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ARMY FLIER

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COMMUNITY SHARES IDEAS

AFAP forum seeks to improve Army life

By Nathan Pfau
Army Flier Staff Writer

Being heard in this day and age can be somewhat difficult, but Fort Rucker leadership proves it's all ears by providing a forum for people to air their issues and ideas to make things better.

Community members from across the installation attended the annual Army Family Action Plan conference Nov. 4 and 5 to discuss issues and recommend resolutions to better improve the community in a process that was more streamlined than in years past, according to Rick Kohl, AFAP manager.

"For the past 31 years, AFAP has been a conference that usually spans over two days with an average of 60 delegates, but this year we were encouraged to come up with an alternative forum," said Kohl.

What they came up with was the concept of two separate focus groups for about 30 people each over two-hour sessions where they could talk about their issues and recommend resolutions, rather than spend an entire day going through a long bureaucratic process to reach the same result, Kohl said.

"AFAP exists to give people on the installation a chance to voice their concerns, and by soliciting ideas from the community, it allows us to see the issues that the community is really concerned about," said the program manager.

PHOTO BY NATHAN PFAU

Teens of the Fort Rucker community participate in the Army Family Action Plan conference at Wings Chapel Nov. 5 to discuss issues that directly affect them.

Some of the issues discussed during this year's conference included addressing discrepancies in the Exceptional Family Member Program enrollment process; the Fort Rucker SKIES Unlimited Instructional program facility being moved to a more suitable location; the Civilian Mentorship Program being offered to qualified civilians below the grade of GS-9; Soldiers and families receiving more effective sponsorship when they make a permanent change of station; and Corvias Housing policy aligning itself with the Fort Rucker policy regarding fraternization between instructors and students.

Its issues like these that might normally go unnoticed if it weren't for the AFAP, said Kohl.

"These are representatives of the community – active-duty military, family members and civilians," he said, "and I think this year's modifications made it more comfortable for people to participate."

Because of the shorter amount of time people had to invest in the program, those who might not have been able to attend and provide input before were able to this year, said Kohl.

After the conference, the issues will be sent up to senior leadership for review, where eventually the garrison commander steering committee will meet to discuss and try to resolve some of the issues. If issues can be handled locally, they will be, but if not, they will be elevated to the U.S. Army Installation Management Command level for further review.

In 2012, the No. 1 issue at the Army-level AFAP conference was started at Fort Rucker, which dealt with the issue of Survivor Investment of Military Death Gratuity and Service Member's Group Life Insurance and the time allotment of 12 months to be increased to 36 months.

The 2012 issue is one that might never have gotten resolved if it hadn't been for organizations like AFAP, said Kohl.

Dr. Beverly K. Joiner, Fort Rucker deputy to the garrison commander, was among those to attend the conference and offered her thanks to participants for making a difference in Army life.

"For the past 32 years, AFAP has been making a difference in the programs and services that we have in the Army," she said during the conference. "Thank you for your commitment to the community and your assistance in identifying issues that impact our total Army family.

"Through the AFAP process, our goal is to identify issues and provide solutions that bring about positive change," she continued. "My hope is that you will leave here feeling confident that you have impacted the wellbeing of Soldiers, civilians and family members. Know that the results of this night will be making improvements on the programs and services of the community."

Although the conference has ended, Kohl said issues can be submitted year round.

For more information on AFAP or how to submit an issue, call 255-9637.

PHOTO BYJIM HUGHES

Command Sgt. Maj. Micheal D. Sutterfield (center), 1st Aviation Brigade command sergeant major; Sgt. 1st Class Michael Lukeman (left), 1st Avn. Bde. equal opportunity adviser; and Sgt. 1st Class Pawoo Teh, EO adviser, read to children at the Center Library Friday to help celebrate Native American Heritage Month. Fort Rucker will host a Native American Heritage Month kickoff Friday at 11:30 a.m. at the post exchange food court, featuring dancers, a drum group, food sampling and displays.

Audie Murphy Club inducts 1-13th Soldier

By Nathan Pfau
Army Flier Staff Writer

Audie Murphy is widely known as the most decorated Soldier in U.S. history, but for one Soldier, those accomplishments translate into more than awards and recognition – a way to better serve his community.

The Fort Rucker Sergeant Audie Murphy Club inducted Sgt. 1st Class Jason Reimer, A Company, 1st Battalion, 13th Aviation Regiment, into its ranks Nov. 5 during a ceremony at the U.S. Army Aviation Museum, and for Reimer, the induction into the prestigious organization was just a formality to a way of life.

"This is a wonderful thing, in that I know that I'm now going to be part of a larger organization that does a lot of good for the community. Because of what I was able to show that I can exemplify, it's put me in a position to do even more good," he said. "Being in the position that I'm in now, I'm going to continue to challenge myself even more by helping to contribute to the community."

Reimer said he admires everything that Murphy was able to accomplish throughout his lifetime, not only as a Soldier, but as a civilian, as well, and hopes to mirror that in his own life.

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PHOTO BY NATHAN PFAU

Sgt. 1st Class Jason Reimer, A Company, 1st Battalion, 13th Aviation Regiment, receives the Sergeant Audie Murphy Medallion from Command Sgt. Maj. Eric C. Thom, Aviation Branch command sergeant major, as he is inducted into the Fort Rucker Sergeant Audie Murphy Club during a ceremony at the U.S. Army Aviation Museum Nov. 5.

48th Assault Helicopter Company dedicates monument

By Nathan Pfau
Army Flier Staff Writer

As friends and family members laid roses at the base of a new monument, Fort Rucker and hundreds of veterans remembered those who gave their lives in service nearly half a century ago.

The names of 36 men lost during the Vietnam War adorn the monument erected in Veterans Park where more than 200 veterans gathered to honor those lost, as well as the rest of those who served in the 48th Assault Helicopter Company during a dedication ceremony Friday.

The dedication comes as a hard-fought, well-earned "thank you" to those who served in that conflict, said retired Army Chaplain (Col.) Alvin M. Sonny Moore, guest speaker for the event.

"Those were not the proudest days for our country. There was so much division and strife, and they never properly said 'thank you' to the veterans who fought that war," he said during the ceremony. "You Soldiers fought anyway. You know why a Soldier fights? You fight for each other, and that's why you people are here today – to remember your brothers."

PHOTO BY NATHAN PFAU

Tom Cole and Pat Coleman, former Soldiers of the 48th Assault Helicopter Company, unveil the unit monument during a dedication ceremony at Veterans Park Friday.

The 48th AHC was active from Nov. 6, 1965, to Aug. 23, 1972, and participated in 16 campaigns throughout the war, many of which Tom Cole, who was the maintenance officer and executive officer for the unit, remembers vividly.

Cole was involved in Operation Lam Son 719 where 11 of his fellow brothers in arms were killed.

"I was there for all of those guys and this just brings back a lot of really great memories of them," he said. "They're sad memories in some regard, but good memories."

Cole said it was because of the sacrifices of Soldiers, like of those in his unit, that it's important to continue to remember those who came before.

"We can't forget that freedom isn't free and that people paid a price for it," he said. "Just being gone from your family for years at a time can be tough, but those guys and girls made the ultimate sacrifice for our freedom,

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PERSPECTIVE

SOLDIER FOR LIFE

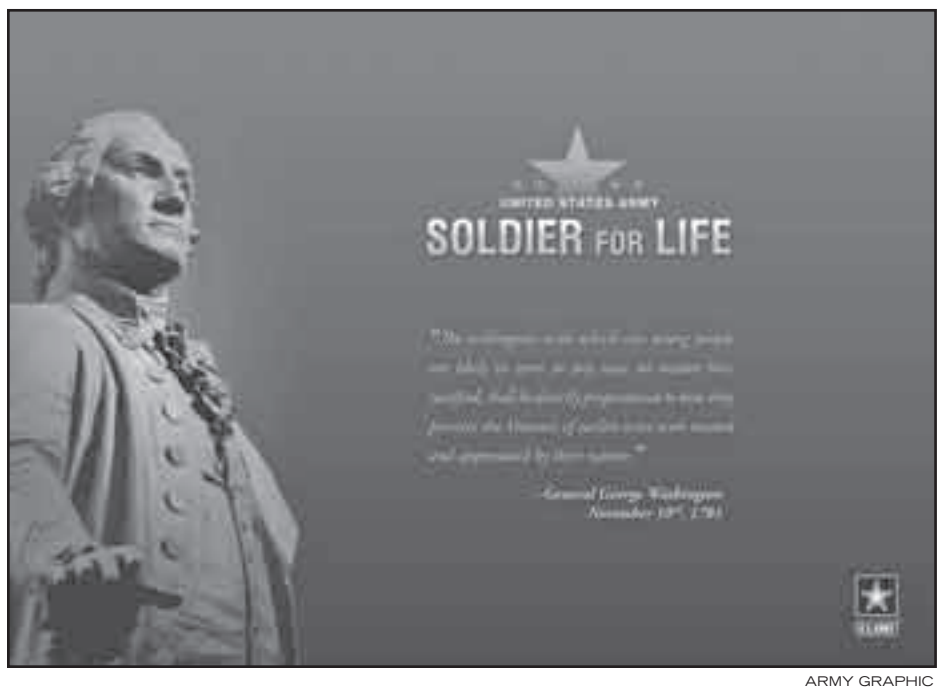
Job search tip: Flexibility key to success

By Bryan Tharpe
Fort Rucker Soldier for Life
Transition Assistance Program

Are you approaching the end of your military career? Do you have one more moves left in you? If you do, you may see that despite current economic conditions, there are still plenty of jobs out there waiting for you.

Many Soldiers exit the Army because they are tired of all the constant moves required of Soldiers and family members over a relatively short period of time. They want to settle down in one place, and finish raising their family and putting down some roots. Not that this isn't a great goal, but if you could make just one more move, you may be set, career wise at least, for the rest of your life.

Getting your foot in the door of many companies requires that you go to where the jobs are. Yes, that means at least one more move, but the government will pay to move you to a home of selection, if you are retiring.



ARMY GRAPHIC

If you are separating, the government will normally only pay to move you the distance to your place of enlistment or entry on active duty at their expense. You will have to make up the difference if you move further than authorized. However, it may well be worth the added expense to get you a good paying job, especially during these troubling times.

Recruiting firms are paid by hiring companies to find them the best of the best to hire. They have job vacancies that must be filled. However, their area of responsibility is limited to a certain region of the country.

Soldiers who will not move into their region will not be considered for help by most recruiting firms.

Remember that if you choose to stay in a certain location, then you are limited to the number of jobs and pay for that particular area. The more flexible you are, the more opportunities you have to get a good paying job.

Who knows, over time you may be able to work your way back to the area of your choice, or you may even fall in love with the new one. Either way, you have to weigh and decide what is best for you and your family.

Also remember that most companies will not pay to move you at their expense, so you will want to make that decision while you still have your relocation option from the Army.

For more information on job searching tips, call the Ft Rucker Soldier for Life Center at 255-2558.

THIS MONTH IN ARMY AVIATION HISTORY

This month we're spotlighting the November 1969 issue of the *U.S. Army Aviation Digest.* This issue features:

Instrument ticket pays dividends

I arrived in the Republic of Vietnam just after the rainy season. My first month in country gave every indication that I would enjoy the most perfect flying weather I'd ever known in my short career as an Army Aviator. It was total VFR flying and I didn't give the slightest thought to my past tactical instrument training at Fort Rucker.

Arctic test of the Crane

The Army's CH-54 was operated in temperatures from 46 degrees above to 43 below in Alaska to subject the aircraft to the most realistic winter conditions possible. The Crane was used to support various units and participated in a winter field exercise.

"Grounded" Eagle

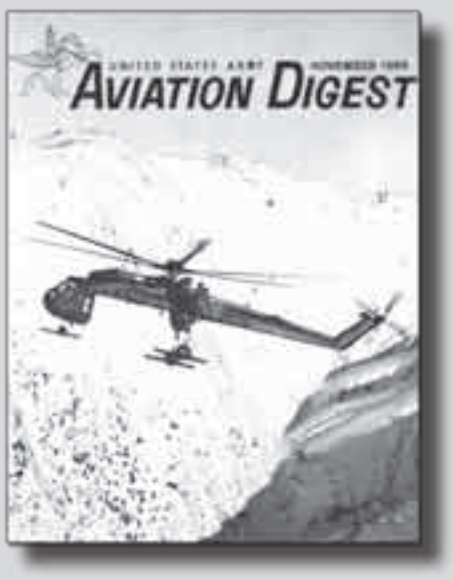
An accident investigation as seen through the eyes of the junior board member.

The Kiowa joins up

A new entry to the light observation helicopter field has arrived in the Army inventory, and the fun and enthusiasm that marked the OH-23 versus OH-13 unit rivalry can now be applied to newer contenders: the OH-6A Cayuse and the OH-58A Kiowa.

… and more.

Download this issue of the *U.S. Army Aviation Digest* at http://go.usa.gov/cYQTF.



Rotor Wash

"Veterans have fought for freedom in the past and today. How can you honor the sacrifice made by service members, both current and prior?"

Abdel Bilal, military veteran

"You can show them appreciation by simply shaking their hand or talking to them."

Shaun McElderry, civilian

"Thank them for their service whenever you can."

James Moody, military family member

"For your family members, just make sure they know how much you love and care about them and what they do."

Haley Dalquist, military family member

"If you see them in uniform, make sure they know you have respect for them."

WO1 Antonio Schlee, B Co., 1st Bn., 145th Avn. Regt.

"Just acknowledge what it is that Soldiers do."

COMMAND

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflier.com.

IMCOM welcomes new commander

By Sgt. Joshua Ford
Installation Management Command Public Affairs

FORT SAM HOUSTON, TEXAS – Lt. Gen. Kenneth R. Dahl took command of U.S. Army Installation Management Command from Lt. Gen. David D. Halverson during a change-of-command ceremony at the Fort Sam Houston Theater Nov. 3.

Army Chief of Staff Gen. Mark A. Milley presided over both the change-of-command ceremony and Dahl's promotion that took place beforehand.

"K.D. (Dahl) is immensely qualified to be the commanding general," Milley said. "He's a proven combat leader, he's a man of great character, and I have no doubt in my mind that he's going to take IMCOM to the next level of excellence."

Until today, IMCOM and the Office of the Assistant Chief of Staff for Installation Management were commanded by one three-star general in a dual-hatted status. The creation of a new three-star position and the decision to make IMCOM a direct-report to the Army chief of staff indicates how important the mission is to senior Army leadership, officials said.

IMCOM manages all the day-to-day infrastructure and support programs on Army installations, allowing the mission commanders to focus on their mission: to fight and win the nation's wars. It also allows for cost avoidance and cost savings by centralizing management and purchasing power, and enables Soldiers to focus on preparing for the current and future fight because they know their families at home are being cared for.

PHOTO BY TIM HIPPS

Lt. Gen. Kenneth R. Dahl receives the unit flag from Army Chief of Staff Gen. Mark A. Milley as he becomes the new commanding general for U.S. Army Installation Management Command during a change-of-command ceremony at Fort Sam Houston Theatre in San Antonio Nov. 3.

Dahl pledged that IMCOM would continue to provide the best support for command teams at Army installations around the world under his command.

"Having never served at the same place twice, I can be justly accused of being an expert at nothing, but I will give myself credit for knowing a lot about the Army, knowing where it lives and knowing what it does," Dahl said. "And I'm excited to be at this command for I have an opportunity to support all our senior commanders and enabling their critical missions that they execute in their own commands every single day."

Milley said that the split will allow IMCOM to be more efficient by placing a proven leader with the command on Fort Sam Houston, rather than have the ASCIM lead from the Pentagon remotely.

"The span of control was not as effective as if we could split it apart and pick a single (lieutenant general) to lead IMCOM and then have a staff officer as the ACSIM," Milley said. "Because putting both of them together is difficult and doesn't lead to the most efficient methods of using our leadership."

Halverson expressed his sentiments of leaving command and taking the responsibility of the ACSIM.

"This is a bittersweet day, as you all know, but it is a great day for the Army," Halverson said. "It's been an honor. Thank you for bringing the Army's home everywhere and we'll continue to do that."

Dahl assured Halverson and those present that he would ensure IMCOM would continue to be the foundation for Army readiness.

"We will touch the entire Army every single day and everything that it does," Dahl said. "I am thrilled to be the commanding general of Installation Management Command. I totally appreciate how lucky I am and I will not squander a single moment."

Fort Rucker kicks off winter safety

By Nathan Pfau
Army Flier Staff Writer

As people get ready to prepare their Thanksgiving feasts, safety officials want to issue a reminder to everyone over the holidays to remain cautious as they cook, drive and visit throughout the season.

