

TIME CHANGE

Daylight Savings Time comes to an end Sunday. People are reminded to turn their clocks back an hour at 2 a.m. Sunday.

LIVING HISTORY

Soldiers educate students, develop professional

Story on Page C1



FOOTBALL

6th MPs top 110th Avn. Regt., 32-14

Story on Page D1



ARMY FLYER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

NOVEMBER 3, 2016

SOLDIERS FOR LIFE

Post hosts 42nd retiree health fair

By Nathan Pfau
Army Flier Staff Writer

Fort Rucker held its 42nd annual retiree health fair Friday at Yano Hall as a means to give back to those who made a career out of serving their country.

Hundreds of retirees were treated to a one-stop shop for their medical and health information needs, according to Chris Moore, retiree services officer.

“(The fair) gives us a chance to give back to folks that have given so much, initially,” said Moore. “It’s a very small token of recognition once a year for the sacrifices they’ve given for many years.”

During the fair, retirees were able to speak with medical professionals from all around, including Lyster Army Health Clinic, as well as Medical Center Enterprise, Southeast Alabama Medical Center, Veterans Affairs, the Red Cross and more.

The event provided a great opportunity for retirees to see what on- and off-post agencies have to offer, Moore said.

Retirees even had the chance to get their blood pressure checked and get flu shots, which Laura Farrell, retired military family member, took full advantage of.

“I came out to get my flu shot, which I



Retirees browse the different booths at the 42nd annual retiree health fair at Yano Hall Friday.

do almost every year. It’s just great that we can come here and get that taken care of to not worry about,” she said. “This is also a good time to ask any questions we might have because, as time goes on, there are more things you need to worry about.”

Farrell said that being able to come out to the fair gives her the opportunity to see what type of preventative measures she might have to take in the future.

“I don’t know anybody that likes to go to the doctor for visits – it’s just not a good time,” she said. “But at a certain age, that sort of thing becomes necessary,

so while we’re here, we can get all the information we need to know where to go and who to talk to, because that can be something that can really be a pain to find.”

Farrell’s husband, Stephen, who is an Army veteran, said that he enjoys the convenience of the fair and said it’s something he’s glad the installation puts on every year.

“This is where we always try to come get our flu shots because it’s just really convenient for the both of us,” he said. “We don’t have to make an appointment or wait in long lines, so it works out



Joe Montoya, retired military, gets his blood pressure checked by Mandy Goodson, LAHC preventative medicine nurse.

great.”

“Any time that we can save a trip to the doctors office is a definite plus for me,” said Stephen. “I’m just really grateful that we have this hear for us, and as long as they continue to hold it, we’ll keep coming back.”

USAACE Soldiers fend off flu



ARMY PHOTO

Col. Thomas R. Drew, deputy commander for the U.S. Army Aviation Center of Excellence, receives his flu shot at USAACE headquarters building.

By Kelly P. Morris
U.S. Army Aviation Center of Excellence Public Affairs

Leaders and Soldiers at the U.S. Army Aviation Center of Excellence rolled up their sleeves for a good cause during the month of October.

Preparing to fend off the flu bug, USAACE leaders and staff were given two options at the headquarters building – Oct. 14 and Oct. 25, to get ahead of the seasonal rush and receive influenza vaccinations onsite.

The USAACE Command Sergeant Major Gregory M. Chambers, who was among the first in line to be vaccinated here, said wellness factors into Army readiness.

“Annual flu immunizations help keep our Army healthy and prepared in order to carry out our assigned mission. A little shot goes a long way towards our sustained readiness,” said Chambers.

The intent of the flu campaign is to help protect Soldiers and their families, Department of the Army civilians, healthcare personnel, as well as retirees and beneficiaries

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PHOTO BY JEREMY HENDERSON

Fort Rucker Community Club Spouses’ Club members work to coat Sgt. Ted E. Bear in the ‘Hollyday’ spirit in honor of the FRCSA annual Hollyday Bazaar scheduled for Nov. 12.

Club set to host bazaar

By Jeremy Henderson
Army Flier Staff Writer

The community is invited to kick off holiday shopping this year at Fort Rucker’s annual Hollyday Bazaar.

The event, which will feature nearly 100 vendors from all over the country, will take place Nov. 12 from 9 a.m. to 4 p.m. at Yano Hall. Sale items will include crafts, holiday supplies, jewelry, wreaths, furniture, clothing, Army Aviation items and more. Shoppers can also enjoy baked goods, coffee, hot chocolate, food vendors and a visit from Santa Claus, according to Helen Kosman, FRCSA third vice president.

“This event is important to Fort Rucker and the surrounding community because it’s a time when we all come together as one big community to celebrate the holidays and this is FRCSA’s largest annual fundraiser,” Kosman said. “The funds that we make as a club go back to the community in

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RED RIBBON PARADE



PHOTO BY NATHAN PFAU

Students and teachers of Fort Rucker Elementary School take part in the annual Red Ribbon Parade as they march down Red Cloud Road Monday and pledge to say no to drugs.

PERSPECTIVE

THANK A HERO

Military honors heroes through continuing story

By Ronald W. Wolf
Army Medicine

DEFENSE HEALTH HEADQUARTERS, FALLS CHURCH, Va. — The U.S. military honors its greatest combat heroes by awarding medals of valor, giving military ships or streets their names, and erecting statues in their honor.

Our National Cemeteries, where many of our military heroes are interred, are some of our most sacred places.

A great honor, though, can be paid to heroes by making sure their story continues to be told.

“Hacksaw Ridge” — Mel Gibson’s latest film — tells the story of Pfc. Desmond T. Doss, Army medic and Medal of Honor recipient for his courage and commitment to saving the lives of Soldiers on Okinawa during World War II.

Born in Lynchburg, Doss was a medic with the Army Medical Detachment, 307th Infantry, 77th Infantry Division. He received the Medal of Honor for his courage near Urasoe Mura, Okinawa, during combat from April 29 to May 21, 1945.

Doss was a Seventh Day Adventist and a conscientious objector who refused to carry a rifle. He could have worked in a defense plant but chose to serve instead. “I didn’t believe in taking a life,” he said in a 1987 to the Army Medical Department historian as part of interviews with Medal of Honor recipients. “I felt like God gave life — it wasn’t for me to take.”

Initially, his refusal to carry a rifle, let alone shoot one, did not stand him in good stead with his platoon in basic training. “They would throw shoes at me while I was praying overnight and make all kinds of sarcastic remarks,” Doss said. “I don’t care to repeat some things they said. They



ARMY FILE PHOTO
President Harry S. Truman presents the Medal of Honor to Pfc. Desmond T. Doss in October of 1945.

just gave me a hard time.”

Doss’s refusal to handle duty on his Sabbath — Saturday — didn’t help him with his commander, who tried to court-martial him.

The resentment toward Doss changed after he arrived in the Pacific.

He was a company aid man during a late April assault on a jagged 400-foot escarpment where Japanese soldiers were hidden deep in caves and tunnels. After American troops reached the summit by climbing up a cargo net suspended down a cliff, they were slammed by mortar and machinegun fire — in short order there were about 75 American wounded, and those who could dropped back and off the cliff.

Doss did not retreat and remained under

fire with the wounded, carrying them one at a time to the edge of the escarpment — he lowered them down the face of the cliff using a rope.

After each rescue, Doss prayed to God to “let me save just one more,” and he kept returning to the fire zone through the night. “One more” eventually became 75.

May 2, ignoring rifle and mortar fire, he rescued a wounded man 200 yards forward of the front line on the same escarpment. Two days later, he treated four men cut down while assaulting a cave, advancing through a hail of grenades to within eight yards of Japanese soldiers in the cave. Doss made four separate trips under fire to carry them one at a time to safety.

May 5, he braved enemy shelling and

small arms fire to assist an artillery officer. He applied bandages and then moved his patient to protection.

That same day, when an American was severely wounded by fire from another cave, Doss crawled to him where he had fallen 25 feet from the enemy and carried him under fire 100 yards to safety.

May 21, in a night attack, he remained in exposed territory while the rest of his company took cover, risking the chance that he would be mistaken for a Japanese soldier, and provided aid until he was wounded in the legs by a grenade blast.

Rather than call another aid man from cover, he dressed his own injuries and waited five hours before two litter bearers carried him toward safety. The trio was caught in an enemy attack and Doss, seeing a more critically wounded man nearby, crawled off the litter and directed the litter bearers to help the wounded man.

While Doss waited for the litter bearers to return, he was shot, resulting in a compound fracture of an arm. He used a rifle stock as a splint on his arm and then crawled 300 yards over rough ground to the aid station.

Doss’s bravery and grit saved lives. “With the 77th division and with the 307, I couldn’t serve with a better group of men,” he said. They felt the same about Doss.

Doss died in 2006 and is buried in Chattanooga National Cemetery. He was always proud of his service as a medic, saying “it’s the most rewarding work there is.”

Gibson has turned in a notable tribute with “Hacksaw Ridge.” The rest of us are left to tell the story of Desmond Doss and our other heroes to future generations, so they too will learn the names of our selfless heroes.

Rotor Wash

“November is Native American History Month. Why is it important to celebrate diversity here in the United States?”



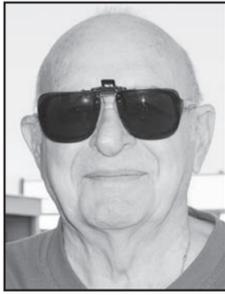
2nd Lt.
Rusman Pureaual,
1st Bn.,
145th Avn. Regt.

“It’s important to celebrate the diversity because we’re just a melting pot of different cultures. Every culture matters and has their own contributions to the way America was shaped.”



Paige Wagner,
military spouse

“I think that’s a big part of what our country is about, and one of the best things about our country is how diverse it is. Celebrating diversity in general is a huge part of what makes the U.S. so great.”



Dennis Cochrane,
retired military

“The U.S. is made up of just about every country in the world and if we don’t get along we’re in trouble.”



Kerri-Ann Stewart,
military spouse

“The U.S. is a melting pot, and without understanding other nationalities and cultures, then there can be no progress. In an (observance) month, you learn more about the other cultures ... and having a time to celebrate it prompts people to learn more about other cultures and increases understanding and acceptance.”



2nd Lt.
Nathaniel Pieringer,
1st Bn., 145th Avn. Regt.

“Diversity in the U.S. helps take advantage of all the distinct world views that each diverse member essentially brings to the table. It helps strengthen us by being able to appreciate how to interact with the world that we live in.”

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FORT RUCKER COMMANDING GENERAL

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524 YEARS OF SERVICE

19 Soldiers, 1 civilian retire at ceremony

By Jim Hughes
Command Information Officer

With a combined 524 years of service, 19 Soldiers and one civilian retired during the Fort Rucker Quarterly Retirement Ceremony Friday at the U.S. Army Aviation Museum.

COL. T.J. JAMISON

Jamison, executive officer to the commander of U.S. Strategic Command, Offutt AFB, Nebraska, entered military service in 1981 as an infantry Soldier. He was commissioned in 1985 and entered the Aviation Branch in 1987. He said the highlights of his career were serving as a squadron commander in Iraq and commander of the 82nd Combat Aviation Brigade in Afghanistan. He and his wife, Tawnya, have two children and plan to reside in Mesa, Arizona.

COL. DENNIS GRIFFIN

Griffin, command inspector general for U.S. Army Space and Missile Defense Command/Army Forces Strategic Command, Redstone Arsenal, entered military service in 1987. He said the highlight of his career was serving the Soldiers and civilians he worked with, for and along side of. He and his wife, Michelle, have three children. They plan to reside in New Brockton.

COL. ERIC SCHWEGLER

Schwegler, executive director for current operations at the U.S. Army Combat Readiness Center, entered military service in 1989 as an artillery officer. He said the highlight of his career was deploying a 900-Soldier battalion task force to Iraq and bringing them all back home to their loved ones. He and his wife, Andria, have two children. They plan to reside in Enterprise.

MAJ. JOANN WARD

Ward, chief of preventive medicine at Lyster Army Health Clinic, entered military service in 1991 as a medic. She commissioned as a registered nurse in 2004. She said the highlight of her career was caring for severely wounded warriors, and ultimately watching them recover and leave Walter Reed National Military Medical Center, Bethesda, Maryland. She and her husband, William, have one child.

CW5 RANDY GODFREY

Godfrey, former chief warrant officer of the Aviation Branch, entered military service in 1987. He graduated Warrant Officer Candidate School and warrant officer flight training in 1989. He said the highlight of his career was no-fail combat support to the Soldiers on the ground and in the air. He and his wife, Deborah, have two children.

CW4 MIKE ROHRBECK

Rohrbeck, track chief of the test pilot course at F Company, 1st Battalion, 212th Aviation Regiment, entered military service in 1991 as a weapons specialist. He was selected for warrant officer flight training in 1999. He said the highlight of his career was being a special operations combat close air support pilot directly responsible for the capture or killing of multiple high-value targets in Iraq and Afghanistan. He and his wife, Serena, have two children. They plan to reside near Fort Rucker.

CW4 RICHARD CRABTREE

Crabtree, AH-64 D and E maintenance test pilot evaluator, Directorate of Evaluations and Standardization, entered military service in 1997 as a military policeman.



Back row: First Sgt. Richard Ables, CW5 Randy Godfrey, CW3 Alberto Camacho, CW4 Mike Rohrbeck and CW4 Richard Crabtree. Front: Col. T.J. Jamison, Col. Eric Schwegler, CW3 Gregory Laurence, Sgt. Maj. Matthew Shoemaker and CW2 Shawn Hansen.



Back row: Sgt. Maj. Anthony Smoots, Sgt. 1st Class Jose Magana, Sgt. 1st Class Rodney Reynolds and Sgt. Michael Marvel. Front: Robert Carter, Col. Dennis Griffin and Sgt. 1st Class Robert Moore.



Sgt. 1st Class Michael Galbreath, Maj. JoAnn Ward and 1st Sgt. Robert Macko.

He was selected for warrant officer flight training in 2001. He said the highlight of his career was being the production control officer for the initial combat deployment of the AH-64E. He and his wife, Jennifer, have two children. They plan to reside in Huntsville.

CW3 GREGORY LAURENCE

Laurence, survivability branch chief doctrine writer at the Directorate of Training and Doctrine, B Co., 1-13th Avn. Regt., entered military service in 1993 as a combat medic. He was selected for warrant officer flight training in 2004. He said the highlight of his career was being selected to join the warrant officer ranks. He and his wife, Dena, have three children and a new grandchild. They plan to reside in Louisville, Kentucky.

CW3 ALBERTO CAMACHO

Camacho, platoon leader and instructor pilot with B Co., 1-212th Avn. Regt., entered military service in 1996 as a combat medic. He was selected for warrant officer flight training in 2004. He said the highlight of his career was being an instructor in support of the Central and South America mission at Fort Rucker. He and his wife, Marcela, have four children. They plan to

reside in Enterprise.

CW2 SHAWN HANSEN

Hansen, evasion chief at the Survival, Evasion, Resistance and Escape School, 1-145th Avn. Regt., entered military service in 1996 as an infantryman. He was selected for warrant officer flight training in 2008. He said the highlight of his career was meeting his wife, Chelsea, and starting a family – they have two children. They plan to explore the USA.

SGT. MAJ. MATTHEW SHOEMAKE

Shoemaker, Training and Doctrine Command Capabilities Manager-Aviation Brigades directorate sergeant major, entered military service in 1987 as a Black Hawk mechanic. He said the Army enlists a family, and none of what he accomplished would have been possible without the support of his wife, Rachelle, and their two daughters. They plan to reside in the local area.

SGT. MAJ. ANTHONY SMOOTS

Smoots, staff sergeant major with the 164th Theater Airfield Operations Group, entered military service in 1983 as a communications specialist. He said the highlights of his career were admiring the

silence and strength of his wife, Regina – “Household 7” – and their two daughters, and helping Soldiers achieve their potential. They plan to reside in Enterprise.

