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continue tradition of
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Post hosts variety of
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Waiver Wire,
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ARMY FLIER

SERVING THE U.S. ARMY AVIATION CENTER OF EXCELLENCE AND THE FORT RUCKER COMMUNITY SINCE 1956

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FORT RUCKER ★ ALABAMA

OCTOBER 22, 2015

BEAT THE FLU

Lyster readies to vaccinate post populace

By Jenny Stripling
Lyster Army Health Clinic Public Affairs

Another flu season has arrived and Lyster Army Health Clinic is getting ready to vaccinate Fort Rucker Soldiers.

To maintain mission readiness, Fort Rucker Soldiers will receive vaccinations first, followed by Fort Rucker employees and LAHC patients.

Active-duty Soldiers can obtain the flu shot between Monday-Oct. 29 at Yano Hall beginning at 7 a.m. Flu shots for the public will begin Nov. 2 at Lyster Army Health Clinic.

Flu shots will be available in the preventive medicine department from 7:30 a.m. to 3:30 p.m. Mondays through Fridays. Patients should keep in mind that lunchtime is the busiest time for the department.

Between 171 million and 179 million flu vaccine doses will be produced for this year's flu season, though more can be produced if necessary, according to the Centers for Disease Control and Prevention.

It takes the body about two weeks to build antibodies against the influenza virus

after vaccination, which is why getting the flu shot early is ideal.

While everyone should get a flu vaccine each flu season, it's especially important that certain people get vaccinated either because they are at high risk of having serious flu-related complications, or because they live with or care for people at high risk for developing flu-related complications.

Those at higher risk for complications from influenza include people with asthma, diabetes, heart disease, pregnant women, people with weakened immune systems, children younger than 5 years old, and adults age 65 and older.

Taking the necessary steps to prevent or stop the spread of the flu include washing hands often with soap and water, or using anti-bacterial gel when soap and water is not available; avoiding touching your eyes, nose and mouth; covering your cough or sneeze; and staying home when sick.

To stay up to date on flu vaccine availability, be sure to check LAHC's website and Facebook page, or call the preventive medicine department at 255-7260 or 255-7332.



PHOTO BY NATHAN PFU

Sgt. 1st Class Justin Hartman, NCO Academy, receives a flu shot from Sgt. Joey Rivera, Lyster Army Health Clinic, last year.



TAKING A STAND

PHOTO BY NATHAN PFU

Sgt. Ted E. Bear shows he stands against domestic violence with his purple garb. October is Domestic Violence Awareness Month, and the Purple Day campaign is a Fort Rucker community-wide effort to recognize its collective responsibility to prevent all forms of domestic violence. People can show their support by wearing purple every Friday throughout October. For more information on domestic violence prevention, call 255-9636 or 255-3817.

HOME SWEET HOME

Fort Rucker housing earns 'best-in-industry' designation

By Nathan Pfau
Army Flier Staff Writer

Enhancing the quality of life of Soldiers and families on the installation is a top priority, and one way Fort Rucker does that is by providing a top-notch housing experience through Corvias Military Living.

The three housing communities on Fort Rucker – Munson Heights, Allen Heights and Bowden Terrace – achieved top marks,

SEE HOME, PAGE A5



FILE PHOTO

Tracy Valenti and her husband, then WO1 Nicholas Valenti, view a model home in Bowden Terrace in 2012.

Teacher invited to conference

By Nathan Pfau
Army Flier Staff Writer

It's often said that children are the future, and making sure those children are taken care of ensures that the future of our nation is in good hands.

And Fort Rucker Primary School wants to make sure that its educators are well prepared when taking on the task of educating and mentoring tomorrow's leaders, and one particular educator is getting the extra push she needs to become an educator who goes above and beyond.

Donna Murphy, FRPS reading specialist, was selected to attend the National Education Association's "Unite, Inspire, Lead: 2015-2016 Minority Leadership and Women's Leadership Training Programs Conference," in New Orleans, Louisiana.

"I am honored to be nominated and selected to represent the Fort Rucker Education Association, the Fort Rucker Schools, the Georgia-Alabama School District, and the Department of Defense Education Activity schools," she said. "I've long been an advocate for the rights of children, and programs that influence and affect children. For those reasons, I continue to work on behalf of children and their issues."

Murphy was nominated by her local state affiliate and was selected as one of two state-side Federal Education Association representatives for the NEA Minority Leadership Training Conference-East official team.

The MLT and Women's Leadership Training programs prepare educators to lead confidently and consciously by focusing on a

SEE CONFERENCE, PAGE A5



PHOTO BY NATHAN PFU

Donna Murphy, FRPS reading specialist, reads with Addison Anderson and Izaiah Bailey, FRPS first graders, at the primary school Monday.

PERSPECTIVE

CID TIP:

Officials suggest steps to help protect social media accounts

U.S. Army Criminal Investigation Command
Press Release

QUANTICO, Va. — In January, the Twitter and YouTube accounts of U.S. Central Command were hacked and defaced.

In February, a Twitter account dedicated to military spouses was hacked and defaced, and Newsweek's Twitter account was also commandeered.

In each case, alleged violent extremist groups spewed threats and anti-U.S. rhetoric. Spreading propaganda is hardly a new tactic. However, hijacking personal, corporate and government social media is a more recent phenomenon and demonstrates a level of technological adaptability and competence.

There are steps members of the greater Army community can take to protect themselves and their online presence.

"Social networking sites empower people to connect and or-



ARMY GRAPHIC

ganize with others based on common interests, background and associations," said Daniel Andrews, director of the CID Computer Crime Investigative Unit. "Indeed, these technologies have impacted modern society and are interwoven in daily activities. Unsurprisingly, criminal elements and adversaries also harness the power of social networking sites to conduct surveillance and otherwise further their causes. Our goal is to help users understand online risks and make informed decisions to mitigate those risks, ultimately leading to safer online activities."

As a result of recent world

events and a continual effort to protect the force, special agents with the CCIU strongly recommend that anyone affiliated with the U.S. military review their social media accounts to make sure they are using the best security settings to protect their online profiles.

With that in mind, CID provides the following information to help the greater Army community protect themselves online and significantly reduce the chance of becoming a victim of cybercrime.

- Do not accept friend or follower requests from anyone you do not know; independently

verify identities.

- Securely configure your social networking accounts to minimize who can see your information.
- Be cautious when accessing online accounts from public Wi-Fi connections. Someone might have installed software capable of capturing your login credentials and other sensitive information.
- Do not use the same password for all of your accounts.
- Use strong, unique passwords. Consider passphrases for an additional level of safety.
- Be suspicious of unsolicited email messages from individu-

als and companies. If an people claim to be from a legitimate organization, try to verify their identity with that organization.

- Do not use contact information provided in the email or on a website connected to the request.
- Do not respond to email solicitations.
- Do not follow links sent in email solicitations.
- Do not provide personal, financial, or account (username and password) information to email solicitations.
- Pay attention to the URL of a website in email solicitations. Malicious websites may look identical to a legitimate site, but the URL may use a variation in spelling or a different domain.
- Employ the use of a spam filter.
- Treat all e-mail attachments with caution. Turn off the option to automatically download attachments.

THIS MONTH IN ARMY AVIATION HISTORY

This month we're spotlighting the September/October 1991 issue of the U.S. Army Aviation Digest. This issue features:

Air ambulance of the future

The family of the UH-60 Black Hawk helicopters was recently enlarged when the mission design series UH-60Q was approved as the new designation for UH-60 Army air ambulances. As the UH-1V Iroquois designated a UH-1 with specialized air ambulance equipment, the UH-60Q will designate a UH-60 as an air ambulance with equipment unique to

the aeromedical evacuation mission.

1-227th pilots shot down, survive crash

Feb. 25 was CW4 Michael Butler's and Capt. Michael Klinglee's lucky day. It isn't just any day your AH-64 Apache is shot down by enemy fire and you live to tell about it.

TEXCOM: Laser-guided Hellfire missile

Crouched behind an embankment at Fort Hunter Liggett, California, a TOW gunner fires a missile and knocks out an

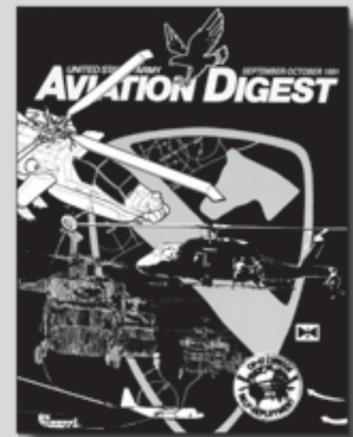
enemy tank. The tank was approaching his position from behind a hill 3 1/2 kilometers away.

An Aviation brigade goes to war

An account of the deployment of the 4th Brigade, 1st Armored Division, to Southwest Asia and the participation of its members in Operation Desert Shield and Operation Desert Storm.

... and more.

Download this issue of the U.S. Army Aviation Digest at <http://bit.ly/av8-july66>



Rotor Wash

“A children's fall carnival and Halloween craft session takes place Tuesday from 4-5:30 p.m. at the Center Library. What is your favorite autumn childhood memory?”



Pfc. Alyssa Edenburn,
1st Bn., 11th Avn. Regt.

"I just love when the season changes into cooler weather."



2nd Lt. Kyle Kilroy,
D Co., 1st Bn.,
145th Avn. Regt.

"I always remember Thanksgiving as a child during this time. It was always great seeing your extended family."



2nd Lt. Joe Kogut,
D Co., 1st Bn.,
145th Avn. Regt.

"I usually think a lot of Halloween, like trick-or-treating with my family as a kid."



Derek Gentry,
military family member

"Dressing up for Halloween was always my favorite thing to do."



Jason Horvath,
Army veteran

"My favorite fall memory is always going to be spending Thanksgiving with my family and getting to eat until you basically want to pass out."

COMMAND

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FORT RUCKER COMMANDING GENERAL

Col. Shannon T. Miller
FORT RUCKER GARRISON COMMANDER

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If you would like to contact the Army Flier by e-mail, please contact the editor at jhughes@armyflieger.com.

Federal employees continue tradition of giving

By Jeremy Henderson
Army Flier Staff Writer

Federal civilian, postal and military service members once again wasted no time showing their support for eligible nonprofit health and human service organizations throughout the world.

The 2015 Combined Federal Campaign has received more than \$190,000 in pledges in the short time since the Sept. 14 kickoff celebration.

Federal employees and military members have a reputation for being extremely generous in their charitable giving and with their volunteer efforts, said Beverly Arnold, Heart of Alabama Combined Federal Campaign director for River Region United Way.

"Many of the local charitable organizations rely solely on the financial support of individual donors," she said. "Without federal employees having a heart to give back to their communities through the CFC, many of these charities would not be able to sustain their operations and continue to provide these much needed services in our communities."

CFC continues through Dec. 15, giving potential donors ample time to push for the

\$815,000 goal.

"The biggest way that federal employees and military members can assist is by giving," Arnold said. "Even if it is a small amount, every dollar makes a huge difference."

"Each organization or command has a goal that they are working towards," she added. "We count on every organization, directorate and command to reach their goal in order for the CFC to attain our goal. Without individuals contributing and supporting the CFC, we cannot reach our goal. Making the goal enables us to give back to the charities that need our monetary support, so that they can continue to provide services to us when we are in need."

According to Arnold, CFC is the world's largest and most successful annual workplace charity campaign, with 141 CFC campaigns throughout the country and overseas raising millions of dollars each year. Pledges made by federal civilian, postal and military donors during the Sept. 1 through Dec. 15 campaign season support eligible non-profit organizations that provide health and human service benefits throughout the world.

Donors can go online to www.heartofalabamacfc.org and make a payroll deduction pledge through MyPay, she said. A small



COURTESY GRAPHIC

amount out of each paycheck will go unnoticed by them, but make a huge difference to the charity they support. They can also give via cash or check using a traditional paper pledge form provided by their CFC

project officer or via a one-time credit or debit card gift via NEXUS located on the website listed above.

For more information, 323-2560 or visit www.heartofalabamacfc.org.

President adjusts troop levels for continuing Afghanistan mission

By Cheryl Pellerin
Department of Defense News

WASHINGTON — President Barack Obama announced at the White House Oct. 15 that he will keep U.S. troops in Afghanistan through 2016 and a lesser number into 2017 to sustain coalition efforts to train and strengthen Afghan forces.

Joining Obama at the podium were Vice President Joe Biden, Defense Secretary Ash Carter and Marine Corps Gen. Joseph F. Dunford Jr., chairman of the Joint Chiefs of Staff.

As part of a four-step plan that he said would best ensure lasting progress in Afghanistan, Obama said he would maintain the current posture of 9,800 troops in Afghanistan through most of 2016.

Rather than reduce troop levels to a normal embassy presence in Kabul by the end of 2016, Obama said the United States will maintain 5,500 troops and a small number of bases, including at Bagram and Jalalabad in the east and Kandahar in the south.

The mission in Afghanistan will not change, the president said.

Critical missions

"Our forces will remain engaged in two narrow, but critical, missions," the president said, "training Afghan forces and supporting counterterrorist operations against the remnants of al-Qaida."

Obama said he decided on new troop levels after a request



PHOTO BY AIR FORCE SENIOR MASTER SGT. ADRIAN CADIZ
Defense Secretary Ash Carter speaks with reporters during a Pentagon press briefing about the U.S. troop posture in Afghanistan Oct. 15.

in March by Afghan President Ashraf Ghani for continued support and following consultations with his national security team, international partners and members of Congress, and with Ghani and Afghan Chief Executive Abdullah Abdullah.

"America's combat mission in Afghanistan is over, but the commitment to Afghanistan and its people endures," Obama said.

The final parts of Obama's plan are to work with allies and partners to align the U.S. plan with their own presence in Afghanistan after 2016, and to continue to support Ghani and the national unity government as they pursue critical reforms.

"In Afghanistan," Obama said, "we are part of a 42-nation coalition, and our NATO allies and partners can continue to play an indispensable role in helping Af-

ghanistan strengthen its security forces, including respect for human rights."

Delivering progress

In a conversation Oct. 14 with Ghani and Abdullah, Obama said, he told the Afghan leaders that their efforts to deliver progress and justice for the Afghan people will continue to have strong U.S. support. They also discussed American support of an Afghan-led reconciliation process, he added.

Said sanctuaries for the Taliban and other terrorists must end, the president said.

"Next week, I'll host Prime Minister (Nawaz) Sharif of Pakistan," Obama added, "and I will continue to urge all parties in the region to press the Taliban to return to peace talks and to do their part in pursuit of the peace that

Afghans deserve."

At the Pentagon, Carter said Afghan forces have proven themselves capable and resilient fighters who can provide security for their nation.

"They have performed admirably this fighting season, the first for which the responsibility to fight the Taliban has fallen squarely on their shoulders," the defense secretary said. "But Taliban advances in parts of the country underscore the reality that this is and remains a difficult fight."

Afghanistan still needs help, he continued, and through NATO's Resolute Support mission, the Defense Department is working closely with the Afghan national defense and security forces and the country's security ministries to ensure they're prepared to protect the Afghan people and set conditions for stability in the region.

"This extends beyond our U.S. military presence and includes the important financial commitments we will need to make in support of the Afghan security forces," Carter said.

The U.S. military's presence and financial sustainment will send a strong message to the international community that the United States is committed to Afghanistan and is intent on fostering long-term stability, he added.

U.S. commitment

"We anticipate that the U.S. commitment will, in turn, garner the commitment of other mem-

bers of the coalition that U.S. forces have operated with," Carter said. "I have already initiated consultations with key allies to secure their continued support for this mission."

Over time, he added, "we will reduce our footprint in Afghanistan, but not our commitment to the country and its people."

In a statement from Kabul, Army Gen. John F. Campbell, commander of U.S. forces in Afghanistan, said Obama's decision "provides us the ability to further develop a lasting strategic relationship with our Afghan partners, and allows us to counter the rise of violent extremism in a volatile part of the world."