The holiday season kicks off the Winter Safety Campaign on Fort Rucker, which exists to help remind Soldiers, family members and civilians of the hazards the come with the season, whether regarding home safety, driving safety or even pet safety, according the Rebecca Ghostley, garrison safety director.

"We want to take this time to remind everyone to take into consideration hazards that typically occur during the winter time," said the safety director. "This is a chance for supervisors to talk to their Soldiers about these potential hazards to include the workplace, home and on the roads."

Leaders should get involved to indentify hazards that their Soldiers or civilians might face, such as those who might take long road trips to visit family in areas with a high rate of snowfall, said Ghostley.

"If they have Soldiers who are going away to visit family for the holidays, they might want to remind them to make sure to have their vehicle checked and prepared for safe, winter driving," she said. "They should check all of the fluids in their vehicle, ensure their tires are properly inflated with the right amount of tread and make sure they are prepared to drive on snowy or icy roads."

People are also encouraged to have an emergency kit with them when they travel, containing things like warm clothes, blankets, water and food, flashlights or anything that might aid them in an emergency situation.

According to the National Weather Service, some conditions people might run into while traveling on roads across the Southeast during the winter season include ice storms, snow flurries and icy roads, so Ghostley encourages extra care when taking to the roads.

Hazards can also extend into the home during the winter season, and stem from a variety of factors, from cooking to heating, so people should take extra care this holiday season when preparing large meals or using items like space heaters, said the safety director.

"Many people will be cooking for Thanksgiving and a lot of people have started using turkey fryers, which can be a big fire hazard," said Ghostley.

When using turkey fryers, she said that people should only use them outdoors and make sure not to overfill the oil, adding that people should always follow the instructions provided.

Additionally, many people will heat their homes with space heaters, which can also be a big fire hazard if not used properly.

According to the National Fire Protection Association, although only 32 percent of home heating fires involved space heaters, they are involved in 79 percent of home heating fire deaths.

Ghostley recommends that space heaters be placed on a level surface at least three feet from any flammable materials, and always be turned off when not in use.

Fuel burning heaters and equipment should not be burned indoors and should always be used in an area that is properly ventilated, she added.

People should also take care when putting up holiday decorations, such as lighting around the house, which uses extra electricity and wiring.

"It's a good idea to remind people to be vigilant when it comes to safety because people tend to become complacent, especially around the holidays, but we want to make sure everyone has a safe holiday season," said Ghostley.

News Briefs

Former CWOB retirement ceremony

Fort Rucker will host a retirement and awards ceremony for CW5 Michael L. Reese, former chief warrant officer of the Aviation Branch, Friday at 1 p.m. in the U.S. Army Aviation Museum. All are invited to attend to honor and bid farewell to Reese.

Hollyday Bazaar

The Fort Rucker Community Spouses Club will host its Hollyday Bazaar Saturday from 9 a.m. to 4 p.m. at Yano Hall. The bazaar offers people the chance to buy holiday supplies, crafts, homemade jewelry, wreaths, furniture, antiques, toys, clothing, food and more. The event offers more than 90 local and national vendors. Admission to the event is $5 per person, but children 12 and younger get in free. Proceeds from the event go to benefit the FRCSC community welfare and scholarship funds in the Wiregrass.

For more information, visit www.fortruckercsc.com.

After hours flu clinic

Lyster Army Health Clinic will hold an after-hours flu clinic for school-age children Nov. 17 from 4-6:30 p.m. in the immunization clinic. Flu shots and flu mist will be available.

Clinic closures

The clinic will close for its monthly training Wednesday at noon. The clinic will also be closed Nov. 26 for the Thanksgiving holiday and Nov. 27.

Healthy cooking demo

Lyster Army Health Clinic will host a free cooking demonstration Nov. 20 at 11 a.m. in the lifespace center. Everyone is invited to attend, including children. The recipes cooked during this demonstration will be low carb and diabetic friendly in observance of Diabetes Awareness Month.

Advent workshop

The Fort Rucker chaplaincy will host an Advent workshop Nov. 22 from noon to 2:30 p.m. at the Spiritual Life Center, Bldg. 8039. All are invited to attend the family-friendly event that will feature holiday crafts, lunch, and an exploration of the season of Advent and what it means to move toward Christmas.

For more information, call 255-3946, 255-9894 or 255-3447, or visit www.rucker.army.mil/chaplain.

Military personnel closure

The military personnel division will be closed Nov. 26-27. The closure includes the ID card section, retirement services office, personnel reassignment branch, personnel management branch (in and out processing) and personnel services branch. Normal duty hours will resume Nov. 30 at 7:30 a.m.

Tuesday Tracks

Lyster Army Health Clinic's Physical Therapy service hosts a Tuesday Tracks walk Tuesdays at noon for anyone on Fort Rucker interested in walking a mile during lunch. Those interested can meet in the Lyster Lifespace Center at 11:45 a.m.

Lyster update

Check out Lyster Army Health Clinic's Facebook page for the healthy tip of the day and clinic information, such as class dates and times. Lyster's Twitter feed is at @LysterAHC.

Scholarships, grants

Corvias Foundation recently announced that applications for the 2016 scholarships and educational grants are now available. Applications for the 2016 scholarships must be submitted by Feb. 11 and will be awarded to high school seniors with plans of attending a four-year university or college. The scholarships are in the amount of up to $50,000 per person. The scholarship is available to children of active-duty service members stationed at Fort Rucker and a number of other Army and Air Force installations. All scholarship applicants will be notified of their award status by the end of April.

Applications for the 2016 educational grants must be submitted by May 5. Grants are given in the amount of up to $5,000 to spouses of active-duty service members stationed at Fort Rucker and the other installation. Corvias Foundation will select 20 recipients and applicants may be in any stage of the educational process. All applicants will be notified of their award status by the end of July.

Applications and all necessary paperwork for both the scholarship and educational grant must be submitted by the due date in order to be considered. Selected recipients may begin using their scholarship or educational grant in the fall of 2016. Families do not have to reside in on-post housing in order to qualify for scholarships or grants.

Applications are available now at http://corviasfoundation.org. For more information, send an email to info@corviasfoundation.org or call 401-228-2836.

Thrift shop

The Fort Rucker Thrift Shop is open Wednesdays-Fridays from 10 a.m. to 2 p.m. The thrift shop needs people's unwanted items. People can drop off donations at any time in the shed behind the shop (former Armed Forces Bank building) located in front of the theater next door to the bowling alley. Donations are tax deductible.

For more information, call 255-9595.

ID card appointment system

To help reduce wait times, the Directorate of Human Resources recently changed its ID Card Section to an appointment-only system Mondays-Fridays for people seeking to get ID cards.

The only walk-in customers who are seen are those who have lost their cards, need a personal identification number reset, need a DD Form 1172 issue, are in- or out-processing, and retirees renewing their cards – all other walk-in customers will be asked to make an appointment.

To make an appointment, people just need to go online and visit https://rapids-appointments.dmdc.osd.mil/appointment/building.aspx?BuildingId=876.

People with questions on using the appointment system or who need to verify the documents required to get an ID, should call 255-2182.

TRICARE Nurse Advice Line

Lyster Army Health Clinic uses the TRICARE Nurse Advice Line for all after-hours urgent care questions. Call 1-800-TRICARE (874-2273) to speak with a nurse 24 hours a day, 7 days a week.

Siren test

The Installation Operations Center conducts a test of the emergency mass notification system the first Wednesday of each month at 11 a.m. At that time people will hear the siren over the giant voice. No actions are required.

Retiree council meetings

The Fort Rucker Installation Retiree Council meets the first Thursday of each month in The Landing at 11:30 a.m. The meeting is an open forum and all retirees are invited to attend. Retirees are also encouraged to apply for one of the open positions on the council.

For more information, call 255-9124.

VETERANS DAY

Service members discuss values, service, sacrifice

By Staff Sgt. Tina Villalobos
301st Public Affairs Detachment

PHOTO BY SGT. TERRY RAJSOMBATH

Sgt. Charles Roseboro and Spc. Judy Rosa perform preventive maintenance checks and services during Exercise Combined Resolve V at the Joint Multinational Readiness Center in Hohenfels, Germany, Nov. 7.

HOHENFELS, Germany — Although World War I officially ended June 28, 1919, the fighting had stopped several months earlier, "…when an armistice…between the Allied nations and Germany went into effect on the 11th hour of the 11th day of the 11th month."

President Woodrow Wilson originally declared Nov. 11 as Armistice Day. According to the Veterans Administration, through legislation passed 61 years ago June 1, 1954, Nov. 11 became Veterans Day – a day to honor American veterans of all wars.

Many of the nation's veterans have become seasoned warriors over time, some with multiple deployments under their belts – many who have made the military their way of life. America's military is a strong and ready fighting force. Every branch is more integrated than ever before with strong and diverse talents and capabilities. "Joint force" has become a common phrase as the military continues to work seamlessly together as comrades in every branch.

"The greatest thing about the Army is the camaraderie," said Spc. Judy Mera Rosa, an unmanned aircraft system operator, and self-described "military brat" with 10th Engineers Brigade, Headquarters and Headquarters Company. "Camaraderie is what it's all about, because if you don't have it, it is just another 9-5."

Although her father is a retired Army major, Rosa made the decision to join on her own.

"My father definitely talked me through it. He shared what he knows and gave me whatever advice he saw fit," Rosa said. "The Army has helped me grow as a person. I like the structure. The Army gave me some direction and purpose. I have learned more about who I can be for other people, rather than just who I am for myself."

Some have a legacy of service in their family. Still others bravely blaze a new trail and join the military seeking an opportunity to test themselves and improve their lives.

Sgt. Charles Roseboro, a combat engineer with 10th Engineers Brigade, Headquarters and Headquarters Company, from Charlotte, North Carolina, is the first in his Family to ever serve in the military. As one of six siblings, Roseboro wanted to set a good example for his younger siblings.

"One of the biggest reasons why I joined the military is because I just felt like I was stuck in time. Sometimes you need to be taken out of your element to actually work on yourself," Roseboro said. "By serving in the Army, my family can see me doing something a little different than the norm. It's good for my brothers and sisters to see. There are six of us – we range in age from 14 to 25."

The significance of Veterans Day was clear to this young Soldier.

"Veteran's Day is a day that we can sit back and think of the people who have gone overseas, and fought wars for many decades for our country, and in some cases died – much thanks to those before me," Roseboro said.

Becoming a better man for his family and country is important.

"I've learned a lot about different cultures and how people live, and how people value certain things in life," Roseboro said. "When I was in Afghanistan, I would always see this guy at 7:30 in the morning, herding his sheep from one field to another to keep them healthy and give them exercise. I felt like that was something so good, but also so disciplined, because he did it at the same time every morning. I noticed the dedication that he had for his family. I am a different person since I joined the Army – 360 turnaround. I have started a college degree, and I have become more professional."

Along with military benefits and the potential of personal and professional growth come sacrifices that most Americans will never experience.

President Barack Obama spoke of the sacrifices of our Veterans and their families in his 2015 Veterans Day Proclamation. "On Veterans Day, we reflect on the immeasurable burdens borne by so few in the name of so many, and we rededicate ourselves to supporting those who have worn America's uniform and the families who stand alongside them."

Rosa's husband is also a Soldier, but stationed elsewhere.

"Most definitely, being away from my husband is my biggest sacrifice," Rosa said. "We joined the Army together. We've been apart for basic training, advanced individual training and then the last two rotations. We are getting through it, but I miss him and I want to be in the same room with him."

Most Soldiers find their own means of coping with the necessary sacrifices. Roseboro stays focused on his mission and big picture outcomes.

"The greatest sacrifices I make being in the military are being away from my 9-month-old son and being away from my family," Roseboro said. "What kind of evens me out is knowing that right now I am in a state of bettering myself. At a certain point, when it is time for me to hang up my uniform, I have done the best I can to provide for my family and show them a better route in life."

Roseboro touted the benefits of military service and encouraged other young men and women to follow his lead.

"I would tell any young woman or young man considering joining the Army – do it," Roseboro said. "Go get a college education. There are so many benefits that come with the military – go travel the world. You don't have to do 20 years, you can just do one contract. There are so many benefits, as far as the G.I. Bill. You will always be a Soldier. So, once you get out and you're looking for a job as a civilian, you'll network with those battle buddies and they can help you out."

The president's proclamation highlighted the importance of caring for our veterans as they return home.

"Our true strength as a nation is measured by how we take care of our veterans when they return home," said Obama in his proclamation, which also focused on understanding and supporting our nation's veterans.

"Our veterans left everything they knew and loved and served with exemplary dedication and courage so we could all know a safer America and a more just world. They have been tested in ways the rest of us may never fully understand, and it is our duty to fulfill our sacred obligation to our veterans and their families. On Veterans Day, and every day, let us show them the extraordinary gratitude they so rightly deserve, and let us recommit to pledging our full support for them in all they do."

Leaders see competence, confidence grow in Iraqi army

By David Vergun
Army News Service

WASHINGTON — When Col. Curtis A. Buzzard deployed to Iraq again in January, he admitted that he was initially concerned about building trust and confidence in the Iraqi army, "but it happened almost immediately."

Buzzard, commander of 3rd Brigade Combat Team, 82nd Airborne Division, spent the next nine months with his brigade advising and assisting the Iraqi army. He spoke of his experiences at a Pentagon press briefing Nov. 5.

"The Iraqis treated us as their own family and were tremendously grateful and appreciative of us being there," he said. "I have great admiration for the leaders we were partnered with and for their dedication to the country."

One of the colonel's operations officers, Maj. Michael Hamilton, from 2nd Battalion, 505th Parachute Infantry Regiment, who was also at the press brief, then provided an example of how their advise and assist mission was successfully carried out.

Of the five Iraqi brigades and two divisions the 82nd was tasked with training, Hamilton's was the 16th Division. "We stood them up from scratch," he said, meaning new staff, new Soldiers and training from basic marksmanship and first aid, on up to battalion-level complex tactical exercises.

The ultimate test of their training, Hamilton said, was when they were called in to support the Ramadi offensive, to liberate it from the Islamic State, which the Soldiers referred to as Daesh.

"They were probably the most successful unit participating in the Ramadi counterattack," he said. "We were very proud of that. It was very rewarding."

Buzzard had his own "good news story" about how well the training went.

He said Hamilton's 2nd Battalion conducted a battalion-level, combined-arms breach lane exercise with an Iraqi battalion. It's a live-fire exercise that's "very complex."

When the training was completed, he said the "Iraqi division commander said, 'I got this, I need your support in helping to set conditions for training, but we have it, we're going to take charge of this,' and they developed and issued an operations order and subordinate leaders did a back-brief. They built a terrain model to show what to do. They coordinated with army aviation, tanks and mortars to be there and they executed it all themselves."

Because of many occasions like this, Buzzard said he felt reassured "they can do this and make it happen."

When he was there in 2006 and 2007, U.S. troops were in the lead in conducting combat operations, Buzzard said. This time Iraqis are in the lead. "We don't accompany them on the battlefield. They recognize they've got to do this on their own. They're taking responsibility for this. It's their fight to win. They recognize that. They want it to be their fight. They're proud of their accomplishments and how they can fight on their own."

In all, the brigade, consisting of about 1,300 paratroopers from six battalions, termed Task Force Panther, trained some 12,400 Iraqi soldiers at numerous Build Partner Capacity sites across the country. The U.S. effort to support Iraq is termed Operation Inherent Resolve.

Buzzard said another initial concern he had was that Iraqi soldiers would be reluctant to take part in the training. But that concern quickly vanished as the calendar was filled. The Iraqis saw the value of the training and it gave them increasing confidence, as well.

The Soldiers who trained the Iraqis demonstrated great "initiative, agility and innovation," he added, saying he was equally proud of them. "Our young Soldiers developed tremendous rapport with Iraqi soldiers during training."

Brigade's role

Hamilton said the advise and assist role took raw recruits and trained them in the basics, stuff like marksmanship, first aid, tactics, and then progressed to battalion-level training with complex and realistic maneuvers. Training in explosives and counter-improvised explosive devices were conducted, as well. Soldiers were there to coach, observe and mentor.

Some units had shorter training times than others, he noted, due to ongoing or upcoming operations. So, the levels of training varied quite a bit.

Buzzard said once the units were trained, his headquarters partnered with the Iraqi headquarters in planning operations. The United States provided intelligence that not only pinpointed enemy positions, but prevented friendly strikes on their own.

Weapons employed

Hamilton said some Iraqi army units were equipped with NATO-style equipment, which the United States fielded to them, including M-16 rifles, M-249 Squad Automatic Weapons, M-240B medium machine guns and AT-4 shoulder-fired, anti-tank weapons.

