an oasis in warm weather. The lot is deep and an area is available beyond the pool/patio for a garden, pet run, playground, or whatever you might choose. New roof in 2007, new pool liner and salt system in 2009. Huge laundry room right off the cozy den/family room with beautiful fireplace. Tile countertops in large, open kitchen with pantry.

REDUCED

110 Windover Way ~ $239,000 What a charmer! It has a BASEMENT! Entry level includes an inviting family room with beautiful gas log fireplace, a spacious eat-in kitchen, dining room, master suite, office, half bath, laundry room, exercise room and 2-car garage. Walk downstairs into a bonus room ideal for kids/teenagers. Also, you find 2 bedrooms, a bath, and a huge storage closet. Final door leads into the 3rd garage with work shop and another half bath. Great moldings upstairs. Relax on your covered deck. Situated on a lot and a half.

$124,000



3094 Morningdove Way Great starter home or investment property in a very convenient location. Cute, open floor plan with a wonderful covered balcony/porch for outdoor entertaining or just for relaxing. Shady backyard with lots of privacy and room to play.

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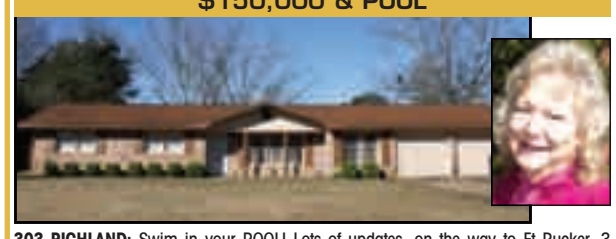
$150,000 & POOL



303 RICHLAND: Swim in your POOL! Lots of updates, on the way to Ft Rucker, 3 BR/2 BA, storage shed, new paint, all new closet doors, new garage door opener, new flooring. Allergy sufferers there is no carpet. Newer dishwasher, light fixtures, crown molding, tiled laundry room and bath, back splash and privacy fence. 2 car garage with bathroom for pool convenience, large back yard. **ANGIE GOODMAN 464-7869**

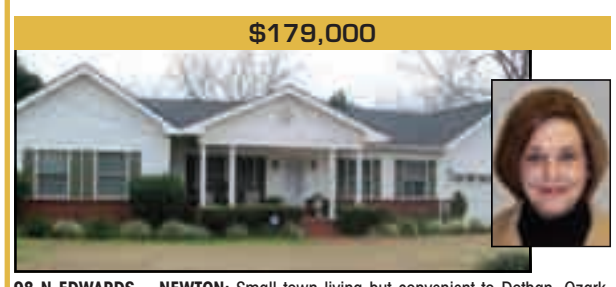
JUST LISTED • LAND, POOL, BARN

3381 ROCKY HEAD RD ~ $525,000: 12 plus acres, country living within the city limits, salt water pool, 40 by 20 barn with 3 roll up doors and full bathroom. Over 3000 plus or minus square feet with 4 bedrooms, 3 and a half bathrooms. Yes, this is where we all wished we lived. **TEXT TERRI 406-2072**

POOL • GREAT BACKYARD

21 CR 278 ~ $223,900: End your day with a splash when you come home to this delightful 3 bedroom, 2 bath home in a subdivision just north of Enterprise. You'll love the open, airy design of the home – family area with fireplace, large cook's kitchen with spacious dining area, formal dining area, and generously sized master bedroom. Great private, landscaped, backyard for entertaining – salt water pool, covered patio, two pergolas with enough open area for the kids to play. **JUDY DUNN 301-5656**

$179,000



98 N EDWARDS ~ NEWTON: Small town living but convenient to Dothan, Ozark, Enterprise and Ft Rucker. Has beautiful hard floors in living room, dining room and family room. Family room has a gas log fireplace. Large kitchen with an island with sink. Heated and cooled Florida/Sun Room. Master bedroom has 10 foot ceilings with wide crown molding. 2 car attached garage has front and back garage doors. **MARY JONES 790-2933**

Join us Saturday at Century 21 for the Relay for Life Yard Sale!

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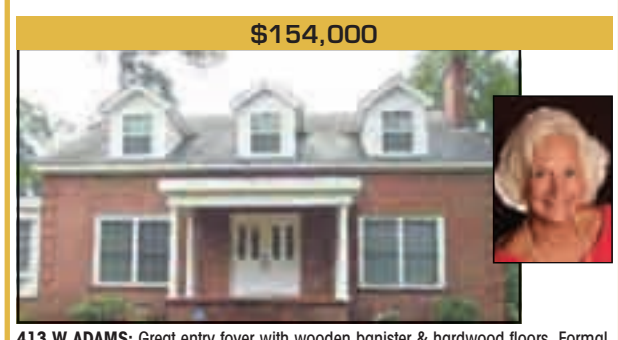
531 Boll Weevil Circle

$154,000

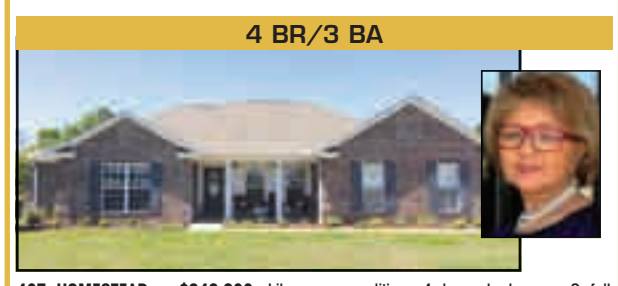


413 W ADAMS: Great entry foyer with wooden banister & hardwood floors. Formal living & dining rooms, ceramic tile in kitchen/breakfast and BA's. Downstairs BA remodeled so possible for master suite up or downstairs with walk in shower, dressing room and BR. So many possibilities. Corner lot with trees and privacy fence. Upstairs BR has 4 closets. **EVELYN HITCH 406-3436**

$39,900 ~ 6.1 +/- ACRES

911 DALEVILLE AVENUE: Lovely 6.1 +/- acre lot. ESTATE SALE! Partially cleared, lots of possibilities. Close to schools and shopping. Bring all offers. **DEBBIE SUNBROCK 406-9079**

4 BR/3 BA



407 HOMESTEAD ~ $249,900: Like new condition. 4 large bedrooms, 3 full bathrooms and a large lot. 5 minutes from Ft Rucker gate. **FRAN CLAYTOR 790-5973**

POWER PRODUCERS *of the month*

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TOP SELLER
PAT LEGGETT
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MARCH
TOP LISTER
JUDY DUNN
334-301-5656

VISIT OUR OPEN HOUSES

SUNDAY, MAY 4 • 1-4 PM

THE COTTAGES AT WOODLAND PARK: Tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf, restaurants & minutes from Fort Rucker. Security system, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom & tray ceiling in grandroom.

HOSTED BY: JONATHAN PURVIS-STEVENS 447-3100

Directions: Boll Weevil Circle West. After you pass the Enterprise High School on your left, the next left is Jasmine Circle.

NEW CONSTRUCTION
232 JASMINE CIRCLE

Two story
3BR/2.5BA
$165,500

NEW CONSTRUCTION
248 JASMINE CIRCLE

One story
3BR/2BA
$152,500
Hardwood in foyer, kitchen & grand room

NEW CONSTRUCTION
229 JASMINE CIRCLE

One story
3BR/2BA
$151,500

NEW CONSTRUCTION
225 JASMINE CIRCLE

One story
3BR/2BA
$149,500

Night Ops

PHOTO BY SPC. ARTHUR RUEPONG

Rangers from A Company, 3rd Battalion, 75th Ranger Regiment, load an MH-47 Chinook helicopter for night operation training on Fort Knox, Ky., April 21. Rangers consistently train to maintain the highest level of combat readiness.

TO THE STAGE

Aviation Soldier joins Soldier Show

By Army Sgt. Christopher Calvert
1st Air Cavalry Brigade, 1st Cavalry Division

FORT SAM HOUSTON, Texas – With shaky legs and sweaty palms, the unmanned aircraft systems operator walked on stage, hoping to make the cut for the 2014 U.S. Army Soldier Show.

It was audition time, and it was Spc. Aurielle Polynice's turn to shine.

"I started freaking out – I always freak out at first," she said. "Then I go out on stage and I let it all go."

Polynice, with Company F, 2nd Battalion, 227th Aviation Regiment, 1st Air Cavalry Brigade, 1st Cavalry Division, sang her way into becoming the only Fort Hood, Texas, Soldier in the U.S. Army Installation Management Command's 2014 "Stand Strong" Soldier Show during a live audition Feb. 15.

Now, Polynice and her 21 fellow cast members have headed out on the road for 60 performances scheduled at 37 garrisons across the United States.

Polynice said her journey began three years ago, when she witnessed the 75-minute Broadway-style production for the first time.

"When I saw it in 2011, I thought it was really, really cool," she said. "I wanted to see if I could make the cut. I wanted to represent my unit to the rest of the Army."

Earning the chance to audition live, however, took years of patience, she added.

"I did a prerecorded video audition for 2011's show, but was unable to put in my packet because of an upcoming deployment," added Polynice, who hails from Lawrenceville, Ga. "I wasn't going to let that stop me from trying again in the future."

She deployed to Afghanistan for a year in 2012 and returned with her sights still firmly set on becoming a member of the Soldier Show.

Soon after redeployment, Polynice sang Whitney Houston's "I Wanna Dance with Somebody" during 2012's Operation Rising Star, a vocal competition that showcases the talent of Soldiers and their Family members, and made it to the Top 10 before being voted off.

This only fueled her fire to becoming a better, more confident vocalist, she said.

"At the time, I was pretty excited just to make it to the Top 10," she said. "But soon after, I was already planning on trying out for the next one. I wanted to get better. I wanted to win."

Now part of the Soldier Show, Polynice and fellow cast

SEE STAGE, PAGE B4

PHOTO BY ROBERT DOZIER

Army Spc. Aurielle Polynice awaits her chance to audition for the U.S. Army Installation Management Command's 2014 "Stand Strong" Soldier Show during a live audition at Fort Sam Houston, Texas, Feb. 15.

PHOTO BY SGT. 1ST CLASS VINCENT ABRIL

Sgt. Lisa A. Rodriguez, a flight medic with C Company, 3rd General Support Aviation Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division, poses for a photo in front of the aircraft she is assigned to April 10 at Camp Humphreys, South Korea.

DIRTY JOBS

Flight medic braves elements to save lives

By Sgt. 1st Class Vincent Abril
2nd Combat Aviation Brigade Public Affairs

CAMP HUMPHREYS, South Korea – Somewhere in the world, patients are in need of vital medical attention. They may not have time to wait for an ambulance to be driven to their location due to time playing a huge factor between life and death.

Such emergencies require quick responses and, rest assured, there are people standing by to answer that call.

Sgt. Lisa A. Rodriguez, a flight medic stationed in South Korea, is one of those people. She serves her fellow Soldiers in need on the battlefield and at home.

Similar to her civilian counterparts, Rodriguez utilizes a helicopter to treat and transport the injured. In her case, she is part of a UH-60 Black Hawk helicopter crew. This aircraft is equipped with special crew and equipment ready to carry out rapid medical responses.

"It's our job to get a patient from the point of injury to the hospital within that golden hour," said Rodriguez. "We stabilize them along the way until we can get them into the hands of a doctor."

Rodriguez, a seven-year Army veteran currently serving with C Company, 3rd General Support Aviation Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division, and native of Raeford, N.C., wears many hats as a flight medic.

"Although I'm the primary medic on board our aircraft, I also perform crew duties alongside the crew chiefs who maintain the aircraft," Rodriguez said.

Those duties include assisting her team and ensuring safe movement of the

SEE JOBS, PAGE B4

Aviators, Marines, Republic of Korea complete air assault

By Sgt. Nicole Hall
2nd Combat Aviation Brigade Public Affairs

SOUTH KOREA – Katchi Kapshida – we go together – doesn't only apply to the friendship between the Republic of Korea and United States Army, it also describes the relationship between all U.S. military branches stationed in Korea.

Soldiers from 2nd Combat Aviation Brigade assisted the ROK and U.S. Marines in completing an air assault mission last month at a multi-purpose range complex in Northern South Korean.