He added, "Our continued efforts to stabilize Afghanistan will benefit the entire region and in turn offer greater security for the U.S. homeland and Americans abroad and at home."

Before Obama left the podium, he spoke directly to the Afghan people, to the men and women in uniform and to the American people.

To U.S. service members, the president said he doesn't send them into harm's way lightly.

"It's the most solemn decision that I make," Obama said. "I know the wages of war in the wounded warriors I visit in the hospital and in the grief of Gold Star Families. But as your commander in chief, I believe this mission is vital to our national security interests in preventing terrorist attacks against our citizens and our nation."

News Briefs

Retiree health fair

The 41st annual Fort Rucker Retiree Health Fair is scheduled for Oct. 30 from 8 a.m. to noon at the Fort Rucker Physical Fitness Center. Retirees and their family members will get the opportunity to receive financial, medical and legal advice catered to their specific needs under one roof. The fair strives to educate retirees on numerous health topics, as well as provide a mini checkup and administer flu shots. Additionally, the Fort Rucker Legal Assistance Office will provide free walk-up services with an attorney present to answer general legal questions. Available services will include general or special powers of attorney, durable healthcare powers of attorney, living wills, notarization services and scheduling individual legal appointments.

A retiree appreciation luncheon will begin at noon at The Landing, followed by a presentation from John Radke, Army Retirement Services chief, at 12:30 p.m. The lunch menu is barbecue chicken, baked macaroni and cheese, balsamic grilled vegetables, a roll, and coffee and tea service. The cost is \$11.25 per person, and meals must be reserved and paid for by Oct. 26.

A quarterly retirement ceremony also takes place at 2 p.m. at the U.S. Army Aviation Museum, with special recognition of visiting retirees followed by a cake cutting and recognition ceremony at the post exchange.

For more information about the Retiree Health Fair, Retiree Appreciation Day events, or to make luncheon reservations, call 255-9124. For more information about legal services, call 255-3482.

Retirement ceremony

Fort Rucker will host its quarterly retirement ceremony Oct. 30 at 2 p.m. in the U.S. Army Aviation

Museum. All are welcome to attend and thank the post's latest retirees for their service.

Physical therapy open house

Lyster Army Health Clinic's Physical Therapy service will host an open-house Friday from noon to 4 p.m. Visitors to the open house will be able to experience interactive areas and demonstrations.

Walking Wednesday

Lyster Army Health Clinic's Physical Therapy service will host a Walking Wednesday on Wednesday for anyone on Fort Rucker interested in walking a mile during lunch. Those interested should meet in the Lyster Lifespace Center at 11:45 a.m.

Military pay closure

The Defense Military Pay Office will close at noon Oct. 30. All DMPO customers should visit the office with their pay inquiries or clearance papers prior to the closure. Soldiers with a military pay emergency during this time should call 317-319-7604 for assistance. The office will reopen Nov. 2 at 7:30 a.m.

Breast cancer awareness

Lyster Army Health Clinic will promote breast cancer awareness during October. Information tables will be set up in the clinic and the post exchange sporadically throughout the month of October.

Mammogram bus dates: Monday, and Nov. 9, 16 and 30. Patients can call 255-7000, No. 4 to schedule and get eligibility information.

CWOB retirement ceremony

Fort Rucker will host a retirement and awards ceremony for CW5 Michael L. Reese, chief warrant of-

ficer of the Aviation Branch, Nov. 13 at 1 p.m. in the U.S. Army Aviation Museum. All are invited to attend to honor and bid farewell to Reese.

Clinic closures

The clinic will close for its monthly training Nov. 18 at noon. The clinic will also be closed Nov. 26 for the Thanksgiving holiday and Nov. 27.

Lyster update

Check out Lyster Army Health Clinic's Facebook page for the healthy tip of the day and clinic information, such as class dates and times. Lyster's Twitter feed is at @LysterAHC.

AAFES promotes healthy eating

The Army and Air Force Exchange Service is making it easier for service members and their families to tighten their waistlines while dining or grabbing a snack on the installation. The Fort Rucker Exchange food court and Express locations are stocked with healthy options for smart choices on the go, according to Roxanne Hutchinson, food court manager.

Popeyes Louisiana Kitchen offers a live-well menu with more than 20 items with less than 350 calories. At Charleys Grilled Subs location, military shoppers will find a variety of items with 150 calories or less. Subway is also taking wellness to heart by offering a Heart Healthy menu that includes meals less than 700 calories with 30 percent or less calories from fat. For customers who need to grab a quick bite, Expresses offer good-for-you choices for on-the-go snacking and light meals. Snack Avenue is a special area inside Express stores specifically geared to customers looking for a quick healthy meal or snack.

Army: Installations must also be resilient

By C. Todd Lopez
Army News Service

WASHINGTON — The Army's been talking about Soldier resilience for years, but Army installations must also be resilient, said the assistant secretary of the Army for installations, energy and environment.

"We never know what the next conflict is going to be or where it is going to be, or who our partners are going to be," said Katherine Hammack. "So, we need to be ready to ensure that we can do whatever this nation asks of us. Most of our bases are deployment platforms. And, so, we need to be ready to support this nation, ready with enough energy to operate, with enough water to support the base population, and those Soldiers who might have to deploy on a moment's notice."

Hammack and Lt. Gen. David D. Halverson, commander of Army Installation Management Command, spoke during a mid-October press event.

But what does resiliency mean for an Army installation?

"It's the ability to remain operational with a wide ranging amount of scenarios," Hammack said.

"It could be natural disaster," like the flooding that affected Fort Jackson this month. "It could be a hurricane situation, like we saw with superstorm Sandy. A resilient installation is able to operate and support its own population and the local community. In the case of a natural disaster, it's able to operate and deploy Soldiers to help in regional situations, and help anywhere around the world. That means ready access to energy, to water, and the land the Army needs to train and deploy — sometimes air space, as well."

"We need our Soldiers to be able to be resilient, because the Army life is a tough life," Halverson said. "They have to be



PHOTO BY MASS COMMUNICATION SPECIALIST 2ND CLASS JONATHAN DAVID CHANDLER

Army leaders say reliable, home-grown electricity increases the resiliency of military installations.

mentally fit and warfighting fit, and they have to be able to deal with the arduous aspects of war."

Installations, he said, must meet the same resilience as Soldiers if the Army will continue to operate in the face of the unknown.

"We are going to have things that affect us that we don't control, such as natural disasters," he said. "We need an installation that is resilient." Just as Soldiers need to be resilient, "our installations have to be resilient, too."

National security depends on it, he added.

One of the most resilient installations, Hammack said, is Fort Drum, New York. There, an old coal power plant has been converted to a biomass energy production facility that has 60 megawatts of generation capacity, using wood chips and shrub willow as its fuel.

Hammack said the facility has three months' worth of fuel situated within five

minutes of the plant.

"That means that the base is going to have the power it needs, and actually that plant can supply three times the amount of power that the base needs," she said. "So, it can support the local community in the case of an ice storm, which they have seen, that has shut down power grids."

Fort Drum is also resilient when it comes to water, she said, as the base gets its water from two sources — including water that comes from wells on the installation.

In another location, Hammack said, another installation didn't fare so well due to its lack of resiliency.

"One of (our) bases was shut down two summers ago because off base, a backhoe hit a water main and shut down water to the base," she said. "There was one pipe coming into the base and it drained the water towers. That's not very resilient. When we talk about resiliency, it's adaptability to a multiple range of solutions, by a diverse set of

sources of supply."

When it comes to power, Hammack said the Army is looking to partner with the private sector to get them to invest in helping the Army create resiliency on installations.

The Army, she said, is looking at power generation happening closer to installations or even on installations, similar to trends in the private sector, including wind generation, solar generation, biomass and other options.

"Fort Knox, Kentucky, put in multiple natural gas fire cogeneration systems that are supplying both electricity and hot water at the point of use," Hammack said. "One is located near a hospital, and another is located near the post exchange and commissary. So, you have that distributed generation. That is a lesson from the private sector that we are adapting to."

While not every installation in the Army currently has its own power generation capability, Hammack said it's a goal.

"We made a commitment to the president we'd have one gigawatt of renewable energy on Army bases by 2025. And we are well on our way to it," she said. "In fiscal year 2015, we broke ground on over 100 megawatt of renewable energy systems and we are on track to meet that commitment we made."

BRAC

On a related note, Hammack said the Army needs another round of Base Realignment and Closure to shut down facilities that are no longer in use, but which continue to incur maintenance costs.

"We have the same number of installations, yet we are expected to operate with 30 percent less funding," Hammack said. "It's really hard when a lot of your installation costs are fixed costs. What we really need is BRAC authorization to allow us to analyze where we have excess capacity and an opportunity to consolidate."

Experts: Toxic leaders decrease Soldiers' effectiveness

By David Vergun
Army News Service

WASHINGTON — Having a toxic boss results in a 48-percent decrease in work effort and 38-percent decrease in work quality, said the dean of the School of Public Affairs, University of Colorado, Colorado Springs.

Dr. George Reed spoke in the Pentagon Oct. 15 at a Pentagon Chaplains Office-sponsored seminar, "Tarnished: Toxic Leadership in the U.S. Military."

"Those kinds of productivity impacts will get any enterprise leader's attention. Those are numbers not to be ignored," Reed said, regarding the two statistics, which were published in the April 2009 "Harvard Business Review," by authors Christine Porath and Christine Pearson.

In 2003, no one was talking about toxic leadership, Reed said. That's the year Secretary of the Army Thomas White asked what the Army was doing to assess, identify and deal with disruptive leaders.

As a result of White's inquiry, focus group discussions ensued at the U.S. Army War College, of which Reed was a part as he was then serving as director of the Command and Leadership Studies program there.

Those discussions at the USAWC "resulted in stories that were like worms crawling out of a bucket," he said. "The stories of the way some of our best and brightest were treated by their superiors were completely inconsistent with a world-class organization."

It was that work that led Reed to do research on toxic leadership and to speak about the heretofore taboo topic throughout the Army during the latter part of his 27-year Army career. He also wrote a book about the topic that was published this year: "Tarnished: Toxic Leadership in the U.S. Military."



PHOTO ILLUSTRATION BY PEGGY FRIERSON

Who's toxic?

Scholars don't agree on a definition for a toxic leader, or even the term, Reed said. Most would agree, though, that such a leader displays two characteristics: an apparent lack of concern for the wellbeing of others, as perceived by those they supervise, and an interpersonal style that negatively impacts organizational climate.

One scholar, Robert Sutton, a professor at Stanford University, defined a toxic leader using a two-part test, Reed said. First, after an interpersonal exchange, does the target feel humiliated, belittled or de-energized by that person? Second, does that person anger people who are less powerful rather than more powerful?

Reed called the second of Sutton's two-part question the "kiss-up and kick-down tendency," where the toxic leader is very responsible and responsive to his or her supervisor, but acts miserably to subordinates.

Reed then added a caveat. "Just because a person barks at you doesn't mean they're a toxic leader. In the Army profession, trying to make all of the people happy all of the time is a loser's game. But that aggressive behavior doesn't need to be the de-

fault setting."

There was an interesting case that Reed came across that he said he couldn't quite label toxic. There was an Army leader on his terminal assignment that "you didn't want to work for, but you couldn't hate because he was trying to do the right thing. He was completely selfless."

That's still no excuse for toxic behavior, he added.

So, how many toxic leaders are there? Reed didn't produce any numbers or percentages, but he did show a slide of leadership styles, illustrated with a classic bell-shaped curve.

To the far left of the curve were those few toxic leaders who are "awful, belittling, demotivating, destructive and demeaning." To the far right were those few leaders who are "wonderful, inspiring, motivating and constructive." Most leaders fell in the largest portion of the curve, the center. These leaders are "pretty good," he said.

Toxic leaders effects

The way young Soldiers often deal with toxic leaders is to get out of the Army, Reed said. Those who've been in longer than 10 years, however, with retirement just down

the road, tend to stick it out, knowing that they or the toxic leaders will inevitably be transferred.

Not everyone who works for a toxic leader will decrease productivity, Reed said. "If you're a pro and a go-getter, are you going to stop what you're doing because you've got a bad boss? Of course not."

But for many who work for a bad boss, morale declines, communication degrades and stress levels go way up, he said.

In addition, people "don't go the extra mile" when working for a toxic leader. This is troubling because "we need people who do go the extra mile, especially in today's Army," where fewer people are being asked to do more with less and win in a complex world, he said.

Toxic leaders also inspire organizational cynicism, he said. "If you work for a bad boss, you tend to tie that to the whole organization, even though that might not be fair."

All of that stress takes a toll on the body, leaving Soldiers less resilient, Reed said. About 90 percent of all hospital visits are stress related. Research has shown that prolonged stress can lead to heart disease, cancer, and other diseases and ill-

nesses.

During the question and answer session that followed Reed's discussion, someone asked if toxic leadership can result in a suicide.

"Suicide is a complicated issue," Reed said. "I'm unwilling to say there's a direct relationship between suicide and toxic leadership because there's so many variables involved. There are people that work for toxics that do not commit suicide. There are people who work for extraordinary leaders who do commit suicide."

More research is needed, he said, but there is one intriguing Army-commissioned study done by Dr. Dave Matsuda, who investigated suicides in Iraq.

Matsuda examined the linkages of relationships and the quality of those relationships between the Soldiers' leaders and the Soldiers who committed suicide. "In eight out of eight cases, there was somebody in that Soldier's organization that was making the person who committed suicide absolutely miserable," Reed said. A much larger study size would be needed to infer a direct correlation, however.

"We do know that one of the precursors to suicide is a degradation in relationships. And, we do know that toxic leadership has a degrading effect on relationships. So there's an indirect effect, meaning it could be a variable. It's worth studying more," Reed said.

Things to do

To combat toxic leadership, organizations need to first come to terms with and acknowledge that it exists, and that there could be a problem from within, he said. Discussions by everyone in the organization need to take place.

"Once the light is shined on it, people can begin to talk about it. No one wants the badge of

toxic leader," he added.

There's a myth in many organizations that "you need someone who's toxic to get people in line," Reed said. "We seem to have a band of tolerance for certain leadership styles that are not positively impacting our organization and that could be the crux of the problem."

Holding classes on toxic leaders might seem like a way to reduce toxic leaders, Reed said. But the problem with that line of thinking is that a toxic leader won't voluntarily change. The boss of that toxic leader "needs to have a finger in their chest that says if you don't make behavioral change, you're going to fail."

A look at performance appraisals needs to be examined, as well, he said.

The military performance system and those of other organizations doesn't distinguish sufficiently between a good leader and a toxic leader, Reed said. "A lot of toxics seem to rise to extraordinary levels of responsibility. Some are so bad that they not only do not add value to an organization, they're also an impediment to the organization."

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New course for E7s begins as part of NCO education overhaul

By Gary Sheftick
Army News Service

WASHINGTON — A new Master Leader Course pilot began in mid-October as part of a revamping of NCO education and professional development.

“As you may or may not know, the Master Leader Course is now official,” said Command Sgt. Maj. David S. Davenport Sr. of the U.S. Army Training and Doctrine Command, speaking during a forum at the Association of the United States Army Annual Meeting and Exposition Oct. 14.

The first pilot of the course for sergeants first class is now being taught on Fort Bliss, Texas. The new course will eventually be required for promotion to master sergeant and is part of a renewed emphasis across the Army on NCO education.

There’s a push to eliminate the current backlog of more than 14,000 NCOs who have not gone to their required professional military education, Davenport said.

“Deferments are causing a huge disruption,” Davenport said.

In the future, instead of just saying that an NCO can’t go to school due to an operational conflict, commanders will need to say when

that NCO can go to school, Davenport said.