Besides that, he said they had a mix of AK-47 rifles, PKM and PKC machine guns, some RPK, anti-tank weapons included SGP-9, shoulder-launched.

Their communication gear, he said, included handheld Motorola radios, Harris high-frequency radios for longer distances and Iridium phones for out-of-line-of-sight communications.

"They have the equipment they need for the fight," Buzzard said. "They're certainly better equipped than Daesh."

As to Daesh, Buzzard said they employed vehicle-borne IEDs on numerous occasions. He said it was disheartening to know brainwashed young kids were often on these suicide missions.

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SECDEF:

Response to Russia, China involves innovation

By Cheryl Pellerin
Department of Defense News

SIMI VALLEY, Calif. — National defense in today's time of transition and turbulence calls for technical as well as strategic and operational innovation, Defense Secretary Ash Carter said Saturday.

In a keynote speech during the annual Reagan National Defense Forum in southern California, Carter explained how Russia and China challenge the United States' capacity to innovate and change.

"Another kind of innovation for the future … is how we're responding to Russia, which is one source of today's turbulence, and (the rise of China)], which is driving a transition in the Asia-Pacific," the secretary said.

One of the pillars of his commitment to the nation as defense secretary, Carter said, is to develop innovative strategies and operational concepts to change how the department deters and responds to geostrategic challenges.

PHOTO BY AIR FORCE SENIOR MASTER SGT. ADRIAN CADIZ

The USS Theodore Roosevelt can be seen in the background as Secretary of Defense Ash Carter flies in a V-22 Osprey after visiting the aircraft carrier with Malaysian Minister of Defense Hishammuddin Hussein Nov. 5.

Complex environments

"We must ensure that we and our partners are postured to defeat threats from high-end opponents in a complex set of environments," he said.

To do so requires innovative strategies and operational plans to defend the United States and strengthen the principled international order that has well served the United States and its friends and allies, including Russia, China and many other countries, for decades, Carter said.

"The principles that serve as that order's foundation – including peaceful resolution of disputes, freedom from coercion, respect for state sovereignty and freedom of navigation and overflight – are not abstractions," the secretary said, "nor are they subject to the whims of any one country."

Some actors, like the Islamic State of Iraq and the Levant and Russia, seem intent on eroding these principles and undercutting the international order, Carter said.

China, he added, grows more ambitious in its objectives and capabilities.

Russia's provocations

"In the face of Russia's provocations and China's rise," Carter said, "we must embrace innovative approaches to protect the United States and strengthen that international order."

Russia is violating sovereignty in Ukraine and Georgia, and is trying to intimidate the Baltic states, and in Syria it is prolonging a civil war, the secretary added.

"At sea, in the air, in space and in cyberspace, Russian actors have engaged in challenging activities," he told the audience, noting that Moscow's nuclear saber-rattling raises questions about Russian leaders' commitment to strategic stability.

"We do not seek to make Russia an enemy," Carter said. "But make no mistake. The United States will defend our interests, and our allies, the principled international order and the positive future it affords us all."

Carter said the United States is modernizing its nuclear arsenal to ensure America's nuclear deterrent, investing in new unmanned systems, a new long-range bomber, and innovation in technologies like the electromagnetic rail gun, lasers and new systems for electronic warfare, space, cyberspace and others.

"And we're accordingly transforming our posture in Europe to be more agile and sustainable," the secretary said.

Approach to China

Turning to the Asia-Pacific, Carter said that for decades the United States has helped create stability in the region, which has enabled its people, economies and countries to prosper.

"The single-most influential factor in shaping the region's future is how China rises and relates to the principled order that has undergirded regional peace, stability and security," the secretary said.

As a rising power, China will have growing ambitions, Carter said, but how it behaves will be the true test of its commitment to peace and security.

Nations across the region are watching China's actions in areas like the maritime domain and cyberspace, and the United States is working on its own and with allies to ensure peace and stability in the Asia-Pacific as China rises, the secretary said.

Sustaining progress

On its own, America is using its Asia-Pacific rebalance to sustain this progress and ensure stability in the region, Carter said.

"We're putting our best and newest assets from all services into the region. Qualitatively, we are making heavy investments in capabilities of importance there – subsurface warfare, electronic warfare, space, cyber, missile defense and more," he added.

The department is changing its operational plans and approaches to deter aggression, fulfill its statutory obligations to Taiwan, defend allies, and prepare for a wider-than-usual range of contingencies in the region, Carter said.

The United States is building on its political and economic engagement in the Asia-Pacific by finalizing the Trans-Pacific Partnership trade agreement, among others, the secretary said, and is strengthening the multilateral regional security architecture with allies, friends and partners.

"We're building the capacity of our allies and partners," Carter said, along with promoting cooperation, supporting regional multilateral organizations, modernizing alliances and deepening partnerships.

On his latest trip to Asia-Pacific, his third as defense secretary, Carter said he heard from U.S. regional allies and partners in the region.

"We all have a fundamental stake in the security of maritime Asia, including dynamics within the South China Sea," he said.

The United States is concerned with land reclamation in the South China Sea region, Carter added, and China has reclaimed more land than any other country in the region's history.

"The United States joins virtually everyone else in the region in being deeply concerned about the pace and scope of land reclamation in the South China Sea, the prospect of further militarization, (and) the potential for these activities to increase the risk of miscalculation or conflict among claimant states," he said.

Nov. 5, Carter flew out to the aircraft carrier USS Theodore Roosevelt under way in the South China Sea. Last month, the guided-missile destroyer USS Lassen, as part of a task force with the USS Roosevelt, conducted a freedom of navigation operation in the South China Sea in accordance with international law.

"We've done them before all over the world," Carter said of the freedom of navigation operation, "and we'll do them again. We mean what we say. We will continue to fly, sail and operate wherever international law allows."

Leveraging strategies

U.S.-China relations will be complex as the nations continue to balance their competition and cooperation, Carter said, noting that both nations have agreed to four confidence-building agreements, including one meant to prevent dangerous air-to-air encounters.

Carter said he's accepted an invitation from Chinese President Xi Jinping to visit China in the new year.

Meanwhile, the defense department works to leverage innovative strategies and operational concepts in response to Russia's provocations and the impact of China's rise, Carter said.

"We also know we have much work to do still to ensure our strategies and plans are as innovative as possible, leveraging new technology used by the best talent in America," he said.

Club: Leader development, management priorities of club

Continued from Page A1

"I'm not the type of person to be complacent, so I always want to be able to grow and do more things, and constantly challenge myself," said the inductee. "I want to show the great many qualities that he showed, not only in combat, but with what he did with his career afterwards. He was always out there and I'd like to think that everything that I'm doing now is something that falls in line with what his legacy."

Throughout Murphy's life, he was not only the most decorated Soldier in U.S. history – earning 33 awards and medals in World War II alone, including the Medal of Honor – but also one of the most popular actors of his time, a composer, poet and song writer, all of which Reimer said shows how, despite living through the horrors of war, he was able to live his life to the fullest.

"He was out there as a focal point to the military and his community, and he was a man that did great things for his country," he said. "I want to make sure that I can make a difference like he did. I feel that this is going to help me make an even bigger (impact) with what I can do in the Army and even outside of that."

After Reimer's nomination to join the club, he had to endure two stringent boards – one at the brigade level and one at the installation level – which tested his knowledge of Audie Murphy, as well as his situational awareness with questions that placed him in various scenarios.

Command Sgt. Maj. Micheal D. Sutterfield, 1st Aviation Brigade command sergeant major, was on hand to welcome Reimer to the organization, and said that what the club stands for cannot be overstated.

"One of our priorities as leaders is leader development and management, and this ceremony is indicative of us getting it right in (Reimer)," he said during the ceremony. "The one thing that is intangible in our Army is the people, and that's what Sergeant Reimer does every day – he puts those people in the right spot (to become the Soldiers of tomorrow)."

The Sergeant Audie Murphy Club originally started in 1986 at Fort Hood, Texas, and exists to help with leader development and taking care of Soldiers and families.

Club members participate in numerous community and family support activities throughout the year, as well as help run the U.S. Army Aviation Center of Excellence-level ceremonies on the installation, providing narrators, award bearers and the personnel needed to help the ceremonies run smoothly.

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Monument: Ceremony honors 36 Soldiers

Continued from Page A1

and that's something we have to remember."

The day of remembrance comes exactly 50 years to the day of the start of the Vietnam War, which was also the day the 48th AHC landed on the shores of Vietnam.

For George Newton Jr., who was assigned to the maintenance platoon of the 48th AHC, the day was one that was meant for the families to be able to remember loved ones they'd lost.

"I think the most important point is for the family members who have survived those who were lost to see that we still remember their sons or brothers – that we respect their memory," he said. "We have the opportunity to honor these guys we flew with and who died over there. We really formed a band of brothers in the 48th Assault Helicopter Company."

Retired Col. Bob Bunting, former commander of the 48th AHC, along with his reunion group put on the event and said the dedication was an important way to honor those lost during the conflict.

"This needed to be a special day for those 36 men and their families," he said. "When we came out here and saw these monuments to other units, we said it was time to do this and honor (those who died)."

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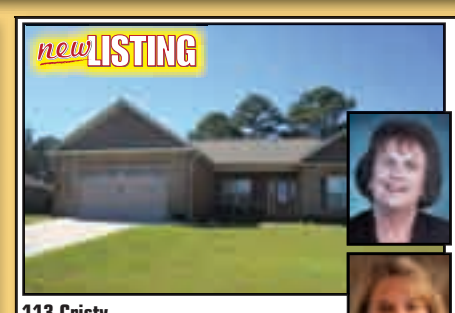

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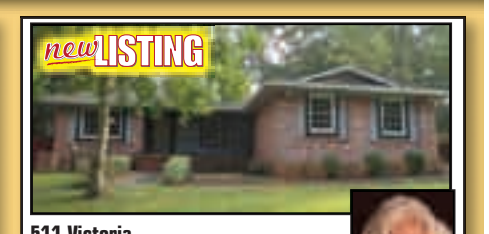

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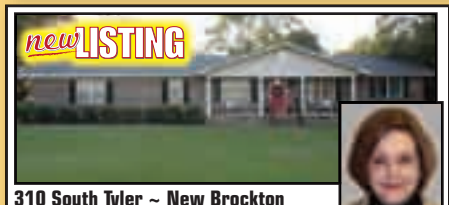

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605 County Road 114 ~ Jack
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Great 4BR/2BA with large bonus room. 2± acres with small pond. **JACKIE THOMPSON 406-1231 & TERRI AVERETT 406-2072** *MLS #20151961*

110 Crestview
$115,000: Attractive home with 3BR/2BA & an attached 1-car garage. The enclosed yard features a shed & a large covered deck, perfect for entertaining or enjoying the outdoors.
Tile flooring throughout the downstairs & carpet throughout the upstairs. Both upstairs bedrooms feature walk-in closets. Included with this home is a Rinnai tankless water heater. Come see this Cape Cod charmer today. **SOMMER RAKES 406-1286** *MLS #20151966*

110 Britt
$245,000: Relax with a salt water pool & porch. 4BR/2.5BA, over 2,400 SF, grandroom, separate dining room & eat-in kitchen. There is an underground dog fence that extends to the front yard. Owner is anxious to sell. It has it all. **ANGIE GOODMAN 464-7869** *MLS #20151976*

100 DeMaria ~ Daleville
$79,900: Make this reasonably priced place your next home. Nestled on a wooded lot at the end of the street, you will have plenty of privacy. Sit on the screened back porch to relax. This would be a good starter home or perhaps a place to retire. Windows have been replaced with double window pane and a new roof this year. **AGNES KARVONEN 406-9752** *MLS #20151990*

559 Meadowlake
$47,500: This nice ranch features a great dining/den room in addition to the living room, big backyard for outside activities on a corner lot. Great location, close to shopping areas, schools & Ft Rucker. 4BR/2BA & wood floor in most rooms. Just need some TLC. Well established subdivision. **NANCY CAFIERO 389-1758 & BOB KUYKENDALL 369-8534** *MLS #20151992*

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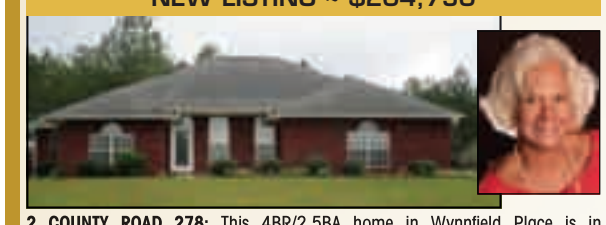
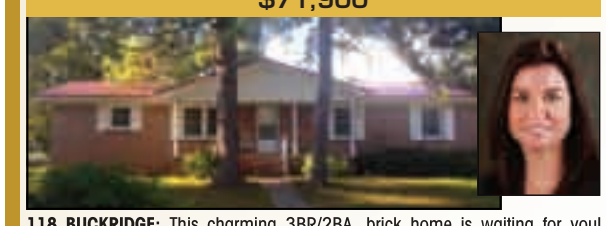


2 COUNTY ROAD 278: This 4BR/2.5BA home in Wynnfield Place is in SHOWCASE - move-in ready condition. Built in 2004, it has 2,226± SF & was built in 2004. Long entry foyer takes you into the grandroom with a gas fireplace in the corner, formal dining room, kitchen with breakfast area that has French doors to the back covered patio. Split bedrooms with the master side having an extra bedroom or office, ½ bath & laundry. Features a media room off the dining room. Tankless electric water heater in 1-car garage. **EVELYN HITCH 406-3436**

$71,900



118 BUCKRIDGE: This charming 3BR/2BA, brick home is waiting for you! Located on a great corner lot, this large yard features a deck perfect for entertaining & already has a fence. Windows & new metal roof were installed in 2013. Sellers are offering an allowance of up to $3,000 for the master bathroom floor. Come see today! **SOMMER RAKES 406-1286**

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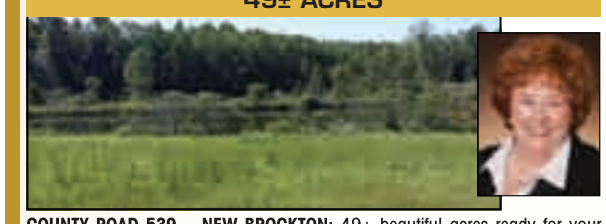

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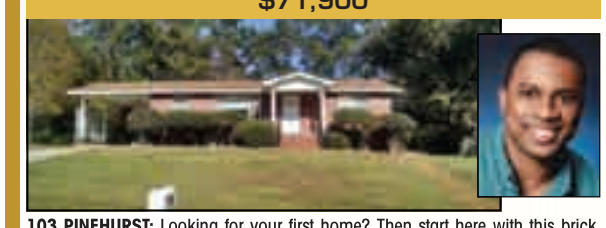

103 PINEHURST: Looking for your first home? Then start here with this brick, 3BR house. Interior recently repainted, hardwood floors, storage/laundry with built-in workbench. Large lot with room for a garden. Pretty as a picture…a great way to begin for $71,900. **CHRIS ROGERS 406-0726**

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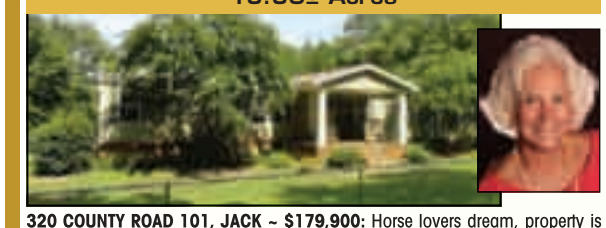

320 COUNTY ROAD 101, JACK ~ $179,900: Horse lovers dream, property is completely fenced with hog wire, with chain link fence in yard front & back with 5 gates, separate fenced paddock in front yard with hog wire fence, circular drive. 22x32 barn with 2 stalls, lean to extension with Dutch doors, electric & water with inside & outside lights. 10x20 shed with shelves & ramp. Open floor plan with split bedrooms & den w/fireplace as well as formal living room. Great screened porch with stairs leading to pool. A MUST SEE! **EVELYN HITCH 406-3436**

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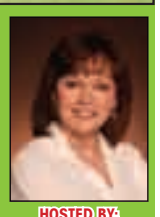

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DREAM REALIZED

Dual-door gunnery range opens on Fort Stewart

By Sgt. William Begley
3rd Combat Aviation Brigade Public Affairs

FORT STEWART, Ga. — The longtime dream of having a dual-door, Aviation gunnery range on Fort Stewart is finally a reality.