Aviation Soldiers from 2nd Battalion (Assault), 2nd Aviation Regiment and 3rd General Support Aviation Battalion provided air support to more than 300 ROK and U.S. Marines on 25 UH-60 Black Hawks for the air assault training.

"In my three years with this unit, I have never been a part of such a large operation," said Richmond, Va., native Spc. Christopher E. Bodin, a UH-60 Black Hawk helicopter repairer, assigned to B Company, 2-2nd AVN. "Seeing 25 helicopters take off at one time was simply amazing, as well as a good show of force."

All battalions in 2nd CAB had a part in making the mission a successful one. Even though 2-2nd AVN had the lead, the brigade, as a whole, worked as a team to complete the mission.

"All Soldiers from the youngest private that is pumping fuel, gathering parts, or turning wrenches in support of the mission gets to see and understand what it takes to support the war time mission," said Florence, Mo., native Command Sgt. Maj. James Johnson, 2-2nd AVN senior enlisted adviser.

Soldiers from E Co., 2-2nd AVN established a 10-point forward area refueling point on a runway for all helicopters involved in the assault. Pilots from 4th Aerial Reconnaissance Battalion (Attack), 2nd AVN flew AH-64 Apache helicopters, assisting Black Hawk pilots with overhead security and navigation to the landing zone.

"This type of training ensures that the ROK-U.S. alliance has faith in one another's ability to support and defend, should the armistice fail," said Johnson.

The 2-2nd AVN and other units in 2nd CAB conduct assault training various times throughout the year and at least biannually there are chances to conduct air assaults with other branches of the U.S. and ROK military.

PHOTO BY CHRISTOPHER BODIN

Pilots from 2nd Battalion (Assault), 2nd Aviation Regiment and 3rd General Support Aviation Battalion flew in more than 300 Republic of Korea and U.S. Marines on 25 UH-60 Black Hawk helicopters for an air assault last month on the multipurpose range complex.

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TOUR AMERICA TOURS

The National Gospel Quartet Convention
➡ Pigeon Forge, TN Sept. 21-25, 2014
Amish Tour Ohio, Pennsylvania
Hershey Chocolate-Gettysburg Battlefield, PA
➡ Oct. 23 / Nov. 1, 2014
Christmas Spectacular Nashville, TN. N.Y.
Radio City Rockettes - Fantasy In Ice
➡ Dec. 12-14, 2014 **For information :**
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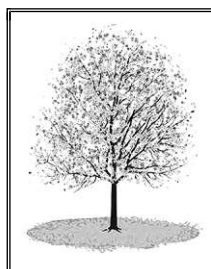

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Stage: Soldier tackles nerves to join Soldier Show

Continued from Page B1

members have bonded during the weeks of preparation, she said.

"I'm excited to be on the road with the friends I've made here," she said. "After only a week, we've become a Family. The 12- to 15-hour days we spend practicing our vocals and choreography have helped us all grow strong together as performers and Soldiers."

Sgt. Quentin Dorn, Army Entertainment production and stage manager, closely watched the team come together during the past few weeks. He has witnessed growth, he said, that has shown the team's ability to potentially put on the best production to date.

"There's something special about this group," said Dorn, an Albuquerque, N.M., native. "They've bonded extremely well together from the beginning and have fallen easily into their roles. It's amazing how well they work together to shine as one."

While mentoring and observing cast members, Dorn said, he has had a first-hand look at Polynice's improvements in both singing ability and confidence since her arrival at the installation.

"Specialist Polynice is doing great," he said. "She was a little shy when she first auditioned, but we've got her used to singing on stage. She now has the confidence needed to really shine."

Polynice said she is looking forward to showcasing her skills, one note and dance move at a time.

"It's been a blast, so far," she said. "I've learned a lot and am still learning every day. I look forward to performing for my fellow Soldiers, and I'm especially proud to represent my unit."

Jobs: Flight medic's love for job provides motivation to perform

Continued from Page B1

helicopter, which requires a constant visual of airspace during flights and landings.

Aside from her crew duties, Rodriguez must continuously train to maintain her medical certifications, which include basic life support, trauma life support, pediatric advanced life support, emergency medical services and advanced cardiovascular life support, to name a few. Rodriguez is required to re-certify annually and bi-annually, and in the end, it's all worth it to her.

"Coming to work every day is like a love affair. I enjoy my job and I enjoy training for my job," said Rodriguez. "When you love what you do, you strive to do it even better."

While she loves her job, Rodriguez says there are some parts of the job that are less desirable.

"The worst part of this job is the blood," said Rodriguez. "It doesn't bother me, but it does get messy and it gets everywhere, so there is a lot of cleanup involved."

Rodriguez also explained that treating children is also an emotionally difficult aspect that flight medics deal with.

As difficult as this job may sound, Rodriguez and her counterparts are very enthusiastic to carry out their mission with the only combat Aviation brigade on the peninsula.

If you see a yellow-striped UH-60 Black Hawk helicopter with the red cross symbol flying by, it just might be Rodriquez and her team of lifesavers.

PHOTO BY SGT. 1ST CLASS VINCENT ABRIL

Sgt. Lisa A. Rodriguez, a flight medic with C Company, 3rd General Support Aviation Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division, trains Pfc. Jeremy K. Williams, a UH-60 Black Hawk helicopter repairer, also assigned to the battalion, April 10 at Camp Humphreys, South Korea.

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SUPPORTING VETS
Chairman makes case for veterans support

Story on Page C3

MAY 1, 2014

SCHOOL EVENTS FOCUS ON STEM

Students design inventions to make their lives easier

By Sara E. Martin
Army Flier Staff Writer

Fort Rucker Elementary School is an institute that challenges the students to not only think outside the box, but also how to carry what they learn every day into the future.

As a Science, Technology, Engineering and Math school, FRES takes pride in charging into conducting experiments, finding innovative ways to educate its students and encouraging the children to be inventors, engineers and scientists, said FRES principal Vicki Gilmer.

"The students have been working on the engineering design process and have really enjoyed the hands-on approach to learning," she said. "So, to celebrate all their hard work, we held STEM Fest. Today is a celebration of all the thinking skills they developed this year."

STEM Fest was held Friday at the school where students were divided into six groups that rotated around six different learning stations. The learning stations included the invention convention, where a power truck from Pea River Electric Cooperative was on hand; a Zumba class station; a Google Doodle station; a hands-on station that included different activities, such as team cup stacking and building a zip line; a power safety class; and a star lab station.

But before the students began their trip across the school, Capt. Adam Samiof and CW3 Carl Miller, 1st Battalion, 13th Aviation Battalion, gave a demonstration of the RQ-11B Raven unmanned aircraft system.

"We came to talk about the Raven at the school because all unmanned aircraft systems envelope all STEM subjects. We want to show them that if STEM subjects

SEE STEM, PAGE C6

PHOTO BY SARA E. MARTIN

CW3 Carl Miller, B. Company, 1st Battalion, 13th Aviation Battalion, shows off the RQ-11B Raven to students at FRES as part of STEM Fest Friday.

PHOTO BY KELLY PATE

Lilly Peijic, 5, and her father, WO1 Jiktor Peijic, a flight school student, tackled problem-solving tasks together in building a beanstalk during Fort Rucker Primary School's first Family STEM (Science, Technology, Engineering and Math) Night April 24. Using fairy tales as the centerpiece, the event focused on concrete learning and involved an integrated approach that combines all primary school curricula together. The students collaborated to design projects, tested the results and then made corrections.

Bridal Show

Event helps couples plan perfect wedding

By Sara E. Martin
Army Flier Staff Writer

Fort Rucker is home to many unique activities and events for its Families to enjoy, such as Girl's Night Out, Lake Fest and Thunder on Tholocco.

But officials are always looking to expand the possibilities of services Fort Rucker offers. The latest addition to spring up is the first-ever Fort Rucker Bridal Show scheduled for Sunday at The Landing's ballroom from 1-4:30 p.m.

"Everyone dreams of the perfect wedding, but planning one can be stressful. That's why I'm so excited about the Fort Rucker Bridal Show," said Janice Erdlitz, Directorate of Family, Morale, Welfare and Recreation marketing director. "Whether you are engaged, planning on getting engaged or just wishful, the show is going to be amazing."

Tickets are $5 a person today and tomorrow, and $8 at the door. There will be prizes and giveaways, and samples of wedding cakes, adult beverages and catered cuisine.

Attendees will also have the chance to speak with wedding professionals and see the latest bridal fashion trends and floral designs, said James Weaver, Five Star Catering installation sales manager.

"The Landing decided to host the bridal show to gain more exposure for DFMWR facilities as possible wedding venues or for potential off-site catering opportunities," he said. "So many people do not know what we can offer them."

Five Star Catering offers a wide range of services for future brides, continued Weaver. It can almost be a one-stop shop.

"We can provide several different menu options from sit-down plated meals to buffet-style meals, rental space for wedding receptions and ceremonies, and other rental items such as linens, dance floor and centerpieces."

There will be a full display of a wedding ceremony and wedding reception to showcase The Landing's ability to host any size wedding. There will also be a fashion show from three different wedding shops, samples of food, and a chance to see what various services or products are offered by surrounding businesses in the Wiregrass area, he said.

"We hope this is a fun, informational day to help start the initial (wedding) planning or to give some new, fresh ideas to enhance (couples') special day," he said. "This show is an opportunity to see what services Fort Rucker has to offer, and is a chance for people to (speak) one-on-one with vendors to customize their perfect wedding day."

There will be more than 30 vendors at the event, all specializing in different wedding aspects, including: photography, disc jockey services, rental items, floral , venues, bridal boutiques, jewelry, hotels and lodging, catering services, bakeries, health and beauty, event coordination, and more.

Getting to speak with local wedding professionals and seeing what Five Star Catering and The Landing have to offer isn't the only reason why soon-to-be-brides and grooms should want to attend.

"We will be giving away a Sandals honeymoon package at (the show). This package allows the winning couple to customize their romantic getaway to create the ultimate honeymoon experience," said Weaver. "This will include a choice from all Sandals Resort locations with no blackout dates. The package is for room, amenities and excursions."

Those excursions include, but are not limited to, couples' massages, dinners on the beach, butler service and other upgrades.

Just because a wedding might not be in the future, officials encourage everyone to attend, even if it's just to fantasize.

"Even if you're not planning a wedding, it's still a fun event," said Erdlitz. "Is there really anything better than sampling wedding cake? But my favorite might be seeing all the wedding gowns during the fashion show. I plan on bringing a couple of my best friends and play bride-for-the-day."

And for those who are in the beginning stages of planning or those whose date is slowly approaching, the marketing director assures that the show will help with the stress of planning, and will offer inspiration as well as a wealth of information to couples.

"We have the top professionals in the business coming to the show," she said. "It would have been so helpful if I could have gone to a bridal show like this one with all the resources in one place. So take advantage!"

On Post

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

PHOTO BY NATHAN PFAU

Disc golf tournament

The Fort Rucker Physical Fitness Center will host its second annual disc golf tournament May 10 from 10 a.m. to 2 p.m. Pre-registration costs $12 until May 3 and costs $15 afterwards. T-shirts will be available while supplies last. Trophies will be awarded in various categories. For more information or to register, call 255-2296.

SPLASH opens

SPLASH Park, located behind The Landing, will open up again Saturday for swim season. Hours of operation will be weekends only from 11 a.m. to 5:30 p.m. between Saturday-May 25, and Wednesdays-Mondays from 11 a.m. to 5:30 p.m. between May 26-Aug. 3, and closed Tuesdays. SPLASH will also be open Aug. 9-Sept. 1 on weekends and holidays from 11 a.m. to 5:30 p.m. SPLASH is open to the public. Season passes will be available to purchase at leisure travel services, both fitness centers and SPLASH.

For more information, call 255-2296.

Fort Rucker Bridal Show

The Fort Rucker Bridal Show is scheduled for Sunday from 1-4:30 p.m. at The Landing. Wedding professionals will be on site to help people plan all aspects of their dream wedding, and help people explore creative ideas on everything from caterers and rings to memorable honeymoons. The event will feature the latest bridal fashion trends and floral designs, and samples of wedding cakes and catered cuisine. The event is designed for the whole Family with doors prizes, food, and a fashion show that includes bridal, destination wear, Mother of the Bride and more. Tickets are $8 per person. The event is open to the public.

For more information, call 598-2426 or visit www.ftruckermwr.com.