PME requirements for promotion will no longer be waived for NCOs, he said, beginning next year.

Enforcing education requirements comes as a widening of STEP, which stands for selection, training, education and promotion. It was first used to require master sergeants and first sergeants to attend the Sergeants Major Academy to get promoted and now it’s expanding to all NCO ranks.

It’s simple, but everyone must understand, Davenport said, “You will not be promoted until you attend the appropriate level of PME.”

Other upcoming changes include:

- Establishing the NCO Professional Development System;
- Renaming of the Warrior Leader Course to Basic Leader Course;
- Using a digital job book that documents all training for Soldiers as part of the Digital Training Management System;
- Redesign of the USASMA;
- Establishment of the Institution for NCO Professional Development;
- Development of an Executive Leader Course for command sergeants major;
- Publicizing more broadening

opportunities for NCOs;

- Providing a digital rucksack to students that includes course materials, apps and technical manuals; and
- Requiring Army Service School Academic Reports, or DA 1059s, to include date of a Soldier’s last physical fitness test, along with a height and weight statement.

The effective date of the last change and others may be determined by a proponent conference, Davenport said.

The changes will be “revolutionary,” not just “evolutionary” like past changes to NCO professional development, said Davenport and retired Sgt. Maj. of the Army Kenneth Preston, who served as moderator for the panel discussion.

“Noncommissioned officers and their Soldiers must be ready to perform (their) missions in an increasingly complex world in which they find themselves today,” Preston said.

“This is an opportunity for the NCO Corps to take charge of NCOES (NCO Education System) of how we educate our noncommissioned officers,” said retired Command Sgt. Maj. John D. Sparks, who is now director of TRADOC’s Institute for

Professional Development.

“You’ve got to own NCOES,” Sparks told NCOs in the room about rebalancing the NCO Education System.

“Training is the fulcrum for manning and equipping,” said Command Sgt. Maj. Scott Schroeder of U.S. Army Forces Command.

“We must develop systems and policies” that enable PME to sync with deployments and operational missions, Schroeder said. He and retired Lt. Col. Ernie Boyd of U.S. Army Forces Command, or FORSCOM, discussed the new Sustainable Readiness Model, or SRM, which will be used for Army Force Generation.

Many broadening opportunities for NCOs exist in the Army today that are not used to full advantage, Sparks said. Davenport said there will be a “shaking up” of broadening opportunities, to ensure all of the opportunities are widely known.

“We’ve got to define what broadening is,” said Schroeder, explaining that the term is used for everything from fellowships to drill instructor assignments.

A “hybrid solution” needs to be developed to meet both operational and educational requirements, Schroeder said. More frequent classes might be one solution, he said.

Home: Family safety, comfort top benefits of living in post housing

Continued from Page A1

receiving the A-List Awards for Customer Service Excellence having achieved a “best-in-industry” rating for the highest level and quality of service.

Fort Rucker’s housing received the highest score of any installation overall, and was one of only five military installations to be placed on the Top-10 list of properties to receive the award, snagging three spots for all three of its communities, according to results of the 2015 Headquarters Department of the Army Residential Communities Initiative Resident Survey.

“We’re extremely honored to have received such praise from our residents and our installation teams deserve credit for their hard work,” said Chuck Parker, Division President of Corvias Military Living in a press release. “We’re very eager to review the survey’s findings to see how we can improve the service we provide to service members and their families, which remains our priority.”

Fort Rucker received the Crystal Installation Award for an overall score of at least 85 and a response rate of at least 20 percent, and, along with scoring the highest, was one of only two installations to receive this distinction.

Although the awards are a welcome surprise, the results are no surprise to Command Sgt. Maj. William Hayes,

1st Battalion, 14th Aviation Brigade command sergeant major, who has lived in Munson Heights with his family for nearly two years.

“The home is very adequate and they really support our needs,” said Hayes, whose mother also lives in housing in one of the handicap-accessible homes, equipped with ramps, rails and a host of amenities to support her needs.

Hayes said that moving from installation to installation can be one of the biggest hassles of Army living, but his experience moving onto Fort Rucker was hassle free.

“When we told them about my mother, they told us before we even moved here not to worry, that they had the right accommodations to accommodate my mother, and it just provided us with peace of mind,” he said. “Our transition to this installation was seamless, and it took a lot of stress off of me and my family.”

Another plus of on-post living has been the proximity to everything available on the installation for not only him, but his family, as well, said the command sergeant major.

“My youngest son is 14 and our proximity to the youth center has made it his second home – he’s always there,” he said. “The convenience of the post exchange and the commissary and everything is great, not to mention the shorter commutes for me and my family. When they’re happy, I’m happy. We’ve become very accustomed to a

certain quality of life here on the installation.”

That quality of life also extends into the realm of safety, which Sgt. 1st Class Brody Ishmael, Headquarters Headquarters Company, 1st Battalion, 223rd Aviation Regiment, and his wife, Stacey, said is unbeatable.

“We had just talked about this with our friends,” said Brody. “We have friends who aren’t in the military and they asked if they would be able to go trick or treating on post with us because even they said they feel it would be safer for their children, especially lately since people have to go through some checks and balances before they can even come on post – it’s like living in a gated community.”

For the Ishmaels, who have four children themselves, that sense of safety isn’t anything they feel they could find anywhere off the installation.

In addition to the safety aspect, they said the overall quality of life, as well as financial savings, can’t be beat.

“(Corvias) has always taken care of any concerns or needs that we have as far as maintenance needs or lawn care, and they’re really fast to get things done. When you have four children, that’s amazing,” said Stacey. “It’s been excellent living here. There is a real sense of community and that’s what we love – we really love that homey feel.”

Conference: Teacher feels working with children less a job, more a calling

Continued from Page A1

student-centered agenda, and social justice issues that impact their students, schools and communities, according to the reading specialist. The training curriculum supports the needs of members at all levels of the leadership continuum – from emerging to experienced leaders – who are appointed or elected to the highest local, state, and national leadership positions, she added.

“This conference can help me move into the realm of leadership as an educator and I’m hoping to ensure that the needs of all children are met,” said Murphy. “My platform is literacy and I have a lot of interest in any type of programs that influence literacy development in young children.”

Murphy has worked with children for 30 years – 20 as an educator – and has worked in a variety of educational settings, such as a child development program direc-

tor, child programs specialist, supervisory training and curriculum specialist and child development services coordinator. To her, working with children is less of a job and more of a calling.

“It’s always been my focus and my influence,” she said. “I’ve always understood children. I feel like I’m child-like in nature, and that’s my focus – it always has been.”

Although she works closely with chil-

dren and is afforded the opportunity to help shape their minds, she hopes to be able to shape the lives of children outside of the classroom.

“I want to work as more of an advocate for children,” said Murphy. “I would like to work in more court-related avenues, and be able to influence policy for children and make changes in those kinds of ways. I want to be a voice for their needs.”

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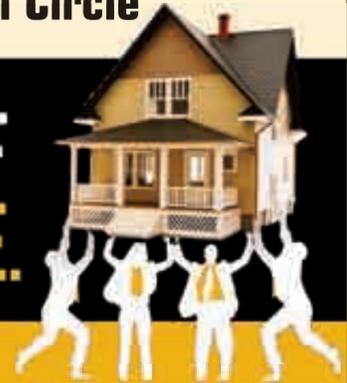
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UNMANNED AIRCRAFT SYSTEMS



PHOTO BY SGT. MICHAEL J. MACLEOD

A UAS operator with the 82nd Airborne Division's 1st Brigade Combat Team assembles a Raven during a UAS refresher course on Fort Bragg, N.C., Feb. 5, 2013.

New kid on block flexing muscle

By Keith Oliver
Army News Service

WASHINGTON — "It's a tactical capability working at a strategic distance."

That's what Col. Courtney Cote told a gaggle of mostly Aviation and aerospace media Oct. 13 at the Association of the U.S. Army Annual Meeting and Exposition.

He was talking about unmanned aircraft systems — the new player on the battlefield that, Cote asserts, is here to stay.

Assigned as the program manager for all Army UAS, the colonel exudes an enthusiasm for the capability's potential, and a realist's view of the questions and challenges that must be addressed.

The bottom line is "the Army's interest in increasing our lethality," Cote said, but he acknowledges that the real bottom line — the defense budget — will drive the train.

But when asked by a reporter for his view of the future, including his "wish list," he did not hesitate.

"We want to be scalable and we want universal operator systems with common interface," he said, pointing to a growing number and variety of UAS that are expected to be fielded across some 15 company-sized Army units, including those based at Fort Hood, Texas, Fort Riley, Kansas, and Fort Stewart, Georgia.

SEE UNMANNED, PAGE B4

1ST ID

Soldiers make historic UAS flight

By Staff Sgt. Bernhard Lashleyeider
1st Infantry Division Public Affairs

FORT RILEY, Kan. — The 1st Infantry Division made history Sept. 30 by flying an unmanned aircraft system in Federal Aviation Administration-controlled airspace for the first time.

Soldiers from the 1st Armored Brigade Combat Team, 1st Inf. Div., launched an RQ7-B Shadow UAS from Fort Riley along an approved air corridor and navigated it back utilizing national airspace.

"We're breaking new ground," said Capt. Aaron Griffith, commander, D Company, 1st Engineer Battalion, 1st ABCT, 1st Inf. Div. "Fort Riley is the first installation the FAA has allowed to fly a UAS into national airspace."

Spc. Richard Tressel, a mission coordinator with D Co., said coordination was key to mission success due to the altitude the UAS flew.

"Because we were flying at a much higher altitude, there are risks of collisions with commercial aircraft," Tressel said.

CW4 Samuel Kleinbeck, a UAS technician with G3 Air, 1st Inf. Div., said because they are inherently different from manned aircraft, introducing a UAS into national airspace was challenging for both the FAA and Aviation community, which is why they introduced safety measures.

"One of the biggest safety measures we used was to have two UH-60 Black Hawk helicopters with aerial observers following the UAS," said CW2 Phil Schleicher, a UAS platoon leader with D Co. "We also chose a flight path with the least amount of civilian populous, just in case something happened to the aircraft."

Kleinbeck said all risks associated with the flight had to be minimized before the FAA would approve the flight.

"The FAA expressed some serious concerns at first," he said. "But we were able to prove this could be done safely by putting the risk mitigation into our plan, so they agreed for us to proceed with the flight."

Kleinbeck said the flight paved the way for units to essentially extend the available airspace for all UAS operating at Fort Riley, which enabled an increased capability for manned-unmanned teaming operations within the Fort Riley Aviation community.

"First and foremost, this proves that the Fort Riley UAS community and supporting agencies do have the ability to coordinate a safe and effective UAS flight through the National Airspace System from one restricted area to another," he said. "It also provides the Fort Riley UAS community with the benefit of an increased operating area, allowing us to train outside of Fort Riley airspace, creating opportunities to conduct manned and unmanned teaming with different Aviation assets, to include the U.S. Air Force."

Kleinbeck said the project had been 18 months in the making, from theory to first flight, and was a total team effort within the division and Fort Riley, involving both civilian and military personnel who helped build the corridor and make the flight a success.

Schleicher added that UAS operators from 1st ABCT and the two Black Hawk pilots from 1st Combat Aviation Brigade, 1st Inf. Div., successfully communicated throughout the flight with the Kansas City Air Traffic Control Center, which is the overall airspace authority covering portions of nine different states within the central United States.



PHOTO BY STAFF SGT. BERNHARD LASHLEYEIDER

Spc. Kyle Smith, a UAS repairer with D Company, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, prepares to start the RQ7-B Shadow UAS before its historic flight.



ALWAYS READY

PHOTO BY PAOLO BOVO

Paratroopers from 173rd Brigade Support Battalion, 173rd Airborne Brigade, prepare to board a 12th Combat Aviation Brigade CH-47 Chinook helicopter for an airborne operation Sept. 30 at Juliet Drop Zone in Pordenone, Italy. The 173rd Airborne Brigade is the U.S. Army Contingency Response Force in Europe, capable of projective forces anywhere in the U.S. European, Africa or Central Command areas of responsibility within 18 hours.

8th Army participates in festival



PHOTO BY SGT. 1ST CLASS KEVIN P. BELL

A young girl poses with a Soldier on top of a Bradley Fighting Vehicle at the festival Oct. 3.

By Sgt. 1st Class Kevin P. Bell
8th Army Public Affairs

GYERYONG, SOUTH KOREA — Eighth Army Soldiers and equipment, and a lot of Republic of Korea service members and equipment, were on display at the 2015 Republic of Korea Ground Forces Festival at the ROK Military Headquarters Oct. 2-6.

Nearly 100 combat vehicles, both air and ground, along with South Korea's military history and current technology were on display in near Smithsonian-quality presentation at the sprawling festival site held on a nearby airfield.

Mixed in with the Korean main

SEE FESTIVAL, PAGE B4

Aviation Vietnam veterans visit 4th CAB

By Sgt. Jonathan Thibault
4th Combat Aviation Brigade

FORT CARSON, Colo. — Laughter rang throughout 4th Combat Aviation Brigade's hangars as Aviation Vietnam veterans and CAB Soldiers traded deployment stories during a 192nd Assault Helicopter Company reunion tour at Butts Army Airfield on Fort Carson recently.

Col. Lori Robinson, commander of 4th CAB, 4th Infantry Division, and four Soldiers from the CAB exchanged war-time experiences with 192nd AHC veterans during a tour and discussion forum.

"Most of the veterans that I've talked to have been crew chiefs," said Sgt. Daniel Bishop, UH-60 Black Hawk crew chief, 3rd Assault Helicopter Battalion, 4th Aviation Regiment, 4th CAB. "We talked about the similarities and differences of what we do now and what they had to do back then. We talked about how a lot of the missions are the same in regards to the good times and the bad times. The conversations were great."

Retired CW4 Darell Koenig, 192nd AHC veteran, said it was a great finale for the reunion to be able to talk with the Aviation Soldiers.

"We wanted to see the differences between aircraft and missions from the 1970s to now," said Koenig. "Another great addition to our visit was the nostalgia that the majority of our pilots, crew chiefs and aircraft mechanics felt, having been stationed at Fort Carson in the past. This was like a homecoming for a lot of them."



PHOTOS BY SGT. JONATHAN C. THIBAULT

Capt. Cristin Browne, commander of B Co., 3rd AHB, 4th Avn. Regt., 4th CAB, talks about UH-60 Black Hawks with 192nd AHC Vietnam veterans during their reunion tour recently.



CW2 Nathanael Greene, AH-64 Apache pilot, 1st ARB, 4th Avn. Regt., 4th CAB, talks about his deployment experiences with 192nd AHC veterans.

SEE VISIT, PAGE B4

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The housing authority reserves the right to
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sports. Also ensures park grounds
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work of assigned employees to
assist with grounds maintenance
activities. Assists with special events
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STARTING SALARY: \$10.43/HR

**OPENING DATE:
October 19th, 2015
CLOSING DATE:
November 2nd, 2015**

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GENERAL

THE CITY OF ENTERPRISE
IS ACCEPTING APPLICATIONS
FOR THE POSITION OF:

BUILDING AND GROUNDS MAINTENANCE WORKER I

Summary: employee assists with all
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to include: carpentry, plumbing,
electrical, asonry, horticulture, irrigation
systems, equipment, ball fields, parks,
swimming pool; operates tractor with
implements and heavy equipment;
assists with various special events.

STARTING SALARY: \$9.32/HR

**OPENING DATE:
October 20th, 2015
CLOSING DATE:
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Unmanned: Systems already saving lives

Continued from Page B1

“Wish list? Anti-jam, integrity of communications links ... a system that does more and yet is smaller,” Cote said.

He and his boss, Col. Tom von Eschenbach, work off a set of questions that fuel the systems’ continuing development and tweaking.