Two CH-47 Chinook helicopters from 2nd Battalion, 3rd Aviation Regiment sling loaded six M113 armored personnel carriers along with 12 55-gallon drums full of concrete onto the range to be used as targets.

CW4 Rob Senefeld, master gunner with 3rd Combat Aviation Brigade, said this is something the leaders on Fort Stewart and Hunter Army Airfield have wanted to do for a long time.

"I initially started working on making this range happen just a few years ago, but Fort Stewart proper has been talking about a door gunnery range for 15 years," Senefeld said.

One of the reasons for the range is the cost savings. The cost of flying a CH-47 to Fort Gordon, where until now the range has been conducted, is over $10,000 an hour.

"Every combat Aviation brigade commander understands the importance of challenging their crew members," Senefeld said. "By shooting out both sides of the aircraft at the same time, it creates a much more challenging crew coordination task."

Senefeld said the job could not have

SEE DREAM, PAGE B4

PHOTO BY SGT. URIAH WALKER

A CH-47 Chinook flies in to sling load an M113 armored personnel carrier.

OVERWATCH

PHOTO BY SPC. MARTIN GREESON

AH-64 Apaches provide firepower and overwatch for ground troops during Trident Juncture 2015 Joint Land Force Heavy Military Demonstration being performed by 12 member-state militaries on the San Gregorio military training area, Zaragoza, Spain, Nov. 4.

SHADOW

Sky Soldiers seamlessly integrate UAS team into exercise

PHOTO BY PAOLO BOVO

U.S. paratroopers assigned to the D Company, 54th Brigade Engineer Battalion, 173rd Airborne Brigade, conduct pre-flight checks on an RQ-7B Shadow UAS at Aeroclub Postonja in Slovenia Oct. 20 during Exercise Rock Proof V.

By 1st Lt. Peter Ingram
Army News Service

POCEK, Slovenia — Paratroopers from the 173rd Airborne Brigade were in Slovenia Oct. 16-21 in support of Exercise Rock Proof V, a combined-arms exercise between U.S. and Slovenian Soldiers.

Joining the infantrymen from 2nd Battalion, 503rd Infantry Regiment in their exercise were paratroopers from the 54th Brigade Engineer Battalion, who integrated Aviation, engineer and military intelligence expertise into the fight.

For the first time in the exercise's history, unmanned aircraft systems and their operators played a part.

"Rock Proof allowed a platoon of UAS operators from

SEE SHADOW, PAGE B4

Mission command: Chatter evolves into chat

By Devon Bistarkey
Army News Service

ABERDEEN PROVING GROUND, Md. — A flight of helicopters, part of an air cavalry squadron, are on a mission over Iraq when they observe enemy action on the ground. A size, activity, location and time report is radioed to Battle Captain Seth Vieux: "Four insurgents are setting an improvised explosive device at this location grid, time now."

The radio transmission comes through as Soldiers furiously transcribe the report.

The command post is immediately set into action as a buzz of information exchanges fill the room. As the situation develops, the brigade commander is briefed off written reports and verbal updates, setting into motion a series of cross communications and command decisions.

This scenario, a daily occurrence during Vieux's deployment to Iraq in 2005, is evolving. Now, instead of chatter, there's chat.

PHOTO BY VANESSA FLORES

A Soldier operates a single display unit system inside a mine-resistant, ambush-protected all-terrain vehicle during Network Integration Evaluation 15.2 on Fort Bliss, Texas.

As key strokes replace voices, the command post battle rhythm is a stark difference from only a few years ago, said Vieux, a tactical systems branch chief and U.S. Training and Doctrine Command capabilities manager for Mission Command/Command Post on Fort Leavenworth, Kansas.

"The first time I saw chat was in 2005 in Iraq. It was something that was used, but not a major tool for leaders," Vieux said. "However, it

SEE CHAT, PAGE B4

Army Aviators support evacuation exercise

By Tim Oberle
8th Army Public Affairs

USAG YONGSAN, South Korea — Family members, civilians, contractors and other non-emergency personnel visited noncombatant evacuation operation centers throughout the Korean Peninsula Oct. 28 - Nov. 1 as part of Exercise Courageous Channel to learn more about what to expect during a real-world crisis or natural disaster.

The annual U.S. Forces Korea evacuation exercise performs the dual function of both preparing community members for a potential evacuation and training military personnel to execute the massive undertaking should a situation ever call for one.

"We want to give people the opportunity to go through the site, so they know what to expect and also to give our personnel and our NEO wardens a chance to train," said Capt. Kimberly Bevins, commander of Headquarters and Headquarters Co., 501st Military Intelligence Brigade and officer in charge of tags during the exercise.

As a way to build upon their efforts each year and be better prepared in the event of a real emergency, the staff takes careful note of areas for improvement and those protocols that generate success.

"Each year we review lessons learned during the previous exercise and then apply those lessons to help families better understand the process," said Maj. James Leidenberg, planner for the 501st Military Intelligence Brigade, 8th Army. "A few areas where we have improved (have) been to ensure that families have their NEO packets updated, their pets registered and all of their required paperwork filled out. The bottom line is that when a crisis hits you don't have a lot of time to go back and do that preparation, so anything you can do before-hand will expedite the evacuation."

In addition to readiness, safety was also a common theme throughout the week to reduce the potential of injuries occurring during the exercise or in the course of an actual evacuation.

"Safety is one of the most important factors during both an exercise and a real-world event that results in NEO," Leidenberg said. "People need to understand the process and the flow because emotions will be high and conditions could be trying. As they better understand the process, it helps to mitigate some of the safety risk."

As part of this year's exercise, 8th Army held mock evacuation flights supported by the 2nd Assault Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade.

"We are doing actual military air flights with (UH-60) Black Hawks, and using the same processes and procedures that would take place during an evacuation," Leidenberg said. "Safety is foremost in our minds, so we try to make things here as realistic as possible."

The five-day exercise went off without a hitch, but the staff is never satisfied and always looking for ways to continue to improve.

PHOTO BY TIM OBERLE

Family members disembark from a UH-60 Black Hawk Oct. 30 after a mock evacuation flight during Courageous Channel at U.S. Army Garrison Yongsan in Seoul, South Korea.

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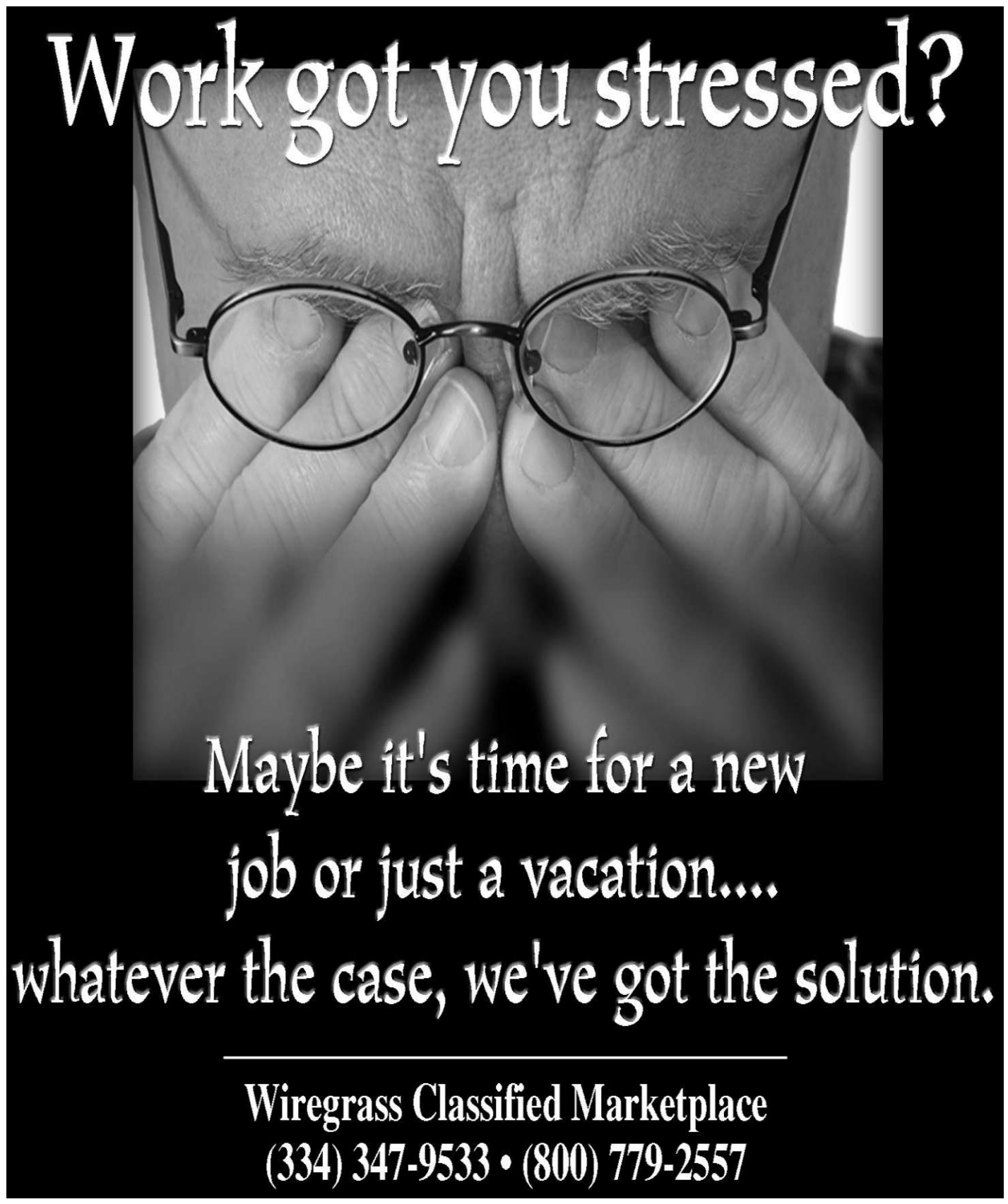

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Dream: Soldiers learn while executing mission

Continued from Page B1

happened without help from 38th Explosive Ordnance Disposal team, a tenant unit on Fort Stewart, and the 703rd Brigade Support Battalion.

Sgt. 1st Class Jeffrey Chafin, 38th Explosive Ordnance Disposal, provided a vital service in getting the range complete.

"My team cleared six individual target areas of unexploded ordnance and trees so they could safely place the target vehicles on the range," Chafin said. "We do range maintenance, as well as part of our EOD job."

Additionally, 1st Lt. Kyle Palentino, A Company, 703rd Brigade Support Battalion, 2nd Brigade Combat Team, and several other Soldiers from the support unit, helped to hook up the sling loaded equipment to the helicopters.

"It's humbling to do something like this because I'm learning at the same time as executing and I like being a part of a bigger mission," Palentino said. "The guys out here love to work hands on and getting out of the office for a live mission."

There have been calls coming in from other units who would love to train their crews on the dual door gunnery range, Senefeld said.

"We've had National Guard units and special operations units on HAAF (Hunter Army Airfield) that want to start using the range," he said. "It's going to be awesome."

Shadow: Tactical questioning essential to mission success

Continued from Page B1

the 54th Brigade Engineering Battalion to demonstrate their ability to serve as a combat multiplier, both for intelligence collection as well as kinetic strikes," said CW2 Anthony Blacharski, the UAS platoon leader. "The (UAS) team, using the Shadow (UAS), has the ability to provide continuous coverage of the battlefield for the commander."

During the exercise, a sapper platoon from A Company, 54th worked on properly assimilating its personnel with an infantry battalion's ground tactical plan.

"The best part of working with the infantry is being able to synchronize direct and indirect fires to allow our sappers to be able to breach obstacles more safely and quickly," said 2nd Lt. Alexander Cansler III, a platoon leader with A Co. "Getting realistic training with a lot of repetitions was ideal."

Joining the Aviation and engineering assets were military intelligence paratroopers from the 54th.

The battalion's D Co. provided two human intelligence collectors who worked with 2nd Bn. paratroopers as trainers and simulated intelligence assets.

"It's very important for human intelligence collectors to integrate with the maneuver battalions," said Sgt. Matthew Martinez, a HUMINT squad leader. "Tactical questioning is a critical piece to the accomplishment of their mission."

Overall the exercise afforded an opportunity to incorporate enablers into a combined-arms, live-fire exercise, allowing those assets to seamlessly integrate and enhance the training value to all those who attended.

The 173rd Airborne Brigade, based in Vicenza, Italy, is the U.S. Army Contingency Response Force in Europe and is capable of deploying ready forces to conduct the full range of military operations across the U.S. European, Africa and Central Commands' areas of operations within 18 hours.

Download a PDF of this week's edition at www.armyflier.com.

Chat: Sessions cut clutter on networks

Continued from Page B1

didn't take long for it to become my primary way of communicating in the battle space and it's been an evolution that everyone has embraced."

Command post modernization is moving the noise of voice commands and situational awareness into a chat application, a delivered capability of the Command Post Computing Environment.

"In the past, the Tactical Operations Center would have been a noisy environment, with speakers blasting voice communication from numerous radio channels," said Lt. Col. Michael Olmstead, product manager Joint Battle Command-Platform. "However, with chat being used as the primary digital communications system, the TOC is nearly silent."

The use of chat has had two major positive impacts: radio networks are less cluttered with administrative chatter, allowing for important voice traffic to be heard clearly when it happens, and chat sessions are recorded.

"When enemy action is observed, reports are now put directly into a chat window that other battalion and task forces can see," Vieux said. "Now, as a commander, as soon as I step into the CP, I can scroll up in the chat, see the SALT report, who is reporting, what resources are available and not available, as well as the exact time events occurred and critical information that allows mission success."

As one component of the Army's Common Operating Environment, chat continues to deliver integrated information sharing that meets commanders' needs for collaborative planning across all warfighting functions.

Vieux experienced firsthand the major operational benefits of the chat application during his deployment to Afghanistan in 2013, when chat replaced the "P" in his PACE, also known as Primary Alternate Contingent Emergency communications plan. Used as the hub for major mission command information exchanges, chat gives commanders the ability to make rapid adjustments according to the combat situation in order to act decisively.

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LOOKING UP
Robo-Raven may one day fly for Soldiers
Story on Page C4

NOVEMBER 12, 2015

Camping Under the Stars

PHOTOS BY NATHAN PFAU

CW2 Jason Hayes, 1st Warrant Officer Company, helps his son, Kason, cook a marshmallow for his s'more during last year's Camping Under the Stars. This year's event is Friday.

CW4 Maria Byrd, Headquarters Headquarters Company, Warrant Officer Career College, picks out a book with her daughter, Marissa, during last year's Camping Under the Stars.

Event focuses on quality family time

By Jeremy Henderson
Army Flier Staff Writer

Cool, crisp air and crackling bonfire await families this weekend during the fifth annual Camping Under the Stars Military Family Month event from 5-10 p.m. Friday at Lake Tholocco's West Beach.

"Camping is a great activity for families to enjoy some quality time together," Kristi Fink, Fort Rucker Directorate of Family and Morale, Welfare and Recreation special events coordinator, said. "Some families do not have tents or have the opportunity to go camping together, so (DFMWR) celebrates the military family by providing an awesome venue out at Lake Tholocco to allow the families to enjoy the great outdoors for a free, fun-filled evening under the stars."

The event, located near the West Beach Gazebo, is free to all military I.D. cardholders and their families. Patrons are asked to bring their tents, blankets and chairs to camp out. However, outdoor recreation will offer free use of three- and six-person tents. Supplies are limited. Families planning to camp out overnight or who need to reserve a tent should contact MWR Central at 255-2997.

"Families should bring camping supplies, sleeping bags, blankets, chairs, snacks, drinks, flashlights, etc.," Fink said. "It would be a good idea to bring blow up mattresses to sleep on instead of the ground, if possible."

According to Fink, the post exchange will present free movies on an inflatable outdoor movie screen from 7-10 p.m. S'mores and hot chocolate will be provided during the movies.

"We usually have anywhere from 150-300 patrons attend the event," Fink said. "I am expecting a big crowd this year."

Other activities include a story reading for children beginning at 6:30 p.m., a variety of games and a special appearance by Sgt. Ted E. Bear.

"November is the Month of the Military Family, and we (at DFMWR) do the best we can to show that we care about the Soldiers and their families by providing an excellent event that brings the military families together for a night of fun, camping and watching two great movies on the big screen," Fink said.

For more information, call 255-1749.

FILE PHOTO

Families enjoy some time together during the 2011 Camping Under the Stars.

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If interested, call 255-3643.

Position: ACS New Parent Support Volunteer

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If interested, call 255-3359.