Employment Readiness Class

Army Community Service is giving people the chance to build and enhance their careers at one of the Fort Rucker's Employment Readiness Program Orientation Sessions, held monthly in the Soldier Service Center, Bldg. 5700, Rm. 371A. In May, the sessions will take place today, May 15 and 29. People will first meet in Rm. 350 for paperwork and attendance prior to going to Rm. 371A. People can sign up to learn essentials about the program and receive helpful job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, including times, or to register, call 255-2594.

Financial readiness training

Army Community Service will host financial readiness training Friday from 7:20 a.m. to 4:15 p.m. at the Soldier Service Center, Bldg. 5700, in Rm. 284. Personal financial readiness training provides a practical approach to help Soldiers manage their money more effectively. The training is required for all first-term junior enlisted Soldiers (E-1 through E-4). Spouses are welcome to attend.

For more information, call 255-9631 or 255-2594.

Mother's Day crafts

The Center Library will host a Mother's Day craft activity Tuesday from 3:30-4:30 p.m. Light refreshments will be served. The event is open to children ages 3-11. Space is limited to the first 65 children to register.

For more information and to register, stop by the library or call 255-3885.

Fort Rucker Health Expo

The Fort Rucker Health and Fitness Expo is scheduled for May 8 from 11a.m. to 3p.m. at the Fort Rucker Physical Fitness Center. The event will show people what types of health options are offered on post and in the surrounding area, and business and organizations will provide information on health-related topics to improve people's wellbeing. The event is open to the public and is designed for men and women.

For more information, call 598-5311.

Military Spouses Day Specials

Various Directorate of Family, Morale, Welfare and Recreation facilities will offer specials during Military Spouse Day May 9.

- The Landing Zone – The Landing Zone will offer half off of an entree -- spouses must present their dependent military ID. For more information, call 598-8025.
- Rucker Lanes – Spouses can bring their better half out to Rucker Lanes and enjoy a two-for-one Lunch n' Bowl. Many food options will also be available. The offer includes two games of bowling, shoe rental, fountain drink and food selection. For more information, call 255-9503.
- Divots – Divots at Silver Wings Golf Course offers spouses half off their lunch during normal lunch hours. Spouses are required to present their dependent military ID to claim this offer. For more information, call 598-2449.
- The Coffee Zone (The Landing Zone location only) – Spouses can show their dependent military ID and receive half off the purchase of any specialty beverage, tea or coffee. For more information, call 598-8025.
- Army Community Service (The Commons, Bldg. 8950) –ACS is invites all spouses to The Commons from 10 a.m. to noon to be treated to door prizes, sample massages, a cooking display by 5-Star Catering and more. For more information, call 255-2382.
- Fortenberry-Colton Physical Fitness Center – All fitness classes at the Fortenberry-Colton PFC will be free of charge to all military spouses. For more information, call 255-3794.

Comedy Live at Rucker

People are welcome to enjoy a night of laughs and jokes at Comedy Live at Rucker May 9 from 8–10 p.m. in The Landing ballroom. Bob Place will be the emcee comedian, Dan Weeks will be the opening act and Steve Hofstetter will be the headlining act. Cost for regular advance tickets is $12 by May 8 and $16 afterwards. Cost for a VIP table (seats 10 people) is $150 and guarantees a seat close to the stage. Tickets are available in the catering office in The Landing. The event is open to the public for ages 18 and older.

For more information, call 255-9810.

DFMWR Spotlight

FORT RUCKER Movie Schedule for May 1 - 4

Thursday, May 1	Friday, May 2	Saturday, May 3	Sunday, May 4
300: Rise of an Empire (R) ....7 p.m.	The Amazing Spider Man 2 (PG-13) ....7 & 10 p.m.	The Amazing Spider Man 2 (PG-13) ....7 & 10 p.m.	The Amazing Spider Man 2 (PG-13) ....2 p.m.

TICKETS ARE $6 FOR ADULTS AND $5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. FOR MORE INFORMATION, CALL 255-2408.

SUPPORTING VETS

JCS chairman makes case for veterans support

By Jim Garamone
American Forces Press Service

PHOTOS BY D. MYLES CULLEN

Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, and his wife, Deanie, join service members and their spouses for lunch near the Center for the Intrepid on Fort Sam Houston, Texas, Friday.

WASHINGTON – The chairman of the Joint Chiefs of Staff praised the members of the Dallas-based America's Future organization for their efforts on behalf of veterans, but said such efforts must continue.

Groups like America's Future will help define how the nation looks at its veterans, Army Gen. Martin E. Dempsey said April 24 during a speech to the group in Dallas.

"What image will this generation's veterans have?" the chairman asked. "The veterans themselves have less to say about who they are and how they will be remembered than you do, frankly."

Dempsey spoke about the images he has had of veterans from World War II and Korea, Vietnam and Desert Storm.

"Now we have the veterans of 12 years of conflict in an all-volunteer force, and how they will be remembered by history will be largely shaped by if America's people and businesses and communities either embrace them or convince them that their service was valued or was not," he said.

Dempsey brought up a lesson from history. Yesterday was the 77th anniversary of the German-Italian bombing of the Spanish village of Guernica.

"The idea was they were working on advancing this new technology related to aerial warfare," he said. "And the big idea on the part of the Axis was they would make resistance so outrageous, so costly to the Spanish, that they would just capitulate."

It didn't work that way, the chairman said, and Pablo Picasso captured it in the famous painting, "Guernica".

"Seventy-seven years later, technology keeps charging on and we learn to adapt with it," Dempsey said. "But we can't ever forget that what really matters in warfare are our young men and women who choose to serve, and put themselves in harm's way."

The chairman used a photo to make this point. He showed a shot from Afghanistan where a young squad leader is on the radio and on the left is a rifleman protecting him. He's obviously calling for something – aerial support, indirect fire, medical evacuation, guidance.

"Whatever it is he's asking for, he is going to get," Dempsey said. "That's what sets us apart from any other military in the world. That's a bond of trust we have with these kids, that when we put them in that position, that whatever they need, they'll get."

The chairman noted the Soldier is also wearing a wedding ring. This bond of trust goes all the way from the front edge of the battlefield to communities and cities across the United States. "That is a bond of trust, without which this all-volunteer force would not hold together," he said.

The bond of trust has to continue when service members and their Families come home as well, the chairman said. "When they come home, there is a sense of trust – not a sense of entitlement. It's not about them feeling entitled. They don't want a handout, they want a handshake. They just want a chance."

What communities like Dallas do to give these men and women that chance really is important, Dempsey said.

The chairman discussed the U.S. military in transition. The military is going through a transition after 12 years of war, Dempsey noted.

"This doesn't mean all conflict will magically cease, but we will have to rebalance to meet some enduring challenges and new challenges," he said. "We have to rekindle some skills that we've lost over the past 12 years."

And it must be done at a time of fiscal austerity, he added.

"We will manage our way through this, but the sooner we have some certainty, the sooner we gain some flexibility in the way we apply our budget, and the more time we are given to manage these changes then the better off we will be," he said. "As we go through this, we will continue to earn and re-earn your confidence, and the confidence of the American people."

Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, and his wife, Deanie, talk with Gregg Popovich, the San Antonio Spurs head coach, at the airport in San Antonio, Texas, Friday.

The bottom line for all Americans is to make the sacrifices these young men and women have made worth their blood, sweat and tears, the chairman said.

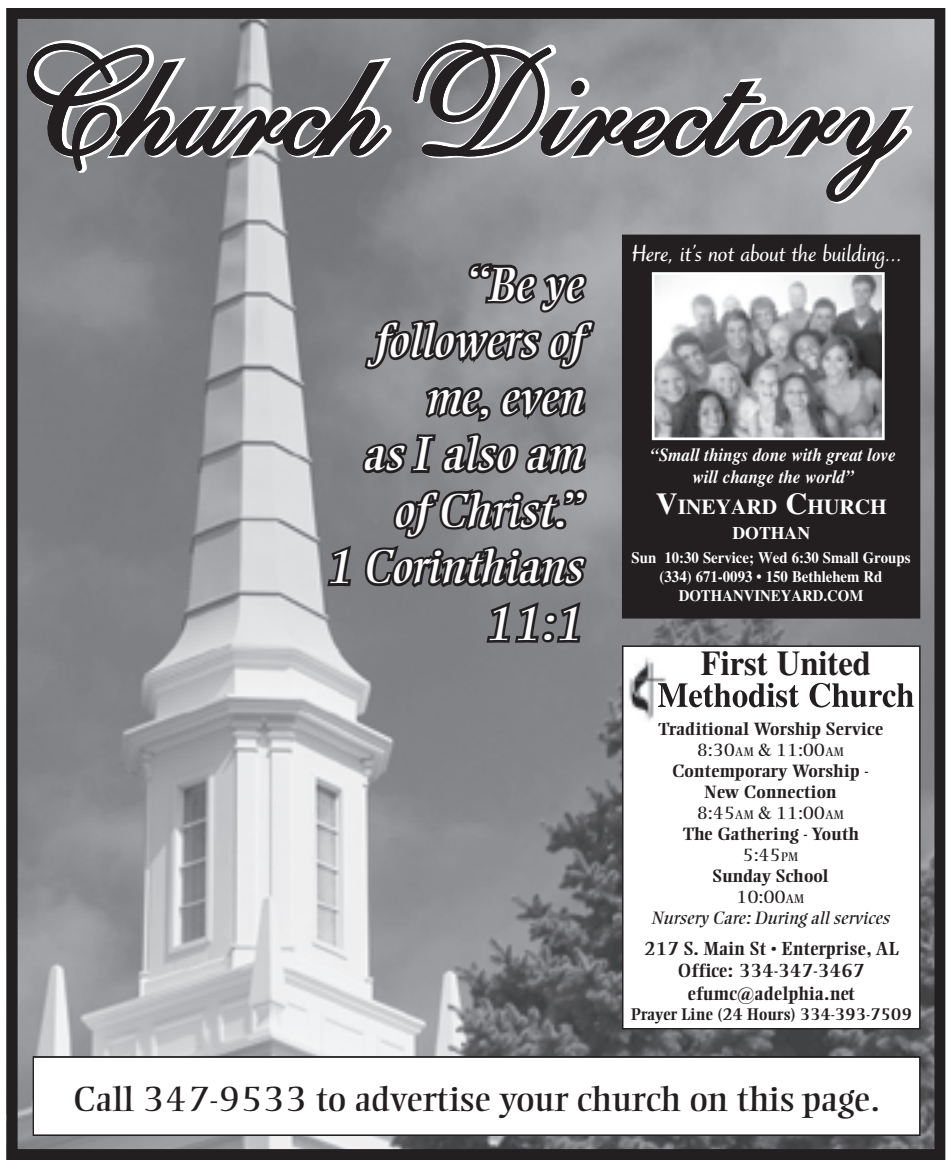
Dempsey told the audience that he has a box in his Pentagon office with the words, "Make It Matter," engraved on top. It contains the names and biographies of all those killed while under his command.

"We have an obligation to make the sacrifices of these young men and women who have fallen, but also those who have served, those who are suffering from wounds both physical and emotional – we have a genuine obligation to make their sacrifices matter," he said. "And one of the ways we make their sacrifices matter is by taking this task on board: the task of helping their teammates."

Dempsey spoke of visiting Brook Medical Center in San Antonio recently. There have been 1,645 amputees since the wars began in 2001. In previous wars, they would most likely have died. With medical advances 500 of them have returned to active duty, and 60 have gone back into combat.

"But there are more service members who have limbs so badly damaged that they contemplated having an amputation," the chairman said. Enter a public-private partnership. The joint venture developed a brace that allows these men and women to carry the weight and eliminates much of the pain.

"What it says to me, is we've got to keep learning," he said.



Paddle Jam organizers aim to set new world record

Become a part of history May 17 as Franklin County Tourist Development Council attempts to assemble the largest gathering of kayaks in history at the confluence of the Apalachicola River and the Apalachicola Bay in Florida.

During Forgotten Coast Paddle Jam 2014, which takes place May 16-18, event organizers will attempt to set a new Guinness Book World Record for the largest floating gathering of kayaks.