1ST SGT. ROBERT J. MACKO JR.

Macko, HHC 164th TAOG first sergeant, entered military service in 1987 as an air traffic control tower operator. He said the highlight of his career was serving as a drill sergeant – coaching, counseling and mentoring hundreds of Soldiers. He and his wife, Lynne, plan to reside at Fort Rucker.

1ST SGT. RICHARD LEE ABLES JR.

Ables, UH-60 maintenance first sergeant, 12th Avn. Bn., Fort Belvoir, Virginia, entered military service in 1993 as an air traffic controller. He said he couldn't have done everything he did without the love and devotion of his beautiful wife, Adriana, and his five wonderful children. They plan to reside in Wicksburg.

SGT 1ST CLASS JOSE MAGANA

Magana, U.S. Army Aeromedical Center pharmacy NCO, entered military service in 1991 as a Lance missile crewman. He said the highlight of his career was marrying his beautiful wife, Shella, and having five wonderful children. They plan to reside in Enterprise.

SGT. 1ST CLASS RODNEY REYNOLDS

Reynolds, Rock Island Arsenal, Illinois, senior human resources sergeant, entered military service in 1990 as an administrative specialist. He said the highlights of his career were working on the personal staff of a four-star general while deployed and being a drill sergeant. He is engaged to Carmen Baldrich. They plan to reside in Hinesville, Georgia.

SGT. 1ST CLASS ROBERT MOORE

Moore, 98th Army Band logistics NCO in charge, entered military service in 1993 as a bandsman. He said the highlight of his career was marrying his beautiful wife, Malgorzata, and having two wonderful children. They plan to reside in Enterprise.

SGT. 1ST CLASS MICHAEL GALBREATH

Galbreath, 1-13th Avn. Regt. battalion S-6, entered military service in 1994 as a mobile subscriber systems switch operator. He said the highlight of his career was serving in combat with his son, Sgt. Donovan Galbreath. He and his wife, Annice, have two children. They plan to reside in Panama City, Florida.

SGT. MICHAEL MARVEL

Marvel, NCOIC of the Command Judge Advocate, Mid-West Joint Regional, Fort Leavenworth, Kansas, entered military service in 1994 as a light-armored vehicle crewman in the Marine Corps. He said the highlight of his career was having two wonderful children and marrying his beautiful wife, Melissa. They plan to reside in Daleville.

ROBERT CARTER

Carter, deputy director of training and doctrine for USAACE, served on active duty from 1976-2002 as an armor, cavalry and Aviation officer. He entered civil service immediately thereafter. He said the highlight of his career was serving the great Aviation Soldiers across the force. He and his wife, Linda, have two sons, a daughter-in law and two grandchildren. He said that he and Linda plan to be sitting on the dock at Lake Harding.

News Briefs

Flu shots

Flu shots are available for families in the preventive medicine department from 7:30 a.m. to 3:30 p.m. Mondays through Fridays. Patients should keep in mind that lunch time is the busiest time for the department. After-hours immunizations will be provided during the following dates for school-aged beneficiaries from 3:30-5 p.m. each day: Monday, and Nov. 15, 17, 21, 22, 28 and 29, and Dec. 1.

Building dedication

The Training and Doctrine Command will host a building dedication at the Directorate of Training and Doctrine Liaison Office, Bldg. 4105, in honor of Bill Foley Friday at 2 p.m. Foley was the liaison point of contact officer for many years before his death in April 2015.

ID card section closure

Starting Wednesday, the Fort Rucker ID Card Section will close from 2:15-4:15 p.m. for training the second Wednesday of every month.

Holiday Bazaar

The Fort Rucker Community Spouses Club will

host its annual Hollyday Bazaar Nov. 12 from 9 a.m. to 4 p.m. at Yano Hall. Admission costs \$5 and all proceeds go towards the club's scholarship and community grants program, according to FRCSO officials. The bazaar will feature more than 90 vendors, swag bags for the first 500 attendees and a visit from Santa Claus.

For more information, visit www.fortruckeresc.com.

Troy football

Troy University will again host its military appreciation day Nov. 12, featuring free admission for all military ID card holders to its home game vs. Appalachian State University. Soldiers and family members interested in going to the game need to get the free tickets they will need to be admitted to the game from MWR Central in Bldg. 5700. For more information, call Troy at 334-670-5991 or MWR Central at 255-2997.

Clinic closures

Lyster Army Health Clinic will be closed beginning at noon Nov. 16 for training. The clinic will also Nov. 11 for Veteran's Day and Nov. 24 for Thanksgiving.

Lost and found

People who have lost or misplaced property while on Fort Rucker can call the Directorate of Public Safety's lost and found point of contact at 255-3239 to inquire if their property has been turned in. To claim their property, people must be able to demonstrate ownership of the property. DPS retains property found or turned in at special events held on the installation, such as Freedom Fest – the most common items turned-in are keys, cell phones and wallets.

Yoga classes

Lyster Army Health Clinic offers free yoga classes Mondays, Wednesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in the Lyster Activity Center, Rm. J-100, of the clinic. Participants are encouraged to bring their own mat.

Diabetes Basics

Lyster Army Health Clinic offers beneficiaries a four-part Diabetes Basics Program where they will learn about preventing and controlling diabetes. Classes are held Thursdays from 9 a.m. to noon at Lyster.

For more information, call 255-7986.

Weight control

The Lyster Army Health Clinic Fit for Performance Weight Control Program consists of six sessions taken over a six- to 12-week period. The program is available to all active-duty military, retirees and family members. Classes are held on Tuesdays from 9-11 a.m. or 1-3 p.m.

For more information, call 255-7986.

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m.

The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

Lyster update

People are welcome to check out the Lyster Army Health Clinic Facebook Page for the Healthy Tip of the Day and important clinic information, such as class dates and times.

The Lyster Twitter feed is at @LysterAHC.

Army makes changes to retention programs

By Staff Sgt. Natasha Stannard
Army News Service

JOINT BASE LANGLEY-EUSTIS, Va. — Career counselors are urging Army Soldiers to read the changes to the Army enlisted force retention program, re-class and initial entry requirements that took effect in 2016.

The changes not only ensure Soldiers are aligned into the fields best suited for them, but offer the most qualified Soldiers avenues for career advancement.

“The key is to reenlist quality Soldiers to meet our purpose of fulfilling end strength to better posture the Army, maintain readiness and care for Soldiers,” said Sgt. Maj. Cielito Pascual-Jackson, Army Training and Doctrine Command career counselor.

“In order to meet that mission we need key people to understand the responsibilities in embracing and communicating this program.”

ENLISTED FORCE RETENTION

The Army Directive, (AD 2016-19), will result in reenlistment and career progression changes through three programs: the Bar to Continued Service Program, the Noncommissioned Officer Career Status Program and Retention Control Point System.

BAR TO CONTINUED SERVICE PROGRAM

Formerly known as the Bar to Reenlistment Program, all enlisted ranks in the active and Reserve components can be notified of punitive separation due to performance issues ranging from fitness ratings to professional development standards through the Bar to Continued Service Program.

According to Sgt. 1st Class Pedro Leon, U.S. Army Training and Doctrine Command Retention Operations Active component career counselor, Soldiers can now be barred to continue service at any rank even if they were indefinite or career Soldiers.

Soldiers who are under the current NCO Career Status Program will not be grandfathered into the previous program. The bar will be reviewed at periods of three and six months before separation procedures begin.

Some of the key areas Soldiers should focus on to prevent bar from continued service are (list not all-inclusive):

- Physical assessment standards.
- Staff sergeants with 36 months' time in grade must graduate from the Advanced Leadership Course.
- Sergeant first class' with 36 months' time in grade must graduate from the Senior Leaders Course.
- NCOs with two or more years' time in grade and more than 18 months until their established retention control point may be denied continued service under the Qualitative Service Program.

CAREER PROGRAM AND TIME IN SERVICE RETENTION CHANGES

Under the new directive, the Indefinite Reenlistment Program has changed to the NCO Career Status Program.



ARMY PHOTO

Army makes changes to retention programs.

According to Leon, the program is similar in nature, but in an effort to align with the military's new blended retirement system, the application date has been moved to a Soldier's 12th year of service, rather than their 10th.

The directive also reduces retention control point levels, starting at the rank of staff sergeant, by reducing the number of years NCOs can continue to serve.

Every Soldier will have more than a year to plan their retirement as the implementation of the new control points will be staggered based on basic active service dates and rank:

Command sergeant major/sergeant major in nominative positions can stay past 30 years.

RE-CLASS AND INITIAL ENTRY CHANGES:

When Soldiers re-class or recruits enter the Army they will have to take an occupational physical assessment test that determines if they are able to handle the physical demands of various career fields.

According to Leon, the test will determine a Soldier's or recruit's fitness level, which will directly correlate with jobs available to them. Those who score in the highest level will have every specialty available, while those who score lower will have the jobs at or below their level available.

Soldiers or recruits preparing to take the test should practice the following exercises to ensure they meet their desired specialty requirements.

Standing long jump:

- Minimum: 120 centimeters.
- Standard: 140 centimeters.
- Maximum: 160 centimeters and above.

4.4 pound medicine ball seated power throw:

- Minimum: 350 centimeters.
- Standard: 400 centimeters.

- Maximum: 450 centimeters and above.

Interval aerobic run, similar to suicides at 20 meter timed intervals:

- Minimum: 36 shuttles.
- Standard: 40 shuttles.
- Maximum: 43 shuttles.

Deadlift:

- Minimum: 120 pounds.
- Standard: 140 pounds.
- Maximum: 160 pounds.

Another change to the re-class system, is allowing female Soldiers into combat arms professions. Thus far approximately 140 female Soldiers have enlisted into combat arms.

For Leon, this means quality female NCOs must take the opportunity to step up as mentors to these new soldiers by re-classing into a combat position.

“I tell any female Soldier that comes into my office for career counseling to re-class into a combat position,” said Leon. “It's a huge development and promotion opportunity. When you're in a board and they see that you have combat experience, even if it was just for four years and you went back to your original MOS, that's huge.”

Soldiers seeking more information on these upcoming changes should contact their supervisors and unit career counsel-

ors.

“We're a force alignment tool not a force reduction tool,” said Leon. “We're here to reenlist, qualify and transfer Soldiers.”

In order to best align Soldiers for their career path, supervisors and leaders must counsel their Soldiers on the new changes and professional development options and specialty paths available, said Pascual-Jackson.

“We are just facilitators, so when leaders don't understand the purpose of the retention program for the Army or where they fit in, it's a real problem,” said Pascual-Jackson. “It can cause confusion and unnecessary actions that could unnecessarily end a Soldier's career.”

Pascual-Jackson stressed that the key steps in helping Soldiers are supporting, instilling, promoting, communicating and monitoring retention programs, implementing policies, evaluating personnel, providing resources and utilizing career counselors.

“Our line of effort and the mission of retention for the Army is readiness and end strength,” she said. “In order for us to meet our mission, we need leaders to understand their role, which is to embrace and communicate the retention program by instilling the importance to subordinate leaders.”

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MOVING FORWARD

Pentagon hails progress, momentum in Mosul fight

By Lisa Ferdinando
Defense Media Activity

WASHINGTON — Iraqi security forces and Kurdish Peshmerga fighters are making progress as they push toward Mosul in the effort to liberate the city from the Islamic State of Iraq and the Levant, the Pentagon's press secretary said Monday.

"There's no question that counter-ISIL forces continue to have the momentum in this fight," spokesman Peter Cook said at today's Pentagon press briefing.

Defense Secretary Ash Carter, who was in Iraq last week, was encouraged by the performance of the counter-ISIL forces in the opening days of the battle, and continues to be encouraged, Cook said.

"The campaign is on track and moving forward according to plan," Cook said.

Progress in the last 24 hours includes the successful clearing of the villages of Ali Rash on the southeast outskirts of Mosul, and the clearing of Kharab Bayt and Kani Shirin north of Mosul, Cook pointed out.

The offensive to liberate Mosul began Oct. 17.

Cook said Iraqi forces have reported that in some places they are less than a kilometer from the city. Tough fighting ahead is expected, he said.

ISIL has used vehicle-borne



An F/A-18F Super Hornet assigned to the Fighting Swordsmen of Strike Fighter Squadron 32 makes an arrested landing on the flight deck of the aircraft carrier USS Dwight D. Eisenhower in the Persian Gulf Aug. 27.

PHOTO BY NAVY PETTY OFFICER 3RD CLASS NATHAN T. BEARD

improvised explosive devices, indirect fire and snipers in an attempt to delay the advance of the Iraqi forces, he said. The terrorists have also set an obscuration fire to try to conceal their positions and movements.

"None of this has stopped the Iraqi advance, and of course, the support for the Iraqi advance from the coalition," Cook remarked.

There are reports ISIL is forcing civilians to act as human shields, he said.

The coalition will continue to

conduct the campaign with an "eye toward protecting the innocent lives ISIL is putting at risk in the course of this fight," Cook said.

"The progress we have made to date is a testament to the bravery and dedication of the Iraqi soldiers, the Peshmerga fighters, the federal police and the others on the front lines," he said.

Effort Backed by International Coalition

Cook highlighted the support from the international coalition

in Operation Inherent Resolve.

Over the last day, coalition forces have delivered 118 munitions through the air and artillery strikes, bringing the total employed since Oct. 17 to nearly 2,900, he said.

In addition, the coalition recently delivered 228 additional vehicles to Iraqi forces and has continued to provide food and ammunition resupply across the battlefield, according to Cook.

'Feeling Heat' in Iraq, Syria
The coalition believes in the

importance of maintaining pressure on ISIL, and is focused on defeating the terrorists in both Iraq and Syria, Cook said.

"While they're feeling the heat in Mosul, they're also feeling the heat in Syria," he said.

The coalition is continuing to support local partners in Syria, and is continuing air operations both in Syria and Iraq, Cook said. Those efforts to defeat ISIL, he said, are to include beginning the isolation of Raqqa in "the not too distant future."

Flu

Continued from Page A1

from influenza and its complications, and to prevent the potential spreading of the flu to the population.

The goal is to have vaccinations complete by Dec. 1. As of Oct. 24, 60 percent of USAACE active-duty Soldiers had been vaccinated, according to Jan Pridgen, Allergy-Immunization Technician for Lyster Army Health Clinic.

For LAHC healthcare practitioners, planning for flu season began in early summer. Typically the vaccination is offered as a mist or an injection, but this year the Centers for Disease Control determined the mist version to be ineffective. That meant re-ordering vaccines in the form of an injection, which took a little longer, according to Pridgen.

"About 40 percent of what we typically order is mist," Pridgen said.

Pridgen said she believes the clinic has received enough vaccines, but in the event of an outbreak, more people typically will want the shot.

"It takes two weeks after your shot for you to have immunity. I recommend people go ahead and come in and get it, as opposed to waiting for an outbreak," Pridgen said.

According to Pridgen, the myth that care givers should not get the shot is untrue.

"You don't get the flu from the flu shot. The injectable vaccine is not a live virus. People who are very ill need their care givers to have the flu shot so they don't take them the flu accidentally," Pridgen said.

The vaccinations were made available at multiple venues and events on post during October, with priority given to uniformed personnel. Active duty medics set up stations to administer the vaccination at USAACE Headquarters and at Yano Hall during October.

Vaccinations were also available as part of a retiree health fair on post Friday.

Department of the Army civilians are encouraged through their insurance coverage to get their flu shot, with options in the surrounding community to include area clinics, pharmacies and doctor's offices, according to Pridgen.

Lyster Army Health Clinic began offering the flu shot at the clinic Oct. 31 to uniformed personnel and family members, retirees, and beneficiaries. Lyster officials estimate they will give 60-70 vaccines per day next week.