Position: CYSS Youth Basketball Coaches

Duties: Teach basic fundamentals of basketball and attend practices and games. If interested, call 255-2257.

Art Expo

DFMWR contests celebrate Army family strength

By Jeremy Henderson
Army Flier Staff Writer

The Army's strength rests firmly in the hands of its Soldiers and their families, and Fort Rucker children are invited to illustrate that strength through art in celebration of Military Family Month.

The Fort Rucker Directorate of Family, Morale, Welfare and Recreation's Art Expo invites military children ages 4-12 on and off post to submit artwork, essays and family photos illustrating how families keep the Army strong.

"The contests encourage families to think about their individual family experiences, challenges, and sacrifices that require daily resilience and are tributes to supporting the 'Keeping Our Army Strong' theme," Cheareice Thomas, Army Community Service Outreach Program manager, said.

Artwork should be in color on 8 1/2-by-11-inch paper. Students are asked to draw or paint a picture with the theme "Keeping Our Army Strong." Students are also asked not to identify family members by name on the artwork.

Essays can be handwritten or typed, and should be 100-200 words keeping the contest's theme in mind.

"The strength of the Army is the Soldier," Thomas said. "The strength of the Soldier is the family. Military families show strength in maintaining their responsibilities associated with managing the home front during the absence of their Soldier, such as school, work and everyday activities even though a part of the family unit is away meeting the obligations to serve. The service member is able to focus on the mission when they know that the family is safe, healthy and taken care of."

On-post students should submit artwork entries to their school teacher no later than Nov. 20. Off-post students can mail or drop off their artwork to Army Community Service, Bldg. 5700, Rm. 350, no later than Nov. 20. All submissions will be posted on the DFMWR Flickr page, as well as displayed around the installation.

According to Thomas, the contest provides a wonderful opportunity for children to grow by exploring their creativity.

"Children learn, grow and develop through expression," she said. "Fostering a child's creative spirit promotes endless possibilities, and strengthens our future leaders through their hopes and vision for the future."

The Military Family Photo Contest calls for submissions from military families through Nov. 20. Submissions must also be accompanied with a brief statement of why or how their family "Keeps the Army Strong" for a chance to light the post Christmas tree.

For more information, visit www.ftruckermwr.com.

"The military is a family," Thomas said. "The Fort Rucker Christmas tree belongs to our Fort Rucker family. Placing the star, angel, or whatever you decide to put on top of your Christmas tree is an honor for each family – it is an honor for the family who turns on the lights as a symbol of hope and goodwill during the season for all families."

On Post

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS , SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

PHOTO BY NATHAN PFAU

Turkey Trot 5K/10K

A scene from last year's Turkey Trot. The Fort Rucker Physical Fitness Center will host this year's Turkey Trot 5K/10K and 1-Mile Fun Run Nov. 21. Race Day registration will take place from 7:30-8:30 a.m., with the 5K and 10K starting at 9 a.m. The fun run will begin after the 5K/10K race is complete, and is open to all children, free of charge. Each fun run participant will receive a medal. The cost for the 5K/10K is $20 per individual with a T-shirt through Sunday, or $25 with a T-shirt while supplies last from Monday up to race day. There is also a $12 no-shirt option. Teams cost $120 for eight participants – each additional teammate pays the normal registration fee – through Sunday with T-shirts, or $160 from Monday to race day with T-shirts while supplies last. Trophies and medals will be awarded in various categories. Refreshments will be provided. The event is open to the public. Participants are encouraged to pre-register at either PFC. For more information, call 255-2296.

Camping Under the Stars

As part of Month of the Military Family, Fort Rucker will host the fifth annual Camping Under the Stars event Friday as a tribute to military families. Families are welcome to attend the night of camping out, s'mores and hot chocolate, games, a story reading, and two movies on the big screen. All military ID holders will be able to attend the free outdoor event, beginning at 5 p.m. and located near the West Beach Gazebo at Lake Tholocco. Families are welcome to camp overnight or just stay for the evening festivities. Outdoor recreation will offer free use of three- and six-person tents for the overnight camp out. Tents are limited, so those interested should call and reserve their tent early.

For more information or to reserve a tent, call 255-9810.

Military family photo contest

The Fort Rucker Directorate of Family, and Morale, Welfare and Recreations is hosting a military family photo contest now through Nov. 20. People can submit their military family photo to DFMWR and tell how and why their family keeps the Army strong for a chance to light the post Christmas tree. People can upload their photo on Facebook and should tag @fortruckermwr or submit the photos online at ftruckermwr.com.

For complete details, visit www.ftruckermwr.com. By submitting photos, people grant Fort Rucker MWR the use and publishing of images in print, electronically or in any other medium.

Army Family Team Building app

People can now complete Army Family Team Building training through AFTB's new app. Visit http://www.ftruckermwr.com/acs/army-family-team-building/ to find the direct link to the app. Once complete, people can contact Fort Rucker AFTB to receive their certificate. Search for AFTB in the app store for Apple devices.

For more information, call 255-9637.

Handmade ornament contest

The Fort Rucker Directorate of Family, and Morale, Welfare and Recreation will hold a handmade ornament contest for children ages 3–11 now-Nov. 25. Ornaments may be turned in to the youth center, child development center or parent central services (Bldg. 5700). Prizes will be awarded to first-place entries in the following categories: 3-5 years old, 6-8 years old and 9-11 years old. Awards will be presented at the post Christmas tree lighting ceremony. All handmade ornament entries will be displayed on the post Christmas tree. Participants should label their entry with the child's name and age, and the guardian's name and contact information.

For more information, call 255-1749.

Relocation readiness workshop

Army Community Service will host its relocation readiness workshop Friday from 9-10 a.m. in Bldg. 5700, Rm. 371D. Soldiers and spouses will receive information from the military pay office on benefits, entitlements, advance pay, government travel card and more. They will also receive information on Army Emergency Relief and budgeting, preparing for employment before moving (for spouses), compiling the necessary documents and forms for exceptional family members moving overseas, and relocation checklists and websites to help prepare for a move.

Space is limited, so people should register early by contacting the relocation readiness program at 255-3161 or 255-3735.

Thanksgiving craft

The Center Library invites children ages 3–11 to its Thanksgiving Craft session Tuesday from 3:30-4:30 p.m. Light refreshments will be served. Space is limited to the first 65 children to register. The event is open to authorized patrons.

For more information or to register, stop by the library or call 255-3885.

Right Arm Night

The Landing Zone will host Right Arm Night Nov. 19 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 598-8025.

Black Friday shopping trip

MWR Central will host a Black Friday shopping day trip Nov. 27 to Silver Sands Outlet Mall in Destin, Florida. The trip is open to the public. Departure time from Bldg. 5700 is at midnight to travel to Destin. The departure time from Silver Sands Outlet to return is 9 a.m. The cost is $25 per person, and includes transportation to and from the outlet mall. The trip is limited to 26 patrons, ages 10 and older. People need to register by Nov. 20.

For more information or to register, stop by MWR Central, or call 255-2997 or 255-9517.

Family appreciation at youth center

The Fort Rucker Youth Center will host a military family appreciation event Nov. 20 from 5:30-9:30 p.m. at the center in Bldg. 2800 on Seventh Avenue. Admission is free to all active middle school teen members, ages 11-18. Guests are welcome to attend for $10 each and a photo ID is required for age verification. Refreshments will be served. Activities will include: laser tag, mobile game theater, new NERF Wars Arena and more.

For more information, call 255-2260.

Newcomers welcome

Army Community Service will host a newcomers welcome Nov. 20 from 8:30–11 a.m. at The Landing. Active-duty military, spouses, foreign students, Army civilians and family members are encouraged to attend. A free light breakfast and coffee will be served. For free childcare, people can register their children at the Fort Rucker Child Development Center by calling 255-3564. Reservations must be made 24 hours prior to the newcomer welcome.

For more information, call 255-3161 or 255-2887.

Thanksgiving Feast

The Landing will host its annual Thanksgiving Feast Nov. 26 from 11 a.m. to 2 p.m. The feast will feature Thanksgiving entrees, sides and desserts, so people can relax while The Landing takes care of the cooking. Cost is $17.95 for ages 13 and older; $6.95 for ages 6-12; $3.95 for ages 3-5; and ages 2 and under eat for free. There is also a $39.50 Military Family Special for two adults and up to two children, ages 12 and under. Pricing includes a soft drink or tea. Reservations are highly recommended. When making a reservation, people should include how many adults and children will be in their party.

DFMWR Spotlight

For more information, call 598-2426.

Family resilience training

Army Community Service will host family member resilience training Dec. 8 and 9 from 8:30 a.m. to 3 p.m. at The Commons. The training is designed to give military families the tools they need to become more resilient in all the challenges that life throws at them. People need to register by Nov. 26.

For more information and to register, call 255-3735.

FORT RUCKER Movie Schedule for November 12-15

Thursday, November 12	Friday, November 13	Saturday, November 14	Sunday, November 15
Spectre (PG-13) ....7 p.m.	Spectre (PG-13) ....7 p.m.	Ronda Rousey vs Holly Holm Free Admission....6 p.m.	No Escape (R) ....4 p.m.

TICKETS ARE $6 FOR ADULTS AND $5 FOR CHILDREN, 12 AND UNDER. MILITARY I.D. CARD HOLDERS AND THEIR GUESTS ARE WELCOME. SCHEDULE SUBJECT TO CHANGE. FOR MORE INFORMATION, CALL 255-2408.

Robo-Raven may one day fly for Soldiers

By David Vergun
Army News Service

ABERDEEN PROVING GROUND, Md. — In the future, it's possible that some unmanned aircraft systems might sport wings that flap like a bird or a butterfly.

The Army Research Lab is testing that concept at the Spesutie Island Robotics Research Facility on Chesapeake Bay.

John W. Gerdes III, mechanical engineer at the Vehicle Technology Directorate, has been testing such a UAS – known as Robo-Raven. He designed the vehicle in collaboration with the University of Maryland.

During an open house Nov. 3, Gerdes took Robo-Raven for three test flights. He held it aloft in his hand, sort of like a falconer might do. With the other hand, he switched on the transmitter – the sort found in hobby shops for drones and toy vehicles.

The wings started flapping as soon as he threw it aloft. Up and away it went, flapping around in a light breeze more like a butterfly than a bird. A gust blew it backward, but Robo-Raven made course corrections on its own so that Gerdes continued to maintain nearly full control of its flight.

After a minute or two, a curious raptor, possibly a hawk, circled Robo-Raven from above. At this point, Gerdes decided to land his mechanical bird. He raised his arm and Robo-Raven obediently landed on his outstretched hand.

Raptors, if given the chance, will destroy Robo-Raven, he said. Once, he said he flew his bird up to about 300 feet and a falcon dive bombed it, destroying its gossamer wings.

Once the falcon disappeared, Gerdes launched a second flight. This time, a flock of seagulls circled it. Gerdes noted that non-birds of prey will come over to investigate, but will not attack Robo-Raven – at least not yet.

Unfortunately, Gerdes' landing didn't go as smoothly as the first and it crashed into the grass nearby. Fortunately, his half-pound bird sustained no damage. Observers wore hard hats and goggles, just to be safe.

PHOTO BY TODD LOPEZ

John W. Gerdes III, mechanical engineer at the Vehicle Technology Directorate, prepares to fly Robo-Raven at Aberdeen Proving Ground's Spesutie Island Robotics Research Facility on Chesapeake Bay, Md., Nov. 3.

Had his Robo-Raven been destroyed in a crash or by a raptor, Gerdes had two backups, each of which looked similar, but were slightly different in shape and size for testing.

The third flight went well and landed back in Gerdes' hand.

Why a flappy bird?

"Ultimately, what we're trying to go after is a vehicle that, at least in part, duplicates some of the great things animals can do," he said. "The benefit of the flapping air vehicle is obvious when you look at nature."

Flying creatures are so good at what they do because of how well in harmony all their subsystems work, he said. "Everything is perfectly matched to itself so they are able to perform at the highest possible level, given their size and weight. We're curious to discover the tricks they're using."

The challenge is to engineer a system that can duplicate that behavior, he added.

Gerdes provided another illustration. A quad-copter is great for flying at slow speeds, hovering, maneuvering and avoiding obstacles, he said. On the other hand, an airplane is great at flying high, far and fast.

"When you take either of those platforms out of their intended mission space, they do very poorly," he said. "Animals, on the other hand, can do all these things quite well." The reason why is they can reconfigure their wings and orient themselves to take advantage of the airflow. "All these different details we're trying to learn about here."

Animals that fly are able to do so because of an enormous number of muscles and nerves that control their flexible wing and body, he said. The slightest alteration of a wing can send a bird soaring hundreds of feet into the air on an updraft.

"It's extraordinarily difficult to unravel all of the pieces of that problem," where there are flexible wings, sensors and controls distributed everywhere, he said. "It's just too difficult to engineer at this point. But, we can approach that solution at least."

On the other hand, Robo-Raven has some advantages over real birds.

For instance, Robo-Raven doesn't need to eat or reproduce. "Animals make sacrifices that are different that don't make sense from a robotics standpoint, so it gives me hope that one day we can do better than an animal," he said.

Robo-Raven's design

Robo-Raven's design is a terrible approach from an efficiency standpoint, Gerdes said.

For one thing, it has two motors that independently control each wing. There are commercial flappy-bird designs that work more efficiently using just one motor to control both wings. For example, "you wouldn't drive a car with a different motor on each wheel. You'd be carrying unnecessary extra weight," he said.

But from a scientific standpoint, this approach lets one learn a lot more about the platform and explore interesting spaces of the design, which wouldn't be possible with a traditional flapping wing single-motor design, he said. With a single motor, one can only speed the wings up and slow them down, which doesn't do much to inform learning of the system.

So, the goal is not to build the best flapping wing possible. "It's our goal to build the most amount of knowledge about flapping-wing air vehicles as possible," he added.

Robo-Raven's wings were designed with the help of ARL's 3-D printer. Gerdes programmed a commercial-off-the-shelf Arduino micro-controller, which controls the flapping motion.

RELIGIOUS SERVICES

WORSHIP SERVICES

Except as noted, all services are on Sunday.

Headquarters Chapel, Building 109
8 a.m. Traditional Protestant Service

Main Post Chapel, Building 8940
9 a.m. Catholic Mass Sunday
11 a.m. Liturgical Protestant Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4 p.m. Catholic Confessions Saturday
5 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036
8 a.m. Latter-Day Saints Worship Service
9:30 a.m. Protestant Sunday School
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
12 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939
10:15 a.m. CCD (except during summer months)

BIBLE STUDIES

Tuesdays
Crossroads Discipleship Study (Meal/Bible Study)
Wings Chapel, 6:30 p.m.

Protestant Women of the Chapel
Wings Chapel, 9 a.m. and 6 p.m.

Adult Bible Study
Spiritual Life Center, 7 p.m.

Wednesdays
Catholic Women of the Chapel
Wings Chapel, 8:30 a.m.

Above the Best Bible Study
Yano Hall, 11 a.m.

1-14th Avn Regt Bible Study
Hanchey AAF, Bldg 50102N, Rm 101, 11:30 a.m.

164th TAOG Bible Study
Bldg 30501, 11:30 a.m.

Adult Bible Study
Soldier Service Center, 12 p.m.

Youth Group Bible Study
Spiritual Life Center, 5:30 p.m.

Adult Bible Study
Spiritual Life Center, 6 p.m.

Thursdays
Adult Bible Study
Spiritual Life Center, 9 a.m.

Latter-Day Saints Bible Study
Wings Chapel, 6:30 p.m.

Saturdays
Protestant Men of the Chapel
Wings Chapel (1st Saturday), 8 a.m.

COURTESY PHOTO

Pick-of-the-litter

Meet Chewy, an approximately 1-year-old male Dachshund mix available for adoption at the Fort Rucker stray facility. He is playful and loves to jump around. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at http:// www.facebook.com/fortruckerstrayfacility/ for constant updates on the newest animals available for adoption.