“How do we physically lighten an unmanned aircraft’s load while increasing its capability?” asks von Eschenbach. “At what echelon do we deploy a given system? What platform do we use? What is the right configuration? How do we reorganize our capabilities? How do we best train our operators?”

Those kinds of questions echo Chief of Staff of the Army Gen. Mark A. Milley’s promise that the next war

won’t be like the last one, and they also reflect the theme of this year’s Association of the U.S. Army Annual Meeting and Exposition: “Win in a Complex World.”

In the meantime, UAS are “already saving lives,” said Maj. Olivia Nunn, a public affairs officer assigned to the Army’s media relations division. “In combat, to have something not human looking around a corner is a good thing.”

Festival: Almost 1 million attend 5-day event

Continued from Page B1

battle tanks and a large number of different types of helicopters, were several pieces of U.S. military equipment to include a Patriot Missile system, an Avenger Missile system, an NBC variant of a Stryker vehicle, an AH-64E Apache and even a few Explosive Ordnance Disposal robots that spent majority of their time chasing around giggling children.

The whirl of helicopter blades and roar of jets were nearly constant, as was the sound of gunfire at a small firing range where people could fire a real rifle, albeit with blanks, at a target with the Korean military version of laser-based Multiple Integrated Laser Engagement System gear.

Musical performances with military marching bands and traditional Korean groups were going on constantly in the main stadium and a number of small stages spread throughout the grounds.

All the U.S. equipment was manned by Soldiers and Korean Augments to the U.S. Army.

KATUSAs helped bridge the language barrier by being there, wearing the Korean flag on their shoulder, and providing a visible representation of the ROK-U.S. alliance.

“I am so proud to be here representing my country and the United States,” said Cpl. Mun, Hak-bong, 2nd Battalion, 1st Air Defense Artillery Regiment, who was manning a Patriot Missile System.



Maj. Gen. David Puster, deputy commanding general (Sustainment) of Eighth Army, meets with U.S. Soldiers participating in the 2015 Republic of Korea Ground Forces Festival in Gyeongju, South Korea, Oct. 2.

PHOTO BY SGT. 1ST CLASS KEVIN P. BELL

“Everyone asks me how it is to be a KATUSA and I always say it’s great, especially on days like these!” Mun added.

The small American contingent of about 50 Soldiers, to include members of the Eighth Army Band, were kept busy providing information on U.S. military equipment and being “rock-stars,” posing for photos with Korean civilians, many of whom had

never met a U.S. Soldier

“This is a great way for us to get out and see the people of Korea, and for them to see us,” said CW2 Joseph Friend, an Apache pilot assigned to C Co. 4th Aerial Reconnaissance Battalion (Attack), 2nd Aviation Regiment.

“Being a pilot and being able to talk about my experiences with our South Ko-

rean partners and allied nations, and the other pilots and officers about the airframe has made this a phenomenal experience,” Friend added.

ROK and U.S. Special Forces conducted several demonstrations, including a free-fall and “hostage rescue,” parachuting and rappelling into the festival to the loud applause of the large crowd gathered to watch the spectacle.

“We’ve been drawing a big crowd and it’s been keeping us busy, as we’ve been letting people play with the system. We’ve really been overwhelmed with the interest in us and our equipment – it’s been great. I hope I can do this again next year!” said Staff Sgt. Andrew Reinheimer, an Avenger operator assigned to 6th Battalion, 52nd Air Defense Artillery Regiment, 35th Air Defense Artillery Brigade, as he stood in front of his system.

Those wearing a U.S. Army uniform couldn’t go anywhere without someone wanting to practice their English or have their picture taken with an American Soldier.

“I’ve learned a lot about the ROK Army and its differences between the U.S. Army, for example, the ranks are a lot different,” said Pvt. 1st Class Sha’vona Ellis, A Battery, 2-1st ADA. “Everyone wants to talk to us and take pictures with us – this has been a tremendous experience!”

Almost 1 million people attended the five-day event.

Visit: Veteran pilots possess more than 30K flight hours

Continued from Page B1

Koenig said there haven’t been a lot of Vietnam veteran reunions over the years and this visit was an opportunity that many didn’t want to miss.

“Since Vietnam, most of us tried to raise families and build careers, and others continued to serve, which kept all

of us busy over the years,” said Koenig. “This was a great opportunity for us to get together, reminisce and share the camaraderie that we feel meeting with each other with the Soldiers of the CAB.”

Capt. Cristin Browne, commander of B Company, 3-4th AHB, 4th CAB, said hearing the wartime stories of the Vietnam veterans showed how 60 years of things that Aviators

do hasn’t really changed much.

“A lot of the commonalities are the same, such as our relationships with our copilots, crew chiefs and door gunners,” said Browne. “The greatest benefit that I got out of the stories was finding out that these pilots had more than 30,000 flight hours of experience and they were still learning things every time they flew, just as our pilots do every time they fly.”

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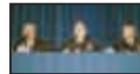
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Men like John Knox Witherspoon helped to lay the Foundations of America. He said, “Civil liberty cannot be long preserved without virtue that must be taken from Holy Scripture, **Thanks to Our Veterans** who have given their lives for liberty here and in faraway places. There’s no other country like America. Support our Veterans, support our service men and women, and uphold personal, political and religious liberty. **America, God shed His grace on thee.**”

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OCTOBER 22, 2015

FRITE NITE

Post hosts variety of Halloween events

By Nathan Pfau
Army Flier Staff Writer

It's that time of year again when the stuff of nightmares and fantasies come to life as Fort Rucker prepares to celebrate another Halloween.

There is no shortage of events for people to attend on the installation to get their scary fix before the big night of trick-or-treating.

Frite Nite

One of the installation's most popular events returns with just as many screams and scares as before at the riding stables, and this year's event promises a proper night of horrors that can't be found for miles.

Thrill seekers will take a short ride to the entrance of the trail of nightmares where they will begin their haunted trek. From there, they can make their way through a haunted cemetery, the boogie man's home and the maze of screams.

The event is not recommended for the faint of heart, people who are prone to seizures or asthma, or for children under the age of 12.

The two-night event will run Friday and Saturday from 7-11 p.m. and is open to the public.

Tickets are available at the event, where cash only is accepted, or people can purchase tickets in advance at the Fort Rucker Riding Stables or at MWR Central in Bldg. 5700.

For more information, call 255-2297 or 598-3384

Ghostly Get Together Youth Lock-In

Members of the Fort Rucker Youth Center can enjoy and ghostly youth lock in Friday from 6 p.m. to 6 a.m. the following Saturday at the Youth Center, located in Bldg. 2800 on 7th Ave.

During the event, scary movies will be



PHOTO BY NATHAN PFAU

Zombies join the fun at the Trail of Nightmares at the Fort Rucker Riding Stables Frite Nite last year.

shown, spooky games will be played and creepy prizes will be given away. There will also be basketball tournaments, video game challenges, arts and craft activities, and the rock climbing wall will be open.

Admission is free to all active members, ages 11-18 years and guests are welcome to attend for \$10. A photo ID is required for age verification. Children attending the lock in will also get to attend Frite Nite. For more information, call 255-2260 or 255-2271.

Center Library Fall Carnival

Center Library is inviting all to come join in the fun for fall activities Tuesday from 4-5:30 p.m. Light refreshments will be served and there will be a costume contest, pumpkin carving contest, best fall sweets contest and best chili contest, as well as a Halloween craft session. The event is open to authorized patrons, and space is limited

to the first 65 children registered.

For more information or to register, people can stop by the Center Library or call 255-3885.

Monster Bowl

Monster Bowl is another event returning to Fort Rucker for this year's Halloween season, and this family-friendly event promises a night of spooky fun for the whole family after a night of trick-or-treating.

The Monster Bowl will be Oct. 31 from 9 p.m. to midnight, and monsters and ghouls will prowl the lanes. There will be a costume contest, so people are encouraged to don their scariest costumes as they bowl through the night.

For more information, prices or to reserve a lane, call 255-9503.

Spooky 5K

One way people can get a bit of exercising in before taking on the hordes of ghosts, ghouls and superheroes during trick-or-treating is the Spooky 5K, 1-mile fun run and costume contest Oct. 31.

Registration on the day of the event runs from 7:30-8:45 a.m. at the Fort Rucker Festival Fields. The run will begin at 9 a.m. The cost to register is \$12 for no T-shirt and \$20 if registered by Sunday, and \$25 after that. Teams of up to eight can also register for \$120 if registered by Sunday, and \$160 after that, and both include T-shirts while supplies last.

The costume is free to enter and will begin at 8:15 a.m. Trophies will be awarded for overall best costume, scariest costume and most original costume for both children and adults.

For more information, call 255-3794.

TRICK OR TREAT

This year's trick-or-treating hours on post are from 6-8 p.m. Oct. 30 in the post housing areas. Parents, children and those driving through the housing areas at that time are reminded to keep safety in the forefront of their minds and to be vigilant while enjoying trick-or-treating this year, said Peggy Contreras, Fort Rucker Community Police supervisor.

"A parent or responsible adult should always accompany young children on their neighborhood rounds, and if your older children are going alone, plan and review the route that is acceptable to you," said the community police supervisor. "Also, make sure to agree on a specific time when they should return home and only go to homes with a porch light on - and never enter a home or car for a treat."

Contreras also recommends that people carry a cell phone for quick communication, and remember to wear reflective clothing and flashlights.

Parents should also talk to children about safety when it comes to the candy they are collecting, and remind their children to let them inspect the candy before eating it, she said.

"It may be a good idea to pin the address or phone number on children in case they get lost or separated from their group," she added.

Police and fire personnel will be set up at all three community centers handing out candy, and they will also be roaming and walking the area during those hours to help keep things safe.

"Drivers should decrease speed and watch for people moving, and really should avoid driving in the area, if possible," she added.

For more information on Halloween events call, 255-1749.

VOLUNTEER OPPORTUNITIES

Position: Marketing Coordinator AFAP Conference

Volunteer needed to attend required Army Community Service and Army Family Action Plan volunteer training sessions; attend AFAP Advisory Council meetings; submit AFAP marketing status report during advisory council meetings; develop promotional advertising to enhance the visibility of AFAP, including flyers, posters, pamphlets, newspaper, TV and installation briefings; attend after action review meetings and provide input for the final AAR; serve as a spokesperson for the AFAP program; and adhere to guidelines as outlined in Army Regulation 608-47, AFAP program handbook and the installation AFAP Program standard operating procedure. The conference is Nov. 4-5. If interested, call 255-9637.

Position: AFAP Facilitators

AFAP is scheduled for Nov. 4-5. Volunteers needed to serve as neutral steward of work group; keep workgroup focused during breakout sessions; encourage participation by group members; maintain timeline set forth

SEE OPPORTUNITIES, PAGE C5



PHOTO BY NATHAN PFAU

Students are taught about breast cancer during a recent educational storytime session at Fort Rucker Primary School in recognition of Breast Cancer Awareness Month.

ON POST

YOUR WEEKLY GUIDE TO FORT RUCKER EVENTS, SERVICES AND ACTIVITIES. DEADLINE FOR SUBMISSIONS IS NOON THURSDAY FOR THE FOLLOWING WEEK'S EDITION.

Ghostly Get Together

Fort Rucker Youth Center members are invited to take part in the Ghostly Get Together Youth Lock-In Friday and Saturday from 6 p.m. to 6 a.m. at the center. Admission is free for all active Middle School Teen members, ages 11-18 years. Guests are welcome to attend for \$10 and a photo ID is required for age verification. The event will include scary movies, spooky games and giveaway creepy prizes, and also basketball tournaments, video game challenges, the rock climbing wall, and arts and craft activities. Attendees will also get to go to Frite Nite at the Fort Rucker Riding Stables.

For more information, call 255-2260 or 255-2271.

Army Family Team Building app

People can now complete Army Family Team Building training through AFTB's new app. Visit <http://www.ftrucker.mwr.com/acs/army-family-team-building/> to find the direct link to the app. Once complete, people can contact Fort Rucker AFTB to receive their certificate. Search for AFTB in the app store for Apple devices.

For more information, call 255-9637.

Center Library fall carnival

Center Library will host its fall carnival Tuesday from 4-5:30 p.m. Light refreshments will be served, and there will be a costume contest, pumpkin carving contest and Halloween craft activity. The event is open to authorized patrons.

For more information or to register, visit the Center Library or call 255-3885.

Halloween craft

The Center Library will host a Halloween craft activity Tuesday from 3:30-4:30 p.m. for children ages 3-11. Space is limited to the first 65 children to register. Light refreshments will be served. The activity is open to authorized patrons.

To register or get more information, visit the library or call 255-3885.

Employment readiness class

The Fort Rucker Employment Readiness Program hosts orientation sessions monthly in the Soldier Service Center, Bldg. 5700, in the Army Community Service multipurpose room, with the next session Oct. 29. People who attend will meet in Rm. 350 at 8:45 a.m. to fill out paperwork before going to the multipurpose room. The class will end at about 10:45 a.m. The sessions will inform people on the essentials of the program and provide job search tips, as well. Advance registration is required and attendance at a session is mandatory for participation in the program.

For more information, call 255-2594.

Relocation readiness workshop

Army Community Service will host its relocation readiness workshop Oct. 30 from 9-10 a.m. in Bldg. 5700, Rm. 371D. Soldiers and spouses will receive information from the military pay office on benefits, entitlements, advance pay, government travel card and more. They will also receive information on Army Emergency Relief and budgeting, preparing for employment before moving (for spouses), compiling the necessary documents and forms for exceptional family members moving overseas, and relocation checklists and websites to help prepare for a move.

Space is limited, so people should register early by contacting the relocation readiness program at 255-3161 or 255-3735.

Right Arm Night

The Landing Zone will host Right Arm Night Oct. 29 from 4-6 p.m. Right Arm Night is an Army tradition, promoting a night of camaraderie and esprit de corps as leaders come together and treat those who help them accomplish the mission. Complimentary appetizers will be served while supplies last. Right Arm Night is held every month, and both military and civilians are welcome. For more information, call 598-8025.

Volunteer recognition ceremony

Army Community Service will honor Fort Rucker volunteers at the quarterly Army volunteer recognition ceremony Nov. 2 at 1:30 p.m. in the U.S. Army Aviation Museum.

For more information, call 255-1429.

Handmade ornament contest

The Fort Rucker Directorate of Family, and Morale, Welfare and Recreation will



PHOTO BY NATHAN PFAU

Frite Nite

Frite Nite returns to the Fort Rucker Riding Stables Friday and Saturday from 7-11 p.m. The event is open to the public. For more information, call 598-3384.

hold a handmade ornament contest for children ages 3-11 Nov. 2-25. Ornaments may be turned in to the youth center, child development center or parent central services (Bldg. 5700). Prizes will be awarded to first-place entries in the following categories: 3-5 years old, 6-8 years old and 9-11 years old. Awards will be presented at the post Christmas tree lighting ceremony. All handmade ornament entries will be displayed on the post Christmas tree. Participants should label their entry with the child's name and age, and the guardian's name and contact information.

For more information, call 255-1749.

NAF job hiring event

The Fort Rucker Non-appropriated Fund Civilian Personnel Advisory Center will host a NAF job hiring event Nov. 3 at the Enterprise Chamber of Commerce from noon to 4 p.m. The team will be actively recruiting for the following positions: lifeguards, cooks, waiters and bartenders. Those interested should bring their resumes and be prepared for an interview. Hiring officials will be on site.

For more information, call 255-9123, 255-0872 or 255-0157.

EFMP information and support group

The Exceptional Family Member Program invites all active duty military families who have an exceptional or special-needs family member to its information and support group meeting Nov. 3 from 9-10 a.m. at The Commons, Bldg. 8950. The topic for the meeting is holidays and traveling with a special-needs family member. Tools and resources will be discussed that can assist families have a successful trip. The group offers camaraderie, friendship, information exchange, idea sharing, community resources, support and assistance with finding solutions, according to EFMP officials.