People can expect longer wait times during the lunch period because of staff rotations during that time, Pridgen said.

The vaccination process includes a questionnaire which is given prior to administering the vaccine to assess the individual's current state of wellness, and addresses potential allergies and medications the individual may be currently taking that could hinder the vaccine's effectiveness.

"If you're going to take the shot, you need to get the full effect," Pridgen said.

Anyone who has had Guillain-Barre Syndrome should not receive the flu shot, according to Pridgen.

For the first time this year, all Depart-

ment of the Army Defense Activity school children are required to receive the flu vaccine, according to Pridgen.

Upcoming evening clinics for DODEA school children are scheduled at Lyster Army Health Clinic for Monday and Nov.

15, 17, 21, 22, 28, 29 and Dec. 1, between the hours of 3:30 p.m. and 5 p.m.

"Prevention is key. Is it going to prevent every strain? No. It's not an exact science. But the most prevalent strains should be covered with the vaccine," Pridgen said.

Bazaar

Continued from Page A1

the form of scholarships and welfare."

According to Kosman, the scholarships help several students further their education.

"The scholarships that are given out go to several of the local colleges and universities in Alabama," she said. "We have support from many different companies and organizations that also supply funds towards scholarships."

Admission is \$5 per person, and children 12 and younger get in free. Holiday "swag bags" will be distributed to the first 500 customers. "This is a great event for everyone to come together, not just military or civilian, but as a Wiregrass community," Kosman said.

Anyone who does not possess Department of Defense identification cards must obtain a gate access pass. Visitors may obtain passes from one of the visitor control centers at the Daleville and Ozark gates. The Daleville VCC is open 8 a.m. to 4 p.m., Mondays through Sundays. The Ozark VCC is open 8 a.m. to 4 p.m., Mondays through Fridays.

Those with a valid, Common Access Card, retiree ID or military dependent ID do not need a visitor access badge. Only active duty and retired U.S. service members and their dependents, and DA civilians with a valid, DOD-issued ID card may escort visitors, according to Fort Rucker's website.

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12 ASHLEY - \$167,000: Beautiful, well maintained home on corner lot is located near Ft Rucker & shopping. You'll love the spacious kitchen with beautiful cabinets & stainless steel appliances. Laundry room is conveniently located next to kitchen. This home has immaculate floors, tray ceilings, updated light fixtures, wood floors & a deck for cookouts or relaxing. Spacious backyard is ready for entertaining or just hanging out! Utility room in 2-car garage. Come & see this home & all its extras! **MARGE SIMMONS 334-477-1962. MLS# 20161734**



new LISTING



9195 PALM, GENEVA - \$89,300: Are you looking for that private GET AWAY, but don't want to have to travel too far, then STOP because this is IT! Just on the outskirts of the City of Geneva, you have city water & Alabama Power for electric, & the utilities are underground with your own transformer close to the property. 3BR/2BA manufactured home with eat-in kitchen, living room & laundry with washer & dryer. 13 acres of wooded land with all kinds of trees, hardly any pines & a small creek on the property. **EVELYN HITCH 334-406-3436. MLS# 20161745**



new LISTING



286 WESLEY, OZARK - \$94,900: Very convenient to schools, park & lake. This nice ranch features 3BR/2BA, big living space for entertainment. With 2 extra rooms, this can be 4 bedrooms, fenced backyard with room for all kind of outside activities. Alabama Right of Redemption may affect this property. Built prior to 1978, lead based paint potentially exist. Seller do not guarantee or warrant title on this property. **BOB KUYKENDALL 334-369-8534 & NANCY CAFIERO 334-389-1758. MLS# 20161712**




new LISTING



511 OLD NEWTON, DALEVILLE - \$108,500: Very nice 3BR/2BA home convenient to Ft. Rucker & minutes from Dothan. **FRAN & DON KALTENBAUGH 334-790-5973. MLS# 20161761**



new LISTING



604 LEGENDS TRAIL - \$400,000: Beautiful custom built executive home located in Legends subdivision. Home offers 5BR/4BA, a bonus room that could be a media room, game room, etc. Other features include a formal dining room as well as formal living room with 20 ft ceilings. Home has 10 ft ceilings downstairs & 9 ft upstairs. 6 ft doors, crown molding throughout, granite countertops, surround sound inside & out, alarm system to include video cameras, large deck off master bedroom that overlooks salt water pool. **TERRI AVERETT 334-406-2072 & JACKIE THOMPSON 334-406-1231. MLS# 20161770**




new LISTING



112 WILLOW - \$91,500: Great house with hardwood & tile floors throughout, large kitchen with eat-in area, large double ovens & lots of cabinets. Gas log fireplace in living room plus a bonus room that could be used as a bedroom. Walk-out basement with full bath. Very convenient to Holly Hill Elementary School. **BOB KUYKENDALL 334-369-8534 & NANCY CAFIERO 334-389-1758. MLS# 20161772**




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89 COUNTY ROAD 679 - \$199,900: 4 bedroom home on the outskirts of town & over 2,000 SF with 24x36 workshop. Feel the comfort of home! **FRAN & DON KALTENBAUGH 337-790-5973 & BOB KUYKENDALL 334-369-8534. MLS# 20161767**



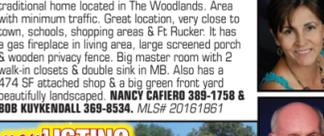

new LISTING



410 COUNTY ROAD 163 - \$319,000: Beautiful 5BR home on 1/2+ acre. Master & 3 bedrooms downstairs with 2 bedrooms plus a bonus room upstairs. 2 water heaters, 2 AC units, 3/4" hardwood floors, huge laundry room, pantry, formal dining room, screened porch. Large backyard with a playhouse. Lots of storage space! **TERRI AVERETT 334-406-2072 & JACKIE THOMPSON 334-406-1231. MLS# 20161798**




new LISTING



126 ASHLEY - \$139,900: Excellent price on this traditional home located in The Woodlands. Area with minimum traffic. Great location, very close to town, schools, shopping areas & Ft Rucker. It has a gas fireplace in living area, large screened porch & wooden privacy fence. Big master room with 2 walk-in closets & double sink in MB. Also has a 474 SF attached shop & a big green front yard beautifully landscaped. **NANCY CAFIERO 334-389-1758 & BOB KUYKENDALL 369-8534. MLS# 20161861**




new LISTING



268 WINDSOR GARDEN - \$138,000: This garden home is priced to sell. It has a split floor plan with the master suite being on the back with Jacuzzi, shower & double vanity & the other 2BR up front with a guest bath. Open floor plan with living room, dining area & kitchen with a center island that has the sink & bar to eat at, small pantry & then access to the garage. The backyard is very private with the double privacy fencing slats & backs up to Shell Field. Buffer area with trees. Covered back patio. **EVELYN HITCH 334-406-3436. MLS# 20161836**



new LISTING



464 GRIFFITH, NEW BROCKTON - \$179,000: This immaculate 3BR/2BA home is in the Mayberry subdivision! Set on 1.43+ acres, this home offers community living conveniences like neighbors & sidewalks while also providing the privacy of country living. From the welcoming front porch to the gorgeous hand-scraped wood floors & tray ceilings, spacious kitchen & bonus family room, this house will meet your wish list! Add in a large 2-car garage plus a 1-car detached garage & a beautiful arbor deck - this house will say sold! **THERESA HERNANDEZ 334-379-5937. MLS# 20161835**



new LISTING



211 SYLVAN - \$165,000: Everyone is familiar with this elegant, custom-built, 1-owner home on the hill on Sylvan Dr. Multilevel landscaping covering 2 1/2 lots makes quite a showplace in the Spring with its azaleas, camellias & hydrangeas. The main level features 3BR/2BA, a formal living room, formal dining room, a family room & eat-in kitchen. Downstairs are a 4th bedroom, 1/2 bath, laundry room, garage & workshop. Unbelievable storage. A chair lift to the basement can stay or owner will remove. Huge covered patio for outdoor entertaining overlooks it all. **JAN SAWYER 334-406-2393. MLS# 20161847**



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405 COPPINVILLE: First time investors need to check out this delightful & spacious home from the screened front porch. Centrally located in town! With a little love & care this home could be the best house on the street! **ROGERS THE REALTOR 406-0726.**



COTTON CREEK ~ \$204,900



101 HALL HILL COURT: Beautiful garden home with open floor plan located in Cotton Creek Subdivision. Over-sized master bedroom, master bath has garden bath & separate shower with large walk-in closet. Nice fenced in backyard with patio. **TEXT TERRI 406-2072**



NEW CONSTRUCTION ~ \$154,000



213 JASMINE CIRCLE: Tucked in the woods off Boll Weevil Circle. While providing privacy, they offer the convenience to schools, shopping, golf restaurants & minutes from Ft Rucker. Security system, wood floors, stainless appliances, natural gas heat/cooking/water heater, low E windows, irrigation system, 2" faux wood blinds, framed mirrors in bathroom & tray ceiling in grandroom & fence across back property line. (Maple Leaf Plan) **MARGE SIMMONS 477-1962**



\$154,500



412 EAST LEE STREET: Busy Lee Street location. Nice home but zoned for B-2. Lots of possibilities for your new or existing business. **PAT LEGGETT 406-7653**



\$29,000



138 SOUTH CARROLL: This is a great little starter home or for rental investments. Has had a very good rental history. The present owners have replaced the water heater & installed new vinyl siding & soffits. **DEBBIE SUNBROCK 406-9079**



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109 FOREST ~ \$135,000
Beautiful updated home in a well-established neighborhood convenient to schools, church & shopping. 3BR/2.5BA with 2 living areas. The downstairs has 2 large rooms, a full bath & an extra-large closet. Perfect for mother-in-law suite or recreation room for kids, or just bonus space! All of this & more on an over sized lot! **DIRECTIONS: Turn north on Wats & left on Forest.**



103 FOREST ~ \$125,000
Great starter home, downsized home or investment property. Updated with stainless steel appliances, wood & tile floors. Extra room could be turned into a 3rd bedroom. Lots of storage & space!! Convenient to schools, shopping & the hospital. This home is immaculate!!! **DIRECTIONS: Turn north on Wats & left on Forest.**

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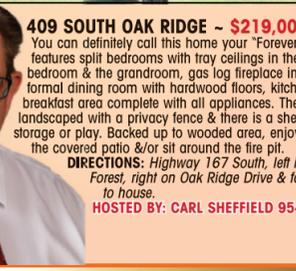
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3697 HIGHWAY 27 ~ \$129,000
Immaculate 3BR/2BA located minutes from downtown Enterprise. This has been the perfect starter home for this little family, but it's time to expand. The large, eat-in kitchen is right off the family room. French doors open to the patio allowing easy backyard entertaining. The privacy fenced backyard itself is huge! Football anyone? The master bedroom has a walk-in closet & double sink vanity in the bathroom. You won't find another home in this price range in such good condition. **DIRECTIONS: From Boll Weevil Circle take Highway 27, south toward Geneva. House is 4-5 miles down on the right. HOSTED BY: JAN SAWYER 334-406-2393**

OPEN 1:00-3:00PM



409 SOUTH OAK RIDGE ~ \$219,000
You can definitely call this home your "Forever Home". It features split bedrooms with tray ceilings in the master bedroom & the grandroom, gas log fireplace in grandroom, formal dining room with hardwood floors, kitchen with bar & breakfast area complete with all appliances. The yard is level & landscaped with a privacy fence & there is a shed/playhouse for storage or play. Backed up to wooded area, enjoy barbecues on the covered patio &/or sit around the fire pit. **DIRECTIONS: Highway 167 South, left into Oak Ridge Forest, right on Oak Ridge Drive & follow around to house. HOSTED BY: CARL SHEFFIELD 954-651-6722**

BROWNOUT

Tests aim to help Aviators own the environment

By Mark Schauer
U.S. Army Test and Evaluation Command
Public Affairs

YUMA PROVING GROUND, Ariz. — Takeoff and landing are the two most dangerous periods for any aircraft.

The danger is compounded when a helicopter is caught in a degraded visual environment such as a brownout.

Caused by rapidly blowing sand and dirt thrown into a vortex by the rotor blades of a helicopter, a brownout's swirling dust gives pilots the illusion they are moving even if they are hovering stationary. Hazardous in any situation, it is particularly risky when landing in a combat zone.

"We are visual creatures," said Maj. Joe Minor, Degraded Visual Environment Mitigation program manager who has flown multiple missions in Afghanistan. "Eighty percent of the information we take in is visual. You have to fight that impulse and trust the aircraft's symbology and guid-

ance, which takes some training."

YPG has conducted tests of multiple technologies to mitigate this risk, but recently hosted the first portion of a significantly more comprehensive effort to gain knowledge of how best to technologically confront all manner of DVEs, from snow and fog to smoke and the flat, endless white light of the world's snowiest places.

"This is not a panacea," said Dr. William Lewis, director of the Aviation Development Directorate at the Army Aviation and Missile Research and Development Center. "This is something near-term and real, where everyone recognizes its importance."

"This DVE mitigation program is a concerted effort to attack not only brownouts, but to build the capability of being able to fight in all weather conditions," added Col. Steven Braddom, director of the Avi-

SEE BROWNOUT, PAGE B4



PHOTO BY MARK SCHAUER

U.S. Army Yuma Proving Ground, Ariz., conducts tests of multiple technologies to mitigate the risk degraded visual environments pose to helicopter pilots.



PHOTO BY SGT. STEVEN GALIMORE

Round shells from a M240 fall in the background as a Soldier from 3rd General Support Aviation Battalion, 82nd Combat Aviation Brigade, engages a target from a UH-60 Black Hawk during an aerial gunnery training exercise at Marine Corps Outlying Field Atlantic, N.C., Oct. 20.

TAKING AIM

Aviators help sniper teams shoot for European Best Squad

By Staff Sgt. Kathleen Polanco
7th Army Training Command
Public Affairs

GRAFENWOEHR, Germany — A Norwegian squad walked away with top honors in the 2016 European Best Squad competition Oct. 27.

This year's competition was focused on military sniper teams. Ten squads from across Europe competed alongside five U.S. military teams during the competition Oct. 23-27.

The competition, hosted by the 7th Army Training Command at Grafenwoehr, is an annual squad competition that is focused on bringing together different squads from NATO and Partner for Peace nations by participating in a series of events.

The sniper squad from Sweden took second place, while the squad from Belgium took home third place.

The competition included a friendship shoot, a high-angle shoot from a helicopter, a water shoot from a boat, advanced marksmanship and night shooting. Some of the physical events included stalking, a terrain run, a 20-kilometer foot march, an obstacle course and land navigation.

"The competition challenged the competitors' physical and mental toughness as well as their marksmanship proficiency," said U.S. Army Maj. Erick Nyingi, the officer in charge of the competition.

The goals of the competition are to promote professionalism and esprit de corps, develop traditions and continue to promote partnerships with allies and Partner for Peace nations.

"We will fight together," said Nyingi. "So we train together, develop trust in each other, and share tactics, techniques and procedures."



PHOTO BY GERTRUD ZACH

Spanish soldiers conduct the High Angle Shot lane during the European Best Sniper Squad Competition at the 7th Army Training Command's Grafenwoehr Training Area, Germany, Oct. 24.

The squads are made up of five Soldiers: a squad leader and two sniper teams. Each sniper team consists of a shooter and spotter.

The European squads that participated in this year's competition are from: Belgium, Denmark, Italy, Latvia, Lithuania, the Netherlands, Norway, Sweden, Spain, the United Kingdom and the United States. The U.S. squads that participated included: 1st Battalion, 4th Infantry Regiment, Hohenfels; 2nd Cavalry Regiment, Vilseck; 173rd Airborne Brigade, Grafenwoehr; 4th Infantry Division from Fort Carson, Colorado; and 2nd Battalion, 8th Marine Regiment, U.S. Marine Corps.