Fort Rucker Chapel

HOLIDAY WORSHIP SERVICES & PROGRAMS SCHEDULE

U.S. Army Aviation Center of Excellence & Fort Rucker
Fort Rucker, Alabama

2015

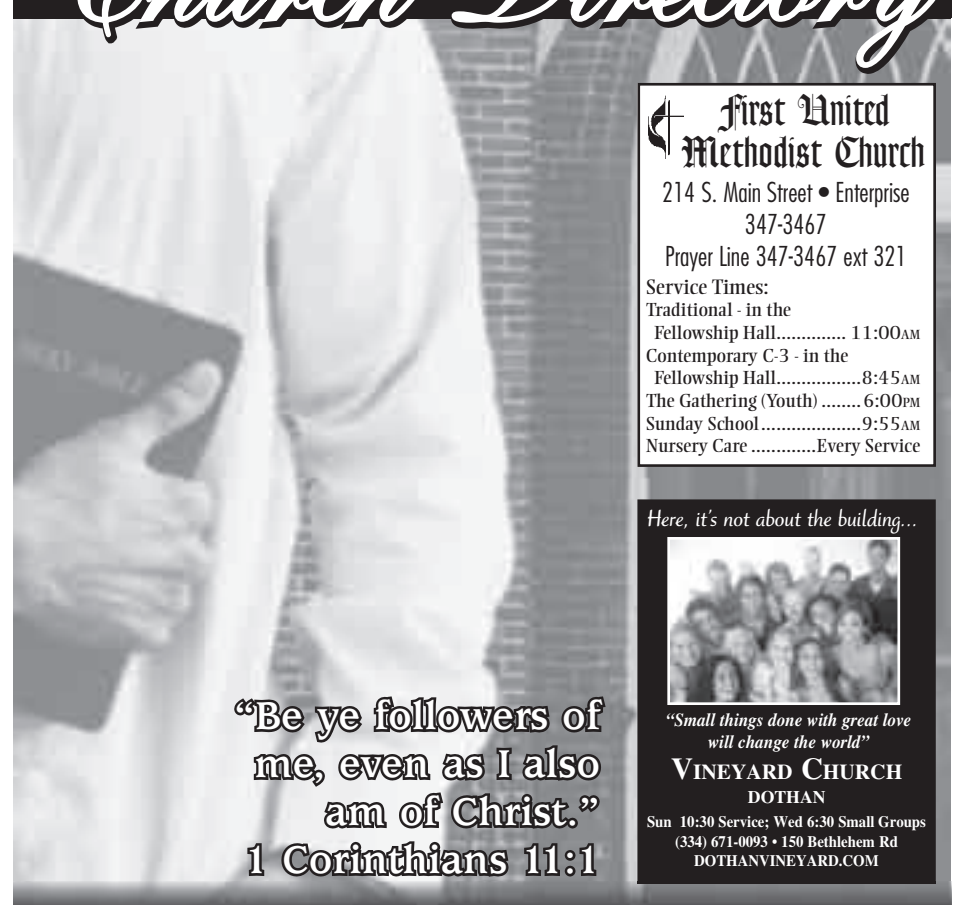
Event	Date/Time/Location
Advent Workshop	22 Nov, 1200-1430 Spiritual Life Center
Post-wide Thanksgiving Service	24 Nov, 1130-1200 Headquarters Chapel
Thanksgiving Eve Mass	25 Nov, 1700-1800 Main Post Chapel
Hanukkah	6-13 Dec, 1700 Main Post Chapel
Children Christmas Program "Miracle on Main Street"	13 Dec, 0930 Wings Chapel
A Night in Bethlehem: A Drive-Thru Nativity	15 Dec, 1800-2000 Spiritual Life Center
Christmas Eve Candlelight Service	24 Dec, 1900-2000 Main Post Chapel
Children's Christmas Eve Mass	24 Dec, 1600-1700 Main Post Chapel
Christmas Midnight Mass	24 Dec, 2400-0100 Main Post Chapel
Christmas Day Mass	25 Dec, 0900-1000 Main Post Chapel
New Year's Eve Mass	31 Dec, 1700-1800 Main Post Chapel

For more information regarding other religious holiday services, contact the Religious Support Office at 334-255-2080/2012

Visit us at: www.rucker.army.mil/chaplain or
Find us on Facebook: www.facebook.com/fort.rucker.chapels

Bringing People Together Thru Faith

ARMY FLIER Church Directory



First United Methodist Church
214 S. Main Street • Enterprise
347-3467
Prayer Line 347-3467 ext 321
Service Times:
Traditional - in the Fellowship Hall..... 11:00AM
Contemporary C-3 - in the Fellowship Hall.....8:45AM
The Gathering (Youth) 6:00PM
Sunday School.....9:55AM
Nursery Care .....Every Service

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Call 347-9533 to advertise your church on this page.

State park features scarecrows display

From Staff Reports
Army Flier

The Frank Jackson Trail Masters presents the eighth annual Scarecrows in the Park at Frank Jackson State Park on Opine Road in Opp throughout November.

The event features more than 500 scarecrows along over 4 miles of walking trails. For those unable to walk the trails, golf cart tours are available. To schedule a tour, call 334-488-5033. There is no charge to view the scarecrow exhibits; however, the state park entrance fees will apply.

WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

NOW-NOV. 19 — Food drive with donation boxes in various locations throughout the city, sponsored by the Lions Club.

NOV. 14 — Fill the Pantry Benefit Ride. Registration starts at 8:45 a.m. at Larry's BBQ, sponsored by the F.A.I.T.H. Riders.

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

DOTHAN

NOW-NOV. 15 — The National Peanut Festival will run at various times and will feature a variety of vendors, shows, rides, food and live entertainment. For more information, visit nationalpeanutfestival.com.

ONGOING — The American Legion Post 12 holds monthly meetings on the second Thursday of each month at 7 p.m. Meetings are held at the VFW on Taylor Road. For more information, call 400-5356.

ONGOING — Veterans of Foreign Wars Post 3073 Wiregrass Post membership meetings are at the post headquarters at 1426 Taylor Road every third Tuesday of the month at 6:30 p.m. There is a fish fry every Friday night from 5-7 p.m., then karaoke beginning at 6 p.m. Breakfast is served Sundays from 8-11a.m. The post can host parties, weddings, and hails and farewells.

ENTERPRISE

NOV. 18 — The Wiregrass-Enterprise Chapter, National Active and Retired Federal Employees will hold its monthly luncheon program at 11 a.m. at Ryan's Steakhouse Restaurant, Enterprise. Because of the Thanksgiving holiday, this date is the third Wednesday of the month, which is one week earlier than the group's regularly scheduled monthly meeting date. The guest speaker will be Ronnie Burns, Coffee County revenue commissioner, who will speak on the property tax system. All federal employees, active or retired, are invited to attend the luncheon program. For more information, call 393-0492.

ONGOING — Disabled American Veterans Chapter 9 Enterprise-Coffee County located at 201 W. Watts St., meets the first Saturday of the month at 8:30 a.m. DAV helps veterans with claims Mondays-Thursdays, 9-11 a.m., and other times by appointment. For more information, call 308-2480.

ONGOING — The American Legion Post 73 meets at the American Legion building at 200 Gibson Street on the fourth Saturday of each month beginning at 9 a.m. The building is across the street from the Lee Street Baptist Church. For more information call 447-8507.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave.

For more information, call 983-3511.

NEW BROCKTON

NOV. 19 — Disabled American Veterans Chapter 99 will conduct its holiday meal at 6 p.m. in the New Brockton Senior Center, located one block behind the New Brockton Police station. This will be a pot luck meal, including soft drinks. The meal is free to DAV members, their family members and guests. Only a few important Chapter business items will be discussed, i.e. up-coming Christmas parade activities. People should RSVP by Nov. 13. For more information, call 334-685-1855.

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

OZARK

NOV. 30 — The Flowers Center for Performing Arts will host a Daughters of Hope and Promise mother and daughter event at 6 p.m. featuring Miss Alabama Meg McGuffin and Miss Alabama's Outstanding Teen Kaitlyn Campbell. For more information, call 618-1180 or visit Daughters of Hope and Promise on Facebook.

ONGOING — AL-ANON will hold weekly meetings on Mondays at noon at the Lutheran Prince of Peace. For more information, call 618-513-1258.

ONGOING — Every Thursday at 5:30 p.m., yoga with Sandra Bittman is at Perry Recreation Center for $5 a person.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

ONGOING — Troy Bank and Trust Company sponsors senior dance nights every Saturday night from 7-10 p.m. at the J.O. Colley Senior Complex. The complex is transformed into a dance hall and features music from the 40s, 50s, and 60s with finger foods and refreshments. For more information, call Janet Motes at 808-8500.

WIREGRASS AREA

ONGOING — The Marine Corps League, Wiregrass Det. 752, welcomes all Marines, Navy corpsmen and chaplains, and their families, to its monthly meetings. Meetings are held the first Thursday of each month at 7 p.m. Attendees are welcome to arrive early for food and camaraderie. The next meeting will be at the Golden Corral in Dothan. For more information, call 718-4168 or 805-7335.

ONGOING — The U.S. Army Officer Candidate School Alumni Association, Inc., located in Columbus, Georgia, and adjacent to Fort Benning, represents and supports all Army officers commissioned through an Army Officer Candidate School, regardless of location or branch. Meetings, activities and reunions are conducted throughout the year. The annual USAOCS Hall of Fame Induction Ceremony and USAOCS Alumni Association Reunion is scheduled for April 26-30 at Fort Benning. For more information, call 813-917-4309 or send an e-mail to ocsalumni.com.

Beyond Briefs

Zoo Veterans Appreciation Week

The Montgomery Zoo will thank the country's men and women of the armed forces during its Veterans Appreciation Week now through Nov. 14. All veterans, active duty military and their immediate family members will receive a 50-percent discount on regular daytime admission to the Montgomery Zoo and Mann Wildlife Learning Museum. Participants must provide a valid military identification to receive the discount.

For more information, visit montgomeryzoo.com/announcements/veterans-appreciation-week.

Chocolate! The Exhibition

The Gulf Coast Exploreum Science Center in Mobile will host Chocolate! The Exhibition now through Jan. 17. Chocolate! and its national tour were developed by the Field Museum of Chicago and supported, in part, by the National Science Foundation. Visitors will discover chocolate's impact on human cultures and tropical ecosystems through scenic elements, original video, interactive displays, rich imagery and graphics, and about 150 objects. This major exhibition includes replicated pre-Columbian ceramics and other decorative objects, European silver and porcelain servers, as well as examples of 19th- and 20th-century advertising and packaging, vintage chocolate molds and detailed botanical replications. The exhibition features the real story of chocolate beginning with the discovery of the cacao bean in the rainforests 1,500 years ago. The Mayans created a spicy drink and the Aztec civilization actually used the beans as currency.

Combination tickets are available for Chocolate! The Exhibition that also includes IMAX films: $18 for adults, $16 youth (13-17), $14 child (7-12) and $8 pre-kindergarten (4-6). Discounts available for active and retired military.

For more information, visit http://www.exploreum.com.

Saturn: Jewel of the Heavens

Saturn: Jewel of the Heavens will be on screen at the W.A. Gayle Planetarium throughout November. People are welcome to take a fresh look at the wonders of the ringed planet, including the latest images from the Cassini Probe in orbit around Saturn.

Show times are Mondays-Thursday at 4 p.m. and Sundays at 2 p.m. Admission is $6.50 per person for ages 5 and above. Doors open 30 minutes before the show starts for ticket sales. There is no admittance into the building once the show has begun.

For more information, call 334-625-4799, or visit www.facebook.com/gayleplanetarium/?fref=ts.

The W.A. Gayle Planetarium is located at 1010 Forest Ave., Montgomery

Montgomery Kennel Club Dog Show

The Montgomery Kennel Club is hosting its American Kennel Club-sanctioned all-breed dog show at the Garrett Coliseum November 20-23. The show offers both conformation and obedience competitions. The show showcases the various levels of dog training and allows people to enjoy the beauty of a sound, healthy, well-bred animal. The public can also learn about different breeds of dogs by visiting with the exhibitors and breeders at the show.

For more information, visit www.montgomerykennelclub.org/shows.html. The Garrett Coliseum is located at 1555 Federal Drive, Montgomery.

Moscow Ballet - Great Russian Nutcracker

The Montgomery Performing Arts Centre will host the Moscow Ballet's production of the "Great Russian Nutcracker" Nov. 24 from 7-9 p.m. Tickets prices range from $28 to $175. Tickets can be purchased online through Ticketmaster or at the MPAC Box Office Mondays-Fridays from 10 a.m. to 5 p.m.

For more information, call 334-481-5100 or visit www.mpaconline.org/events/

Scavenger hunt-amazing race event

Panama City Beach will host its Funk-n-Impossible scavenger hunt-, amazing race-type event Nov. 21 at 11 a.m. at Pier Park. Admissions is $35. The event features teams of two-10 people racing around Panama City Beach to figure out clues and perform missions. The goals are for participants to laugh themselves across the finish line and enjoy themselves so much they won't realize they just walked or ran 3 or 4 miles, according to organizers.

For more information, visit http://www.active.com/agents-in-panama-city-beach-fl/scavenger-hunt/races/panama-city-s-funk-n-impossible-mission-scavenger-hunt-amazing-race-2-4-miles-2015.

DAV 5K Run Atlanta

People are welcome to participate and show their support for service members by walking, running or motorcycle riding at the Disabled American Veterans 5K Run Atlanta scheduled for Nov. 14, 8:30 a.m., in Atlanta. Registration fee is $30 for adults 18 and over and motorcycle riders, and $15 for youth ages 6-17. Veterans, active-duty military, Reservists, National Guard members and cadets may participate for free.

For more information, send an email toaldavtrain@charter.net or call 334-447-8811.

Jasmine Hill Gardens

Jasmine Hill Gardens and Outdoor Museum features over 20 acres of year-round floral beauty and classical sculpture, including a new statuary honoring Olympic heroes. People are invited to take a stroll through the outdoor gardens and experience flowers blooming throughout each season. Tours are available for groups of 20 or more.

For more information, call 334-263-5713 or visit www.jasminehill.org/. Jasmine Hill Gardens and Outdoor Museum is located at 3001 Jasmine Hill Road, Wetumpka.

Montgomery cruise

Montgomery's parks and recreation department welcomes people to come down to the river and experience history while enjoying a relaxing cruise on the city's greatest downtown attraction, the Harriott II Riverboat. Docked beside the uniquely built Riverwalk Amphitheater, this elegant 19th century riverboat is center stage of Montgomery's entertainment district. The Harriott II offers dinner, dancing, and live entertainment.

To reserve the boat for an event, call 334-625-2100. For more information on cruises, visit www.funinmontgomery.com.

Army's MIND Lab able to decode brain waves

By C. Todd Lopez
Army News Service

ABERDEEN PROVING GROUND, Md. — In an Army Research Laboratory facility called the MIND Lab, a desktop computer was able to accurately determine what target image a Soldier was thinking about.

MIND stands for "Mission Impact Through Neurotechnology Design," and Dr. Anthony Ries used technology in the lab to decode the Soldier's brain signals.

Ries, a cognitive neuroscientist who studies visual perception and target recognition, hooked the Soldier up to an electroencephalogram – a device that reads brain waves – and then had him sit in front of a computer to look at a series of images that would flash on the screen.

There were five categories of images: boats, pandas, strawberries, butterflies and chandeliers. The Soldier was asked to choose one of those categories, but keep the choice to himself. Then images flashed on the screen at a rate of about one per second. Each image fell into one of the five categories. The Soldier didn't have to say anything or click anything. He had only to count, in his head, how many images he saw that fell into the category he had chosen.

When the experiment was over, after about two minutes, the computer revealed that the Soldier had chosen to focus on the boat category. The computer accomplished that feat by analyzing brainwaves from the Soldier. When a picture of a boat had been flashed on the screen, the Soldier's brain waves appeared different from when a picture of a strawberry, a butterfly, a chandelier or a panda appeared on the screen.

PHOTO BY C. TODD LOPEZ

Dr. Anthony Ries instructs Pfc. Kenneth Blandon on how to play a computer game using only his eyes to control the direction of fire of a bubble-shooting cannon at Aberdeen Proving Ground, Md., Nov. 3.

Too … much … data

Ries said that a big problem he sees for the intelligence community is the vast amount of image information coming in to be analyzed – imagery from unmanned aircraft systems or satellites or surveillance aircraft, for instance. Everything must be looked at and evaluated.

"Our ability to collect and store imagery data has been surpassed by our ability to analyze it," Ries said.

Ries thinks that one day the intelligence community might use computers and brainwaves, or "neural signals," to more rapidly identify targets of interest in intelligence imagery, in much the same way the computer in his lab was able to identify pictures of boats as targets of interest for the Soldier who had chosen to focus on the boats category.

"What we are doing is basically leveraging the neural responses of the visual system," he said. "Our brain is a much faster image processor than any computer is. And it's better at detecting subtle differences in an image."

Ries said that in a typical image analysis scenario, an analyst might have a large image to look over, and might accomplish that by starting at the top left and working his way down, going left to right. The analyst would look for things of interest to him. "It takes a long time. They may be looking for a specific vehicle, house, or airstrip – that sort of thing."