The current Guinness World Record was set September 24, 2011, when 1,902 kayaks and canoes assembled on Fourth Lake in Inlet, N.Y. On May 17, FCTDC will attempt to set a World Record on the Apalachicola River aiming to involve "raft up" more than 2,100 kayaks.

The event will take place at the confluence of the Apalachicola River and the Apalachicola Bay (100 yards north of the Apalachicola Bridge toward the junction of Scipio Creek and Apalachicola River.) Put-in locations will be spaced out at public landing and private marinas along the Apalachicola River. More than 2,100 kayaks will gather and be linked by boaters arm-in-arm or paddle-to-paddle and assembled for 30 seconds.

Paddle Jam is a festival celebrating the Forgotten Coast through paddle sports, music and food. Paddle Jam is a "fluid festival" with events happening at various locations in Apalachicola and St. George Island.

Paddle Jam will also showcase live, local music and local food.

Visitors can also attend lectures, visit local museums and parks, shop with the local vendors and stroll the historic district. Paddle Jam offers something for everyone and is for people who are passionate about life on the Forgotten Coast.

For more information, visit www.

WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

MAY 10 — The Daleville Department of Public Safety's reserve officer program hosts an Alabama Police Week shooting championship at Tri-State Gun Club. Competition is open to police officers, military service members and private citizens. Proceeds benefit the Concerns of Police Survivors charity and local reserve officers. Competitors will be treated to a catered barbeque lunch and prizes that include plaques, flashlights, police gear and weapons. For more information, call (910) 723-3295 or visit www.osagecombatives.com/shootingchampionship.

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served on Sundays and games and TVs are available for entertainment. Open to all. Post can host parties, weddings, hails and farewells. For more information, call 598-6211, 598-1297 or 598-6211/379-9187.

DOTHAN

MAY 3 — Landmark Park will host its Touch A Truck event for children from 10 a.m. to 1 p.m. Children of all ages will have a chance to see more than 50 vehicles, including a race car, street sweeper, mail truck and more. Admission is $5 for children and $7 for adults, and free for members. Refreshments will be available. For more information, call 794-3452.

ONGOING –Ballroom dancing lessons will be offered every Tuesday night at 6:30 p.m. at the Cultural Arts Center. Lessons will teach the Fox Trot, East Coast Swing, Rumba and Waltz. The cost will be $2 per person per night. For more information, call 791-9407.

ONGOING — The Tri-States Coin Club meets the third Monday night of each month at 7 p.m. in the back room of Interco Coins located at 2314 Ross Clark Circle. Described as fun for all ages, event begins with a short meeting followed by a coin auction. For more information, call 393-2376.

ONGOING — People are invited to play ultimate flying disc with the Dothan Ultimate Discers on Optimist Field on Thursdays at 7 p.m. and Sundays at 2 p.m. Described as co-ed fun for everyone from age 10 to 100 with no prior experience required. For more information, call 615-3760.

ONGOING — The Wiregrass Museum of Art hosts "First Saturday Family Day" the first Saturday of every month at 10:30 a.m. The event is recommended for elementary school aged children. For more information, visit wiregrassmuseum.com or call 794-3871.

ONGOING— Landmark Park has a reptile feeding at 4 p.m. every second Sunday of each month. Children and adults can learn why these animals are important to the environment. The program is free with paid gate admission. For more information, call 794-3452 or visit www.landmarkpark.com.

ONGOING — Wiregrass Suicide Prevention Services holds bi-monthly suicide survivor support groups the second and fourth Monday at 6 p.m. at 148 E. Main Street. The support groups are for anyone who has lost a friend or loved one to suicide. Children's groups are also available. For more information, call 792-9814.

ONGOING — The Tri-State Community Orchestra rehearses every Thursday evening from 6-8 p.m. at the Dothan Cultural Arts Center. They welcome all string, brass, woodwind, and percussion players ages 16 and up. For more information, visit www.tristatecommunityorchestra.com or call 585-4903.

ENTERPRISE

MAY 3 — The Enterprise Parks and Recreation Department will host the 16th annual Children's Festival in the Park at the Enterprise Recreational Complex at 2 p.m. Event features fireworks, food vendors, face painting, train rides, inflatables and live music. The event is free for everyone. For more information, visit www.enterprisealabama.com.

MAY 9 — Enterprise High School will hold a naturalization ceremony at 10 a.m. at the school's performing arts center. People are asked to be a part of American history and witness approximately 25 people become American citizens. It is the first ever ceremony in the country conducted outside of a courtroom. For more information, visit www.enterprisealabama.com.

MAY 10 — The Enterprise Lions Club hosts the annual Boll Weevil 100 Bike Ride and 10K Run through the hills of Coffee County. The Boll Weevil 100 is broken into four rides; a 7-mile Fun Ride, a 25-mile, a Century (100K), and a challenging 100-mile ride. The running events include a 10K run and a 3K, fun walk or run that will start immediately after the bikers depart. Registration is May 9th from 4-8p.m. at the First United Methodist Church Family Life Center and May 10 from 5-7 a.m. There will be a complimentary breakfast available during registration Saturday. Refreshments will be provided and showers are also available. For more information, visit www.enterpriselionsclub.com/boll-weevil-100/information.

ONGOING — The American Legion Post 73 meets at the American Legion/Doer's Shrine Club building at 200 Gibson Street on the fourth Saturday of each month, beginning at 8 a.m. The building is across the street from the Lee Street Baptist Church. For more information, call post commander Jerry Goodson at 347-5961 or 447-8507.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post membership meetings are at the post headquarters, on County Road 537, every third Tuesday of the month at 7 p.m. For more information, call Connie Hudson at 406-3077, Randy Black at 393-6499 or Bob Cooper 347-7076, or visit the VFW Post 6683 on Facebook.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank.

For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to Town Hall meetings the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

ONGOING — Disabled American Veterans Chapter No. 99 maintains a DAV service office in the New Brockton Police station every Tuesday and Wednesday from 10 a.m. to noon. All veteran services provided are free. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an assessment test prior to attending class. Call 894-2350 for more information.

OZARK

ONGOING — The Ann Rudd Art Center is offering free art lessons for children ages 5 and over. The Young Student class is held Saturdays from 10 a.m. to noon, and the Adult/Teen Class from 12:30-3 p.m. Slots are on a first come, first served basis. For more information, call 774-7922.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church.

For more information, call 983-3064.

SAMSON

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex.

The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s, finger foods, and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

MAY 3 — The Henry County Horse and Saddle Club hosts the 13th annual Children's of Alabama Trail Ride. The ride begins at 1:30 p.m. with cook out and door prizes to follow near Henry County Road #53 south of Abbeville. Riders and non riders asked to attend. Horses must be vaccinated for Coggins. Admission is $15 for riders and $5 for non riders. For more information, call 790-7179.

Beyond Briefs

Friday Fest

Friday Fest in downtown Panama City is Bay County's largest street festival with more than 200 show cars, 50 vendors and live bands— filling up six blocks of Harrison Avenue on the first Friday of each month from 6-10 p.m. Local shops and restaurants stay open late.

Swamp Tour

Georgia State Parks and Historic Sites hosts a tour of historic Billy's Island in the Okefenokee Swamp in Fargo, Ga., 10 a.m. to noon until May 31. This island was home to Native Americans, pioneers, and lumbermen for thousands of years and participants will take a boat out to the island and hike a trail to view some of the relics left from times past. Tickets are $15-$20 with a $5 parking fee. For more information, call (912) 637-5274.

Motorcycle Rally

Known as "The Most Biker Friendly free Rally in the United States," the Thunder Beach Motorcycle Rally is held twice yearly in Panama City Beach April 30 through May 4 and Oct. 1-5. Bikers from around the country can enjoy scenic rides along the Emerald Coast, live entertainment and local cuisine. For more information, visit www.thunderbeachproductions.com.

Crawfish Festival

The 29th annual Pensacola Crawfish Festival will take place May 3-5. People can experience one of the largest crawfish boils in Florida at the event boasting fresh, spicy crawfish, authentic bayou country entertainment and arts and crafts tents featuring local and regional artists. For more information, visit fiestaoffiveflags.org.

Flimp Festival

The Montgomery Museum of Fine Art's annual celebration of imagination, creativity and good humor, The Flimp Festival, will be held May 2-3 at the Blount Cultural Park in Montgomery. There will be fun for all ages all day long, including live music and entertainment, treasure hunts, pet parades, dozens of arts and crafts activities, professional art demonstrations, face painting and food and art vendors.

Admission is $5 for adults, $3 for children and free to museum members and active-duty military and their Families. The chalk art competition in the museum's parking lot will be May 2 from 8 a.m. to 6 p.m., and continues on Saturday from 8-10 a.m. The mixed media Chalk Block Party will be held May 2 from 5-7 p.m. at the park. Admission is free. The party will include light appetizers with live music. For more information, visit www.mmfa.org/visit/flimp-festival.

Career opportunities

White House launches 1-stop shopping for vets seeking jobs

By Terri Moon Cronk
American Forces Press Service

WASHINGTON – First Lady Michelle Obama and Dr. Jill Biden, wife of Vice President Joe Biden, launched the Veterans Employment Center April 23, the first online one-stop shopping tool for veterans, transitioning service members and spouses in search of employment.

The announcement was made at a third-anniversary celebration for their Joining Forces initiative at Fort Campbell, Ky.

Joining Forces mobilizes all sectors of American society to support service members, veterans and their Families.

The Veterans Employment Center is designed to connect veterans and transitioning service members with employers and help translate military skills into the public- and private-sector civilian workforce.

"Our service members haven't always had the time or information they needed to prepare their resumes, to plot their career goals, to meet with employers and get the jobs they deserve. And that's simply not acceptable," the first lady said. "As my husband has said, when you've fought for this country around the world, you shouldn't have to fight for a job when you return home.

"Starting today," she continued, "every single service member, every veteran, and every military Family will have access to a new online tool that will revolutionize how you find jobs in both the public and private sectors."

The online tool is available at http://ebenefits.va.gov.

"Our service members transitioning to civilian life, as well as their spouses, deserve the resources they need to be successful," Defense Secretary Chuck Hagel said in a White House news release. "Through this effort, they are getting that help. Our troops and their spouses are proven leaders, highly skilled and hard working. Employers hiring them are getting the best this nation has to offer."

The center is the result of an interagency effort to improve, simplify and consolidate the existing array of employment resources for veterans, officials said. It also will provide a single, comprehensive database of resumes for employers who seek to leverage the skills and talents of veterans, service members and their spouses.

The new online resource is the first interagency tool to bring together a wealth of public and private job opportunities, a resume-builder, military skills translator, and detailed career and training resources.

In connection with Joining Forces, DOD and the departments of Veterans Affairs, Labor and Education and the Office of Personnel Management worked with employers to design and develop the site and incorporate features of existing online employment tools within government.

"Veterans deserve an authoritative source for connecting with employers," said VA Secretary Eric K. Shinseki. "The online Veterans Employment Center is the single, federal source for veterans looking for new career opportunities, service members transitioning to the civilian workforce, and spouses and beneficiaries looking to connect with job opportunities."

With this tool, employers will be able to search and view veteran, service member and spouse resumes in one location.

Resumes are visible to all employers with an active LinkedIn or Google profile. To prevent spam, applicants' names and email addresses are redacted, and are visible only to employers verified by VA as registered companies with the IRS. The site also is built using open data and an open application programming interface to attract private-sector innovation.