For more information and to register, call 255-9277.

Army Family Action Plan

Fort Rucker's Army Family Action Plan conference is scheduled for Nov. 4-5 at Wings Chapel from 8 a.m. to 4 p.m. The grassroots community program helps resolve issues that impact Soldiers and their families, retirees, civilians and survivors. People can submit issues to the AFAP until Oct. 30.

For more information, call 255-9637.

Financial readiness training

Army Community Service offers financial readiness training Nov. 6 from 7:20 a.m. to 4:15 p.m. in the Soldier Service Center, Bldg. 5700, Rm. 284. Personal financial readiness training provides a practical approach to help Soldiers manage their money more effectively. The training is required for all first-term junior enlisted Soldiers (E-1 through E-4). Spouses are also welcome to attend.

For more information, call 255-9631 or 255-2594.

DFMWR

Spotlight

Upcoming Family & MWR Events and Activities

Open to the Public

Spooky 5k

& 1 Mile Fun Run

Oct 31
Fort Rucker
Festival Fields
Race starts at 9 am

Race Day Registration 7:30-8:45 am
Pre-registration recommended. Register at MWR Central (Bldg. 5700, Rm. 130) or either of the PFC's.

Individuals

\$20 by Oct 25*
\$25 after Oct 25**
\$12 run only option
(does not include t-shirt)

8-Person Teams

\$120 by Oct 25*
\$160 after Oct 25**
(each additional team member pays normal registration fee)
*Includes shirt
**Includes shirts (while supplies last)

For more information call Fortenberry-Colton Physical Fitness Center, (334)255-3794.

Following the Spooky 5K don't forget to checkout The LZ Food Truck at the **2015 AAAA Chili Cook-Off Festival Fields, 9 am-2 pm**

www.ftrucker.mwr.com

Small business counseling

Army Community Service offers small business counseling with free one-on-one sessions Nov. 5 for those operating or who are interested in operating their own small business. Sessions will be held in the Soldier Service Center, Bldg. 5700, Rm. 350. Areas of counseling may include, but aren't limited to: advertising, organizational structures, financial planning, inventory controls, management, marketing, personnel planning, pre-busi-

ness planning, and sales techniques.

Appointments are scheduled every 30 minutes starting at 9 a.m. To make an appointment, call 255-2594. The counseling is sponsored by the ACS Employment Readiness Program and the Troy University Small Business Development Center. The counseling is open to active-duty Soldiers, National Guard, Reserve, retirees, Department of Defense civilian employees and their eligible family members.

FORT RUCKER MOVIE SCHEDULE FOR OCTOBER 22-25

Thursday, October 22

Goosebumps (PG)7 p.m.

Friday, October 23

Goosebumps (PG)7 p.m.

Saturday, October 24

The Perfect Guy (PG-13)7 p.m.

Sunday, October 25

Clash of the Titans (PG-13)
Free Admission.....1 p.m.

ARMY LEADERSHIP:

Budget cuts may jeopardize family readiness

By Elizabeth M. Collins
"Soldiers" Magazine

WASHINGTON — Caring for the health, happiness and well-being of Army families is not only a moral obligation, it's a readiness issue.

And it's one that is being threatened by budget cuts, senior Army leaders told family members during a forum at the Association of the United States Army annual meeting Oct. 12.

The Army can't expect Soldiers to undertake dangerous and vitally important missions if they have to worry about their families, explained outgoing Secretary of the Army John M. McHugh.

"Army family programs do just that — they provide something else for Soldiers to focus on: namely the mission, being safe," he said. "They can rest assured that, back home, the Army is doing its part to keep their family members safe and secure."

"If you take care of your people, your people will take care of the mission. I'm committed to that," said Chief of Staff of the Army Gen. Mark A. Milley. "It's all about readiness because our Soldiers, when we go overseas and we are in harm's way, we need to, we want to focus on our jobs and destroy our enemies. For us to do that, we have got to know that our children are in good schools and our families are in good houses — that we've got good medical care."

McHugh noted that even as the Army budget has declined, funding for family programs has remained consistent at \$1.2 billion over the last four years. It's actually up from about \$700 million



PHOTOS BY ELIZABETH M. COLLINS
Army Secretary John M. McHugh, Army Chief of Staff Gen. Mark A. Milley and Sgt. Maj. of the Army Daniel A. Dailey discuss the importance of family programs for readiness during a family forum at the Association of the United States Army annual meeting in Washington Oct. 12.

six years ago.

"We spend more time and effort than any other military on this planet making sure that we take care of our Soldiers and their families," said Sgt. Maj. of the Army Daniel A. Dailey. "That's why they fight. We can't forget that."

However, the next wave of budget cuts under sequestration, which is scheduled to begin in January, would be "devastating," McHugh said.

The Army is already doing more with less, and has taken on new and unexpected missions recently, from maintaining a presence in Eastern Europe to fighting ISIL. Another round of cuts will hurt readiness at all levels. "I don't want to break the force, but," said McHugh, "that next challenge that, as we've seen, has come up so rapidly in recent months, will place this Army, and the nation, in a very, very dangerous place."

As a result, if sequestration goes through, they are going to have to make some very painful choices when it comes to family programs. Even popular, effective programs like the Chaplain Corps' Strong Bonds could be in jeopardy.

"We want to sustain it. We want to continue it, but it goes back to the question of sequestration and the continuing resolution," said Milley. "We are now about to, if we continue down the path that we're on, start cutting into readiness. That will be readiness of not only training and manning and equipping forces, but it will also be family readiness, which is fundamental to the readiness of the force. Programs will end up either being cut completely or will be prioritized to the point that they'll be funded at much lower rates than they are right now."

Family members can help, Army leaders said.

One of the most important

things families can do is let leaders know what programs are their favorites and are most beneficial. In that way, budget cuts won't happen in a vacuum. Army leadership would much rather cut ineffective or redundant programs, Dailey said. In addition, what works at one installation or in one command may not work at another, so leaders have given local commanders a lot of leeway.

"That's what our new family program is about," Dailey said, "tailoring mission and needs with regards to the installation and the environment that exists at the installation. But we need to be informed on that."

Audience member and Army spouse Celeste Nelson of Fort Bragg, North Carolina, said she trusts leaders will make the right choices. "I believe they really truly do have the families in mind when they are looking at the programs and understanding what is

going to be the most beneficial to all of us across the board and understanding the needs of the families."

Milley also encourages family members to contact their congressmen and other representatives, and make sure they understand how sequestration will impact Soldiers and families.

One other question raised in the forum is less about funding and more about cooperation. That issue concerns education. Education is a huge concern for Army parents, said Milley, explaining that with 300,000 Army children in school, it's "fundamental" to readiness.

With that in mind, the military has made huge strides with the Interstate Compact on Educational Opportunity for Military Children, and now has agreements in place with all 50 states as far as what credits and even varsity sports requirements transfer from one state to another.

They're still working on obtaining in-state college tuition for dependents nationwide, McHugh admitted.

Milley added that although these agreements aren't legally binding, if something isn't working, local leaders will meet with local officials to try to work out any differences. And if they can't, Milley said, those leaders should let his office know. The general told family members he has no problem calling congressmen, senators and governors to fix the problem.

One of the benefits of his new job is that now they actually take his phone calls, he joked.

"I pledge to you that I will fight for you and I will fight every inch of the way," Milley told families.

Family programs evolve to meet changing needs

By Elizabeth M. Collins
"Soldiers" Magazine

WASHINGTON — Budget cuts do not mean the end of family programs, Army officials said. In fact, many units, especially the Reserve component, have increased their outreach.

Finding new ways to provide support to families in the face of budget cuts requires a little creativity, said Dee Geise, chief of the Soldier Family Readiness Division at Installation Management Command and assistant chief of staff for installation management.

Family program representatives from the active-duty Army, the Army Reserve and the Army National Guard spoke about their challenges during a family forum at the 2015 Association of the United States Army Annual Meeting and Exposition Oct. 14.

Facing major budget cuts under sequestration, former Army Chief of Staff Gen.

Ray Odierno directed a task force to look at every family program.

Over several months, representatives from garrisons, Army headquarters, the Guard and the Reserve categorized each program based on its impact on readiness: high, medium, low. Programs, such as the Exceptional Family Member Program, Survivor Outreach Services, School Age Programs and Family Advocacy, were deemed high impact.

Geise said that while the Army Family Action Plan ended up in the low impact category, that doesn't mean it's not important or that the Army isn't committed to it. IMCOM has saved a million dollars simply by moving AFAP conferences online.

"In regard to the programs that we currently have and we currently execute, your voice is critical in how we shape and deliver those," she said. "But what we do is evaluate them. Are we increasing readiness for the Army? Are we decreasing risky behav-

ior? Increasing help-seeking behaviors? Are we easing the stress of transition? There is a scientific process that we go through with these programs every year. There are longitudinal studies."

Geise said the bottom line is that family readiness equals Soldier readiness.

Family response

"It was good to hear that they're keeping

(Army Community Service) strong," said Francie Graese, an Army wife and mother, who attended the forum. I think ACS should be the very first place a spouse goes. It's always encouraging to hear your key leaders say that families are important. That part I do enjoy."

She added that she would like to know

SEE PROGRAMS, PAGE C6



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Scottsboro: Visit, claim the treasures

By Brian S. Jones and J.P. Parsons
Alabama Tourism Department

Ask any visitor to Scottsboro about the reason for their trip and they're likely to respond that it's for the shopping experience at Unclaimed Baggage Center. And rightly so. This nationally acclaimed center draws visitors from around the world and has been featured on the Today show, CNN, Oprah, Fox News, Sunday Morning on CBS, the Late Show with David Letterman and in The New York Times. But shopping is only part of the allure of this beautiful mountain town.

Located in the foothills of the Appalachian Mountains on 69,000-acre Lake Guntersville, Scottsboro is a treasure-trove of adventure. Here you can tour a quaint museum that chronicles the early history of the Civil Rights Movement in America, see the courthouse where the Scottsboro Boys Trials took place in the 1930s, and enjoy premier outdoor recreation, such as bird-watching, boating, camping, fishing and golfing. From nearby canyons and mountains, you'll uncover trails perfect for hiking and biking, and venture along rocky bluffs and into caves located in the very same area that Davy Crockett explored in the late 1700s. To soak in the beauty of the area, be sure to plan visits to coincide with wildflower displays in the spring and the bold and brilliant colors of the leaves in the fall.

Where to begin

The history of Scottsboro and Jackson County is housed in a splendid Greek Revival mansion known as the Scottsboro-Jackson

Heritage Center, 208 S. Houston St.; 256-259-2122. As both a historical and a cultural museum, the center is dedicated to representing the rich history, customs, traditions and art of Jackson County. The center features three exhibit areas: the antebellum Brown-Proctor House, the pioneer village named "Sagetown" and the Little Courthouse. The center also offers a genealogical research library and hosts various art exhibitions and traveling exhibits throughout the year.

The Scottsboro Boys Museum and Cultural Center

Three blocks from the Heritage Center is the Scottsboro Boys Museum, 428 W. Willow Street; 256-244-1310. It was established in 2010 by founder Shelia Washington and the Scottsboro/Jackson Multi-Cultural Heritage Foundation to tell the compelling story of the Scottsboro Boys.

History records the Scottsboro Boys trials as the beginning of the modern Civil Rights Movement in America. The Supreme Court decision requiring a "jury of one's peers" is considered one of the 10 most important jurisprudence decisions in American history. The trials and their aftermath served as inspirations for Harper Lee's 1960 Pulitzer Prize-winning novel "To Kill a Mockingbird."

Search for lost treasures at unclaimed baggage center

One block from the little chapel that houses the Scottsboro Boys Museum is one of the nation's premier shopping experiences. The Unclaimed Baggage Center, 509 W. Willow St.;

256-259-1525, which has received recognition from across the country on television and in newspapers, offers to the public for purchase truckloads of lost luggage and cargo goods that can't be traced to the owners.

Under contract to the airlines and cargo carriers, Unclaimed Baggage receives tons of lost and unclaimed passenger bags and cargo goods each week. They sort through them then display the merchandise for sale to the public at hugely discounted prices. More than 1 million items pass through the store annually. About 60 percent of the merchandise is clothing with the balance of the store dedicated to cameras, electronics, sporting goods, jewelry, designer glasses, books and, of course, luggage. The vast majority of items are from unclaimed baggage – goods that remain unclaimed after at least 90 days of intensive tracking by the airlines. Cargo and freight shipments that are also unclaimed have been added to the inventory and are available in designated areas of the store.

Some items the Unclaimed Baggage Center receives are just too valuable or intriguing to sell. So store operators opened a small museum to display these "lost treasures." The museum features rotating displays that have included Egyptian artifacts estimated to date from 1567-304 B.C. and a violin from 1770, as well as other rare and unusual items. "Hoggle," the gnome-like gatekeeper from the Jim Henson movie "Labyrinth," has a permanent place in the display.

Where to eat

The on-site Cups Cafe, 256-259-1525,

inside Unclaimed Baggage Center is a great place to take a short break from shopping. The menu features Starbucks coffee, salads, sandwiches, barbecue and gourmet desserts. Make sure and try the famous homemade chicken salad. Directions: To get to Unclaimed Baggage Center from U.S. Highway. 72 in Scottsboro, exit on Veterans Drive (AL 35) and continue to Willow Street. Turn left. The store is approximately 1.2 miles from the traffic light, on the left side of the road.

An alternate suggestion for dining in Scottsboro is Carlile's Restaurant, 23730 John T. Reid Pkwy.; 256-574-5629. This family-owned eatery is known for its homemade sauces, seafood, steaks and barbecue. Both the chicken salad at Cups Cafe and the signature tomato pie at Carlile's are featured in the "100 Dishes To Eat in Alabama Before You Die" brochure.

Experience the downtown square, nearby attractions

Five blocks from Unclaimed Baggage is Courthouse Square, 102 E. Laurel St., in downtown Scottsboro. Scottsboro is the county seat of Jackson County, and the square is one of the best landscaped in the state. In front of the Neo-Classical brick courthouse, constructed in 1911-1912, is a historic marker denoting where the first Scottsboro Boys Trials took place.

The front two-story portion is supported by four stone columns of the Doric order. A cupola on the top contains a Seth Thomas clock.

WIREGRASS COMMUNITY CALENDAR

IF YOU WOULD LIKE TO ADVERTISE YOUR EVENT, EMAIL JIM HUGHES WITH ALL THE DETAILS AT JHUGHES@ARMYFLIER.COM.

ANDALUSIA

ONGOING — The American Legion Post 80 hosts a dance with live music every Saturday from 7:30-11:30 p.m. For more information, call 222-7131 or visit www.andalusialegionpost80.org.

DALEVILLE

OCTOBER — The Daleville Farmers Market takes place Thursdays throughout October from 2-5:30 p.m. on the corner across from Bojangles. Local farmers sell produce, including pumpkins, sunflowers, honey, jelly, pickles and more.

ONGOING — Veterans of Foreign Wars Post 6020 Franchise J. Ballard Post membership meetings are at the post headquarters on State Road 84 every third Thursday of the month at 7 p.m. Breakfast is served Sundays, and games and TVs are available for entertainment. Meetings are open to all. The post can host parties, weddings, and hails and farewells. For more information, call 598-6211, 598-1297, 598-6211 or 379-9187.

DOTHAN

OCT. 24 — "Dothan Eagle" hosts its fourth annual Dead Man Running Costumed 5k with a 5 p.m. start at the Wiregrass Museum of Art. A Dead Man's Party follows the race at The French Quarter. To register or get more information, visit <http://www.dothaneagle.com/zombie>.