The multinational competition proved to be of great use for many of the squads as they expressed that they are going to take what they learned from the competition

back to their units.

The Norwegian squad leader, Sgt. Kri-tian Bjarka, said that he plans to implement stalking in the open terrain at his home unit.

Although the Best Squad Competition is an annual competition, some of the squads are new participants.

This is the first year that any sniper squad from the USMC is participating in the competition. The squad, stationed at Camp Lejeune, N.C., had three recently-trained snipers on the squad, said Sgt. Mark Slocum, the squad leader of the USMC sniper squad.

Even though some of the Marines on the squads are new snipers, the Marines came prepared to perform whatever task was giv-

SEE AIM, PAGE B4

FLEXING

25th ID team puts power on display for veterans, families

By Staff Sgt. Armando Limon
Army News Service

SCHOFIELD BARRACKS, Hawaii — Veterans, families and members of the local community observed the combat power on display during a capabilities exercise led by the 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division at the Battle Area Complex Oct. 6.

The CAPEX was a live-fire training mission that displayed the raw power of the 25th ID "Tropic Lightning."

More than 200 Soldiers performed before 450 spectators during the exercise to finish off the annual Tropic Lightning Week held in the beginning of the month.

"The CAPEX really brings in a company task force," said Lt. Col. John E. Hill, commander, 2-35th Inf. Regt. "Typically, a lot of our training is done with the enablers that the battalion can provide. However, during the capabilities exercise, we bring in Aviation, artillery, and we bring in engineer assists."

Soldiers assigned to the 29th Bde. Engineer Bn., 3rd BCT; 3rd Bn., 7th Field Artillery Regt., 25th Div. Artillery; and 3rd Bn., 25th Aviation Regt., 25th Combat Avn. Bde., worked in concert within Task Force Cacti during the CAPEX.

"It really goes to show how lethal, trained and prepared a company or battalion task force can be — what we can do when we're deployed in the battlefield," Hill said. "Wherever we go in the Pacific area of operations, we can bring a lot of lethality."

For many of the Soldiers, platoon leaders and company commanders, the fruition of the exercise was due to the arduous year-long training the battalion had undertaken to make the CAPEX a success, he added.

The performance of the Soldiers of Tropic Lightning linked them to their veterans who had served with the division in peacetime and previous wars. "Today, especially, with the 25th Infantry Division veterans that have come out today to witness this great event, the 25th ID alumni association, we can connect the current Soldier with the past, and that's hugely important to them," Hill said.

One of the veterans making a connection to the Soldiers serving today was Rick Melli, a retired lieutenant colonel.

"It's fantastic seeing everything out here today," Melli said. "It's like coming home."

Melli said he had served with the 2nd

SEE FLEXING, PAGE B4



PHOTO BY STAFF SGT. ARMANDO LIMON

An HH-60M assigned to C Co., 3-25th Avn. Regt. hoists up a flight medic and a simulated casualty at the Battle Area Complex on Schofield Barracks, Hawaii, Oct. 6.

CLASSIFIEDS

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Brownout

Continued from Page B1

ation Applied Technology Directorate.

Braddom observed that with modern infrared sensors and other technologies, night time, perhaps the most degraded visual environment of all, is now prime time for American military operations.

“Dark night went from being a hazard to our greatest tactical advantage,” he said. “Now we prefer to operate in the darkest night we can find. We’d like to transform operating in other weather environmental conditions to our advantage, just like this.”

The testers are looking at three different facets of the pilot’s flight tools – sensors, cueing, and flight control – to find the best mix for flying in all types of degraded environments. For example, advanced flight controls and cueing may reduce an aircraft’s reliance on sensors in some situations. The testers are also aware that a comprehensive solution meant for all types of DVEs will likely involve trade-offs, and want to identify what the potential consequences of each could be.

“The project is trying to investigate what makes more impact in solving the DVE problem,” said Hi-Sing Silen, test officer. “The sensor is something that can

see through the degraded environment. Cueing is flying virtual reality – the pilot is given a display, either head-mounted or dash-mounted, with a lot of cues that tell things like altitude and velocity.”

Though highly technical, the most visible aspect of cueing comes from symbol displays on a flip-down visor pilots look through in a DVE. There are also audio and tactile cues, such as vibrations in the seat or safety harness if flying too close to an obstacle.

“Cueing is a good solution to fly safely to a given point, but not a complete solution,” said Silen. “The advantage comes if you have accurate profiles of known terrain, but if you’re in a tactical scenario, you likely don’t have a lot of situational awareness as to what is going on down there. If you are in a dynamic landing zone with adversary vehicles coming in, the cueing will guide you to that point but won’t have the SA of what is going on around you.”

The focus of YPG’s portion of the testing is on brownout conditions, which are multi-faceted. Aside from different models of helicopters producing different types and degrees of brownouts, the conditions on a landing zone obscured by standing dust are different than one caused

by multiple aircraft landings in short or simultaneous sequence.

“Our focus to this point has been single-ship, but on the sensor side we have looked at multi-ship operations,” said Minor. “Successive aircraft have to go into an area that already has been browned out. We’re looking at the ability of the sensors to see through existing poor conditions to find obstacles.”

YPG’s DVE landing zone has multiple tilled lanes meant to maximize the grit and dirt kicked up by a helicopter’s rotor wash, and also includes target areas and obstacles. Flying successive tactical sorties through on multiple days takes a great deal of planning to ensure safety.

“We have a robust obstacle field that the team at YPG has put together that incorporates a number of poles, wires and vehicles – all at different angles and sizes,” said Minor. “Because of the need to detect obstacles inside of a dust cloud, we have Humvees drive into the dusted-out scene to check the radar and sensors’ ability to see an obstacle when already in an obscured environment.”

Every test day, experimental test pilots fly tactically realistic scenarios across the proving ground, utilizing the DVE LZ and various mountain ranges along the way

from Laguna Army Airfield. The DVE LZ in particular is a challenge even to the most experienced of these pilots.

“It’s a fairly tight squeeze for a Black Hawk, especially in a degraded visual environment,” said Maj. Mike Osmon, experimental test pilot. “It takes varsity-level moves to land safely.”

In addition to giving reports on their experiences using the system, the pilots can be accompanied by a test observer and a chase helicopter that gathers data during each flight. The effort commonly requires the support of between 20 and 25 personnel. YPG test officers coordinate helicopter re-fueling at the isolated DVE LZ to maximize the testers’ range time and ensure that the wide-ranging missions can take place without interference from other test programs in progress on the range.

“YPG support is amazing,” said Minor. “There is nowhere else we can get the terrain and mission support we get here. Flexibility isn’t enough: you have to be fluid, and YPG has always gone the extra mile accommodating our tests safely within the limits of the test plan.”

“It is a great capability and a great center of hospitality,” agreed Lewis. “The broader Yuma community was very gracious to us, as well.”

Flexing

Continued from Page B1

Bn., 27th Inf. Regt. at Schofield from 1963 to 1966. During his last year in Hawaii, Mellie was part of the advance party, in what was then the Republic of Vietnam, before the rest of his regiment arrived at the port of Vung Tau, near Saigon. He was deeply impressed by combined arms elements of TF Cacti using an infantry company supported by mortars, artillery fire, sappers and Aviation elements working in concert during the CAPEX.

The unseen element for TF Cacti, the scout platoon, gave invaluable support by giving invisible, but extremely lethal direct fire, said 1st Lt. Christopher Pawlik, scout platoon leader, Headquarters and Headquarters Company, 2-35th Inf. Regt.

“We have a reconnaissance team; that’s how we’re conducting surveillance and reporting back to our battalion (tactical operations center) on any movements on the objective,” he said. “In our battalion, we have one sniper team that interdicts targets at the objective, and any targets of opportunity, to provide freedom of movements of the main company.”

Members of Pawlik’s platoon impressed the crowd to its delight when they emerged from grass taller than the height of an average male while wearing their ghillie suits – a special type of camouflage uniform.

“Actually having our snipers close to and seeing the rest of the battalion and all the VIPs come and witness,” Pawlik said, “it’s very rare to see a sniper come and shoot to take down targets. It’s awesome to be a part of and get recognition for our guys.”

Aim

Continued from Page B1

en to them.

“We didn’t find out about the competition until about two months before we actually came out here,” said Slocum. “So we came up with an eight-week training plan, which consisted of stalking, live-fire exercises, call for fire exercises and pretty much everything we were going to do out here.”

Slocum said that the Marines found that their pre-training came to valuable use throughout the competition.

The Italian Army squad had a bit more experience in the sniper field with their soldiers ranging from five to 10 years of experience.

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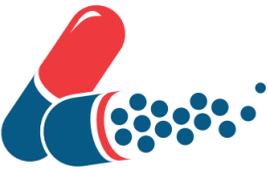
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NOVEMBER 3, 2016

BRINGING HISTORY TO LIFE



PHOTOS BY NATHAN PFAU

Spc. William Johnson, HHC, 1-212th Avn. Regt., demonstrates rifles similar to those used during the Civil War during a living history demonstration at Fort Rucker Elementary School Friday.

Soldiers educate students, develop professionally

By Nathan Pfau
Army Flier Staff Writer

Students at Fort Rucker Elementary School got the chance to see history come to life as Soldiers, clad in uniforms from various conflicts in American history, provided lessons that gave both a mutual learning experience.

Soldiers of the Headquarters Headquarters Company, 1st Battalion, 212th Aviation Regiment, put on a living history demonstration Friday at the elementary school for nearly 130 fifth and sixth graders as a means to impart knowledge to students but also gain leadership skills, according to Capt. Robert Sprague, HHC, 1-212th Avn. Regt. commander.

“We do professional development each month and we decided instead of doing a classroom-type lecture, to let the Soldiers get a topic and go out and teach it to somebody, and we figured that the fifth and sixth graders would be the best group to do it with,” he said. “I want the Soldiers to get a joy for learning their lineage – where U.S. Army Soldiers come from – and I just want the kids to learn a bit of history and to enjoy it.”

Throughout the process, six different stations were set up where Soldiers donned period-appropriate gear to teach students about the different conflicts throughout American history, including the Revolutionary War, the War of 1812, the Civil War, World War I, World War II and the Vietnam War.

During the demonstration, students had



Students get to check out a uniform similar to those worn by Soldiers during World War I.

the opportunity to learn about things from what the Soldiers ate, how they slept and lived, to how they loaded and fired their weapons during battles.

Each Soldier was able to choose their particular time period they wanted to teach and, in doing so, had to prepare their own research and material. For Spc. William Johnson, HHC, 1-212th Avn. Regt., it was the Civil War he chose to teach about – a conflict he said has always piqued his interest.

“I chose the Civil War because that was the most interesting to me, not to say that the other conflicts weren’t just as important,” he said. “The war had a lot to do with



Spc. Jonathan Addis, HHC, 1-212th Avn. Regt., shows students at Fort Rucker Elementary School how to properly load and fire a musket similar to those using during the Revolutionary War.

the abolition of slavery, so that was a big interest for me.”

For Spc. Jonathan Addis, HHC, 1-212th Avn. Regt., it was the Revolutionary War that he got the chance to teach children about. He chose that particular war because of its importance in shaping the country.

“(The war) was about the process of defecting from England and creating our own democracy. The fact that we had to fight tooth and nail to gain our independence gives me a more inspired view of the life of a Soldier and what they had to do to accomplish their mission,” he said.

Although the living history demonstration was a great learning experience for the students, it was also an important lesson for the Soldiers, as well, who had to research for a month or more to get ready for the event.

“I’ve been researching this for at least the last month just trying to get the facts that are interesting for the children – it was a lot of reading and researching,” said Johnson. “Going through this process, I learned a lot

about not only (the Civil War), but the others, as well.

“It also gave me the opportunity to learn how to talk to kids, because this is brand new to me,” he said. “I’ve never done anything like this before, and I learned that you can never be too prepared – I learned a lot through the process. I think this was an easy way for me to learn to speak in front of not just kids, but people in general.”

Addis, who has a 5-year-old daughter of his own, said that although he is used to talking to children, speaking and teaching to 20-30 students at a time can be a daunting task, but well worth the effort if he’s able to give them a memorable learning experience.

“We get out here and get to show the kids that this is where the Army started off and this is how far we’ve come so far,” he said. “It’s humbling to see that the kids are learning a lot, so for me to be able to come out here and to be able to teach these kids facts is really fulfilling.”

Fellowship, camaraderie highlight weekend events

By Nathan Pfau
Army Flier Staff Writer

In a weekend filled with events to keep Soldiers and families entertained, one event also provided a way for the community give back to Soldiers who sacrificed mightily for their country.

The day of events began as hundreds come out to West Beach on Lake Tholocco Saturday ready to run, with many dressed in costume as they lined up for the Spooky 5K and then a costume contest and chili cook off, but the event with the most impact was the culmination of the Wounded Warrior Fall Hunt, according to John Clancy, Fort Rucker Outdoor Recreation manager.

The hunt, which ran Oct. 26 through Saturday, benefitted wounded warriors by providing an event for fellowship and camaraderie, said Clancy.

“Basically what this event is for is to get some of these wounded warriors out,” he said. “This is a great way for them to meet new people and other fellow wounded warriors, who they can talk to and enjoy the outdoors with.”

Twenty Five wounded warriors participated in this year’s hunt, which Clancy is calling the best they’ve had so far, and winners for this year’s hunter were Bobby Daugette, veteran, for heaviest pig



PHOTO BY TORI EVANS

Runners head out at the start of the Spooky 5k Saturday at Lake Tholocco.

at 175 pounds; and Jeremy Cook, veteran, who took first place for most pigs, with two.

Despite the hunt being a competition, Clancy said it was all about being able to come together and share the love for outdoor recreation.

Oftentimes, wounded warriors suffer from post-traumatic stress and depression, so they might not want to be active, but getting them out and about is a great way to combat that, said the ODR manager.

“We actually had one wounded warrior participate who hadn’t left his house in two years,” said Clancy, adding that, through a

mutual friend, they were able to get him involved in hunting and eventually to join the hunt.

“All the hunters and the veterans get to meet each other and the guides, and they all make personal relationships with each other,” said the ODR manager. “They come from all over the place and make good connections and good friends – and that’s what it’s all about. The prizes and the equipment are just a bonus.”

All proceeds from the hunt go toward providing wounded warriors with equipment and recreational activities through outdoor recreation. In past years, the hunt has provided the funds to be able

to provide a myriad of equipment for wounded warriors, including two handicap-accessible elevated tree stands and track chair, a customized handicap-accessible boat with specialized controls, as well as a handicap-accessible travel trailer that wounded warriors can use to take on trips.

Clancy said all of this is possible through the efforts of the outdoor recreation team, numerous volunteers, as well as other organizations on post that help with the hunt, including the Directorate of Public Safety, the Directorate of Plans, Training, Mobilization and Security, and range operations.

“It’s not just me, it’s the whole team – all of the volunteers and civilians, and the outdoor recreation team who give their time to make this all happen,” said Clancy, adding that his passion for helping and serving wounded warriors stems from not being able to serve.

“I couldn’t serve my country and these individuals go over there and (serve this country) and often come back hurt or see their friends get hurt, and I’m lucky enough not to have to see that,” he said. “I want to repay them in any way that I can for everything that they’ve done – it’s just in my heart.”

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

International Spouses Get Together

Army Community Service hosts its International Spouses Get Together the first Friday of every month at 9 a.m. at the Allen Heights Community Center. According to ACS officials, the get together is a place for spouses to find support, and help with finding resources for obtaining U.S. citizenship, education, drivers licenses and more. Multilingual volunteers are available.

For more information, call 255-3735.