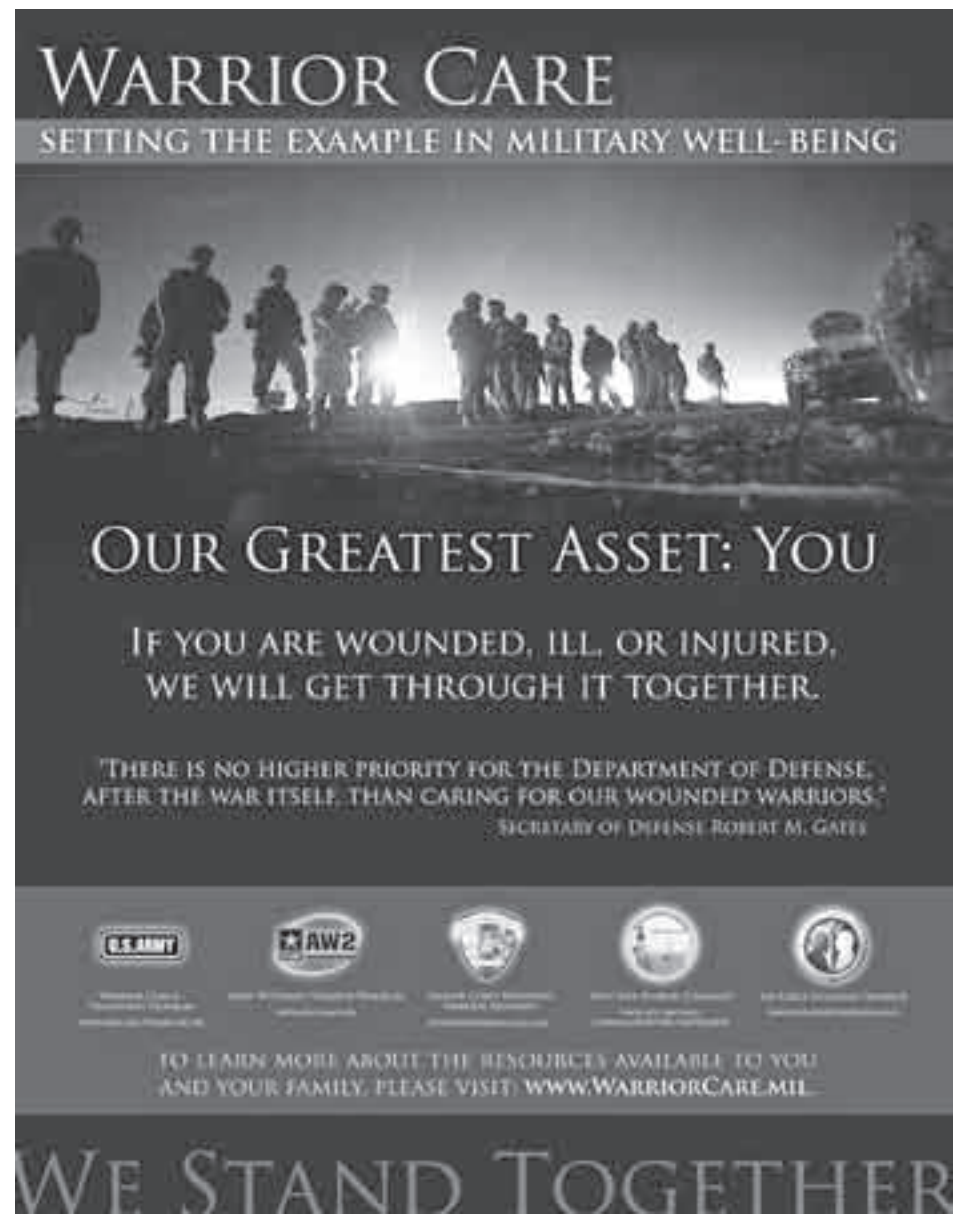
"Improving veterans' employment is an all-hands-on-deck enterprise," Secretary of Labor Thomas Perez said. More than 1 million service members projected to leave the military in the coming years.

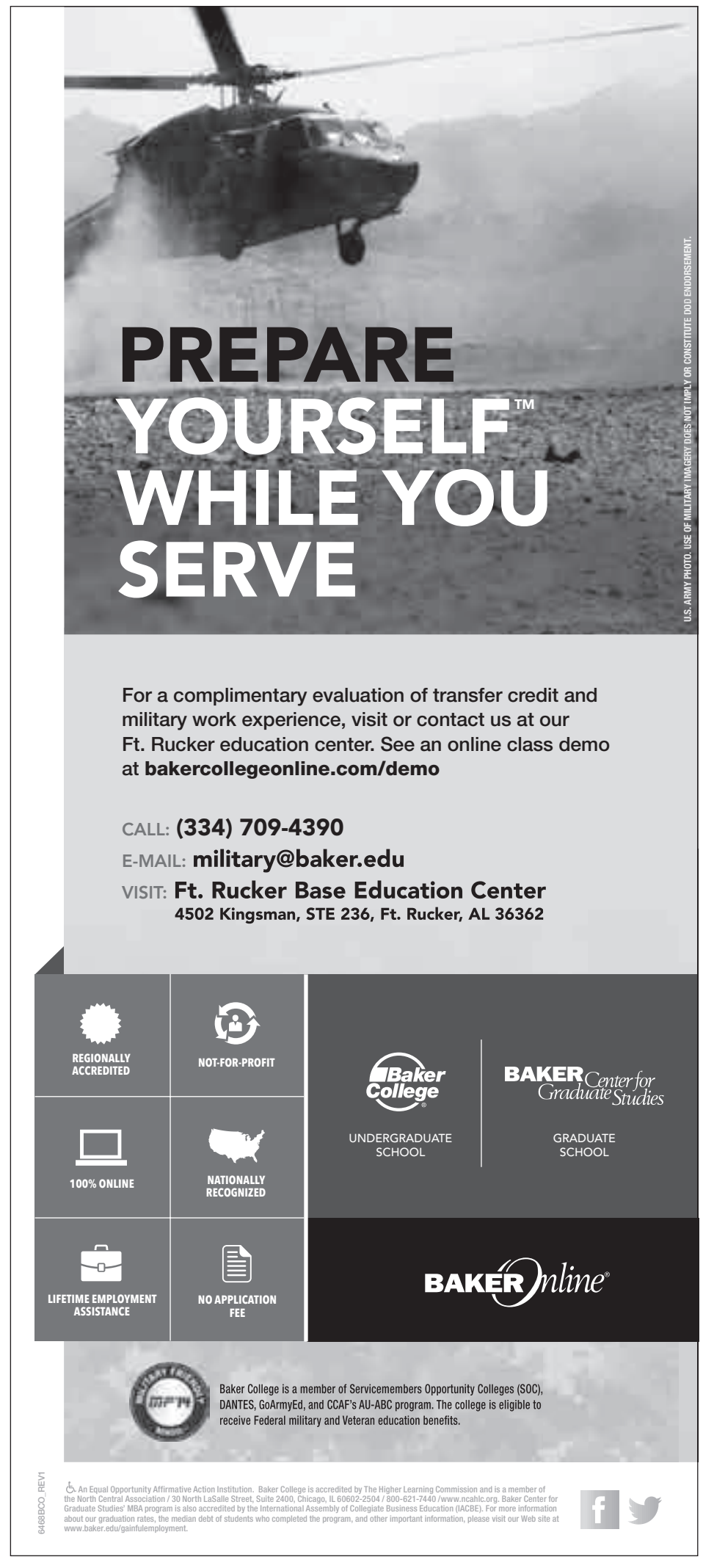
"OPM's USAJobs program is excited to be partnering with the VA on making this a robust tool for our nation's veterans and transitioning service members seeking federal employment," said Office of Personnel Management Director Katherine Archuleta.

"It has been more than four years since President Obama established the Veterans Employment Initiative and, in that time, the executive branch hired the highest percentage of military veterans in more than 20 years – of the 195,000 new employees hired in [fiscal year] 2012, approximately 56,000 were veterans, equaling 28.9 percent of total hires," she added.

"We can continue to honor and show our appreciation for the dedicated and heroic service of America's veterans by ensuring that they have every opportunity to continue their service to this great nation as federal civilian employees," Archuleta said. "The Veterans Employment Center helps us honor these men and women by making employment opportunities available when our servicemen and women lay down their uniforms."

At today's Fort Campbell event, Biden noted the success of the Military Spouse Employment Partnership, which began in June 2011 with fewer than 60 companies. Today, she said, the partnership has 228 partner employers, more than 1.8 million jobs posted on the MSEP Career Portal and more than 60,000 military spouse hires to its credit.





Tips to quit tobacco

Use the 5 Ds to help with urges

- **Deep** breathing — Take slow deep breaths to feel relaxed and in control.
- **Drink** water — Drink at least 8 glasses of water a day to flush out nicotine from your system.
- **Do** something else to keep busy.
- **Discuss** your urge with a friend or family member.
- **Delay** — Don't reach for tobacco right away. The urge to smoke passes in 3 to 5 minutes whether a person smokes or not.

Get your NEWS FEATURES SPORTS every Thursday in the Army Flier

Strollers On Parade

PHOTO BY SARA E. MARTIN

More than 15 Families walked together for Army Community Service's Baby Stroller Parade and Decorating Contest Monday morning down Seventh Avenue. The event was held in honor of April being Child Abuse Prevention Month.

STEM: Students take part in diverse learning experience

Continued from Page C1

interest them, then one day they can maybe work with UAS," said Samiof. "We talked about futuristic avionics and what future airplanes might look like. They might not realize that they themselves might be the developers of new technology for helicopters, airplanes and UAS."

Miller believes that children have many ideas that are amazing to consider as an adult.

"Their minds work much differently than when we were growing up," he said. "It is a lot easier for them to think outside the box, because for them, they don't even know what the box is!"

Haylie Rankin said that her favorite subject is art, but that she appreciated science because it helps create new ways for her to express herself.

"I love art because I can show my emotions on a piece of paper. Art is amazing, but I have to have tools to paint and draw with," she said. "I can't make art without brushes and paint and crayons, and someone used science to make the things I need to make art."

STEM Fest was the culminating event after a long week of field trips and guest speakers.

"We had representatives from Farley Nuclear Plant come and speak with the children, we visited U.S. Army Aeromedical Research Laboratory, we visited the Army Aviation Museum and did a scavenger hunt for inventions past and present, and we visited Lyster Army Health Clinic where we learned about medical inventions, tools and even diseases," said the principal.

The entire school also participated in an invention project for several weeks where students were given the task to solve a problem in their daily lives. All 417 inventions were on display during STEM Fest.

"We wanted them to think on what they could do to make their lives easier," said Gilmer. "The children's imaginations are so broad. Their inventions were amazing. We wanted to steer away from the science project this time and have them focus on a thinking project."

Some of the inventions were massaging backpacks, gloves that have hooks on them for maximum grocery carrying capacity, and water bottle identification caps.

This is the first time STEM Fest was held, but Gilmer has high hopes for the future.

"When the children see their inventions displayed and see how they can alter future technology, it gets them excited," she said. "When they see something they have learned in a book applied to something they can see and touch, it helps them make the connection. What they imagine today, might be something they patent in 10 years."

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Building 109
8:00 a.m. Multi-Cultural Worship Service

Main Post Chapel, Building 8940
9:00 a.m. Catholic Mass Sunday
11:00 a.m. Traditional Worship Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4:00 p.m. Catholic Confessions Saturday
5:00 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036
08:00 a.m. Latter-Day Saints Worship Service
9:30 a.m. Protestant Sunday School
10:45 a.m. Wings Contemporary Worship Protestant Service
1:00 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939
10:45 a.m. CCD (except during summer months).

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CONGRATULATIONS Cole Hewett
We are so proud of you!
Love, Your Family
EMMANUEL CHRISTIAN

FIRST AID
Army first-aid kits include new eye shield
Story on Page D3

MAY 1, 2014

FUN IN THE SUN

PHOTO BY SARA E. MARTIN

Nathan Sweasy and Nathan Thorman, Army Family members, race down an inflated slip and slide Saturday afternoon during Thunder on Tholocco.

HOLE-IN-ONE

Tournament tees up funds for 'good cause'

By Sara E. Martin
Army Flier Staff Writer

More than 75 people teed off together Friday for the 24th annual Army Aviation Center Federal Credit Union Golf Tournament to benefit Army Emergency Relief.

Soldiers and civilians alike showed their support for the program, many of whom enjoyed the company just as much as the cause.

"This is such a good cause, I always like to play it with a group of friends. This program really serves our Soldiers and their Families, and me and my husband always do what we can to support them," said tournament player Kris Laster. "I love the course, as well. It's a great practice facility because it is a good challenge."

Col. Stuart J. McRae, garrison commander, kicked-off the tournament by encouraging participants to get the word out to others about the benefits of AER.

"Last year, this tournament raised around $15,000, and we hope to match that this year. Last year we gave out $408,000 in loans, grants and scholarships to local Families," he said. "We need everyone's support to make sure this year's campaign is a success. You guys can take pride knowing this is going to a good, local cause."

Fort Rucker gives out more money to Soldiers than it gives in to the program, said Command Sgt. Maj. Buford E. Noland, garrison command sergeant major.