NOV. 7 — Dothan Montessori School is hosting its third annual Montessori Madness 5K and Fun Run at 8 a.m. DMS is located at 205 Holly Lane. There will

be goody bags, door prizes, a children's fun run and more. To register, visit www.dothanmontessorischool.com. For more information, call 671-7170.

ENTERPRISE

OCT. 24 — Enterprise Taoist Tai Chi Society will host its 10th anniversary party at 9 a.m. at the Enterprise Recreational Complex. Festivities begin with a beginning class. The anniversary celebration will continue with food, fun and Tai Chi demonstrations. All interested in learning about Tai Chi are invited to attend. Beginning Taoist Tai Chi classes are available at the Enterprise YMCA and the Episcopal Church of the Epiphany. Classes include ongoing beginning, health recovery and continuing classes in the Taoist Tai Chi Society. Morning, afternoon and evening classes are available. For a schedule of classes or to get more information, visit www.taoist.org, or call 348-9008 or 347-4663.

TODAY AND OCT. 24 — The Friends of the Enterprise Public Library will hold its Spooktacular Book Sale Oct. 24 from 9 a.m. to 2 p.m. at the library. Members of the Friends of the Enterprise Library organization are eligible to attend the friends-only pre-sale Oct. 22 from 3-6:30 p.m. New memberships will be accepted prior to the sale and at the door. Forms are available at the library and online at www.friendsofenterpriselibrary.org.

GENEVA

ONGOING — The Geneva County Relay for Life meets the last Tuesday of the month at 6 p.m. at the Citizens Bank. For more information, call 248-4495.

MIDLAND CITY

ONGOING — Residents are invited to town hall meetings on the first Tuesday of each month at 5:30 p.m. at Town Hall, 1385 Hinton Waters Ave. For more information, call 983-3511.

NEW BROCKTON

ONGOING — Tuesdays and Wednesdays, from 9-11 a.m., Disabled American Veterans Chapter 99 maintains a service office in the New Brockton Police Station at 202 South John Street. The office will assist veterans who were injured or disabled while in military service. DAV service officers help veterans and their spouses with disability compensation claims, Veterans Affairs pensions, death benefits, VA medical care, Social Security disability benefits, veterans job programs, homeless veterans services and other veteran services. All veteran services are provided free of charge. For more information, call 718-5707.

OZARK

NOV. 11 — Woodlawn Memorial Gardens Cemetery will host a Veterans Day ceremony at 11 a.m. The public is invited to attend.

ONGOING — Every Thursday at 5:30 p.m., yoga with Sandra Bittman is at Perry Recreation Center for \$5 a person.

PINCKARD

ONGOING — The public is invited to the Cross Country Workshop every Sunday at 6 p.m. at the Pinckard United

Methodist Church. For more information, call 983-3064.

SAMSON

ONGOING — The Samson City Council meets monthly the first and third Tuesdays at 5:30 p.m. at the Samson Community Center.

ONGOING — American Legion Post 78 meets monthly on the second Tuesday at 7 p.m.

TROY

OCT. 24 — Charles Henderson High School will host a fundraising 5K race featuring various obstacles and a mud pit beginning at 9 a.m. at the Troy Recreational Center on 601 Enzor Road. Registration is \$30 per person. Runners who pre-register before Oct. 16 will receive a free T-shirt. Those who register after Oct. 16 will receive a T-shirt while supplies last. Runners may register on site the day of the register or online at <http://www.chhs.troyschools.net/>. Trophies will be given for the top three finishers in each category. A Little Trojan Warrior Dash, for anyone under age 12, begins at 10:30 a.m. Registration is \$15 per person. For more information, call 334-566-3510.

WIREGRASS AREA

OCT. 25 — New Hope Freewill Baptist Church, 3819 County Road 31, Abbeville, will celebrate its annual church anniversary at 2:30 p.m. Guest speaker will be Pastor Camerius Mills of St. Paul Missionary Baptist Church in Abbeville. All churches are invited to celebrate. Dinner will be served.

Beyond Briefs

World firefighter challenge

The 2015 Scott World Firefighter Combat Challenge will be held now through Oct. 24 in Montgomery at the parking lot adjacent to Embassy Suites at 300 Tallapoosa Street. Organizers said the challenge simulates the physical demands of real-life firefighting and includes climbing a five-story tower, hoisting, chopping, dragging hose and rescuing a life-sized victim, all while wearing full gear. A top chef firefighter district cook-off competition will also be held in conjunction with the event and children can run their own scaled-down version of the challenge, as well as get rides on fire trucks.

For more information, call 334-625-2469 or visit www.firefighterchallenge.com/.

Alabama 500

Talladega Superspeedway will play host NASCAR Oct. 23-25 during the Alabama 500 weekend. For more information, including exact times for the two races and ticket prices, visit <http://www.talladegasuperspeedway.com>.

Alabama Cotton Festival

The 23rd annual Alabama Cotton Festival will pack downtown Eclectic with concerts, contests, food, and arts and crafts from 8 a.m. to 2 p.m. Oct. 24. Vendors will line Main Street with a wide variety of food and unique wares, as local

dancers and bands perform, and ladies vie for the tiaras of Alabama's Cotton Queens. Music by the Josh Brannon Band and The Springs will highlight the event. The festival also features a variety of contests, including a car show, photography and art contests, and the annual taste-off for best sweet treat.

For more information, call 334-541-3581 or visit <http://www.townofeclectic.com>.

Haunted Hearse Tours

People are welcome to take a ride through Montgomery's dark history in a real hearse. During the ride, people will be treated to ghostly tales of events, some long past, that happened along the quiet streets of the Capital City. Tours will leave The Alley every hour on the hour, beginning each evening in October starting at 7 p.m. The last tour is at midnight each night. The cost is \$15 per person. Organizers warn that some of the descriptions of deaths and events are graphic and that Haunted Hearse Tours might not be suitable for everyone.

To make a reservation, call 334-514-4457. For more information, visit www.hauntedhearsemfgm.com/Home_Page.html.

ZooBoo

Montgomery Zoo will host 11 nights of horror and fun at Zoo Boo Oct. 22-25 and 29-31 from 6-9 p.m. nightly. People can climb aboard the thrill ride of a life time at the Haunted

Hay Ride or visit the Pumpkin Pull for a non-scary, traditional hay ride. Participants will also be treated to games, bouncy castles, concessions and more. Gates open nightly at 6 p.m. and the first Haunted Hay Ride will pull out at dusk. Cost is \$15 for ages 3 years old and older. Ticket includes entry, one ride on either the Haunted Hay Ride or the Pumpkin Pull Hay Ride, and one sheet of game tickets – 10 tickets per sheet.

For more information, call 334-240-4900 or visit montgomeryzoo.com/announcements/zoo-boo-week-1.

Friday Fest

Friday Fest in downtown Panama City, Florida, is Bay County's largest street festival with more than 200 show cars, 50 vendors and live bands – filling up six blocks of Harrison Avenue the first Friday of each month from 6-10 p.m. Local shops and restaurants stay open late.

DAV 5K Run Atlanta

People are welcome to participate and show their support for service members by walking, running or motorcycle riding at the Disabled American Veterans 5K Run Atlanta scheduled for Nov. 14, 8:30 a.m., in Atlanta. Registration fee is \$30 for adults 18 and over and motorcycle riders, and \$15 for youth ages 6-17. Veterans, active-duty military, Reservists, National Guard members and cadets may participate for free.

For more information, send an email to aldavtrain@charter.net or call 334-447-8811.

Spouse support challenging in a changing world

By James Pritchett
Army News Service

WASHINGTON — Not so many years ago, military spouses talked over coffee, at family readiness group meetings, wives clubs and had many other face-to-face options for communicating with each other.

Today, even with ever-growing technology options, new and veteran spouses alike may struggle to find the communication channel they need at a new assignment.

Corie Weathers, a military family blogger, podcaster and licensed professional counselor — and also the 2015 Military Spouse of the Year for Armed Forces Insurance and “Military Spouse” Magazine — attended the Association of the United States Army Annual Meeting and Exposition this week to share what she has learned about military spouse communication and support.

“The military spouse community has always been known for its support and mentoring of each other. However, as times have changed, spouses choose social media as the main source of connection and information,” Weathers said. “Coffees, officer spouse clubs and face-to-face mentoring is slowly disappearing. Spouses will need a new approach that brings generations together if the community is to retain its reputation of support.”

Imperfect storm

Weathers speculates that the culture shifted at the same time that technology expanded and also at the same time family funding for the military decreased. All these unanticipated factors came together at the same time to cause more dependence on online communication, the result of which was less face-to-face sharing and mentoring.

“We need to swing the pendulum back to the middle, and mix in more face-to-face mentoring and communicating — you can’t get everything online. We certainly do not want to discount technology and the ways our younger spouses choose to communicate. Social media has been very helpful, but in many cases spouses are not developing local connections because they expect to be able to get their support online,” Weathers said.

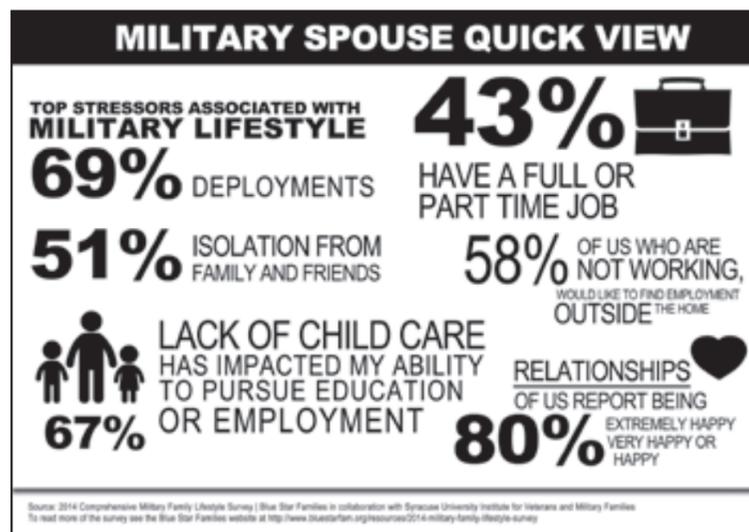
Younger generations have been raised online and continue to use social media as a means of getting information. Sixty-three percent of active-duty spouses report using Facebook to search for information rather than official Department of Defense resources, according to the 2014 comprehensive report based on the Military Family Lifestyle Survey.

Online generations

There are notable benefits to online communication from a military spouse and family perspective. Aside from being a good way to learn about upcoming local events, and as a resource for asking questions and getting quick answers, social media in particular has allowed many spouses and Soldiers to maintain better long-distance relationships and family communication during deployments, as well as with neighbors and friends made at previous assignments.

Weathers referred to three military spouse demographics and shared some insights about each.

Senior spouses are expressing weariness



GRAPHIC BY JAMES PRITCHETT

from years of rapid deployments and mentoring younger generations. While this demographic has opportunities for advocacy and making a difference in younger military families, it can come with a cost in regard to privacy, isolation and expectations. There are high levels of depression, anxiety and isolation in this group.

Mid-senior spouses usually have been through one or more deployments. They may have young children in the home and are heavily involved outside the military. This demographic is also weary from service members’ longer work hours and multiple deployments. Rising numbers of spouses are becoming caregivers to their service member suffering from traumatic brain injuries, post traumatic stress disorder, mental health issues, chronic pain and chronic sleep problems.

The new generation spouse may be defined partly by age and having access to social media and current communications technology for a majority of their lives. Of the three groups, they most use the social space and technology as their main form of connection. This demographic is most likely to see information, perceived support and training as easily researched online, failing to seek out knowledge and support in their local area.

New generation spouses and even mid-senior spouses are likely to have children under 12 in their homes. That equates to a lot of time spent at activities such as playdates, sports, clubs, classes and other events or functions during the week.

Culture shifts

Weathers points out that the Army offers many programs for spouses and families, but the advantages, in many cases, are not fully realized due to lack of participation. A culture shift may be one reason, she explained. Most military spouses today either work or are looking to enter or re-enter the workforce. Among active-duty spouses, 42 percent are employed and an additional 33 percent would like to be employed outside the home, according to the Military Family Lifestyle Survey.

“Parents may just be too busy to have time for another meeting,” Weathers said. “What we have to do is to find ways to make it easier for working parents to take advantage of the services and support the Army offers. We have a lot of spouses who

are professionals. Maybe at a particular post it would be as simple as scheduling more events after 5 p.m.”

Weathers suggests a return to the small things. Maybe it would be helpful, she said, to have someone bring the new family in the neighborhood a welcome packet with up-to-date information. Today, many spouses look to social media to find the best dentist or the best local gym, but hand delivering that welcome packet gives senior and mid-senior spouses an opportunity to meet the new spouse, and offer an invitation to participate in local events.

“It’s a chance to explain the local way of doing things, as well,” she said.

If spouse support doesn’t shift, the military will see a splitting off from other support channels, according to Weathers. This is not necessarily a bad thing. Spouses see each other a lot during deployment, then when the Soldiers come home, maybe not for a few months. Not bad, just a shift in how things are done at different times. Newer spouses need to know that, or they could think they are being ignored or left out, Weathers said.

Spouse mentoring

Mentoring is highly desired and many spouses are willing to be mentors. Most senior spouses, veterans of the officers and enlisted wives clubs era, want to mentor and are doing it. “Mid-senior spouses need to be aware that it is their turn to step up and begin taking the reins,” Weathers said.

There are many great military spouse organizations that started grassroots online — organizations that provide support, information and are using new methods to reach

out. Some family wellness seminars today are held entirely online with recordings posted for those who can’t watch live and for searchers to find at their convenience.

Online communities

Email is still a big player in the delivery of information, and social media is now filling in the general information space with live tweets, podcasts and interactive webinars. Facebook is quickly becoming more of a newspaper or billboard, or for the veteran generation, a Rolodex, for announcements and other tidbits of information. It is not seen as a good forum for personal discussions or to ask delicate questions, yet many in the new generation of spouses rely on it almost exclusively to stay informed.

Some of the Army’s youngest families were brought up in a time where everything was online, or expected to be at their fingertips. However, many are finding that the online community may not be as informative, accepting or supportive as they had hoped, Weathers explained.

Many young spouses turn to the online community for information and find that if they do not ask a question the right way or express their negative feelings about an aspect of military life, they face immediate and often harsh responses. This could lead to increasing feelings of isolation and many become afraid to ask questions or get involved. Bullying can be a factor in all online communications platforms, and military sites and forums are not exempt.

According to the Military Family Lifestyle Survey, 39 percent of spouses reported feeling “stressed” either most or all of the time. Top stressors include deployment and separation, financial stress and employment-related stress.

Getting word out

Additionally, the survey found that 51 percent struggle with isolation and lack of social support. This is notable, Weathers said, because lack of social support is a risk factor for a number of mental health issues including depression, suicide and substance abuse.

There are steps to help remedy the situation.

“We have to see what the rest of the world is doing and be innovative to solve the problem” said Weathers, who believes that when spouses feel a part of something, they are more likely to want to be involved. “They want to be a part of something bigger than themselves, they want to help other military spouses. We have to find ways to market these ideas to them in that way.”

Opportunities: Weekly listing of volunteer positions on post

Continued from Page C1

by AFAP coordinator; work with group recorder, transcriber, issue and staff support personnel, and subject matter experts for accurate reporting of issues; ensure delegates complete symposium evaluation forms and forward to the AFAP coordinator; ensure concise and precise wording of proposed issues and recommended solutions; focus energy of the group on a common task; suggest alternative methods and procedures; protect individuals and their ideas from attack; help group find win-win solutions; attend AAR meetings and provide input for final AAR; and serve as a spokesperson for the AFAP program. If interested, call 255-9637.

Position: Army Volunteer Assistant (ACS)

Assist with keeping accurate listing of available jobs and volunteer opportunities. Assist with setting up files. If interested, call 255-3643.