What Ries and fellow researchers are doing is cutting such an image up into "chips" – smaller sections of the larger image – and flashing them on a screen in the same way the boats, pandas and butterflies appeared on the screen for the Soldier.

"The analyst sits in front of the monitor, with the electroencephalogram on measuring his brain waves," Ries said. "All the little chips are presented really fast. They are able to view this whole map in a fraction of the time it would take to do it manually."

The computer would then measure the analyst's neural response to each chip viewed.

"Whenever the Soldier or analyst detects something they deem important, it triggers this recognition response," he said, adding that research has shown that as many as five images per second could be flashed on the screen, while still getting an accurate neural response. "Only those chips that contain a feature that is relevant to the Soldier at the time – a vehicle, or something out of the ordinary, somebody digging by the side of the road, those sorts of things – trigger this response of recognizing something important."

Images identified by the analyst's mind as being of interest would then be tagged for further inspection.

The automated system could greatly reduce the amount of time it takes to process an image, and that means that a larger number of images – more of that gathered intelligence data – can be processed sooner, so that it can more quickly be of value to Soldiers on the ground.

When Ries and his fellow researches cut a larger intelligence image into smaller parts and display them in rapid succession to an analyst, the analyst still has to look at the entire image – the same number of square inches of image overall. But Ries said that by cutting it up into smaller chips, and displaying it rapidly, they are taking much of the work out of accomplishing the analysis.

Instead of sliding his fingers over the image, or marking on it, or writing something, or typing, the analyst has only to think "of interest" or "not of interest." And that kind of decision can be made almost instantly – and a computer hooked to an EEG can detect when that decision has been made, what the decision is, tag the image with the result, and then present the next image in just a split second.

Eliminating noise

Ries' particular research is finding out how other things an analyst might be doing as he does image analysis might affect the neural signal his brain generates.

When Ries' Soldier volunteer initially put on the EEG sensors, he put up on the computer screen the output of the device – a series of what looked like sine waves moving across the screen. When he asked the Soldier to clench his jaw, the waves on the screen changed immediately and dramatically. This was due to the extraneous noise induced by muscle activity in the jaw that was picked up by the EEG sensors.

While what was on the screen was in fact the Soldier's brainwaves, jaw clenched or not, the extra stimulation of a clenched jaw on the output of the EEG could make it difficult for the researcher's software to detect the important neural signals when accompanied by extraneous noise. Ries called the extraneous signals "artifacts."

What Ries is looking at is how other types of tasks influence the neural signals related to target recognition. For example, what happens to the neural signal as a result of the analyst having to listen to somebody talk while they are at the same time trying to do image analysis work? He wants to figure out what needs to be done, and what information needs to be gathered, so that the algorithms that make their work possible can be adjusted to remain effective.

"Maybe you have an analyst who is looking at an aerial image, but is also listening to auditory communications," Ries said. "How does multi-tasking affect the target recognition response? If we can characterize the way different task loads affect the response, we can update our classification algorithms to account for that."

Ries and fellow researchers are also working on a way to incorporate eye movement into their work.

Where one Soldier had volunteered to look at an array of images on a screen, another volunteered to play a game on a nearby computer. The goal was to shoot a bubble of one color at a cluster of other bubbles at the top of the screen. Where multiple bubbles of the same color touched, they would fall away. Typically the game would be played with a mouse or keyboard. But in this instance, it was the Soldier's eyes that told the bubble where to go.

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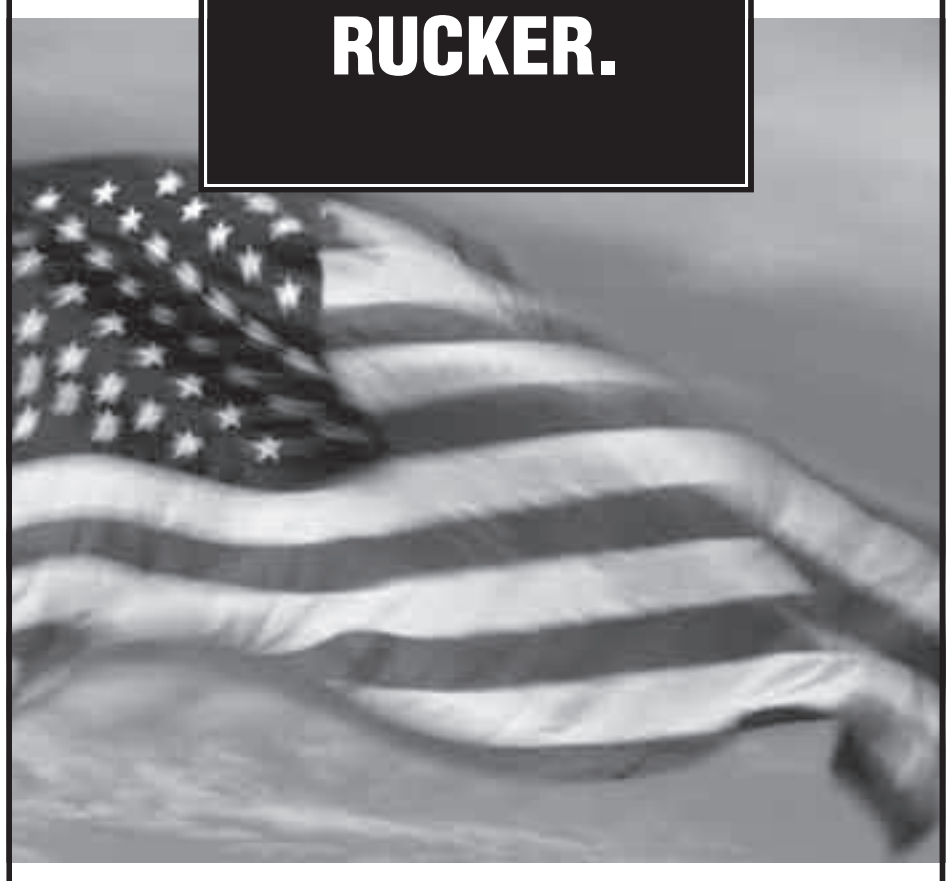

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UNIFORM CHANGE
Army authorizes black socks for PT uniform
Story on Page D3

NOVEMBER 12, 2015

ON TARGET

Hunting Incentive Program aims to reduce predator population

By Nathan Pfau
Army Flier Staff Writer

Hunting is one of the most popular pastimes in the South, and Fort Rucker is giving hunters on the installation an incentive to help the deer population on post flourish.

The Hunting Incentive Program was developed as a way to help control the coyote and feral pig population on post, both of which threaten the installation's native deer population, according to John Clancy, Fort Rucker Outdoor Recreation manager.

"We've worked together with the Department of Natural Resources of the Directorate of Public Works to help control the invasive species on post, such as wild hogs and coyotes," but it's not something that Fort Rucker can tackle on its own, he said. "Therefore, people who participate in hunting throughout deer season on Fort Rucker can be rewarded for also hunting wild hogs and coyotes."

FILE PHOTO

Andrew Weissenberger, military veteran, sits in a Fort Rucker Outdoor Recreation track chair next to a hydraulic elevated tree stand in 2012. Fort Rucker offers many types of different equipment to help wounded warriors take to the great outdoors.

The program will run through deer season, which, with a bow, runs now through Feb. 10. For hunters with a gun, the season runs Nov. 21 through Nov. 30, and then resumes Dec. 11 through Feb. 10.

With the program, hunters who shoot 20 feral pigs or five coyotes during the 2015-2016 hunting season will receive a free Fort Rucker Post Hunting Permit for the 2016-2017 hunting season. Also, individuals who trap five or more coyotes during the months of July, August and September are also eligible for a free post hunting permit.

"We just want to control these invasive species because both coyotes and wild hogs have a detrimental effect on the deer population on post," said Clancy. "The coyotes often hunt the fawns, making it difficult for the population to grow, and the wild hog population, which has ballooned in recent years, gives the deer population on post a formidable competitor for its food supply. Wild hogs also tend to destroy a lot of vegetation in the wooded areas on post, further diminishing the deer's food supply."

All hunters participating in the program must be a registered participant of the program, and verify through an ODR staff member or the Fort Rucker game warden all the animals shot and trapped on the installation.

Hunters on post are also required to have an Alabama State Hunting Permit, a post hunting permit and must have completed the hunters' education course. Hunting on Fort Rucker is open to the public as long as those requirements have been met, said Clancy.

Additionally, people can only harvest antler deer with three points or more on one side, and hunting of does and fawns are prohibited.

"Alabama allows three bucks during the season, but on Fort Rucker we only allow two that have three points or more on one side, which gives the younger bucks a chance to breed and further increase the deer population," said the ODR manager. "We just want people to help control the population of hogs and coyotes to get our deer population back up, which has steadily been increasing."

For more information, call 255-4305.

Pre-diabetes: Are you at risk?

By Jenny Stripling
Lyster Army Health Clinic
Public Affairs

November is the American Diabetes Association's American Diabetes Month with programs designed to focus the nation's attention on the issues surrounding diabetes and the many people who are impacted by the disease.

During the month of November, and every month, Lyster Army Health Clinic provides support and awareness for those who are diabetic or who may be at risk for developing diabetes.

The Diabetes Education Program at LAHC uses the International Diabetes Center Basics Curriculum to provide a starting point or help you to refocus on your journey to learn about diabetes, manage your glucose, decrease complications related to abnormal glucose and provide updates on the newest diabetes care guidelines.

"Our class is available to all active-duty military, retirees and family members who are authorized care at LAHC," said Theresa Osteen, registered dietician at Lyster Army Health Clinic.

"After completing the classes we continue to work with the patients on maintaining good glucose control with regularly scheduled individual appointments," said Osteen.

The program consists of four classes taken over two to

SEE DIABETES, PAGE D3

GREAT AMERICAN SMOKEOUT

Clinic challenges smokers to make a change

By Jenny Stripling
Lyster Army Health Clinic
Public Affairs

Lyster Army Health Clinic is challenging smokers to make a change and quit smoking for 24 hours as part of the Great American Smokeout event Nov. 19.

Sponsored by the American Cancer Society, the Great American Smokeout takes place every year on the third Thursday of November.

In the United States, tobacco use remains the single largest preventable cause of disease and premature death, yet more than 55.8 million Americans still smoke cigarettes, according to the Centers for Disease Control and Prevention's National Survey on Drug Use and Health.

The GASO observance day also gives smokers a chance to learn how secondhand smoke affects others.

"Lyster Army Health Clinic is hosting a free online Facebook event where users can join the event group and post their own helpful tips, support and encouragement to those who need help quitting – even just for one day," said Lt. Col. James Nolin, deputy commander for nursing at LAHC. "It's just a great common place on the Web that anyone in the Fort Rucker area can easily access for help."

Those up for the challenge can even use the new Quit For Life Mobile app on their iPhone, iPad or Android device to help them quit smoking and stay quit for life. Available as a free download, it's a must have for all smokers in need of quitting support.

AMERICAN CANCER SOCIETY GRAPHIC

"Some individuals who have or attempted to quit can attest to the fact that quitting is hard to do, but with pre-planning and some key strategies it can be done," Nolin said. "If you have decided that now is the time for you to quit tobacco products, talk to your health care provider about your options."

Anyone interested in joining the online Facebook event for Great American Smokeout can visit http://on.fb.me/1Md8rNW

PIGSKIN PICKS

	Buffalo vs. N.Y. Jets	Dallas vs. Tampa Bay	Chicago vs. St. Louis	Minnesota vs. Oakland	Kansas City vs. Denver	Arizona vs. Seattle	Houston vs. Cincinnati
Col. Tom von Eschenbach, *CDID* (44-19)	Jets	Buccaneers	Rams	Raiders	Broncos	Cardinals	Bengals
Capt. Louis Hill, *6th MP* (39-24)	Jets	Cowboys	Rams	Raiders	Broncos	Cardinals	Bengals
Jim Hughes, *PAO* (46-17)	Jets	Cowboys	Rams	Vikings	Broncos	Seahawks	Bengals
Capt. Mike Simmons, *DPS* (45-18)	Bills	Buccaneers	Rams	Vikings	Broncos	Cardinals	Bengals
Sharon Storti, *NEC* (45-18)	Bills	Cowboys	Rams	Raiders	Broncos	Cardinals	Bengals

Down Time

Super Crossword

BIRD WATCHING

ACROSS
1 Singer Bocelli
7 Almond-flavored liqueurs
16 Backyard building
20 Talking amorously
21 Picked up while hitch-hiking, say
22 Island off Scotland
23 1969 Liza Minnelli film
25 Scrawny
26 Locality
27 — -TASS (news agency)
28 Nation whose capital is Abuja
30 1975 Robert Redford film
37 Highway hauler
38 Málaga Mrs.
39 Boozehound
40 "C'— la vie!"
43 Actress Sofer
45 Cake coating
47 Asia's largest desert
51 1997 Helena Bonham Carter film
57 Con's place
58 Like an angel's head
59 Grammy nominee Zadora
60 Iraq neighbor
61 Bugling animal
62 Foil's heavier cousin
63 Common jazz chords
66 Suffix with hotel or front
67 Gore and Franken
68 Cong. member
69 2001 Josh Hartnett film
73 Columnist Hentoff
74 "Sands of — Jima"
75 Tore on foot
76 Dined at a diner
77 Meat-stamping org.
78 Baden article
79 Bar assoc. members
82 Roman 700
83 Conan of TV
85 Hood's pistol
86 1976 Michael Caine film
90 Lead-in for "while"
92 Avant-garde composer Erik
93 Rock's Jethro —
94 Hectic hosp. areas
95 Clumsy ox
98 Cuts again, as a plank
101 Alternative to Alpo
103 1970 Barbra Streisand film
110 Rules about legal wrongs
111 Bites from puppies
112 Tennis champion Arthur
114 1977 Scott Turow book
115 1941 Humphrey Bogart film
122 Purplish brown
123 Schedule
124 City in west Texas
125 Former Brit. Airways jets
126 Saclike larval stage of some flatworms
127 Scatter and drive away

DOWN
1 Drama units
2 Rare kind of ball game
3 Performs, biblically
4 Choir platforms
5 Strep treater: Abbr.
6 Era
7 Heartburn
8 Neighbors of Thais
9 Disinclined (to)
10 — room (place for air hockey)
11 — de cologne
12 "Toddlers & Tiaras" airer
13 "— ToK" (2009 #1 hit for Ke$ha)
14 — mind (in agreement)
15 Unemotional sorts
16 Feature of the word "sign"
17 Stash away
18 Film composer Morricone
19 Senegal's capital
24 In a cab, say
29 Slimy stuff
31 Hair-raising
32 Correct, as a manuscript
33 Taking care of the issue
34 Actress Nina
35 Makes an effort
36 Within reach
40 Rock singer Melissa
41 Some form-shifting garments
42 Moves instantly, in sci-fi
44 Meat-stock jelly
46 "Le Père —" (Balzac novel)
48 Area next to the sea
49 Love song singer
50 Places to dip quill pens
52 Calamity
53 Sty noise
54 Jazz pianist Earl — Hines
55 Outlook
56 Make money
63 City on the Loire
64 Bowler, e.g.
65 Krona earner
69 Impish tyke
70 Narrow strip of wood
71 Former Big Apple mayor Ed
72 Gold coin of yore
77 Tea holder
80 Ache (for)
81 Totally full
83 Earthen pots
84 Like mild weather
87 Basic point
88 Jacob's wife
89 Genève's country
91 Flute sounds
96 Belt piercer
97 Rascal — (country group)
99 Elapsed
100 Hucksters' pitches
102 Bald people have visible ones
103 Alternatives to sunroofs
104 Baseball's Wagner
105 Assemble
106 Smart as —
107 Ruffled
108 Music industry gp.
109 "For — interested ..."
113 Chemical compound
116 Punk music offshoot
117 Sea, to Yves
118 — -Z
119 Fond du —
120 Nourished
121 — Baba

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See Page D3 for this week's answers.

TRIVIA

Trivia test by Fifi Rodriguez

1. HISTORY: What conflict did Secretary of State John Hay refer to as a "splendid little war"?
2. MUSIC: What was Aretha Franklin's first No. 1 hit?
3. GENERAL KNOWLEDGE: What does the candy name M&M's stand for?
4. GEOGRAPHY: Which California city is the farthest west — San Francisco, Los Angeles or San Diego?
5. AD SLOGANS: What laundry detergent vowed to erase "ring around the collar"?
6. FAMOUS PEOPLE: What was the profession of Duncan Hines, whose name became a household brand of food products?
7. TELEVISION: Who was talk-show host Johnny Carson's announcer and sidekick?
8. MATH: What is the only number whose letters are in alphabetical order?
9. FOOD & DRINK: What is the color of the liquor called absinthe?
10. LANGUAGE: What is the meaning of the term "canard"?