DFMWR ornament contest

The annual Directorate of Family, and Morale, Welfare and Recreation ornament contest continues through Nov. 23. Prizes will be awarded to first-place entries in the following categories: 3-5 years old, 6-8 years old and 9-11 years old. Ornaments may be turned into the youth center, child development center or central registration in Bldg. 5700. All entries will be displayed on the post Christmas tree. Parents should label their children's entries with the child's name and age, and the guardian's name and contact information.

For more information, call 255-1749 or 255-9810.

Coffee & Conversation with Vicki Cody

In celebration of the Month of the Military Family, The Landing will host Coffee & Conversation with Vicki Cody Friday from 9-10 a.m. Cody will discuss her life as a military spouse. She spent 33 years as an Army wife, supporting her husband in his career. While raising their two sons and moving all over the U.S. and overseas, she served as a coach and mentor for Army spouses and as an advocate for Army families. Vicki Cody will share her experiences as an Army wife and answer questions from the audience. RSVPs are recommended. People can register online at <https://www.eventbrite.com/e/coffee-conversation-with-vicki-cody-tickets-27629452436>. Coffee and light refreshments will be served.

For additional details, visit rucker.armymwr.com, or call 255-3817 or 255-3161.

Thanksgiving craft

The Center Library will host a Thanksgiving craft session Tuesday from 3:30-4:30 p.m. for children ages 3-11. Light refreshments will be served. Space is limited to the first 65 children to register. The event will be open to authorized patrons and will be Exceptional Family Member Program friendly.

For more information or to register, call 255-3885.

Mom & Me: Dad too!

Army Community Service hosts its Mom & Me: Dad too! playgroup Mondays from 9:30-11 a.m. at The Commons. The playgroup is for families with children ages birth to 3 years old.

For more information, call 255-9647 or 255-3359.

Tot Time

Army Community Service hosts its Tot Time playgroup Wednesdays from 9:30-11 a.m. at The Commons, Bldg. 8950. The playgroup is for children 12-36 months and their caregivers. The playgroup provides programs and activities that enhance caregiver-child interaction, and stimulate child growth and development.

For more information, call 255-9647 or 255-3359.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Nov. 10. People who attend will meet in Rm. 350 at 8:40 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 11 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

Blue Angels air show

MWR Central will host a day trip to Pensacola, Florida, to see the 70th anniversary Blue Angels Air Show Nov. 11. People are welcome to bring a lawn chair or blanket and spend the day watching the show. Cost is \$18 per person. For more information, call 255-2997.

Library Saturday matinee

The Center Library will begin hosting its



PHOTO BY NATHAN PFAU

Camping Under the Stars

Fort Rucker will host its sixth annual Camping Under the Stars Nov. 18 at West Beach, Lake Tholocco. The event will feature a night of camping out, s'mores and hot chocolate, games, a story reading and two movies on the big screen. People can call outdoor recreation at 255-4305 to check out tents - there are three-man and six-man tents. The event is free and open to military ID card holders. For more information, call 255-1749. Pictured is a scene from last year's event.

Saturday matinee, a new free monthly event, Nov. 12 at 1:30 p.m. when it shows "The Dirty Dozen." The 1967 movie is about a rebellious U.S. Army major assigned a dozen convicted murderers whom he must train and lead on an assassination mission on the eve of D-Day. The showing will be open to authorized patrons and Exceptional Family Member Program friendly.

For more information, call Center Library at (334) 255-3885.

Family Member Resilience Training

Army Community Service will host its family member resilience training Nov. 14 from 9-11:30 a.m. at The Commons. The training is designed to give people the tools they need to become more resilient in all the challenges that life may throw at them.

For more information, call 255-3161 or 255-3735.

SAC open house

The Fort Rucker School Age Center will host an open house for families that do not currently use the center Nov. 14-18 from 4-6 p.m. Children in first-fifth grades may be dropped off for a maximum of one hour within the week at no charge. Parents must schedule a tour and reservations before a child may be dropped off. If a Special Needs Accommodation Process is in progress, the parent must stay with the child.

The following events will be happening during the open house: Nov. 14, family movie night, "Zootopia," PG, from 4:30-6 p.m.; Nov. 16, family dodgeball, 5-6 p.m.; and Nov. 18, Turkey Wobble Skate Night, 6:15-9:30 p.m. All children must be registered with child, youth and school services. To attend the open house, parents must visit parent central to register their children and call to schedule a tour of the facility.

For more information, call 255-9108.

Right Arm Night

The Landing Zone will host Fort Rucker Right Arm Night Nov. 17 from 4-6 p.m., hosted by the U.S. Army Aviation Center of Excellence. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 255-0768.

Turkey Wobble Skate Night

The Fort Rucker School Age Center staff wants to know who knows the "Turkey Gobble" dance and who has a great turkey call, so it's hosting its Turkey Wobble Skate Night Nov. 18 from 6:15-9:30 p.m. The event will feature prizes for the best rendition of the "Turkey Gobble" dance and best turkey call. Safety skate will cost \$2 and will be from 6:15-7:15 p.m. - parents must

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be present. Regular skate will cost \$5 and will be from 7:30-9:30 p.m. Admission will be cash only and the staff asks that people try to have the exact amount. All skaters must be registered with child, youth and school services.

For more information, call 255-9108 or 255-9127.

Newcomers welcome

Army Community Service will host a

newcomers welcome Nov. 18 from 8:30-11 a.m. at The Landing. Active duty, spouses, foreign students, Army civilians and family members are encouraged to attend. A free light breakfast and Starbucks coffee will be served. For free childcare, register children at the child development center by calling 255-3564. Reservations must be made 24 hours prior to the newcomers welcome.

For more information, call 255-3161 or 255-2887.

FORT RUCKER MOVIE SCHEDULE FOR NOVEMBER 3-6

Thursday, November 3

When The Bough Breaks (PG-13) ..7 p.m.

Friday, November 4

Doctor Strange (PG-13)4 & 7 p.m.

Saturday, November 5

Doctor Strange (PG-13)4 & 7 p.m.

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TICKETS ARE \$6 FOR ADULTS AND \$5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

MWR contest recognizes novices, accomplished artists

By Jessica Marie Ryan
Installation Management Command
Public Affairs

FORT SAM HOUSTON, Texas – More than 150 participants from 44 installations generated 414 entries for the 2016 Army Arts and Crafts Contest.

The contest, ran by U.S. Army Installation Management Command's G9 Family and Morale, Welfare and Recreation Directorate, is an annual competition that recognizes the talent and originality of active-duty service members, family members, retirees and civilian employees in both novice and accomplished experience levels.

The competition included 10 categories: ceramic art, digital art, drawings, fiber art, glass art, metal art, 2D mixed media, 3D mixed media, paintings and wood art. Cash prizes of \$300 (first place), \$200 (second place) and \$100 (third place) were awarded in each category.

First Sgt. David Sayers, an Army reservist located in Salem, Virginia, competed in the last three Army Arts and Crafts contests. With over 10 years of woodworking experience, he won first, second and third place in the wood art for accomplished artists category. His first-place piece is called "Convertible Walnut Crib," which he built for his daughter Alexis. The crib was built out of walnut from his family farm.

"I wanted to build something that could be part of her life as she grew up and could be used as a crib and a bed," he said. "No matter where she goes, a piece of our family will go with her."

Another experienced artist entered the competition for the first time. Retired Master Sgt. Steve Opet found out about the contest after reading the garrison newspaper at Fort Bragg, North Carolina.

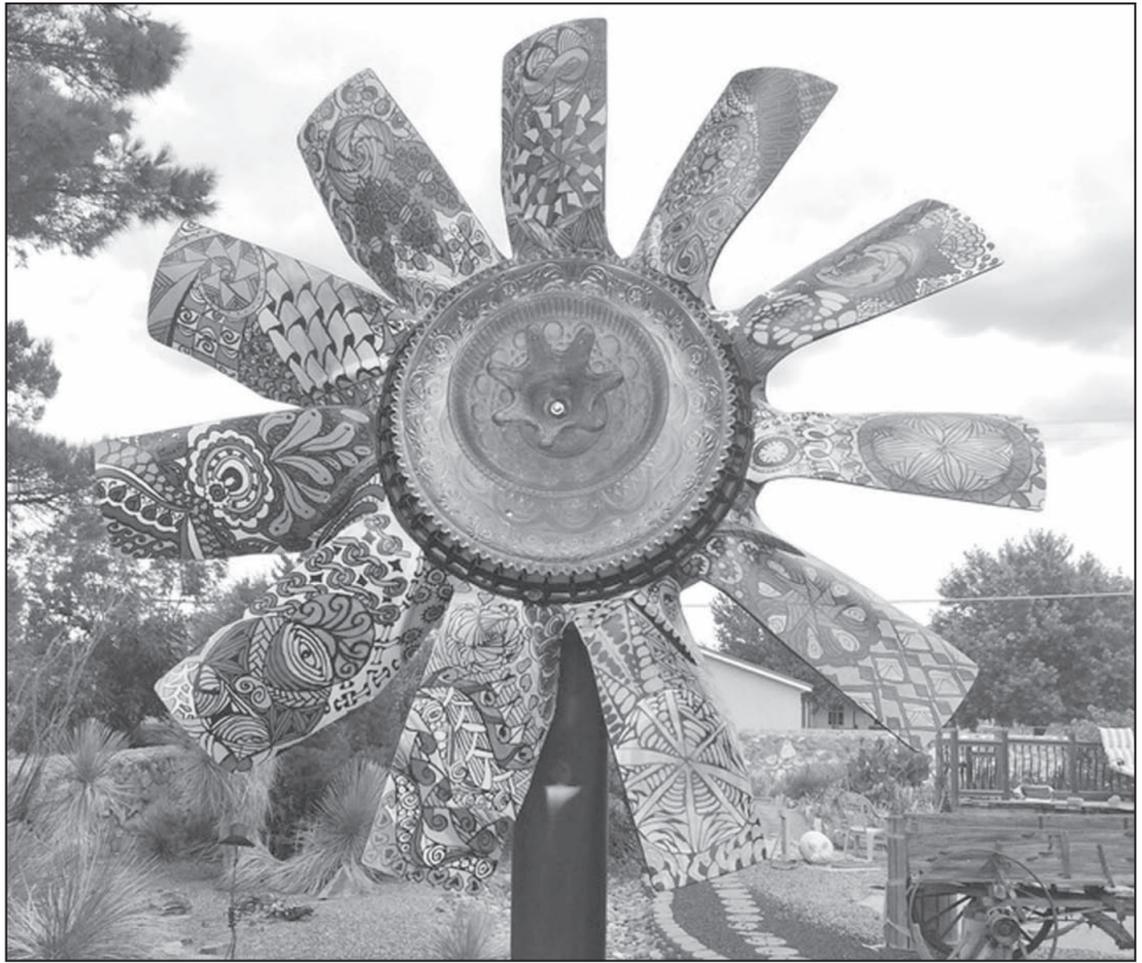
Opet's Army career spanned over 32 years with two deployments in Iraq. In his free time, he drew black-and-white and color cartoons. Some cartoons depicted military life while others, such as his first-place winning piece entitled "Red Go Round" in the drawing for accomplished artists category, came from photographs he collected.

"I use old photographs as reference, and search for photographs of children, their pets and men and women at work and at play – conventional subjects drawn in an unconventional way," he said in his artist's statement.

Opet thought the contest is a great opportunity for the military community to interact through the arts and encourage new artists to submit their work.

"It (the contest) does not discourage someone who is just starting out," he said. "It gives new artists a chance to enter their work and build their confidence."

One novice who competed is Scarlett Ayres, a civilian scientist at the U.S. Army Research Laboratory's Survivability/Lethality Analysis Directorate at White Sands Missile Range, New Mexico. Her piece called "Flower Radiating" won first place in the 3D mixed media for novices



ARTWORK BY SCARLETT AYRES

Scarlett Ayres, a civilian scientist at White Sands Missile Range, N.M., won first place in the 3D mixed media for novices category in the Army Arts and Crafts Contest ran by U.S. Army Installation Management Command. Her piece, "Flower Radiating" was made from a truck radiator fan and is now on display at her home.



COURTESY PHOTO

In an undated photo, Opet, sketches while in Kosovo. Opet is a self-taught artist and won first and third place in the drawing for accomplished artists category.

category.

Ayres learned about the contest by chance. She found a truck radiator fan on the side of the road and envisioned the item becoming a flower statue. She went to the MWR Arts and Crafts shop at WSMR for help with trimming the damaged blades. Through the encouragement of Al Fuller, the shop manager, she entered the contest.

Ayres claimed that she didn't have an artistic background, but she is an avid "DIY-er" and loves to upcycle items into art. She also said her artwork involves a form of artistic mediation.

"Creating a piece of art causes your at-



ARTWORK BY STEVE OPET

Retired Master Sgt. Steve Opet, representing Fort Bragg, N.C., won first and third place in the drawing for accomplished artists category. His first-place piece "Red Go Round" was based on a photograph he found in a local newspaper.

tention to shift to a state that allows fresh perspectives and creative insights to flow. Hopefully, this transfers over to other aspects of life," she said. "Artwork teaches problem-solving skills and how to learn

from your mistakes. Most artists will try and work through or around the mistakes and usually end up with something really unique. You don't just give up. You persevere."

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Old Alabama Town Herb Society hosts Scarecrows in the Garden



Army Flier
Staff Reports

The Old Alabama Town Herb Society continues its fifth annual Scarecrows in the Garden at Old Alabama Town in Montgomery through Nov. 18. All scarecrows are made with materials found in nature, as far as is possible, according to Old Alabama Town officials.

For more information, call 334-240-4500 or visit www.landmarksfoundation.com/events/upcoming-events.

WIREGRASS COMMUNITY CALENDAR

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ONGOING — The American Legion Post 80 has regular meetings the second Monday of the month, starting at 6:30 p.m., at the Legion Hall. For more information, call 222-7131 or visit www.andalusialegiopost80.org.

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegiopost80.org.

DALEVILLE

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

ONGOING — Daleville Chamber of Commerce meets the second Wednesday of each month at noon at the Chamber of Commerce office in the Daleville Cultural and Convention Center. For more information, call 598-6331.

DOTHAN

NOV. 4 — The Wiregrass Museum of Art will host its next seasonal public film series, Screen on the Green, in the museum's garden beginning at 7:30 p.m. — and admission is free. The public is invited to bring lawn chairs and blankets. A local food truck will be on hand to satisfy movie-watching cravings and the museum will provide free popcorn. Steven Spielberg's "Hook" will be shown. A spring series of films will be announced in January. In case of inclement weather, movies will be shown in the Great Hall of WMA's Conference Center.

NOV. 5 — Dothan Montessori School will host its fourth annual Montessori Madness 5K and Kids Dash. DMS is located at 205 Holly Lane. The race begins at 8 a.m., with race-day registration starting at 7 a.m. Payment accepted by cash or check only. There will be door prizes, a children's dash, face painting and more! DMS is the only local non-profit, non-denominational Montessori school in the Wiregrass. Pre-registration can be found online at www.dothanmontessorischool.org. For more information, call 334-671-7170.

ONGOING-DEC. 31 — The Wiregrass Museum of Art hosts its fall exhibitions Southern Abstraction and Firmly Planted in the Black Belt - the Art of Bud Harris Wednesdays-Fridays from 10 a.m. to 5 p.m. and Saturdays from 10 a.m. to 3 p.m. Private tours and activities can be arranged by appointment on Mondays and Tuesdays. For more information, visit <http://www.wiregrassmuseum.org>.

www.wiregrassmuseum.org/ or call 334-794-3871.

ENTERPRISE

ONGOING — Disabled American Veterans Chapter 9 Enterprise-Coffee County meets the second Thursday of each month at 6:30 p.m. at Shane's Rib Shack. For more information, call 308-2480.

ONGOING — The American Legion Post 73 meets at the American Legion building at 200 Gibson Street on the fourth Saturday of each month beginning at 9 a.m. The building is across the street from the Lee Street Baptist Church. For more information call 447-8507.