Position: New Parent Support Volunteer (ACS)

Assist with filing, putting together client packets and baby bundles. Will also assist the nurse specialist, social worker and nurse home visitor on an as-needed basis.

If interested, call 255-3359.

Position: Fort Rucker Community Spouses Club Membership Chair

Attend board meetings, submit end of the year after-action report, and prepare and submit proposed budget to include revising the budget.

If interested, call 255-9578.

Position: AFAP Issue Manager/Subject Matter Expert Coordinator

AFAP is scheduled for Nov. 4-5. Attend required volunteer training sessions. Attend AFAP Advisory Council meetings. Submit AFAP Issue status report during meetings. Track all issues submitted for the annual AFAP Conference and place in appropriate workgroup for discussion. Train issue support person. Prepare tasker memorandum. Work with AFAP

coordinator and ACS director to ensure each issue is assigned an SME prior to being placed in a workgroup. During conference, work closely with issue support volunteers to ensure understanding of issues and ensure copies of installation and Army issue update book are provided for issue managers. Update priority issues in installation issue update book from replies from proponents and the commander’s steering committee. Attend AAR meetings and provide input for the final AAR. Serve as a spokesperson for the AFAP program. If interested, call 255-9637.

Position: DFMWR Training Clerk

Volunteer needed to file correspondence, cards, invoices, receipts, and other records in alphabetical or numerical order, or according to the filing system used; add new material to file records; and create new records as necessary. If interested, call 255-9801.

Position: Activities Support

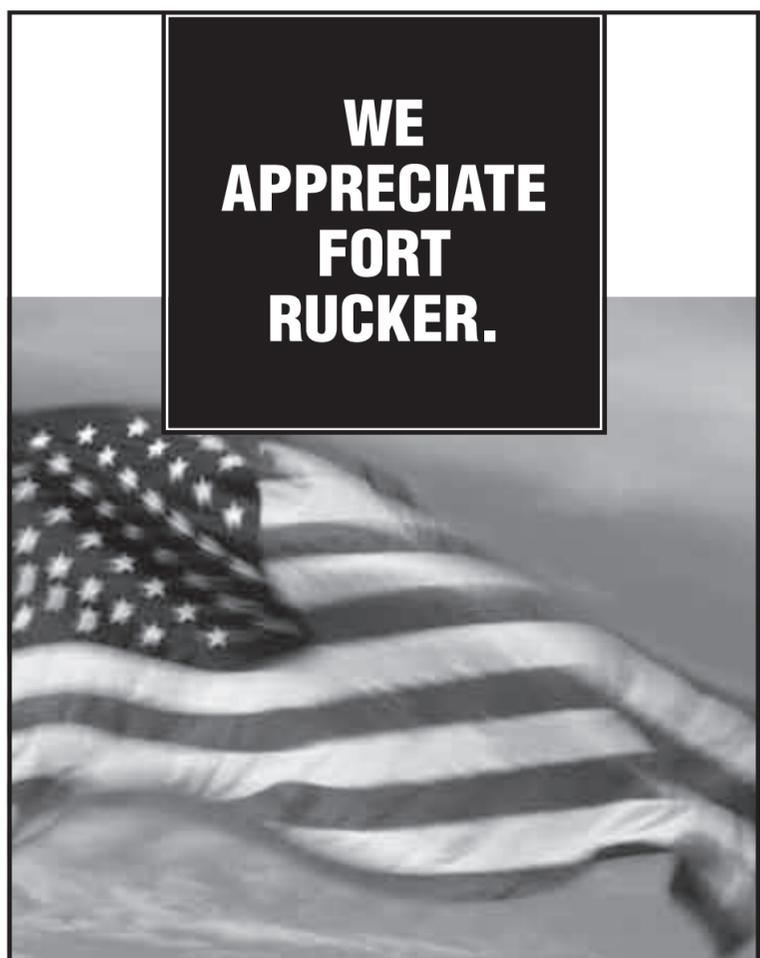
Following basic and well-established library procedures, assists library staff in performing one or more of the following duties: shelving books, periodicals, newspapers; disposing of library materials; physical processing of new materials; maintaining and preserving collections (includes shelf reading and cleaning/repairing materials); morning routine of collecting/shelving materials from tables and chairs, collecting items from book drop, checking status of printers/copiers; interlibrary loans; reserve book program; overdue notices; serials check-in; story time (includes reading stories); summer reading program; teen/adult programs; displays and exhibits; special events; and library beautification projects.

If interested, call 255-3643.

Position: Hollyday Bazaar Co-Chair

Form a committee from general membership to assist with Hollyday Mart planning and execution. Maintain detailed accountability of all financial transactions. Maintain a record of all committee volunteer hours and submit monthly records to the volunteer coordinator.

If interested, call 255-9578.



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Programs: Community support essential to family readiness

Continued from Page C1

more about how various programs have been categorized. Military and community partners are also key when it comes to saving money and providing better services, said Alecia R. Grady, chief of the Armed Forces Community Service Division on Joint Base Lewis McChord, Washington. Her office works closely with the human resources directorate, for example, visiting units at the same time as risk reduction inventories. This saves time and ensures they're seeing the issues that individual units face. That way they can customize programs and services. They also partner with off-post agencies. "We're very proud of the United Way 211, which is a county-wide call center," Grady said. "They actually hired a veteran to work in the call center who was very familiar with the military and now all the operators at the 211 call center, when someone calls in, they ask if they are affiliated with the military. If they are, there's a drop-down box that gives them a menu of all the services we provide on JBLM." Minnesota's Department of Veterans Affairs has taken that to the next level. Through the state's "Beyond the Yellow Ribbon" program, the state has mobilized entire communities – 97 networks across 213 communities – to sup-

port any service member, veteran or family member, said Annette Brechon Kyper, director of military outreach for the state. To become a Yellow Ribbon community, towns must undergo a nine-to-12-month certification process, meeting certain requirements, such as creating a steering committee of local officials in key areas and identifying every military-related child in the local school district. After communities are certified, they then must complete a checklist every year of requirements that officials can adjust based on changing needs. "We ask them to methodically go through every area of their community, find resources, identify the needs of their military-connected residents and to find a way to meet those needs," she said. Local communities want to help service members, she and Grady agreed, but someone needs to tell them what needs Soldiers and their families actually have. Of course, the National Guard and Reserve are already based in their local communities. But Soldiers in those components, and their Families, don't always have easy access to services on an installation. In response, the National Guard has developed family assistance centers. They "lend us a link from the local community to our command structure and to our command on assisting families," said Lt. Col. Gerald R. White, chaplain and state fam-

ily program director for the Utah Army National Guard, explaining that Utah's 10 FACs provide financial counseling, Red Cross message assistance, TRICARE and ID services, counseling and emergency financial support. They work closely with local communities, and also assist veterans and retirees, as well as service members from other branches. For its part, the Army Reserve has created "Fort Family," a 24-7 assistance hotline that has been set up for Soldiers and their families. Fort Family can be accessed at 866-345-8248. The hotline provides survivor outreach services; child, youth and school services; and more. "That phone will be picked up by a live person, who is a caring, compassionate, well-trained person who will do whatever they can to assist that Soldier or that family member," said Maj. Lisa D. Yanity, Fort Family Outreach and Support Center program manager. "Our outreach specialists are credentialed victim advocates because we are now the suicide prevention hotline for the Army Reserves as well as the SHARP hotline." The difference between Fort Family and other hotlines is that Fort Family is also proactive. They make wellness calls 30, 60 and 90 days after deployments. They also notify families of possible natural disasters, such as a hurricane, and then check on Soldiers and family after those emergencies. Yanity noted that she even received a call recently at her home in South Carolina.

Religious Services

WORSHIP SERVICES

Except as noted, all services are on Sunday

Headquarters Chapel, Building 109
8 a.m. Traditional Protestant Service

Main Post Chapel, Building 8940
9 a.m. Catholic Mass
Sunday
11 a.m. Liturgical Protestant Service
12:05 p.m. Catholic Mass (Tuesday - Friday)
4 p.m. Catholic Confessions Saturday
5 p.m. Catholic Mass Saturday

Wings Chapel, Building 6036
8 a.m. Latter-Day Saints
Worship Service
9:30 a.m. Protestant
Sunday School
10:45 a.m. Wings Crossroads (Contemporary Worship Protestant Service)
12 p.m. Eckankar Worship Service (4th Sunday)

Spiritual Life Center, Building 8939
9:30 a.m. Protestant
Sunday School
10:45 a.m. CCD (except during summer months).



COURTESY PHOTO

Pick-of-the-litter

Meet Shadow, an approximately 8-9-month-old female short-hair cat available for adoption at the Fort Rucker stray facility. She is loving and well-behaved. For more information on animal adoptions, call the stray facility at 255-0766, open from 8 a.m. to 3 p.m. All adoptable animals are vet checked and tested for felv/fiv (for cats) or heartworm for dogs (over six months) and on flea prevention. The facility needs donations such as dry or canned foods for cats, dogs, kittens and puppies, as well as blankets, toys and towels. Donations can be dropped off at the stray facility. Visit the Fort Rucker stray facility's Facebook page at <http://www.facebook.com/fortruckerstrayfacility/> for constant updates on the newest animals available for adoption.

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GOLD STANDARD
USA sets record while winning in formation skydiving
Story on Page D3

OCTOBER 22, 2015

EVENLY MATCHED

Waiver Wire, Swift and Deadly tie, 30-30

By Nathan Pfau
Army Flier Staff Writer

As two intramural football teams went head to head to see which would come out on top, both were evenly matched and unable to snatch victory from the jaws of a standoff.

The 1st Aviation Brigade's Swift and Deadly took on the 1st Battalion, 145th Aviation Regiment's Waiver Wire and despite going into double overtime, neither could secure a victory as they played to a 30-30 draw.

"We came out here and our guys played really hard and well, and the other team are great sports and played hard, and we ended up in a tie, but we gave it our all for our last game of the regular season," said 2nd Lt. Rob Write, Waiver Wire team captain. "If we could have finished through with our last two drives, we could have scored, but their defense was really good and we couldn't make it."

Pvt. 1st Class Brandon Thompson, quarterback for Swift and Deadly, agreed that both teams played worthy of the bout and was happy with the game's turnout.

"I think it was a good contest. Both teams score pretty quickly and we both started to drop off at the end there," he said. "It just goes to show how competitive both teams were and how good we both were. I think our team has progressed exponentially from Game 1 to today, so I'm satisfied with where we are at now."

Both teams started off with strong offenses, scoring with nearly every possession throughout most of the first half, but as time went on, players on both sides began to tire, making it difficult for either to pull ahead as the game headed into overtime.



Capt. Dwayne Young, player for Swift and Deadly, makes his way through opposing players as he attempts to run the ball up field during a game at the football field at the Fort Rucker Physical Fitness Center Tuesday.

Swift and Deadly started with a touchdown on the first play of the game to take an early lead, 6-0.

Not to be outdone, however, Waiver Wire came back with just as much vigor, and although they didn't manage a touchdown on their first play, the offense managed to push past the opposing defense to get into the end zone within minutes to tie the game.

The 1st AB team came back with a hail-Mary pass on their very next play for their second touchdown to set the pace for the game, which somehow didn't faze their opponents at all as Waiver Wire took possession.

Waiver Wire charged downfield, pushing through the gaps in their opponent's defense to get first down after first down before running it into the end zone for their second touchdown to again tie the game.

Both teams continued their strong offensive plays, scoring another touchdown

each before the end of the half, but a slip up by Swift and Deadly gave Waiver Wire the opportunity to take the lead.

With only 30 seconds remaining in the half, Waiver Wire managed to snag an interception for an extra possession with only seconds remaining.

Their hopes were cut short, though, as the 1st AB's defense tightened up and prevented them from scoring.

Going into the second half, Waiver Wire still had the advantage as they received to start and managed a decent return. They continued their aggressive offense to get within yards of the goal line before making a complete pass into the end zone to give them the lead for the first time in the game, 24-18.

The lead wouldn't last for long, though, as Swift and Deadly charged hard downfield to the opposing end zone to tie the game once again just minutes into the half.

Both teams seemed to visibly tire as the game progressed, but neither was giving up as they both pushed toward victory.

Swift and Deadly managed to score another touchdown with only a minute left in the game, leaving their opponents trailing 30-24.

Waiver Wire had little time to get back to tie the game, and managed to push downfield and get within yards of the goal line with just seconds remaining in the game.

With tensions high, the 1-145th team hiked the ball and managed a complete pass into the opposing end zone to tie the game at 30 and force overtime.

Both teams got the opportunity to score with four downs each, starting at the opposing 20-yard line, but neither was able to score with their allotted downs, sending the game into a second overtime. Despite the extra time, neither offense was able to push past the other's defense to pull out a win and the game remained tied at 30-30.

Systems help keep patients in touch

By Jenny Stripling
Lyster Public Affairs officer

There are many recent innovations within the Army Medical System that can help you and your family find care when needed.

As everyone knows, people don't always get sick just when their primary care clinic is open. Also, you would most likely rather not go to the emergency room and sit next to really sick people if you don't need to.

So, what's the best way to get care when you need it?

The Nurse Advice Line offers a single, known point for all TRICARE beneficiaries to access clinical advice and health information. It is designed to provide you with quick access to healthcare advice, increase patient satisfaction with TRICARE benefits and, when appropriate, redirect you to the direct care system.

Additionally, if the nurse recommends that the caller see a provider, then appointing services will be offered.

"The nurses on the line will ask patients a series of questions about their specific health concern, and advise if self-care at home is adequate or if they need to see a healthcare provider," said Capt. Ryan Schiel, chief of the managed care division at Lyster.

The TRICARE Nurse Advice Line can be accessed by calling 1-800-TRICARE (1-800-874-2273) and selecting option No. 1 for urgent healthcare questions. Patients calling the LAHC main line at 255-7000 can select option No. 3 to be connected to the TRICARE Nurse Advice Line.

"Lyster also offers two wonderful programs to enable you to communicate with your provider easily and in a secure manner: RelayHealth and signing up for

TRICARE Online," said Schiel.

Patients with non-urgent questions can use Relay Health's Secure Messaging Service to e-mail their doctor.

Secure Messaging allows you to directly contact your health care team through the Web. You can initiate a web visit consultation, receive preventive care reminders, send a note to the provider's office, request test results, ask for prescription renewals, and ask questions of your provider and care team.

The turnaround time for an e-mail response is usually 24 hours. To sign up for Relay Health, visit <https://app.relayhealth.com> and click Register.

TRICARE Online allows you to view, schedule or cancel a primary care appointment and select self-referral appointments for you or your family members; set email or text message appoint-

ment reminders for you or your family members; view, download or share your Blue Button Personal Health Data; and check the status of or order prescription refills for you or your family members 24 hours a day, seven days a week.

TRICARE Online also securely links you and your family to consolidated healthcare services, and provides you with information about treatment received at a military hospital or clinic. To use TRICARE Online, make an account using either a Department of Defense Self-service Logon or a Defense Finance and Accounting Service MyPay account. Both can be used at home. Visit www.tricareonline.com for simple, step by step instructions.

"We truly hope our patients find these services to be beneficial, giving them an easier way to access their health," said Schiel.