> "We need everyone's support to make sure this year's campaign is a success"
>
> — COL. STUART J. MCRAE
> GARRISON COMMANDER

"Just a few weeks ago, I got a call from a sergeant major in Korea. He told me that one of our Soldiers had just moved to his new unit in Korea. Well, he had planned on retiring in June before he left, so he and his wife bought a local 100-year-old farm house and that was going to be their retirement place when he returned from Korea," he said. "Well, just a few weeks ago that house burned to the ground.

"The wife and children were left with nothing," he continued. "But we have been able to help with the assistance of AER. The Family is now set up with temporary quarters, and has food vouchers and a grant to help set them up for success."

Each year, the tournament raises around $15,000, which Lisa Hales, AACFCU vice president of marketing, said is 100 percent of the proceeds.

"We are a credit union that started in 1966 with seven Soldiers from Fort Rucker. So, it has always been very important to us to support Fort Rucker in any way we can," she said.

Every year the sponsor offers the chance for participants to win a new car. This year the hole was Red No. 8. In the entire 24 years, only one person has ever won the car. There was no winner this year, either.

"The golfers that come out always have a great time. The camaraderie between everyone during the lunch afterwards is good to see," said Hales. "It's obvious that everyone has a good time together and supports each other, even though it is a competition."

The team consisting of Sam Patton, Jerry Parris, Bill Conner and Pat Kelly won first place for gross score. The team consisting of Steve Hayden, Mike O`Conner, Dan Rawlings and Joe Loscheider won first place for net score.

PHOTO BY SARA E. MARTIN

Tournament player Kris Laster putts Friday during a golf tournament benefiting AER.

Ergonomics meets munitions – keeping workers safe

PHOTO BY TRICIA SALZAR

Employees in the Anniston Munition Center, Ala., administrative area are constantly looking up at monitors. USAPHC ergonomists recommended that employees have sit-stand work stations to vary their positions during the work day.

By Jane Gervasoni
U.S. Army Public Health Command

A quality work environment is a collaborative effort to keep workers safe and healthy. In a facility like the Anniston Munitions Center, Ala., many factors influence the work environment and can be modified to improve worker wellbeing.

U.S. Army Public Health Command ergonomists went to Anniston in January to survey facilities, evaluate work processes, and provide training to local industrial hygienists and safety personnel – all to help enhance the working environment at the facility.

By looking at the tools; physical activities, such as bending or lifting that affect the body; and environmental factors such as noise and lighting that might affect hearing, vision or comfort, ergonomists can suggest modifications that enhance worker health.

While John Pentikis, USAPHC Army Institute of Public Health ergonomist and team leader, taught ergonomics principles to the industrial hygienists and safety office personnel, ergonomists Kevin Purcell, AIPH, and Tricia Salzar, Public Health Command Region-South, assessed industrial and administrative areas around the munitions center.

"These types of missions help installation personnel learn the ergonomic principles needed to run their own basic program at the installation level," explained Pentikis. "By combining assessments with training, the installation gets a chance to see how we (ergonomists) go through a facility reviewing processes and determining areas of concern."

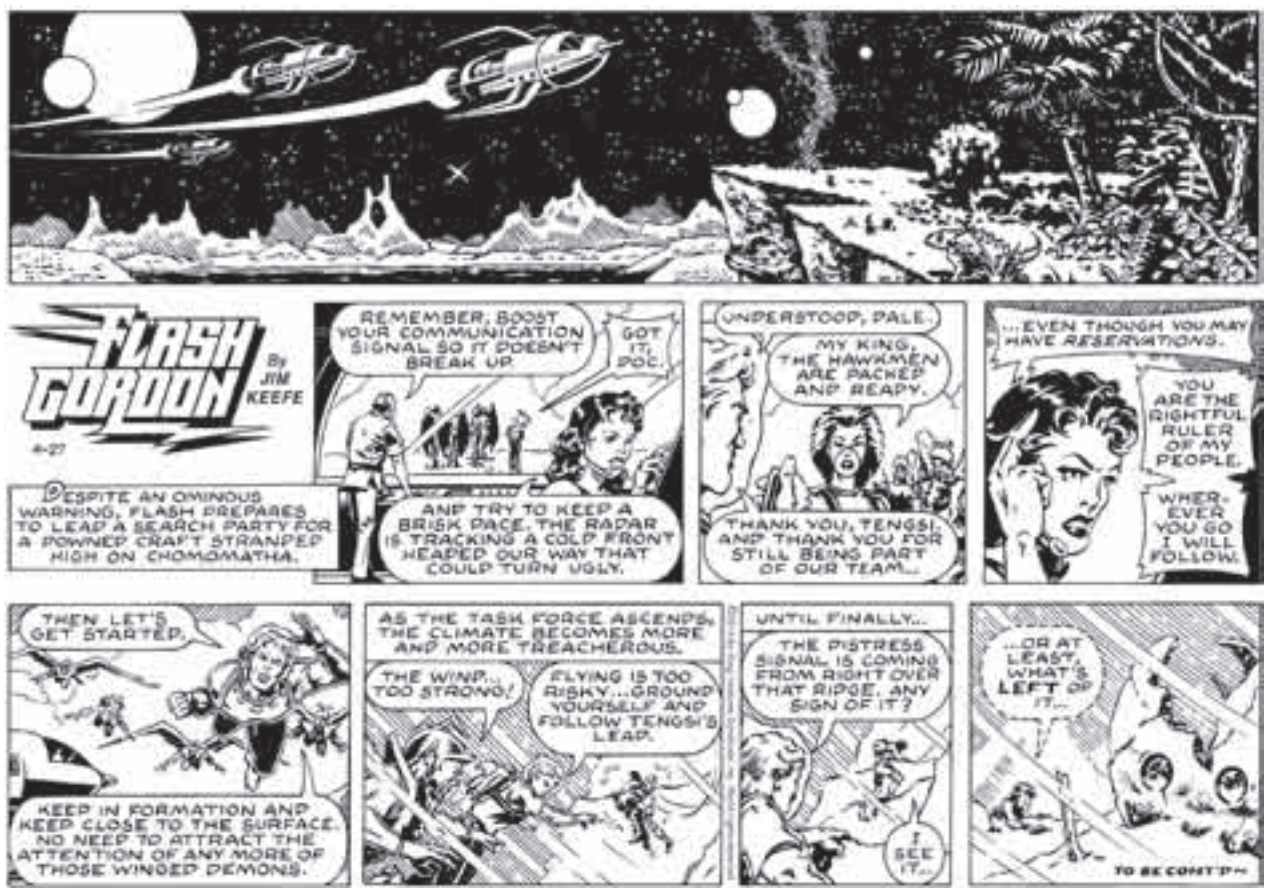
"It was great that I was able to be part of this assessment since the facility is located in my area of responsibility," said Salzar. "I began to develop a relationship with the individuals at the installation, which helps them feel more comfortable asking questions and getting help when needed. They also know they can call me for assistance as they develop their local ergonomics program."

A worksite assessment provides the "ergonomic big picture" of the workplace and is an integral part of an installation's ergonomics program, according to Purcell. An assessment involves observations and discussions with supervisors and employees to determine the types of work done in the facility, and any specific concerns they may have.

"In the case of Anniston," said Purcell, "we looked at a wide range of facilities