ONGOING — Veterans of Foreign Wars Post 6683, John Wiley Brock Post monthly membership meetings for the VFW Post 6683 and Auxiliary are on the third Tuesday of each month at 7 p.m. at the post headquarters building located at 2615 Coffee County Road 537. The post mailing address is P.O. Box 311752 Enterprise, AL 36330. For more information, call 334-464-1171 or the auxiliary at 334-464-2222. The post also has a Facebook site at [vfw post 6683](https://www.facebook.com/vfwpost6683).

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

ONGOING — Adult education classes are offered in Rm. 12 at New Brockton High School, 210 South Tyler St., Mondays and Wednesdays from 6-9 p.m. All classes are free for individuals 16 years old or older who are not enrolled in public school. Individuals must take an

assessment test prior to attending class. For more information, call 894-2350.

OZARK

ONGOING — The Friends of Ozark holds a monthly meeting on the second Tuesday of every month at 6 p.m. at the Ozark-Dale County Library. For more information, call 477-6221 or email wcholmes53@hotmail.com.

ONGOING — Every Wednesday, the Ozark-Dale County Public Library hosts free Wii Zumba from 5:30-6:30 p.m. Teens and adults are invited. For more information, call 774-5480.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments.

For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

ONGOING — Mount Calvary Missionary Baptist Church, 970 County Road 528, Elba, offers Sunday school the first, second, third and fourth Sundays of the month at 9:45 a.m., and worship the first and third Sundays of the month at 11 a.m. Bible study is Wednesdays after the first and third Sundays from 6-7 p.m. For more information, call 334-774-1738.

Beyond Briefs

Alabama National Fair

The Alabama National Fair continues through Nov. 6 at Montgomery's Garrett Coliseum and Fairgrounds. The event features more than 60 rides, food, information and commercial booths, livestock competitions and more, according to organizers. General admission tickets are \$12.

For more information, visit www.alnationalfair.org.

Public Eye Soar

Panama City, Florida, will host its Public Eye Soar 2016 Nov. 11-12 from 5-10 p.m. at the City Arts Cooperative, 318 Luverne Avenue. Admission is free to this international projection art festival that combines art, technology and interactive activities into a street festival based in downtown Panama City. Featuring artists from all over the world, SOAR takes art out of the gallery and projects it onto buildings, walls and 3D objects, according to organizers. Festival goers can expect to see traditional art, animation and short videos. Interactive projections and instal-

lations invite attendees to create art, emerge themselves in virtual experiences and watch live art created during the festival. Artists are encouraged to be a part of the festival by submitting their work. There is no fee for submission. SOAR is family friendly.

For more information, visit <http://www.bayartsevents.com/event/public-eye-soar-2016/>.

Emerald Coast Cruizin

Emerald Coast Cruizin - The South's Best Blast from the Past is billed as a family event featuring thousands of classic cars, hot rods, custom cars and trucks held Nov. 7-12 in Panama City Beach, according to organizers. This year's event will be held at Aaron Bessant Park next to Pier Park. Along with the car show, the event will feature a swap meet, parade, cruizin, a block party and live music.

For more information, including a schedule, visit <http://www.emeraldcoastcruizin.com/>.

Color Vibe 5k

The Color Vibe 5k is scheduled for Nov. 19 from 9-11 a.m. at St. Andrews Marina,

1201 Beck Avenue, Panama City, Florida. Price is \$27-30, and children 12 and under register for free -- not include processing fee, according to organizers.

For more information and to register visit <http://www.thecolorvibe.com/panamacity.php#>.

Theatre in the Mind

The Alabama Shakespeare Festival will host its free Theatre in the Mind series on various Saturdays now through May 6 from noon to 1 p.m. The series is designed to help people gain new insights into ASF productions through the acclaimed Theatre in the Mind and Bard Talk lecture discussions. Designed around the plays ASF presents each season, people can participate in free pre-show discussions with authors, cast members, designers and directors. The discussions are hosted by Dr. Susan Willis, ASF's resident dramaturge.

Schedule: Nov. 26 -A Christmas Carol; Feb. 4 - Because of Winn-Dixie; Feb. 18 -The Two Gentlemen of Verona; March 11 -Sherlock Holmes; March 25 -Dauphin Island; and April 22 -The Tempest; and May 6 - Rep Actor's Discussion (after matinee) and Narrated Changeover.

Theatre in the Mind is free and open to the public. Reservations are not required - people may pick up their tickets at the box office counter just before each lecture. People do not need to be a ticket holder to that day's performance to attend the lecture.

For more information, call 334-271-5353, or visit www.asf.net/Education/Theatre-in-the-Mind.aspx.

Drum and dance project

The Global Arts Society of Panama City, Florida, host its African Caribbean Drum and Dance Project Saturdays through Nov. 19, from 9:30-11 a.m. at its facility at 819 E. 11th Str. Bldg. 10. According to organizers, admission is free, but donations to benefit the society are welcome. The African Caribbean Drum and Dance Project offers an abundance of opportunities to learn and explore culture through dance and percussion instrumentation. Using a variety of instruments, body-music, choreography, vocals, and group drumming activities, musicians and dancers will build on their natural rhythm sensibilities.

For more, visit <http://www.bayartsevents.com/event/african-caribbean-drum-dance-project/>.

Spouses rediscover passion for art

By Jessica Marie Ryan
Installation Management Command
Public Affairs

FORT SAM HOUSTON, TEXAS — The stressors of military life can take a toll on families. For some family members, creating art helps them cope with the fast-paced, military lifestyle.

The U.S. Army Installation Management Command's G9 Family and Morale, Welfare and Recreation Directorate recently recognized the talents of the military community in the annual Army Arts and Crafts Contest.

Nicole Linzey, a spouse currently located at U.S. Army Garrison Wiesbaden, Germany, entered the contest for the first time as a novice artist after seeing it advertised in the garrison newspaper. She won first place in the drawings category for her piece entitled "Sisters." The drawing features her two daughters playing with alphabet blocks. Linzey was inspired to create the piece after seeing a friend's drawing of their children.

"I always wanted to try drawing my girls, but people are a stretch and a totally unexplored area for me so I've always been nervous to try," she said. "When this contest came around, I decided it was time."

Growing up, Linzey took art classes as a kid but claimed she hated it. She ended up picking up a paintbrush again when her husband and she were expecting their first daughter.

To Linzey, art helped her overcome challenges she faced in military life.

"Challenging ourselves to improve in character and situation makes for a much smoother and fulfilled life in the military," she said. "Once I complete a work of art, it sits on my wall, constantly reminding me that I can overcome challenges and create something beautiful. That is what my art is to me."

Another novice who received first place is Stephanie Shimerdla, a spouse located at U.S. Army Garrison Italy. Shimerdla's fantasy piece "Ocytete," which depicts a half-woman and half-bird creature from Greek mythology, topped the competition in the digital arts category. She entered the contest before, but this is her first year plac-



ARTWORK BY STEPHANIE SHIMERDLA

Stephanie Shimerdla, representing U.S. Army Garrison Italy, won first place in the digital arts category for novice artists in the 2016 Army Arts and Crafts contest ran by U.S. Army Installation Management Command. Her piece entitled "Ocytete" depicts a half-woman and half-bird creature from Greek mythology.

ing in the top three. She also placed third in the same category for her piece "Daisy" and received an honorable mention for a piece entitled "In Tranquil Dreams."

Although she was in the novice category, Shimerdla fell in love with art since high school. As she got older, she said art fell by the wayside and was forgotten. Her love was then reignited while she and her husband were stationed at their first overseas assignment in South Korea.

"I felt a bit of a disconnect from my family being so far away. I was looking for an outlet for some of those feelings, and digital art was what I turned to," she said. "I taught myself how to use Adobe Photoshop and Corel Painter, the programs I use to paint in. Eventually, I got myself a drawing tablet, as well, which works like an artist's canvas and paint brush."

She is now pursuing a career as an illustrator. She added how important art is to

her and other members in the community.

"Art can help us express feelings that we're unable to put into words. It can help overcome emotional obstacles," she said. "It can help create a sense of community between people and bring together those of similar mindsets and tastes, and even those of different backgrounds and cultures. All of that fits so well into the military lifestyles, in so many ways."

Accomplished artists also competed in the contest. Laura Irick, a spouse now located at Fort Eustis, Virginia, placed first in the 2D mixed media category for her piece "Europe Series - Looking for Sarah in Alsace." She also placed second in the drawing category for a piece called "Europe Series - Elias in an Oberammergau Café" and honorable mention in the 2D mixed media category for a piece called "Europe Series - Number Eight in Alsace." She has competed in this contest since 2008.

Irick learned about the contest through an employee at the Wiesbaden Arts and Crafts Center. Her children Sarah and Elias have also entered and placed in the contest.

A former active-duty Soldier, Irick planned to major in fine art at Western Kentucky University 33 years ago. She served from 1988 to 1995, and her husband is still serving. The family's military journey has spanned 38 years and resulted in 31 moves.

Now, she is finally pursuing the degree she always wanted.

"In August 2016, I presented the art I have been doing on my own at home while supporting my husband and raising and homeschooling our children, and was given the gracious opportunity to take a college art class this semester," she said. "For the first time in my life, I am a fine art major."



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Commissaries to publish regional savings

Defense Media Activity
Staff Report

WASHINGTON – The Defense Commissary Agency is improving the way patron savings are calculated by comparing commissary prices on the items that patrons purchase most frequently to better reflect shoppers' experiences.

"These price comparisons will now be made at the regional and national level, to better account for price differences across geographic areas," said Joseph H. JEU, DECA's director and CEO.

"Grocery costs outside the gate vary widely by region, so we're enhancing our savings calculations to reflect what our service members and their families experience in and out of the commissary," he added. "Finally, price comparisons will be monitored more frequently to ensure the best savings for patrons."

Price comparisons on specific items will be rolled up into regional savings levels. This change, which does not affect patrons' out-of-pocket expense, will allow the agency to set a better baseline of savings on the products shoppers tend to buy most, JEU said.

To calculate regional savings, DECA is comparing prices on a selection of more than 1,000 representative items in each commissary with the actual prices for those same items in a variety of grocery stores in each region, including three commercial retailers in the area of each commissary. This representative market basket is standard

across all regions, DECA officials said, and includes items from many areas of the store, including grocery, meat and produce.

The commissary agency also uses standard industry data to compare average prices at national level on all 38,000 items carried in its stores. This is done to ensure the savings methodology reflects the entire assortment, as well as representative regional savings, officials explained.

DECA will complete the price comparison on more than 1,000 items in the market basket at the regional level on a rotating quarterly basis and will monitor national average prices each month. With this frequency, officials said, the agency can closely monitor continuity of the savings benefit throughout the year.

DECA will publish updated savings levels annually, they added.

The regional approach will be adjusted slightly to calculate savings for the agency's overseas locations. Because grocery stores overseas don't carry the same assortment of products as the commissaries, officials explained, DECA will use a cost-of-living index to estimate market prices of groceries in the area around each overseas location.

"The update of our savings measurement does not change the dollars our patrons spend or the savings we offer – this is only an enhancement of how the savings level is calculated," JEU said.

More information on DECA's overall transformation is available at DECA's website at https://www.commissaries.com/documents/contact_deca/faq.cfm.



DECA GRAPHIC

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Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Bldg. 109

8 a.m. Traditional Protestant Service

Main Post Chapel, Bldg. 8940

8:30 a.m. Catholic Confessions
9 a.m. Catholic Mass
11 a.m. Collective Protestant
12:05 p.m. Catholic Mass (Tuesday-Friday)
4 p.m. Catholic Confessions (Saturday)
5 p.m. Catholic Mass (Saturday)

Wings Chapel, Bldg. 6036

9:30 a.m. Protestant Sunday School
10:45 a.m. Latter-Day Saints
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
11 p.m. Eckankar Study (4th Sunday)

Spiritual Life Center, Bldg. 8939

10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

TUESDAYS
Crossroads Discipleship Study (Meal/Bible Study)
Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel
Wings Chapel, 9 a.m. and 6 p.m.

Adult Bible Study
Spiritual Life Center, 7 p.m.

WEDNESDAYS
Catholic Women of the Chapel
Spiritual Life Center, 9 a.m.

Above the Best Bible Study
Yano Hall, 11 a.m.

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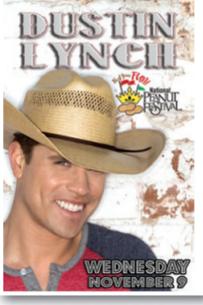
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NOVEMBER 6TH

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SATURDAY, NOVEMBER 5
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\$35 Armband sold only from 10:00 a.m. to 4:00 p.m. • Armbands may be used until closing time

SUNDAY, NOVEMBER 6
\$6 Gate Admission for anyone ages 6 and over • \$20 Armband

MONDAY, NOVEMBER 7
Pre-registered farmers and their families get in free
Alfa Farmers Members Admission \$5 with Membership Card
Regular Price Gate Admission • \$20 Armband

TUESDAY, NOVEMBER 8
Alfa Farmers Members Admission \$5 with Membership Card • \$20 Armband

WEDNESDAY, NOVEMBER 9
Dream Big Food Drive for the Wiregrass Food Bank
Bring a minimum of 3 cans of food or 1 jar of peanut butter and receive \$2 off gate admission and \$5 off ride armband
Without food donations: Admission - \$7 and Armbands - \$20

THURSDAY, NOVEMBER 10
Seniors (55 & over) admitted free from 11:00 a.m. until 3:00 p.m.
Senior Admission \$5.00 starting at 4:30 p.m.
Military, Veterans and their family members with ID admitted free starting at 4:30 p.m.
Regular Price Gate Admission for all others • \$20 Armband

SATURDAY, NOVEMBER 12
\$35 Armbands sold from 12:00 noon to 4:00 p.m. • Armbands may be used until closing time

SUNDAY, NOVEMBER 13
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6th MPs top 110th Avn. Bde., 32-14

By Nathan Pfau
Army Flier Staff Writer

As the Fort Rucker Intramural Football regular season winds down and teams gear up for the playoffs, the competition is heating up.

The 110th Aviation Brigade Headhunters took on the 6th Military Police Detachment Centurions in a game that had both teams evenly matched to start, but it would be the Centurions who would come out victorious, beating their opponents, 32-14.

Sgt. Bennie Morris, coach for Centurions, said it was his team's focus that allowed it to pull out another win.

"We've played these guys before and beat them, but this time they made some adjustments and played better as a team, but once we turned it on we were able to take them," he said.

The Centurions got off to a slow start, but managed to gradually push past the opposing defense get closer to the goal line.

Pvt. Shawn Rogers, Centurions quarterback, was on fire, able to connect with his receivers as the team pushed toward the opposing endzone.

The 6th MPs' offensive speed seemed to be too much for the Headhunters' defense, as the Centurions broke through for the first touchdown of the game to lead, 7-0.

The Headhunters got off to a good start with their first possession with a 20-yard return on the kick off. They then managed to push to within 20 yards of the end zone, but the 6th MPs managed to pick off a pass to halt the 110th's progress.

The Centurions took advantage of the turnover and pushed hard against the Headhunters, but the 110th's defense kept



Players of the 110th Avn. Bde. Headhunters and 6th MP Detachment Centurions go head-to-head during an intramural football game at the Fort Rucker Physical Fitness Center football field Tuesday.

PHOTO BY TORI EVANS

pressure on the Rogers, forcing him to throw away multiple passes to help them retake possession.

The Headhunters then threw a long bomb into the opposing end zone for their first touchdown, but couldn't secure the extra point, which left them trailing, 7-6, with two minutes left in the half.

The Centurions had speed on their side, but the Headhunters kept their defense tight as they continued to put pressure on the 6th MP quarterback, managing to push them to a fourth down and forcing a turnover at the 50-yard line.