See Page D3 for this week's answers.

Weekly SUDOKU

by Linda Thistle

8					1		9	
	3		6					2
		5		4	2	7		
	6				9	5		7
2				8				4
		7	3				1	
	2				6	1		
4				7				3
1		8	9				5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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See Page D3 for this week's answers.

Kid's Corner

Wishing Well®

2	7	8	6	3	2	5	8	3	2	3	4	5
B	A	F	G	B	U	A	R	E	S	A	Y	D
3	7	3	8	4	7	8	2	6	3	7	8	3
D	G	V	I	O	R	E	I	E	E	A	N	N
8	2	8	7	4	8	6	5	7	2	6	5	3
D	N	S	N	U	H	T	V	D	E	O	I	T
8	7	8	4	2	3	4	8	6	3	5	8	5
I	A	P	F	S	U	O	I	R	R	S	S	E
7	8	6	2	7	8	6	5	7	3	7	5	2
D	F	G	S	D	O	A	O	I	O	T	T	T
3	2	7	2	3	6	2	4	7	6	5	8	7
U	R	I	I	S	N	P	R	O	I	H	U	N
6	4	8	6	5	8	4	6	5	4	5	4	4
Z	M	N	E	E	D	B	D	R	O	S	N	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Army authorizes black socks for PT uniform

By Gary Sheftick
Army News Service

WASHINGTON — Soldiers are now authorized to wear either black or white socks with their Army physical fitness uniform.

Effective immediately, black socks can be worn with either the gray-black PT uniform or the new gold and black uniform. Like white socks, the black socks must be plain with no logos. The socks can be calf-length or ankle-length, but must at least cover the entire ankle bone, said Sgt. Maj. Eva M. Commons, Army uniform policy sergeant major with G-1.

The new policy comes as a result of Soldiers requesting the change over the last several months, Commons said.

"The senior Army leaders will go out to various installations and receive questions from the field," Commons said. "One of the ones brought back was the request to be authorized to wear black socks."

The Army staff then examined the request, she said. The black sock question was also placed into a uniform item survey completed in August by 18,588 Soldiers. Almost 67 percent of respondents, or 12,408 people, said that black socks should be authorized.

PHOTO BY ALEJANDRO PENA

Black socks are now authorized for wear with both the Improved Physical Fitness Uniform (black and gold) and the traditional gray Army Physical Fitness Uniform. Both uniforms are shown above during a formation run on Joint Base Elmendorf-Richardson, Alaska, June 4.

Since the black socks will be optional, there was no production requirement, no cost associated, and the logistical aspect was minimal, so this change was able to go through an abbreviated board process, Commons said, but added that all of the steps of the Uniform Board process were still completed before the change was considered by the Army chief of staff.

"We were able to get through all of the steps much more quickly and get it approved and get it implemented so Soldiers can start operating under this new guidance," she said.

The new guidance is outlined in an Exception to Policy memorandum signed by Lt. Gen. James McConville, Army G-1, Nov. 5. That memo will serve as the authorization for Soldiers to wear black PT socks until DA Pam 670-1 is updated in a few months, Commons said.

Another change to the new DA Pam 670-1 will be the elimination of all reference to the dress green Army Service Uniform. Sept. 30 was the wear-out date for the green Class A jacket, she explained. All Soldiers should now have the blue ASU.

Other items in the recent uniform survey must go before the Uniform Board at Department of the Army before they can be implemented, Commons said. The survey included questions about a wind-proof blue Eisenhower jacket, a single-style campaign hat for all drill sergeants and a single-style ASU cap for all Soldiers.

A majority of Soldiers voted for the optional wind-proof Eisenhower jacket meant to be worn in the workplace. A total of 11,613 Soldiers, or 62.5 percent of the respondents, were in favor of authorizing the Ike jacket to be worn in addition to the current black windbreaker.

Soldiers also voted that all drill sergeants, including women, should wear a single-style campaign hat, already worn by male drill sergeants. A total of 11,590 Soldiers, or 62.4 percent of respondents, wanted this headgear for all drill instructors.

A majority of survey respondents wanted the Army to go to a single-style service cap for all Soldiers. A total of 12,250 Soldiers, or 65.9 percent, wanted the bus driver-type cap – now worn by males – to be authorized for wear by all Soldiers.

In addition, 10,313 respondents, or 55.4 percent, wanted the blue service cap to be the required headgear with ASUs for senior noncommissioned officers – sergeant first class and above – officers and warrant officers, instead of the beret.

A representative sample of active-duty, National Guard and Army Reserve troops were asked to complete the uniform survey.

Dad proud of daughter's choice to play softball for Army

By Tim Hipps
Installation Management Command
Public Affairs

FORT SAM HOUSTON, TEXAS — Watching his daughter lead the All-Armed Forces squad to an American Softball Association national championship reassured Al Ortenzo that she had made the right choice by attending West Point.

Five years ago, April Ortenzo was named America's Catholic High School Female Athlete of the Year by "USA Today." As a senior at Cardinal Gibbons High in Fort Lauderdale, Florida, she had full scholarship offers to play college softball for Furman, Florida, Florida State, Central Florida and Georgetown, among others.

Ortenzo, however, chose the U.S. Military Academy at West Point, New York. When she visited the academy, April said "there was just something different inside of me."

"I believe she had offers from 14 Division I schools for softball," Al said. "She had gone on two of her three visits. West Point came along a little late in the game and caused her to rethink her plans."

Al said April "just absolutely fell in love with the academy."

She became a platoon leader during her sophomore year and was captain of the softball team, the Black Knights, during her junior and senior seasons.

"I grew up in a disciplined household," April said. "My parents were both police officers. My brother is a police officer. I knew that whatever school or path I chose that I wanted to serve in some way, shape or form, whether police force, firefighter or the military. When I took my visit to West Point and learned more about it, I knew I had a higher calling."

She became the Black Knights' all-time leader with 223 games started and completed during her four-year career. She ranked among the academy's all-time Top 5 in at-bats, hits, doubles, RBIs, runs and stolen bases – she swiped at a 93-percent success rate while sporting a .966 fielding percentage at shortstop.

April graduated in 2014 and stayed another semester at West Point as a graduate assistant coach. Al sensed that his daughter's softball career was not finished – even as a military officer.

Now stationed at Joint Base Lewis-McChord, Washington, and a second lieutenant, Ortenzo recently led the undefeated All-Army women's team (9-0) to the 2015 Armed Forces Softball Championship at Marine Corps Base Camp Lejeune, North Carolina.

"She brought a calmness to the team," said All-Army coach Sgt. Maj. Juan Burney of Fort Benning, Georgia. "Her experience playing on the collegiate level helped out a lot because she didn't get over-excited. She wasn't a vocal leader. She kept everything calm and led by example."

Ortenzo advanced the next weekend to the 2015 American Softball Association National Championships at Oklahoma City, where she was named most valuable player and tournament batting champion after leading the All-Armed Forces squad to the national championship.

Al followed April's teams to both tournaments, much like he and wife Linda did throughout their daughter's career at West Point. Al's parents live near the academy, which made the trips to her games even more of a family affair.

Diabetes: Short quiz can calculate health risk

Continued from Page D1

four months. After completion of the classes, at least one individual visit with the registered dietitian is recommended, and continuing diabetes education is recommended at least yearly. The next four-part class begins Dec. 3. Classes are held on Thursdays from 9 a.m. to noon at Lyster.

According to the National Diabetes Statistics Report, in 2012 there were 29.1 million American adults and children with diabetes, or 9.3 percent of the population.

Pre-diabetes is also on the rise with 86 million Americans having pre-diabetes in 2012 up from 79 million in 2010. That means that nearly one in three Americans have pre-diabetes, yet the vast majority of people with pre-diabetes do not even know they have it.

What exactly is pre-diabetes and who should be tested?

Osteen explains that pre-diabetes is a term used for people who have elevated blood sugars, but they are not high enough to be diagnosed as diabetes. She said those individuals are at risk for developing Type 2 diabetes.

"It is important to find out early if you have pre-diabetes since early treatment can prevent serious problems that diabetes can cause, such as loss of eyesight or kidney damage. Several risk factors increase a person's risk for pre-diabetes," said Osteen.

Without lifestyle changes to improve health, 15 to 30 percent of people with pre-diabetes will develop Type 2 diabetes within five years.

Anyone over the age of 45 who is overweight, if they have a first-degree relative with diabetes, they are a member of a different ethnic group, have high blood pressure or cholesterol or any form of heart disease, and women who have delivered a baby weighing more than nine pounds or had gestational diabetes.

Osteen said the best ways to prevent diabetes are lifestyle modifications, following a healthy diet and exercise.

LAHC has also tailored their monthly cooking demonstration in November for those who are diabetic or just want to follow a low-carb lifestyle.

"Nov. 20 at 11 a.m. Lyster's cooking demonstration recipes will be specifically low-carb recipes," said Capt. Angela Green, LAHC Lifespace Center chief. "We would love for everyone to come out, and help us spread awareness and learn new recipes! Children are invited to the cooking demonstrations, too."

For more information or to join the free diabetes basic class, call nutrition care services at 255-7986 or the lifespace center at 255-7726.

TAKE THE TEST – KNOW YOUR SCORE

Take the U.S. Centers for Disease Control and Prevention's test to see if you are at risk.

Answer these seven simple questions:

- Are you a woman who has had a baby weighing more than 9 pounds at birth? (yes: 1 point; no: 0 points)
- Do you have a sister or brother with diabetes? (yes: 1 point; no: 0 points)
- Do you have a parent with diabetes? (yes: 1 point; no: 0 points)
- Are you younger than 65 years of age and get little or no exercise in a typical day? (yes: 5 points; no: 0 points)
- Are you between 45 and 64 years of age? (yes: 5 points; no: 0 points)
- Are you 65 years of age or older? (yes: 9 points; no: 0 points) Do you weigh as much as or more than the weight listed for your height? (see chart below) (yes: 5 points; no: 0 points)

Height Weight (lbs)
4'10" 129
4'11" 133
5'0" 138
5'1" 143
5'2" 147
5'3" 152
5'4" 157
5'5" 162
5'6" 167
5'7" 172
5'8" 177
5'9" 182
5'10" 188
5'11" 193
6'0" 199
6'1" 204
6'2" 210
6'3" 216
6'4" 221

For each "Yes" answer, add the number of points listed. All "No" answers are 0 points.

IF YOUR SCORE IS 3 TO 8 POINTS
This means your risk is probably low for having pre-diabetes now. Keep your risk low. If you are overweight, lose weight. Be active most days, and don't use tobacco. Eat low-fat meals with fruits, vegetables and whole-grain foods. If you have high cholesterol or high blood pressure, talk to your health care provider about your risk for Type 2 diabetes.

IF YOUR SCORE IS 9 OR MORE POINTS
This means your risk is high for having pre-diabetes now. Please make an appointment with your health care provider soon.

The good news is that those who are pre-diabetic can avoid becoming diabetic and even reverse their pre-diabetic status through lifestyle changes. Research shows that modest weight loss and regular physical activity can help prevent or delay Type 2 diabetes by up to 58 percent in people with pre-diabetes. Modest weight loss means 5 percent to 7 percent of body weight, which is 10 to 14 pounds for a 200-pound person. Getting at least 150 minutes each week of physical activity, such as brisk walking, also is important for prevention.

Resources are available to help with pre-diabetes. For more information, please visit the Centers for Disease Control website at www.cdc.gov/diabetes.

PUZZLE ANSWERS

Super Crossword

Answers

Weekly SUDOKU

Answer

8	4	2	7	3	1	6	9	5
7	3	1	6	9	5	8	4	2
6	9	5	8	4	2	7	3	1
3	6	4	2	1	9	5	8	7
2	1	9	5	8	7	3	6	4
5	8	7	3	6	4	2	1	9
9	2	3	4	5	6	1	7	8
4	5	6	1	7	8	9	2	3
1	7	8	9	2	3	4	5	6

Trivia

Answers

1. Spanish-American War
2. "Respect," in 1967
3. (Forrest) Mars & (William) Murrie, the last names of the candy's founders
4. San Francisco
5. Wisk
6. Restaurant critic
7. Ed McMahon
8. 40 (f-o-r-t-y)
9. Green
10. A false report or story

SPORTS BRIEFS

Expansion of Functional Fitness Area

The Fort Rucker Physical Fitness Center on Andrews Avenue will soon undergo changes. The current basketball and volleyball courts will be designated as the new functional fitness area. This will provide space for additional functional fitness equipment, including but not limited to power racks, lifting platforms, TRX equipment, Olympic bars, plyometric boxes and climbing rope. Space will be available for full body movements, including sprints, lunges, battle ropes and more. In December, intramural basketball and volleyball will be relocated to the Fortenberry-Colton Physical Fitness Center.

For more information, call 255-2296.

Youth deer hunt

Outdoor recreation will host a youth deer hunt Saturday from 4 a.m. to 6 p.m. The hunt is open to the public for youth ages 7-15. Cost is $20 and people must register at the ODR Service Center at West Beach, Lake Tholocco, Bldg. 24235. Door prizes and lunch will be provided. Awards will be given to first, second and third places. Parents and escorts of youth hunters must have a valid Alabama State Hunting License and Hunter Education Card. No antlerless deer are allowed to be harvested. Spike bucks and larger will be allowed to be harvested only if the youth is registered with ODR and participates in the youth hunt.

For more information, call 255-4305.

Big Buck Contest

Fort Rucker Outdoor Recreation hosts its Big Buck Contest now through Feb. 10 during daylight hours. Entry fee is $25 per person and the contest is open to the public. Participants must register before harvesting bucks and bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a hunter education card.

For more information and to register, call 255-4305.

SWGC Turkey Shootout

The 2015 Silver Wings Golf Course Turkey Shoot Out is scheduled for Nov. 21. Tee times are 7-9 a.m. Cost is $20 per player – plus cart and green fees, if applicable. Participants must register prior to tee off at 9 a.m. For individual stroke play, U.S. Golf Association handicap or weekend dogfight points will be used. Turkeys and gift certificates will be awarded as prizes to gross and net winners. The event is open to the public and exceptional family member friendly.

Turkey Trot 5K/10K

The Fort Rucker Physical Fitness Center will host the annual Turkey Trot 5K/10K and 1-Mile Fun Run Nov. 21. Race Day registration will take place from 7:30-8:30 a.m., with the 5K and 10K starting at 9 a.m. The fun run will begin after the 5K/10K race is complete, and is open to all children, free of charge. Each fun run participant will receive a medal. The cost for the 5K/10K is $20 per individual with a T-shirt through Sunday, or $25 with a T-shirt while supplies last from Monday up to race day. There is also a $12 no-shirt option. Teams cost $120 for eight participants – each additional teammate pays the normal registration fee – through Sunday with T-shirts, or $160 from Monday to race day with T-shirts while supplies last. Trophies and medals will be awarded in various categories. Refreshments will be provided. The event is open to the public. Participants are encouraged to pre-register at either PFC.

For more information, call 255-2296.

Lifeguard recertification courses

Lifeguarding courses for recertification only will be held at the Fort Rucker Physical Fitness Center Nov. 28 and 29 from 8 a.m. to 6 p.m. People must have a current certification to enroll. The course is open to patrons ages 15 and up, and costs $125 for military and Department of Defense ID card holders, and $150 for the general public. People must pass a prerequisite test on the first day to enter the course. People may register at the front desk of the Fort Rucker PFC. The cut-off for registration is three days prior to course start date. Class may be canceled if minimum enrollment is not met.

For more information, call 255-2296.

PIGSKIN PICKS

	Georgia vs. Auburn	Tulane vs. Army	Utah State vs. Air Force	Georgia Southern vs. Troy	Kentucky vs. Vanderbilt	Memphis vs. Houston	Oklahoma vs. Baylor
David C. Agan Jr. *PAO* (43-20)	Auburn	Army	Utah State	Georgia Southern	Kentucky	Memphis	Baylor
Kent Anger, *DPTMS* (45-18)	Auburn	Army	Utah State	Georgia Southern	Vanderbilt	Houston	Oklahoma
Todd Conyers *USAACE* (34-29)	Georgia	Army	Air Force	Georgia Southern	Vanderbilt	Houston	Oklahoma
Wes Hamilton *NEC* (45-18)	Auburn	Army	Air Force	Georgia Southern	Vanderbilt	Houston	Baylor
John Tkac *DPS* (40-23)	Georgia	Army	Air Force	Troy	Kentucky	Memphis	Baylor