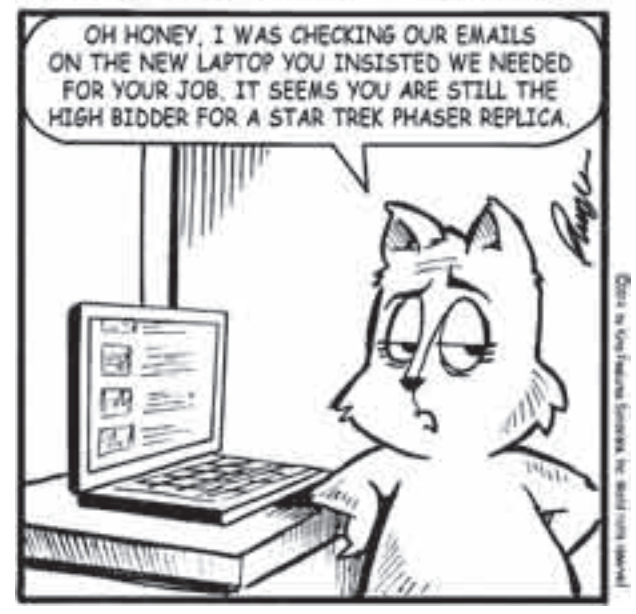
SEE SAFE, PAGE D3

Down Time



Just Like Cats & Dogs

by Dave T. Phippo

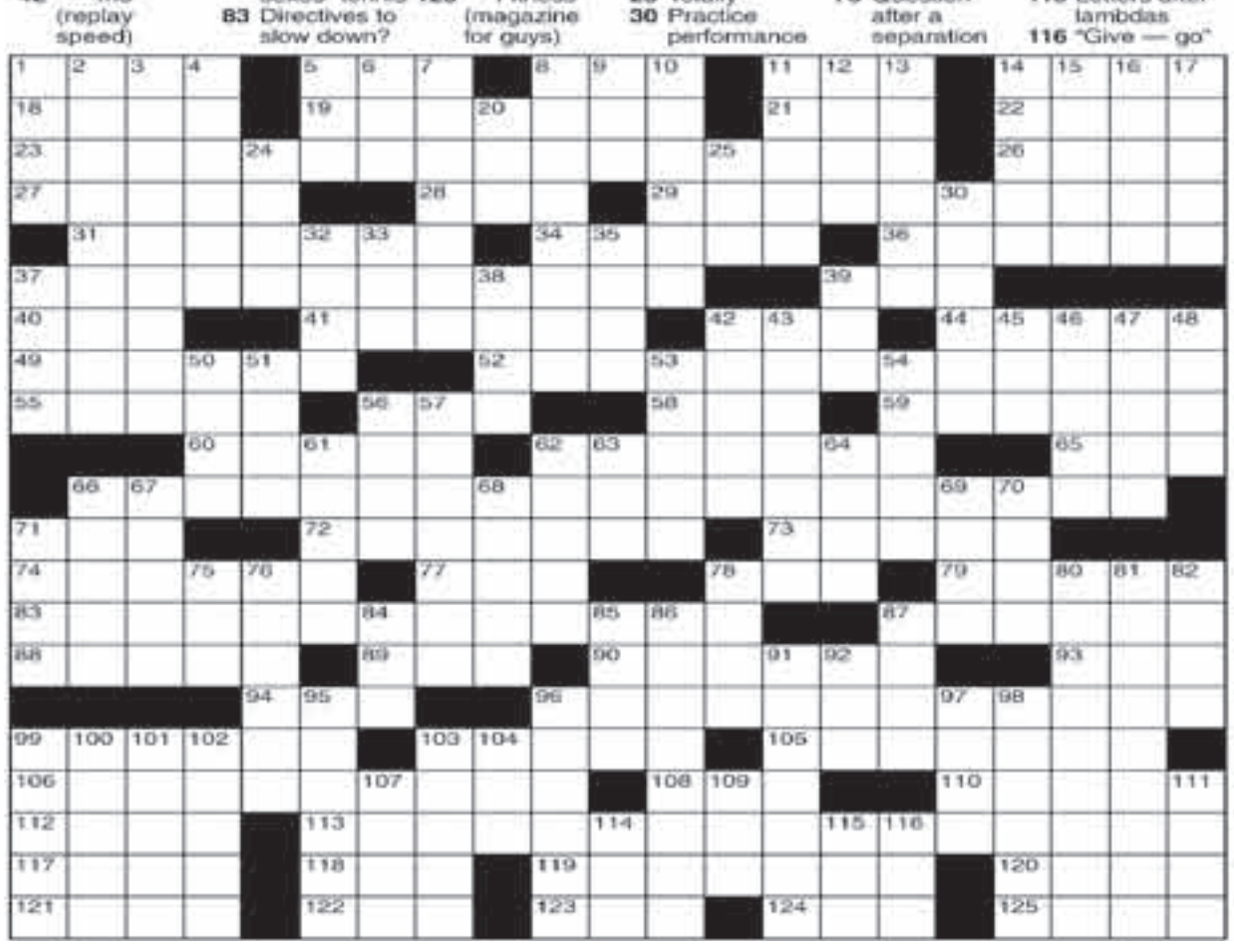


Super Crossword

SWITCH BOXES

ACROSS
1 Locale of the Taj Mahal
5 Luggage bit
8 Vietnam War's — offensive
11 Crunched muscles
14 Urge (on)
18 Let out the secret
19 Turn loose
21 Knock on the noggin
22 Walking stick
23 Cereal grain big enough to be seen?
26 Boy on "The Andy Griffith Show"
27 "You've got —!"
28 Aunt or uncle: Abbr.
29 Lunatics on the schedule?
31 Consoling comment
34 Buckets
36 Ironing line
37 Joy felt by a warmonger?
39 Bashful
40 Took in food
41 Traffic snarls
42 — -mo (replay speed)
44 Corporate shuffle, for short
49 Comfily warm
52 Second attempt at a phone call?
55 "Glee" guy in a wheelchair
56 Start for history
58 "What am — think?"
59 Riddle
60 Love, to Luigi
62 Army greetings
65 With 114-Down, army affirmative
66 Rule-following corporation division?
71 Apple computer line
72 Goes over
73 Choir stand
74 Best possible conditions
77 — Bo (exercise system)
78 Lemon drink
79 Bobby of "battle of the sexes" tennis
83 Directives to slow down?
87 Cover with new paint
88 Auctions, e.g.
89 Hosp. areas
90 Evening party
93 Ending for schnozz
94 Ewe or sow
96 Part of the week that triggers something?
99 — party (teen bash)
103 1983 Woody Allen title role
105 Princess in Disney's "Enchanted"
106 Pit where splinters are extracted?
108 Move hastily
110 "— Lucy"
112 Penne — vodka
113 Two things of concern to a math-loving nurse?
117 Buckets
118 Requiring no Rx
119 Record one's exit
120 — Fitness (magazine for guys)
121 Hit 1990s PC game
122 — degree
123 Prior to, to Prior
124 Top-secret U.S. org.
125 One-named deco master

DOWN
1 "SOS" band
2 Old Roman arena fighter
3 Very special goody
4 Have — (whoop it up)
5 Invest in
6 Shaker Lee
7 "Hallelujah!"
8 Exhaust tube
9 PC key
10 Doctoral dissertation
11 PLO chief Mahmoud
12 Lightning —
13 Oration
14 Tea biscuit
15 — New Guinea
16 Army outfits
17 Actress Della
20 Summer, in Toulouse
24 "The Time Machine" people
25 Totally
30 Practice performance
32 Actress Jurado
33 Foreman foe
35 Off, helper
37 — Hart (spy)
38 Entice
39 Apply turf to
42 Exercise for the 11-Across
43 Dance outfit
45 London-based label
46 Delivery doc
47 Encountered again
48 Mardi —
50 Old Thailand
51 Office fill-in
53 Irks
54 Avian homes
56 — fixe
57 Power plant feature
61 Fat substitute brand
62 Noble horse
63 Get a total
64 Ohio county
66 Filmmaker Frank
67 Of base 8
68 Zeroes in on
69 Nothing but
70 Actor Bana
71 Livid crowds
75 '50s prez
76 Question after a separation
78 Unrepaired
80 One taking defeat graciously
81 Black-tie ball, e.g.
82 Don't exit
84 "— whiz!"
85 Hollywood's Morales
86 Dietary fiber
87 Ump cousins
91 Continued, as a big fire
92 Yale student
95 Talk about incessantly
96 John of Monty Python
97 Pull back (in)
98 Light up, poetically
99 Holy song
100 Mix of metals
101 Abandons, as a lover
102 "Halt!," asea
103 Nada
104 USNA grad.
107 Mongrel dog
109 Roadhouse
111 In — (really existing)
114 See 65-Across
115 Letters after lambdas
116 "Give — go"



See Page D3 for this week's answers.

TRIVIA

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What two bodies of water does the Strait of Hormuz link?
2. MEDICINE: What would a patient with "ankylosis" be suffering from?
3. LITERATURE: Who wrote the novel "Mrs. Dalloway"?
4. FAMOUS QUOTES: What famous military leader once said, "Glory is fleeting, but obscurity is forever"?
5. AD SLOGANS: What company's logo advised consumers to "put a tiger in your tank"?
6. TELEVISION: What phrase was on the UFO poster in Agent Mulder's office in "The X-Files"?
7. MOVIES: What kind of candy did the boy use to lure the extraterrestrial in "E.T."?
8. LANGUAGE: A "jarhead" is slang for what kind of military personnel?
9. MUSIC: What kind of musical instrument is a sitar?
10. GEOLOGY: What kind of landform is described as a flat-topped hill with steep sides?

See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle

7					6			4
		9	5			8		7
	5	6		4			1	
	9		2	6				5
		8			3		2	
4			8			1		
		4		7			5	6
2	1		6			9		
	3				8		4	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging ★★★ HOO BOY!

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See Page D3 for this week's answers.

Kid's Corner

Army first-aid kits include new eye shield

By Chanel S. Weaver
U.S. Army Public Health Command

ABERDEEN PROVING GROUND, Md. — Soldiers whose eyes are injured during combat have a better chance of returning to duty with their vision intact due to some revisions in the Army's first-aid kit.

The rigid eye shield was added as a component to the Army's "Individual First-Aid Kit II," which was distributed to the first Army units in the fall of 2013.

When properly worn, the shields can protect a service member's eye from further damage after an initial eye injury is sustained during combat operations.

"We've learned a lot about eye injuries in the field over the past decade," said Lt. Col. Jeffrey Autrey, program manager of the Tri-Service Vision Conservation and Readiness Program at the U.S. Army Public Health Command. "We know more about the common causes, prevention measures and effective techniques for treatment."

In the past, service members may have treated eye injuries by wrapping the head with a bandage and applying pressure to the wounded eye.

But this method of preserving the eye is not optimal eye care, according to Autrey.

"A person's eye can become further damaged if too much pressure is applied," he said.

That's why Army first-aid kits are now including the eye shields.

"If a service member's eye is injured during combat, the rigid eye shield should be placed over the injured eye and secured with tape," said Cmdr. Kevin McGowan, Navy program manager in the TSCVRP who assists Autrey with surveillance of eye injuries to military members.

"This action will ensure that no other foreign debris comes into contact with the eye, and will preserve the eye until a medical expert can give it further attention."

According to data from the Armed Forces Health Surveillance Center, during the years 2001 to 2010, between five and 22 percent of all Department of Defense injuries were a result of ocular trauma.

"It's a worthy investment to add the eye shields to first-aid kits," said Autrey.

The USAPHC's TSVCRP incorporated instructions on how to use the new eye shield in its recent two-day Vision Conservation and Readiness Course. Autrey said the new eye shields are meant as a supplement to current Military Combat Eye Protection, not as a substitute for proper eye protection.

"Research still shows that most eye injuries can be prevented by wearing eye protection from the Authorized Protective Eyewear List," said Autrey.

Autrey said that it has been rewarding to collaborate with the DOD on getting the word out about the new eye shields being incorporated into Army first-aid kits. He knows that that the shields will be of utmost importance to troops who are deployed downrange.

"Of all the body's senses, most people value their sense of sight the most," said Autrey. "That's why we're not only looking for innovative ways to preserve life and limb, but, specifically, eyesight."

The eye shields should be a part of all DOD joint-service first-aid kits by the fall.

PHOTO BY GRAHAM SNODGRASS

Navy Cmdr. Kevin McGowan models the correct placement of the rigid eye shield.

Safe: Modified equipment, environment boosts safety

Continued from Page D1

including offices, inventory buildings, inspection areas, receiving and shipping facilities, a wood shop and unpacking areas."

Each area offers unique ergonomic challenges to employees and opportunities to recommend improvements.

Much of the work done at Anniston involves unpacking, moving and disposing of unused and outdated military shells, rockets, missiles and similar explosive material. Because of the concerns about static electricity, grounded metal plates are placed in work areas, according to Purcell. The metal plates create a hard work surface, in turn creating an ergonomic hazard that needs to be mitigated.

"One of our suggestions was to replace the metal plates with grounded rubber mats so that workers would not have to stand on the unyielding metal plates," he explained. "The use of anti-fatigue mats would be a less expensive, 'quick fix' for those who stand in place much of the day."

"I think these types of quick fixes go a long way towards fostering support for larger, more expensive projects. In addition, by modifying a small portion of the task, we can hopefully reduce the stress and strain on the employee, which in turn usually makes them wonderful advocates for ergonomics," Salzar said.

"We make suggestions to make the workplace fit the worker," said Purcell. "We talk with the people who do the work to get an understanding of how they do their work."

Much of the work at Anniston begins at the loading docks. Containers of materiel to be destroyed are shipped in Army trailers that have rollers, but Purcell noted that the loading docks were at a bad angle that did not facilitate easy loading and offloading of the trucks.

The ergonomic team's suggestions for improvement included pouring a new concrete pad to better facilitate loading and unloading and the use of a winch on a fork lift instead of manually pulling heavy containers from the trucks.

Workers had their own suggestions to improve other processes. They included putting wheels on tables used to move rockets and other large projectiles, and the fabrication of special stands that are sized to fit their jobs.

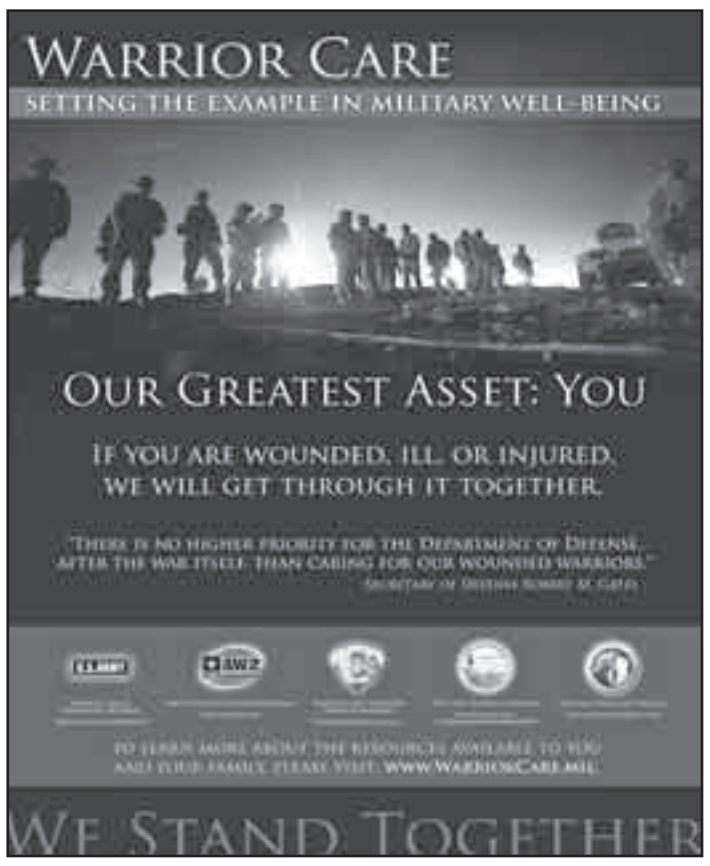
"Ergonomics, safety and good business practices overlap when we look at the processes at an installation," said Purcell. "Most of the time they all go hand-in-hand to protect the workers and increase production.

"We were very impressed with the ingenuity of the workers in the facilities who had modified equipment or the environment to make their work easier and safer," said Purcell. "When we complimented their changes, we explained how they had applied ergonomic principles to their work environment."

"We left the munitions center having provided ergonomic training to both management and line-workers, as well as information on how to establish their own ergonomics program," according to Pentikis.

"The ergonomic training was very informative for the industrial hygiene, safety and others who attended," said Anthony Burdell, deputy to the commander at Anniston.

"During the ergonomic survey the auditors also provided ergonomic information to our workforce to include how office equipment should be set up for each individual," according to Burdell. "They also instructed ANMC team members how to get ergonomic information from the Public Health Command website. The visit was very beneficial for the ANMC Team."