Despite a strong offense, the 110th couldn't break through and were forced to punt, giving the Centurions one more chance to score before the end of the half, but despite their efforts were unable to score another touchdown before the half ended.

The Headhunters received to start the half and got off to a decent start, managing to push through the opposing defense, but their momentum wouldn't last long as the Centurions managed to pick off another pass to retake possession.

Rogers managed to get his groove back

after the Headhunters defense seemed to soften, and he was able to connect with his receivers to get back into the opposing end zone for their second touchdown and extra point to push the lead to 14-6.

The Headhunters weren't going to go quietly, though. They came back with an aggressive offense to drive down the field and push past the goal line for their second touchdown.

They went for two extra points, by completing a pass from past the 10-yard line during their extra-point attempt, and managed to tie the game, 14-14, but it would be the last time the Headhunters would get on the scoreboard.

Not to be outdone, though, the Centurions kept up their quick pace and scored another touchdown within minutes of retaking possession, but failed to secure the extra point, to lead 20-14.

The Headhunters took possession determined to close in on their opponents, but the 6th MP defense tightened and kept pressure on the 110th quarterback to force a turnover with just two minutes remaining in the game.

The Centurions dominated late in the game with superior passing and managed another touchdown to take a comfortable lead, 26-14.

The Headhunters tried to turn things around, but only managed to throw another interception to give the Centurions another chance at extending their lead.

The 6th MPs took full advantage of their possession and managed another long bomb to get to 1st and goal, and although a penalty pushed them back, it wouldn't slow their progress as they managed another touchdown as the buzzer sounded, ending the game on top, 32-14.

Soldier wins Marine Corps Marathon by wide margin

By David Vergun
Army News Service

WASHINGTON — Spc. Samuel Kosgei won the 41st Marine Corps Marathon Sunday with a time of two hours, 23 minutes and 53 seconds. Desta Beriso Morkama came in second at 2:24:29, followed by Oscar Caron Santos at 2:25:03.

Perry Shoemaker of Vienna, Virginia was the first female to cross the finish at 2:51:48, and Marine Corps Capt. Geophery Mills, of Nokesville, Virginia, won the 10K portion of the event with a time of 38:01. Arkadiusz Skrzypinski of Poland won the hand crank event with a time of 1:17:18.

STRATEGY PAYS OFF

The 26.2-mile route for this year's race began at the Pentagon, wound through Arlington, Virginia, and the District of Columbia, and ended near the Marine Corps War Memorial in Arlington, beside Arlington National Cemetery.

After the race, Kosgei, who won the 2014 Marine Corps Mar-

athon as well, said his preparation for the race included high-altitude training in Colorado Springs, Colorado. But he explained that he never ran more than eight to 10 miles at a time.

He was nonetheless unsurprised by his win, because he had visualized how he would compete and stuck to his plan.

"I wasn't focused on a record-breaking time," he said. "I was focused just on winning and winning big for the Army."

Kosgei said he ran at a "leisurely pace," not expending much energy, for the first 10 or so miles. For much of the race he stayed well behind the pack, but at about the 10-mile mark, he said, he "kicked into gear," but not overly so, slowly passing runners one by one, while still conserving energy.

Somewhere around the 16-mile mark, he said, runners began to pass him. At that point, he was nowhere in sight of the leading runners. But that didn't concern him, because he was sticking to his low-energy strategy, maintain-

ing his pace and biding his time.

A few miles or so later, he said, he began to quickly pass those who had passed him earlier. The last several miles he ran elbow-to-elbow with Morkama, who hails from Ethiopia.

The final stretch of the marathon took runners up a steep hill that ran for about a quarter of a mile. Kosgei said his strategy left him with enough energy in his reserves to take the hill. When he reached the top, near the memorial, he cut through the finish tape held by two Marines, one of them Marine Corps Commandant Gen. Robert B. Neller.

In July, Kosgei had sustained an injury to his right leg that cast some doubt on whether he would be able to compete in this race. Despite the injury, he said, his leg cramped not once. In fact, he said he was "comfortable" throughout the race. Even after completing the marathon, he said, he still had energy to spare.

Kosgei, 32, from Junction City, Kansas, is a medic in the Army and is originally from Kenya. This



PHOTO BY DAVID VERGUN

Spc. Samuel Kosgei crosses the finish at the 41st Marine Corps Marathon Sunday, with a time of two hours, 23 minutes and 53 seconds, which places him number one.

is the second of his wins. The first was in 2014.

Soldiers have won the Marine Corps Marathon four times over the last five years. Augustus Maiyo won the 2012 marathon, and Trevor Lafontaine, the 2015 marathon.

THE COMMANDANT'S ASSESSMENT

About an hour into the race,

Neller was asked if he had any predictions about who would win. He didn't hesitate to say "Soldiers." But Soldiers didn't take all the glory — a Marine won the 10K race, which is run concurrently with the marathon.

After the marathon, Neller said the race brought out the best that the military offers in terms of

SEE MARATHON, PAGE D3

PIGSKIN PICKS



Atlanta vs. Tampa Bay

Pittsburgh vs. Baltimore

Philadelphia vs. N.Y. Giants

New Orleans vs. San Francisco

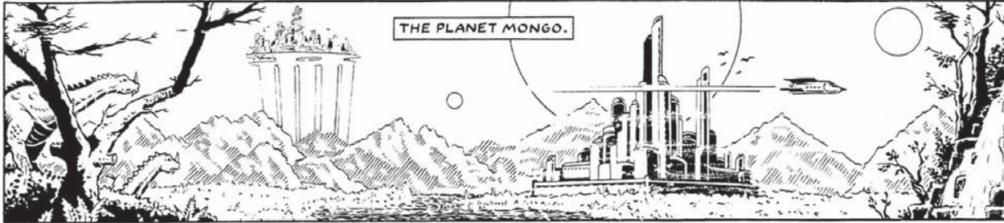
Tennessee vs. San Diego

Denver vs. Oakland

Buffalo vs. Seattle

	Atlanta vs. Tampa Bay	Pittsburgh vs. Baltimore	Philadelphia vs. N.Y. Giants	New Orleans vs. San Francisco	Tennessee vs. San Diego	Denver vs. Oakland	Buffalo vs. Seattle
 David Agan PAO (33-23)							
 Col. Tom von Eschenbach CDID Director (31-25)							
 Jim Hughes PAO (30-26)							
 Capt. Jason Jordan 6th MP (28-28)							
 Capt. Mike Simmons DPS (35-21)							

DOWN TIME



Just Like Cats & Dogs by Dave T. Phipps



Trivia test by Fifi Rodriguez

T R I V I A

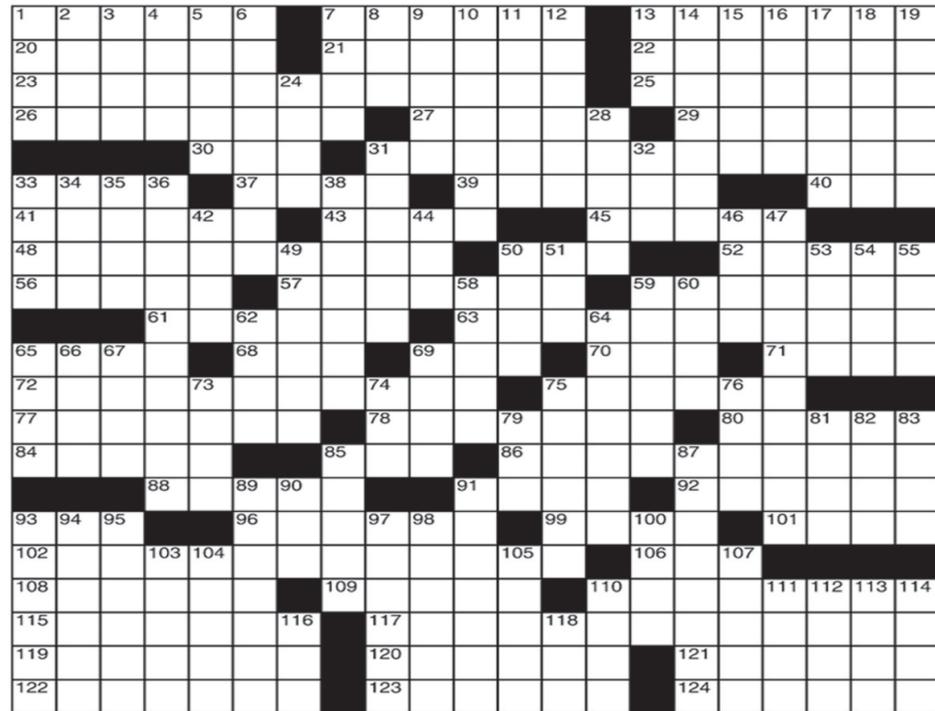
1. GEOGRAPHY: What is the longest mountain chain on Earth above sea level?
2. ASTRONOMY: Europa is a moon of which planet in our solar system?
3. TRADITIONS: What is the traditional birthstone for February?
4. CHEMISTRY: What element has the chemical symbol Hg?
5. ANATOMY: How many chromosomes do human beings normally have?
6. MOVIES: What was the first film directed and produced by a black filmmaker to win the Academy Award for Best Picture?
7. FAMOUS QUOTATIONS: What award-winning singer/songwriter once said, "I consider myself a poet first and a musician second. I live like a poet and I'll die like a poet"?
8. MATH: What two letters are symbols for 1,000?
9. GENERAL KNOWLEDGE: By what title is Jorge Mario Bergoglio better known?
10. GAMES: What is the name of the casino employee who takes bets and spins the wheel in roulette?

See Page D3 for this week's answers.

Super Crossword

BETWEEN THE EXTREMES

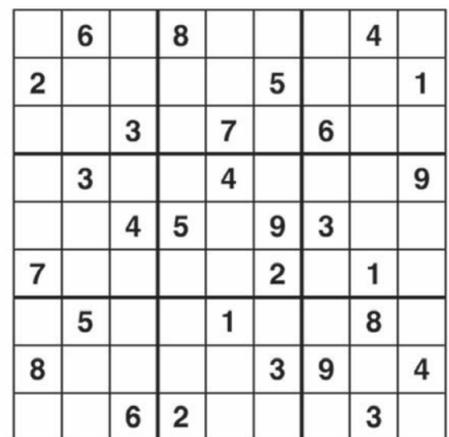
- ACROSS**
- 1 Like humans
 - 7 Turn about
 - 10 Bundt holder
 - 20 Extreme folly
 - 21 86-Across in eastern Kansas
 - 22 Constructed in advance
 - 23 Site of many a yoga class
 - 25 Fiji's part of the world
 - 26 Like some braking systems
 - 27 Freezing cold
 - 29 One adding seasonings
 - 30 Gentle — lamb
 - 31 Mumbai, vis-à-vis India
 - 33 "Blow" co-star Johnny
 - 37 Bicolor whale
 - 39 Reprieve
 - 40 Clearasil competitor
 - 41 Selfishness
 - 43 Forget to include
 - 45 Papyrus plants, e.g.
 - 48 Bit attached to a cob
 - 50 Civil War prez
 - 52 Fictional Scarlett
 - 56 Pitch-perfect
 - 57 Science also known as bionomics
 - 59 Fire on
 - 61 Comic actor Kevin
 - 63 What melts in a meltdown
 - 65 Lawyer's assignment
 - 68 Airport rental
 - 69 Stir in, say
 - 70 "Listen up!"
 - 71 Patella site
 - 72 Like the social class that includes managers
 - 75 Move beyond
 - 77 Prepared
 - 78 Razor brand
 - 80 Subs in offices
 - 84 Give a coil to
 - 85 Comic actress Charlotte
 - 86 San Rafael, vis-à-vis Marin
 - 88 Invest (with)
 - 91 Furnace fuel
 - 92 Different: Prefix
 - 93 Slap cuffs on
 - 96 Actor/singer Jerry
 - 99 Enchilada kin
 - 101 Gumbo, e.g.
 - 102 Proton's place
 - 106 Drillmaster's syllable
 - 108 Rent payer
 - 109 Hogs' pens
 - 110 Simple exercise to work the abs
 - 115 Coifs
 - 117 Card that's an apt alternate title for this puzzle
 - 119 "Swing Time" co-star Fred
 - 120 Lifelessness
 - 121 Totally ripped
 - 122 Least sloppy
 - 123 Brook, e.g.
 - 124 Passed quickly
 - 7 U2's genre
 - 8 Flamenco dance cry
 - 9 Dance from Buenos Aires
 - 10 Take a stab at
 - 11 Louise's film sidekick
 - 12 More weird
 - 13 "— Sharkey" (old sitcom)
 - 14 Inverse trig function
 - 15 — cool head
 - 16 Online missives
 - 17 Mexico's — Villa
 - 18 Farewells, to François
 - 19 Close
 - 24 Wound result
 - 28 Producer for Eminem
 - 31 Began airing
 - 32 Runner-turned-baron Sebastian
 - 33 Erté's genre
 - 34 Designer von Furstenberg
 - 35 Bacon, e.g.
 - 36 Certain evergreen drooping
 - 38 Capital of New Hampshire
 - 42 Terrier type
 - 44 With 94-Down, restless
 - 46 Mail-slot spot
 - 47 Evaluations of resistance to sudden impact
 - 49 Adjusted, as floor tiles
 - 50 Up in years
 - 51 Win — hair
 - 53 Oodles
 - 54 One-in-a-million
 - 55 Suit to —
 - 58 Mandate
 - 59 Climb aboard
 - 60 Oscar de la —
 - 62 Vertex
 - 64 Count — (cereal brand)
 - 65 Snarly dogs
 - 66 Adopt — (kennel program)
 - 67 Fix, as a dog
 - 69 Balm plant
 - 73 French for "nothing"
 - 74 Biotech material
 - 75 Says "I told you so!"
 - 76 Eyelid woe
 - 79 Writer Umberto
 - 81 Satisfy
 - 82 Trim (down)
 - 83 Pack away
 - 85 Puzzle with pictures
 - 87 Ideas
 - 89 "ER" extras
 - 90 Samovar
 - 91 "The Swimmer" author John
 - 93 Detroit of "Guys and Dolls"
 - 94 See 44-Down
 - 95 "La Isla —" (Madonna hit)
 - 97 Pretends to be
 - 98 Patron
 - 100 Master cook
 - 103 "—/Sade" (1967 film)
 - 104 Not from a major studio
 - 105 "Please, I'd like to help"
 - 107 Before-surgery
 - 110 Potting soil
 - 111 Swiss river to the Rhine
 - 112 Made angry
 - 113 Ticket leftover
 - 114 Notice
 - 116 In position
 - 118 Vardalos of the screen



See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

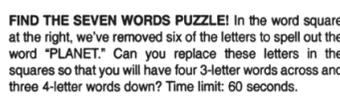
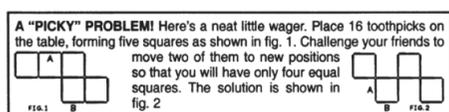
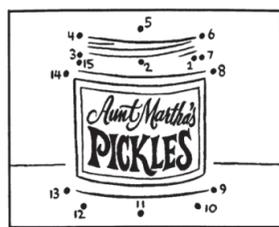
◆ Moderate ◆ Challenging
◆◆◆ HOO BOY!

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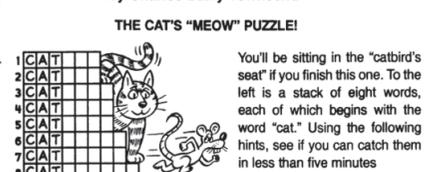
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See Page D3 for this week's answers.