Weekly SUDOKU

Answer

7	2	3	1	8	6	5	9	4
1	4	9	5	3	2	8	6	7
8	5	6	7	4	9	3	1	2
3	9	1	2	6	7	4	8	5
5	7	8	4	1	3	6	2	9
4	6	2	8	9	5	1	7	3
9	8	4	3	7	1	2	5	6
2	1	7	6	5	4	9	3	8
6	3	5	9	2	8	7	4	1

PUZZLE ANSWERS

TRIVIA

Answers
1. Persian Gulf and Gulf of Oman
2. A stiff joint
3. Virginia Woolf
4. Napoleon Bonaparte
5. Esso/Exxon
6. "I Want to Believe"
7. Reese's Pieces
8. A U.S. Marine
9. A lute
10. A butte

Super Crossword

Answers

A	G	R	A	■	B	A	G	■	T	E	T	■	A	B
B	L	A	B	■	U	N	L	E	A	S	H	■	B	O
B	A	R	L	E	Y	N	O	T	I	C	E	A	B	L
A	D	E	A	L	■	■	R	E	L	■	S	L	A	T
■	I	T	S	O	K	A	Y	■	P	A	I	L	S	■
M	A	R	T	I	A	L	B	L	I	S	S	■	■	S
A	T	E	■	■	T	I	E	U	P	S	■	S	L	O
T	O	A	S	T	Y	■	■	R	E	T	R	I	E	D
A	R	T	I	E	■	P	R	E	■	■	I	T	O	■
■	■	■	A	M	O	R	E	■	S	A	L	U	T	E
■	C	O	M	P	L	I	A	N	T	D	E	P	A	R
M	A	C	■	■	E	X	C	E	E	D	S	■	R	I
O	P	T	I	M	A	■	T	A	E	■	■	A	D	E
B	R	A	K	I	N	G	O	R	D	E	R	S	■	■
S	A	L	E	S	■	E	R	S	■	S	O	I	R	E
■	■	■	■	S	H	E	■	■	C	A	U	S	A	L
P	A	J	A	M	A	■	Z	E	L	I	G	■	G	I
S	L	I	V	E	R	M	I	N	E	■	H	I	E	■
A	L	L	A	■	P	U	L	S	E	S	A	N	D	M
L	O	T	S	■	O	T	C	■	S	I	G	N	O	U
M	Y	S	T	■	N	T	H	■	E	R	E	■	N	S

S	P	U	R	■	■	■	■	■
C	A	N	E	■	■	■	■	■
O	P	I	E	■	■	■	■	■
D	N	U	T	S	■	■	■	■
■	C	R	E	A	S	E	■	■
H	Y	■	■	■	■	■	■	■
R	E	O	R	G	■	■	■	■
U	M	B	E	R	■	■	■	■
N	I	G	M	A	■	■	■	■
■	Y	E	S	■	■	■	■	■
M	E	N	T	■	■	■	■	■
■	■	■	■	■	■	■	■	■
R	I	G	G	S	■	■	■	■
■	R	E	C	O	A	T	■	■
■	O	L	A	■	■	■	■	■
F	R	I	D	A	Y	■	■	■
■	G	I	S	E	L	L	E	■
I	L	O	V	E	■	■	■	■
I	N	U	S	E	S	■	■	■
M	E	N	S	■	■	■	■	■
E	R	T	E	■	■	■	■	■

SPORTS BRIEFS

Army 10-Miler Run Off

Fort Rucker will host its annual Army 10-Miler Run Off and Team Relay Saturday from 7-11 a.m. at the Fort Rucker Physical Fitness Center. Race-day registration will begin at 6 a.m. Cost is $25 per person, $75 for a five-person team and there is a $12 run-only option. Top active-duty finishers will be considered for the team to represent Fort Rucker at the 10-mile team run in Washington, D.C. Trophies will be awarded to the overall male and female, master male and female, grandmaster male and female, and male and female second-11th place finishers. First-, second- and third-place trophies will be awarded to the relay teams. The run is open to the public.

For more information, call 255-2296.

Youth kick ball registration

Youth kick ball registration will run from Monday through May 31 for coed youth, in these age groups: 6-8, Pee Wee League; 9-10, Mites League; 12-14, Junior League; and 15-18, Senior League. Cost is $25 per youth. A current child, youth and school services membership and physical is required upon registration. There will be a parent meeting June 5 at the youth teen center gym in Bldg. 2800.

Also, youth coaches are needed. People interested in being a coach should call 255-0950. Youth kick ball season begins June 23 and runs through July 31, with games Mondays-Thursdays.

For more information and to register, call 255-9638 or 255-2257.

Disc golf tournament

The Fort Rucker Physical Fitness Center will host its second annual disc golf tournament May 10 from 10 a.m. to 2 p.m. Pre-registration costs $12 until May 3 and costs $15 afterwards. T-shirts will be available while supplies last. Trophies will be awarded in various categories.

For more information or to register, call 255-2296.

Fiesta Golf Tournament

Silver Wings Golf Course will host a Fiesta Golf Tournament May 18 beginning at 4 p.m. The red ball will rotate among the four players and two low net scores on each hole are used – with one needing to be the red ball. There will be a Mexican-themed dinner after the tournament. Cost is $29 per person, and includes golf fees, carts, prizes, dinner and a non-alcoholic beverage. For those who would like to purchase only the dinner, the cost is $14.95. Reservations are required.

For more information or to register, call 598-2449.

Basketball tournament

The Fort Rucker Youth Center will host a three-on-three basketball tournament May 24 from 4-8 p.m. The tournament will be open to all child, youth and school services members and there is no charge. To participate, youth should sign up at the youth center by May 24.

For more information, call 255-2271 or 255-2260.

Stars & Strikes Memorial Day Bowling

Rucker Lanes Bowling Center will host its Stars & Strikes Memorial Day Bowling May 26 from 10 a.m. to 10 p.m. The event will feature 25-cent games and 50-cent shoe rentals all day.

For more information, call 255-9503.

Flynn Pool opens, indoor closes

Flynn Pool will open starting May 26 for operation Mondays-Fridays from 5:30 a.m. to 7 p.m., and weekends and holidays from 11 a.m. to 5 p.m. Flynn Pool is for fitness swimming, swim lessons and other instructional classes only. In addition, the indoor pool at the Fort Rucker Physical Fitness Center will close May 26 for the summer season and will reopen Aug. 4.

For more information, call 255-2296.

Run/Walk Program

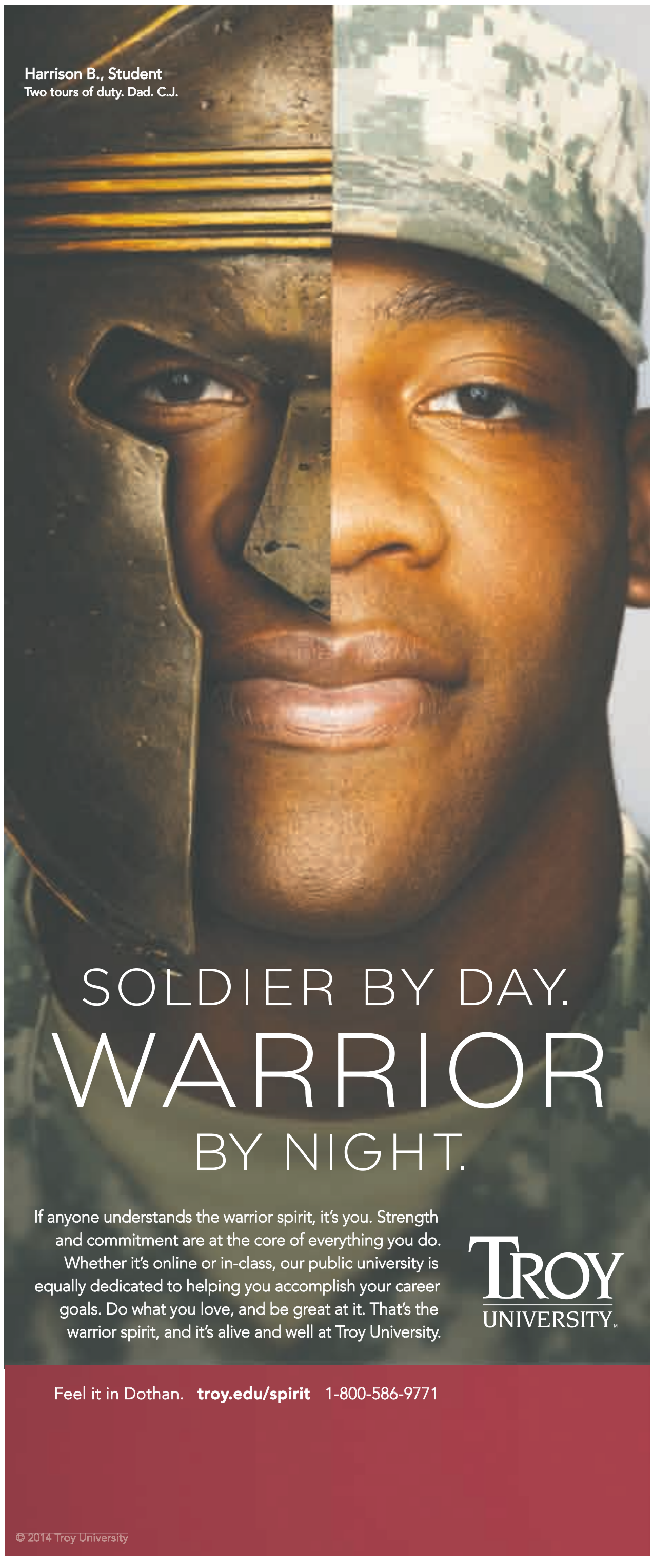
The Fort Rucker physical fitness centers offers a Run/Walk Program. People can run or walk and record their mileage at the front desk of either of the PFCs. This is an ongoing program where each member's mileage total will be posted monthly and members will earn mileage patches based on their totals. People who reach 1,000 miles will win a water bottle.

For more information, call the Fort Rucker PFC at 255-2296 or the Fortenberry-Colton PFC at 255-3794.

Gym Rat workout program

Fort Rucker's physical fitness centers offers the Gym Rat, a new program open to all authorized patrons of both PFCs. People can join the elite with 100 days of fitness. People can obtain signatures from Fort Rucker gym staff on their form every time they work out or attend a group fitness class at either fitness center. When people get 100 signatures, they will receive an exclusive Gym Rat T-shirt. People can pick up forms from the front desk of either PFC to get started. Boot Camp participation will not be included in this 100-day event, but time in the gym and fitness classes during Boot Camp can be credited. People will have up to 365 days to complete program.

For more information, call 255-2296 or 255-3794.



- Have a Family disaster plan and supply kit.
- Build or identify a safe room in your home.
- Purchase and use a NOAA weather radio with a tone alert feature. This will alert you to warnings issued by your local National Weather Service office.

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Sat & Sun: 1:00, 4:00, 6:50 & 9:45
II THE OTHER WOMAN - PG13
Mon-Fri: 7:00 & 9:20
Sat & Sun: 2:00, 4:20, 7:00 & 9:20

WESTGATE CENTER
ALL DIGITAL PROJECTION
III RIO 2 - G
Mon-Fri: 7:00 • Sat & Sun: 2:00 & 7:00
BRICK MANSIONS - PG13
Mon-Fri: 9:10 • Sat & Sun: 4:10 & 9:10
IV THE QUIET ONES - PG13
Mon-Fri: 7:00 & 9:00
Sat & Sun: 2:00, 4:00, 7:00 & 9:00

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ALL DIGITAL PROJECTION
SPIDER MAN 2 ADVANCE SHOWING
2D & 3D THURSDAY 7:00 PM
I THE AMAZING SPIDER MAN 2 - PG13
in 3D (2D at at Cinema I & II)
Mon-Fri: 6:50 & 9:45
Sat & Sun: 1:00, 4:00, 6:50 & 9:45
II CAPTAIN AMERICA: THE WINTER SOLDIER - PG13
2D - Sat & Sun: 1:45 & 6:50 • Mon - Fri: 6:50
3D - Sat & Sun: 4:15 & 9:30 • Mon - Fri: 9:30
III HEAVEN IS FOR REAL - PG
Mon-Fri: 7:00 & 9:15
Sat & Sun: 2:00, 4:15, 7:00 & 9:15
ADVANCE SHOWING ANDALUSIA
SPIDER MAN 2 THURSDAY 7:00 PM