KID'S CORNER

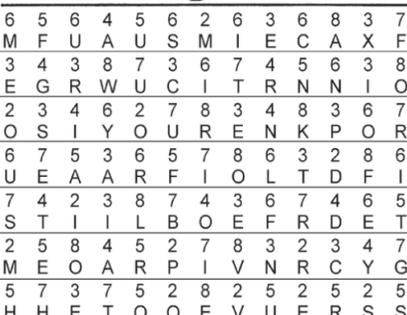


Junior Whirl by Charles Barry Townsend



1. An easily remembered tune.
2. A short rest.
3. A tomato favorite. (Var.)
4. A disapproving whistle.
5. Found at big parties.
6. Found in swamps.
7. Great for moving heavy objects.
8. A well-known slogan.

Wishing Well®



HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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HOCUS-FOCUS BY HENRY BOLTNOFF



Army honors wounded, ill, injured Soldiers

By John Rosenberg
Warrior Care and Transition

ARLINGTON, Va. — Each November, the Army honors wounded, ill and injured Soldiers and their families by commemorating Warrior Care Month.

Warrior Care Month highlights the resilience and strength of these Soldiers and their Families and caregivers.

This year's theme is "Show of Strength." Throughout the month the Army will host events honoring these men and women, highlighting their contributions, sacrifices, recoveries, and transitions back to the force or transitions as successful Veterans.

Surgeon General of the U.S. Army and Commanding General, U.S. Army Medical Command Lt. Gen. Nadja West states "Our fundamental tasks are in promoting, improving, conserving, or restoring the behavioral and physical well-being of those entrusted with our care."

According to West, "If we do not get this right, it does not matter what else we get right."

The Deputy Chief of Staff, Warrior Care



ARMY GRAPHIC

and Transition ensures that wounded, ill and injured Soldiers assigned to warrior transition units receive world class care and services. Warrior care means building resilience and ensuring Soldiers are strong in mind, body and spirit.

Since 2007 the Army's Warrior Care and Transition Program has provided the best possible support to wounded, ill and injured Soldiers and their Families throughout the recovery and transition process.

This scalable, comprehensive program supports a Soldier-centric process of medical care, rehabilitation and professional development through:

- 14 WTUs at major military treatment

facilities across the United States, including 9 Community Care Units where Soldiers can recover in their local communities near their families and support systems;

- Personalized Comprehensive Transition Plans for each WTU Soldier, with short- and long-term objectives that focus on a holistic approach in the following domains: career, physical, emotional, spiritual, social, and family;
- Professional cadre that spans all aspects of medical and non-medical care;
- The Army Wounded Warrior Program, established in 2004, which provides personal support to the most severely wounded, ill or injured Soldiers and their families, including into veteran status;
- Adaptive sports and reconditioning programs at WTUs that enable Soldiers to improve physically and mentally and contributes to a successful recovery and transition; and
- A career and employment readiness program that enables Soldiers to return to school, earn civilian certifications, and participate in internships to gain

civilian work experience.

The Army kicked off the observance on social media in mid-October. Warrior Care Month events include the annual joint services wheelchair rugby exhibition slated for Nov. 14 at Joint Base Andrews, Maryland. On Nov. 16, the Pentagon will be the scene of a career fair and athlete/staff social, followed on Nov. 17 by a sitting volleyball tournament. Further information on events in the National Capitol Region and at WTUs across the United States is available on the WCT website at <http://www.wtc.army.mil/>.

The DCS, WCT mission is to serve as the Army's proponent for Warrior Care and Transition; provide centralized oversight, guidance and advocacy empowering wounded, ill or injured Soldiers, Veterans, and Families through a comprehensive transition plan for successful reintegration back into the force or into the community with dignity, respect and self-determination. For more information on WCT, visit the WCT website, www.wtc.army.mil follow on Twitter at [www.twitter.com/armyWCT](https://twitter.com/armyWCT) or follow on Facebook at [www.facebook.com/armyWCT](https://facebook.com/armyWCT).

Marathon

Continued from Page D1

esprit-de-corps and fitness. He also noted that the Army and the Marine Corps share similar values.

A WIN DESPITE RECENT CRASH

Skrzypinski, who won the hand crank event, said he crashed his hand-crank bicycle Oct. 23. The crash was so violent that it completely destroyed the sleek hand crank he was set to use in the race. It also left him with wounds to his elbows and chest. He said he was in pain the entire race and never expected to win, let alone finish.

Besides that, it had been a long time since he had used the old, spider web-covered hand crank he brought to the race. He never thought he would use it again, much less in a race.

WOUNDED WARRIORS

In addition to the runners, many wounded, ill, and injured service members and participated in the marathon in the hand crank, push rim, duo and mobility categories.

Among those who participated in the hand crank category was David Neumer of Chicago. While in Afghanistan in 2009, the Army master sergeant was involved in a fierce firefight. He was hit by an enemy 82mm mortar round that nearly severed his leg.

The doctors at Walter Reed recommended his limb should be amputated, but he fought to keep it. The doctors salvaged his leg, but he still lives with lot of residual pain, he said.

Geoff Hopkins was serving in the Army Reserve, based out of Huntington, West Virginia, when a vehicle struck him while he was riding a motorcycle. The resulting spinal cord injury left him paralyzed from the legs down. Today he can't recall the crash. He is grateful he can still use his hands to propel his hand crank.

Hopkins currently lives in Fredericksburg, Virginia and commutes to Martinsburg, West Virginia, where he works as the supervisor of the Department of Veterans Affairs' Recreation Therapy Program.

"It's very rewarding helping others, such as those with injuries or post-traumatic stress disorder," he said.

Matt Robinson, a native of Syracuse, New York, had his legs injured in a snowmobile accident. The former Sailor, who used a hand crank during the race, said he now does a lot of volunteer work with the VA in Albuquerque, New Mexico.

Prior to his injury, he was an "instrument man" on the destroyer tender USS Prairie. An instrument man, he said, calibrates all of the gauges on the ship.

THE PEOPLE'S MARATHON

The Marine Corps Marathon is also

known as the People's Marathon. It attracts people from every state and more than 50 countries.

This year, Marine Corps Junior ROTC students from Quantico, Virginia, lined the marathon route, waving flags from all of the participating nations.

Lauran Lemon was one of those students. She was carrying the flag of the People's Republic of China. She said several runners from China stopped by to get their photo taken with the flag. She reported that all were happy to run in the marathon and were impressed by the spirit of the race.

Caitlyn Templeton, also a JROTC student, carried the flag of the Philippines. Her dad serves as a Marine working logistics in Quantico. It was her first time seeing the marathon. Her takeaway from the race was she liked "how everyone is so pumped up."

THE SUPPORTERS WEIGH IN

Also among the spectators were many friends and family members of the competitors.

Retired Airman Chris Houseknecht accompanied his daughter, Abigail, who is 10 years old. She held up a sign reading "That's my BAD-ASS Mother Runner!" which she said she created from the words on her mom's running shirt.

Abigail's mom, Rebecca, is an Army

Reserve captain stationed at Fort Meade, Maryland, and she is a pediatric nurse.

Chris said his wife excels on the Army physical training test, especially in push-ups and situps. She also excels in helping him care for their five children, he added.

Rebecca, he said, ran the marathon two years ago with a time of about six hours, which she hoped to beat this year.

DOG WEIGHS IN

Chesty XIV, the Marine Corps' bulldog mascot, also made a showing at the race, running after bits of dog treats tossed by handler Marine Corps Cpl. Darren White.

"He only runs for food," White said, adding that Chesty XIV also performs tricks like paw shakes and rolling over, as long as food is involved.

White said he's aware of the "awesome responsibility" of caring for Chesty XIV and bringing him to major Marine Corps events like the marathon.

Chesty XIV is named for perhaps the most famous leatherneck in the Corps' illustrious history: Lt. Gen. Lewis B. "Chesty" Puller Jr. Puller fought gallantly in Haiti, Nicaragua, World War II and Korea, collecting five Navy Crosses in the process, as well as a Distinguished Service Cross, which the Army bestowed on him.

There have been 13 bulldogs named Chesty prior to Chesty XIV.

FORT RUCKER SPORTS BRIEFS

Rucker Lanes re-opening party

Rucker Lanes will host its grand re-opening costume party Saturday from 6 p.m. to midnight. Kid-Focused Time will be 6-9 p.m. and Xtreme Bowling will be 9 p.m. to midnight. Cost is \$35 per lane, with a maximum of four per lane; or \$60 per pair of lanes, for up to 10 people. Price includes unlimited bowling during people's selected timeframe and shoe rentals. Prize packs will be awarded for the best costumes. Reservations are not required, but are recommended.

For more information, call 255-9503.

Biggest Buck Contest

Fort Rucker Outdoor Recreation will host its Big Buck Contest now through Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must be registered before harvesting their buck — bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a Hunter Education Card.

For more information and to register, call 255-4305.

Youth gymnastics classes

Fort Rucker Child, Youth and School Services will hold gymnastics classes now through Dec. 20 on Mondays, Wednesdays and Thursdays at the school age center, Bldg. 2806. Classes are offered for preschool — coed — (age 3-5) up through Level

5 (age 16). Cost varies from \$25-\$50 per month. Students can join classes at any time.

For more information, call 255-1867.

Veterans Day Golf Challenge

Fort Rucker's Silver Wings Golf Course will host its third annual Veterans Day Golf Challenge Nov. 11. Format will be four-person team scramble, 18 holes. Up to 36 teams may participate. Priority for team slots will be given to active-duty Soldiers. Lunch and prizes will immediately follow play. Cost is \$30 for non-members and \$20 for members.

Schedule: 7 a.m., driving range; 8 a.m., continental breakfast; and 9 a.m. shotgun start. The deadline to enter is Monday by 5 p.m. The challenge is open to the public.

For more information, call 255-0089.

Youth deer hunt

Fort Rucker Outdoor Recreation will host a youth deer hunt Nov. 12. The cost is \$20 and the hunt is open to the public for youth ages 7-15 years old. Parents and escorts of youth hunters must have an Alabama State Hunting License and Hunter Safety Education Course Completion Card. No antlerless deer are allowed to be harvested. Spike bucks and larger will be allowed to be harvested only if the youth is registered with ODR and participates in the youth hunt Nov. 12. Door prizes and lunch will be provided. Prizes will be awarded to first-third place winners. People can sign up at the ODR service center located on West Beach of Lake

Tholocco.

For more information, call 255-4305.

Adult swimming lessons

The Fort Rucker Physical Fitness Center Indoor Pool, Bldg. 4605 on Andrews Avenue, will host fall swimming lessons for ages 18 and older in November. Cost is \$50 per participant. Each session includes eight classes held on Tuesdays and Thursdays — beginners from 5:15-6 p.m. and intermediate from 6:15-7 p.m. People need to register at least three days prior to the start of the session at the Fort Rucker PFC.

For more information, call 255-2296 or 255-9162.

Start Smart Basketball

The National Alliance for Youth Sports and Fort Rucker Youth Sports present the Start Smart Basketball program. Start Smart is a six-session instructional program that helps children learn the basics of basketball: dribbling, ball handling, shooting, passing, catching, and running and agility. The program helps prepare children for organized basketball. Start Smart Basketball is open to children 4-5 years old and requires 100-percent parent participation. The program will meet on Monday, Wednesday, and Nov. 14, 28, and Dec. 5 and 7 from 5-5:30 p.m. at the youth center, Bldg. 2800. Cost is \$20 per participant and includes a T-shirt. To register, visit parent central services, 255-9638, or use Webtrac.

For more information, call 255-2254 or 255-2257.

Deep sea fishing trip

MWR Central will host a deep sea fishing trip aboard the Vera Marie in Destin, Florida, Saturday. All participants will need to do is sit back, relax and enjoy a day of fishing — everything else will be taken care of, according to organizers. The bus will depart Fort Rucker at 4 a.m. from Bldg. 5700, Soldier Service Center, and return at 8 p.m. People are welcome to bring a small cooler with drinks and snacks, but no glass. The cost is \$150 per person, plus tip. The price includes transportation to and from Destin, bait, rod, reel, fishing license, six-hour fishing trip, and fish cut and cleaned at the end of the trip. The trip is limited to 42 participants.

People can sign up at outdoor recreation, 255-4305, or MWR Central, 255-2997.

Hog hunt

Fort Rucker Outdoor Recreation will host a hog hunt from sunrise Nov. 18 to sunset Nov. 20. Cost is \$25 per hunter. Hunters who would like to participate in the hunt must have a valid Alabama State hunting license, Fort Rucker Post hunting permit and a hunter education completion card. First, second and third place winners will receive cash payout. Winning will be based on the most hogs brought in. Hunters can also enter in the heaviest hog jackpot for just \$5 more.

For more information, call 255-4305.

Super Crossword

Answers

M	O	R	T	A	L	R	O	T	A	T	E	C	A	K	E	P	A	N	
I	D	I	O	C	Y	O	L	A	T	H	E	P	R	E	M	A	D	E	
F	I	T	N	E	S	S	C	E	N	T	E	R	O	C	E	A	N	I	A
A	N	T	I	L	O	C	K	G	E	L	I	D	S	P	I	C	E	R	
A	S	A	C	O	M	M	E	R	C	I	A	L	H	U	B				
D	E	P	P	O	R	C	A	P	A	R	D	O	N	O	X	Y			
E	G	O	I	S	M	O	M	I	T	R	E	E	D	S					
C	O	R	N	K	E	R	N	E	L	A	B	E	O	H	A	R	A		
O	N	K	E	Y	E	C	O	L	O	G	Y	S	H	O	O	T	A	T	
N	E	A	L	O	N	R	E	A	C	T	O	R	C	O	R	E			
C	A	S	E	C	A	R	A	D	D	H	E	Y	K	N	E	E			
U	P	P	E	R	I	D	D	L	E	G	O	P	A	S	T				
R	E	A	D	I	E	D	N	O	R	E	L	C	O	T	E	M	P	S	
S	T	Y	L	E	R	A	E	C	O	U	N	T	R	E	A	T			
E	N	D	O	E	C	O	A	L	H	E	T	E	R	O					
N	A	B	O	R	B	A	C	H	T	A	C	O	S	T	E	W			
A	T	O	M	I	C	N	U	C	L	E	U	S	H	U	P				
T	E	N	A	N	T	S	T	I	E	S	L	E	G	R	A	I	S	E	
H	A	I	R	D	O	S	S	E	V	E	N	O	F	H	E	A	R	T	S
A	S	T	A	I	R	E	A	N	E	M	I	A	T	O	R	E	U	P	
N	E	A	T	E	S	T	S	T	R	E	A	M	S	P	E	D	B	Y	

PUZZLE ANSWERS

Weekly SUDOKU

Answer

9	6	7	8	2	1	5	4	3
2	4	8	6	3	5	7	9	1
5	1	3	9	7	4	6	2	8
6	3	2	1	4	7	8	5	9
1	8	4	5	6	9	3	7	2
7	9	5	3	8	2	4	1	6
3	5	9	4	1	6	2	8	7
8	2	1	7	5	3	9	6	4
4	7	6	2	9	8	1	3	5

TRIVIA

Answers

1. The Andes
2. Jupiter
3. Amethyst
4. Mercury
5. 23 pairs, or a total of 46
6. "12 Years a Slave" (Steve McQueen)
7. Bob Dylan
8. M and K
9. Pope Francis
10. Croupier

USKA

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BULLY PREVENTION • VIDEO GAME ROOM
OUTSIDE BASKETBALL COURT • ARTS & CRAFTS
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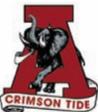
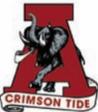
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 Kent Anger DPTMS (42-14)							
 Todd Conyers USAACE (37-19)							
 Jeff Frey NCOA (31-25)							
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 John Tkac DPS (40-16)							

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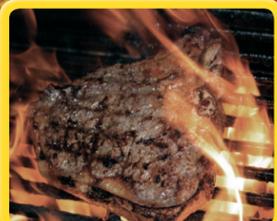
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