ARMY GRAPHIC

PIGSKIN PICKS



Seattle vs. San Francisco

Tampa Bay vs. Washington

Minnesota vs. Detroit

N.Y. Jets vs. New England

Dallas vs. N.Y. Giants

Philadelphia vs. Carolina

Baltimore vs. Arizona

| | | | | | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Col. Tom von Eschenbach CDID (29-13) | | | | | | | | | | | | | | |
| Capt. Louis Hill 6th MP (25-17) | | | | | | | | | | | | | | |
| Jim Hughes PAO (32-10) | | | | | | | | | | | | | | |
| Capt. Mike Simmons DPS (30-12) | | | | | | | | | | | | | | |
| Sharon Storti NEC (29-13) | | | | | | | | | | | | | | |

DOWN TIME



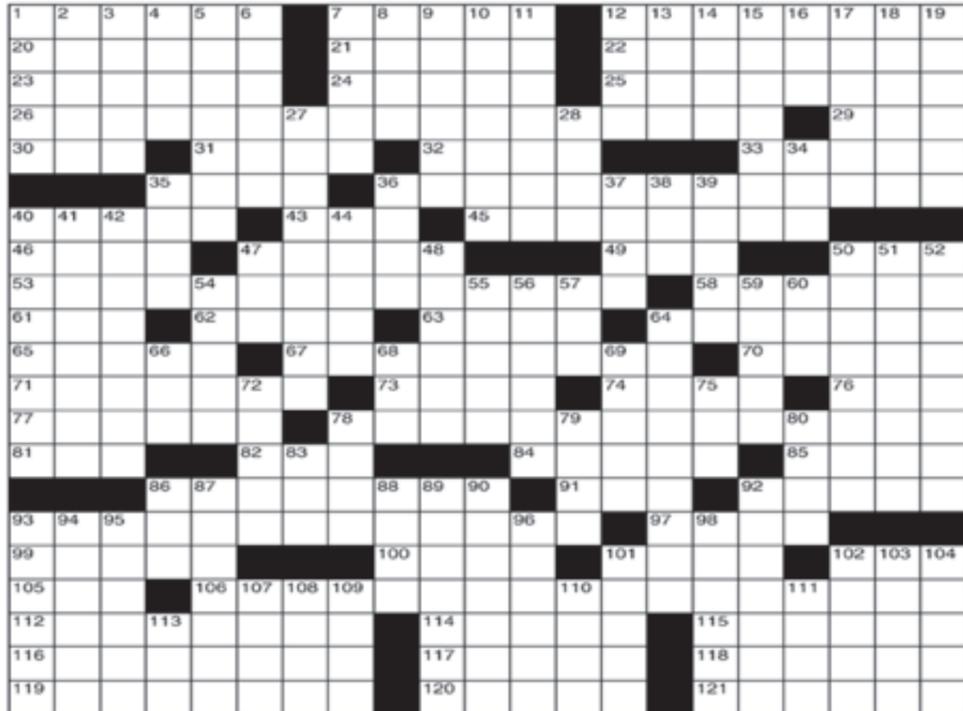
T R I V I A

- GEOGRAPHY:** What is the capital city of Australia?
- MOVIES:** Who won the 1961 Oscar for Best Supporting Actress in "West Side Story"?
- MUSIC:** Who is honored in the song "Candle in the Wind" by Elton John?
- HISTORY:** Who called Dec. 7, 1941, "a date which will live in infamy"?
- NATURAL WORLD:** What are the seeds of castor bean plants used to produce?
- LITERATURE:** Who wrote the novel "Barry Lyndon"?
- ENTERTAINERS:** What famous actor who once played James Bond also was a contestant in the 1950 Mr. Universe contest?
- GENERAL KNOWLEDGE:** In "The Twelve Days of Christmas" carol, what present was sent on the 11th day?
- TELEVISION:** When did the award-winning kids' show "Sesame Street" go on the air?
- DISCOVERIES:** Who is credited with discovering quarks?

See Page D4 for this week's answers.

Super Crossword

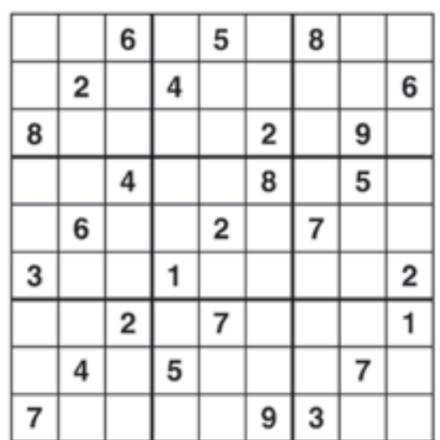
- ACROSS**
- Mascara messes Cheryl
 - 100%
 - React to with loud laughter
 - Exasperate
 - Stirring to action
 - Northern Spanish city
 - Puerto (San Juan native)
 - Omaha locale
 - Football team whose members wear stiff bracelets?
 - Graceful shade tree
 - Saloon cask
 - Biz bigwigs
 - "Fraid not"
 - A triad
 - "M*A*S*H" actor
 - Jamie
 - Baseball team whose members love barbecues?
 - Authorized
 - Spill-fighting gp.
 - Tryouts
 - Lab medium
 - Nonessential — acids
 - Bond novelist Fleming
 - Eggs in a lab
 - Basketball team whose members have pet macaws?
 - Country music's Tritt
 - British music co.
 - Rani's dress
 - Year (for)
 - Loan sharks
 - Loathsome
 - Long ribbons
 - Strong suit fabric
 - Augment
 - Kind of sax
 - Affirmative votes
 - "boom bah!"
 - Stuff in sand or quartz
 - Football team whose members collect perfume bottles?
 - Verbalize
 - La —, Bolivia
 - Oft-dunked treat
 - Hodgepodge
 - Suspenseful sleuth story
 - Popular fashion inits.
 - Storm-finding system
 - Basketball team whose members are always summarizing things?
 - "Jurassic Park" dino
 - Healer
 - 2010 World Series MVP
 - Milk spokesperson
 - Des — (Iowa's capital)
 - Infallible
 - Train base
 - Free oneself
 - Italicizes, e.g.
 - A-, C+, or F
 - Cease and —
 - Is sick with
 - Casino game
 - Mandlikova of tennis
 - Elevator name
 - Gun owners' org.
 - Shrimps
 - Un-punctuality
 - Narcissism
 - In a gaudy manner
 - Larklike bird
 - "It comes — price"
 - Creator of Big Brother
 - Spoke too highly of
 - Richmond locale
 - Property appraisal pro
 - Lance Bass' boy band
 - Rodeo lasso
 - Donny or Marie
 - Part of BTW
 - Baseball's Tony La —
 - "People — talking"
 - Valuable hint
 - Mai —
 - Slum rodent
 - "— Hope" (bygone soap opera)
 - Dinner fowl
 - Flight stat
 - Côte d'—
 - R-Us
 - Soft-soap
 - Toothpaste box inits.
 - Golfer Michelle
 - Bazaar (magazine)
 - Birds' bills
 - Arctic chunk
 - Set up in rows and columns
 - Suitor's flower
 - Flying son of Daedalus
 - Ted of rock
 - One buzzing
 - Old Iran
 - Juiced
 - "— things happen"
 - Peninsula of the Mideast
 - Little chirps
 - Advantage
 - Spring bloom
 - Fork feature
 - 109 Makes "it"
 - 110 Adorn richly
 - 111 Quirky habits
 - 113 Uno, due, —



See Page D4 for this week's answers.

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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See Page D4 for this week's answers.

KID'S CORNER

Junior Whirl by Hal Kaufman

WORDY CAUSE! You are asked to find five-letter words that will read the same both across and down in the diagram at right according to these (optional) definitions: 1. "Mascara" (noun); 2. "Fleming" (noun); 3. "Eggs" (noun); 4. "Basketball" (noun); 5. "Country" (noun). Remember, words are to read alike both across and down.

PHANTOM MATH CHALLENGE

Twelve asterisked numbers have been replaced by X's in the multiplication problem above. Our ghostly opponent is to quibble at the prospect of restoring them, but he/she/it needs to be too intimidated by the task.

Obviously, the last digit in the multiplicand at top right must be a 2 or a 7, since four times that number results in a 6. Also, X times the amount must result in a 5. The multiplier then must be 6.

One more hint: The second digit in the multiplicand is a 4 or number.

Can you solve it?

JACK SPOT! Take a guess as to how many jack-o-lanterns are shown above. Then try counting to see if you are right.

Wishing Well

SCORE 10 points for using all the letters in the word below to form two complete words.

WICKEDLY

THEN score 2 points each for all words of four letters or more found among the letters.

Try to score at least 30 points.

Wishing Well

4 8 5 2 8 5 2 6 3 6 2 5 2
N D E M I X A C E O K P E
8 4 2 3 6 3 4 5 2 6 3 5 6
S O S X R P W E O R E C E
4 3 2 8 6 5 3 6 2 5 6 2 5
C C M C C T T T E S M O U
2 6 7 2 3 2 8 6 3 7 2 4 5
N I L E S G O S U O L O R
2 3 7 5 2 6 3 8 7 6 3 6 5
A C O P D T C U K A E K R
4 6 3 8 5 6 5 3 8 5 4 8 7
N E S N I S S T E T F A
8 4 8 4 8 4 8 7 4 7 4 7 7
E E A N R T S H E E D A D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

HOCUS-FOCUS BY HENRY BOLTOWOFF

Find at least six differences in details between panels.

USA sets skydiving record

By Gary Sheftick
Army News Service

POHANG, South Korea — Team USA parachutists set a world record as they beat out China to take the gold in women's formation skydiving Oct. 7 during the Military World Games.

Four female members of the U.S. Army Golden Knights Parachute Team performed 35 formations in 35 seconds during their last jump at the Conseil International du Sport Militaire World Games.

Two of the formations didn't actually count due to judges ruling that contact wasn't stationary in one case and separation was incomplete in the other. No matter, 33 formations were enough to set the world record, according to the team's captain, Sgt. 1st Class Angela Nichols.

The record they broke was their own, set in Indonesia last year by the same team of Nichols and Sgt. 1st Class Laura Davis, Sgt. 1st Class Dannielle Woosley and Sgt. 1st Class Jennifer Davidson — the U.S. Army Golden Knights women's four-way competition team.

CISM was the first time the women had competed since Golden Knights team member Sgt. 1st Class Corey Hood died following a midair collision with a Navy skydiver at a Chicago air show Aug. 16.

Joining the four female Golden Knights in their Korea jumps was male videographer Sgt. 1st Class Scott Janice. His job was to jump out of the aircraft immediately following the women and videotape their airborne formations from above.

Janice wears two video cameras on his



Team USA members salute the colors after being awarded gold for formation skydiving at the CISM World Games in South Korea, Oct. 8, 2015. From front to back are: Sgts. 1st Class Jennifer Davidson, Laura Davis, Scott Janice, Angela Nichols and Dannielle Woosley.

helmet. The cameras are controlled by an eyepiece. Wherever he looks, that's what the cameras record, Janice said. His video was shown to the contest's judges for technical review. Without the video, judges would have no way to award points for the various formations, as they can't be seen accurately from the ground.

First, the women were required to skydive into a star formation by joining hands. They had to hold this formation for five seconds before releasing and maneuvering through

the air into other formations, including the doughnut and unipod. Between each formation, the skydivers must turn 360 degrees.

After the first star formation, the women had 30 seconds to complete the 32 other formations they successfully performed in the last jump.

"I wish we could have seen the video," Nichols said. In this case, after the video was reviewed by judges it was destroyed, because the jumps took place over South Korea's 1st Marine Division training area in Pohang and

host-nation rules forbid release.

The Golden Knights and other competitors each made six jumps in the formation skydiving competition. They set the record on the final jump, which Nichols said was the most difficult because the moves were faster.

Points were tallied for each jump and the U.S. team was awarded first place. China took the silver medal and France took bronze.

"Our training and dedication ... exceeded everyone else's and enabled us to win the gold," Janice said.

The four U.S. female parachutists also competed in the style category at CISM and the precision accuracy competition. In the latter, competitors jumped from 3,500 feet and tried to maneuver their parachute to land on what Nichols said looked like a 2-centimeter dot. An electronic pad measured the distance from the bulls eye that each parachutist landed.

In the style competition, the parachutists jumped from 7,500 feet and did a series of turns and back loops. But formation skydiving is the USA team's specialty, Nichols said.

While Nichols and her team have been traveling around the world for almost five years competing, this was the first time she has been to South Korea.

"I've been pleasantly surprised," Nichols said.

It's been a cultural experience, she explained, adding that the Koreans have been great hosts. Hundreds of Korean school children came to watch the skydiving and so did some of the South Korean marines.

USA earns gold in sailing at World Games

By Gary Sheftick
Army News Service

POHANG, South Korea — Team USA beat out Russia for gold in women's two-person dinghy sailing during the Military World Games Oct. 7.

Navy Lt. Trisha Kutkiewicz and Ensign Mary Hall actually finished the final race a boat-length behind the Russians and didn't realize they had won mathematically based on total points after 11 races. They

came ashore disappointed until the official tally was posted an hour later showing USA had won by a single point.

"Russia was our top competitor — really close with us — so we were battling it out with them," Kutkiewicz said. "But we still had to keep an eye on all the other girls because it was a really tight fleet. The top five were some of the best in the world."

The Brazil team took bronze with 23 points. Russia took silver

with 17 points after winning four races, including the final.

USA was ahead coming into the final turn, but jibed too sharply and lost the wind. Russia edged ahead.

That let the sails out of Hall's and Kutkiewicz' confidence. They thought Russia had taken the gold. Both Russia and the USA had won four of the 11 races. But USA had finished in second-place in three of the races, compared to Russia's two. That gave USA the win by a point and a champagne cork was

popped.

This was the third consecutive year Kutkiewicz sailed in the Conseil International du Sports Militaire competition. She had taken the bronze during the sailing competition in Norway, but had never taken gold. She was ecstatic.

"It was a pretty awesome experience," she said, delighted to represent the USA on the top podium.

Some of the teams compete together year round, but this was the first time Kutkiewicz and Hall had sailed together. Both have full-time jobs in the Navy. Kutkiewicz serves as flag aide to an admiral who is the oceanographer and navigator of the Navy.

Hall just graduated from the

U.S. Naval Academy in Annapolis, Md., in May. But she served as the skipper.

"It was a really cool dynamic for us to work together," Kutkiewicz said.

This was the first time in 10 years that the USA took gold in CISM sailing. The last time was in Brest, France, in 2005.

This year, the USA mixed team of Coast Guard Lt. j.g. Sean Kelly and Navy Lt. Mary Hesler placed 11th out of 20 in the mixed two-person dinghy competition.

On the same day, Team USA also won gold in Women's Formation Skydiving, taking place just a few miles away in Pohang, South Korea.



The U.S. women's sailing team, with Navy Lt. Trisha Kutkiewicz, right, and Ensign Mary Hall, left, capture the gold medal during the 6th Conseil International du Sport Militaire Military World Games.



The U.S. women's team crosses the finish line behind Russia during its final race of the women's two-person dinghy competition.

Soldier earns silver in Greco-Roman wrestling

By Gary Sheftick
Army News Service

MUNGYEONG, South Korea — A Soldier took silver Oct. 10 in Greco-Roman wrestling in the 75-kilogram division at the Military World Games.

Sgt. Justin Lester beat opponents from China, Poland and Egypt before losing in the final match to Korea's Jin Hyeok Kim, 6-2.

"It was hard to get my opponent to open up," Lester said of his final bout. "When someone refuses to wrestle, it's hard to score points. I was chasing the guy the whole match."

Lester said he would push the pace even more if he had the championship bout to fight over again. Toward the end of the match, Kim began to engage, Lester said, but it was too late to score enough points.

"I kept my cool and felt good the whole match," he said. "I felt loose the whole tournament."

Lester scored nearly 30 points in the four matches he fought Oct. 10 at the Mungyeong Indoor Gymnasium.

The biggest controversy was with Chinese wrestler Gele Qing. Lester threw him



In his first time competing at the Conseil International du Sport Militaire World Military Games, Greco-Roman wrestler Sgt. Justin Lester, won Silver in the 75 kg weight division Oct. 10 in MunGyeong, South Korea.

for four points and the Chinese challenged it. But the video replay wouldn't work. Referees reversed the points without see-

ing the video, Lester said. Despite that, Lester won the match, 10-0.

His first-round match was against

Egypt's Ibrahim Ghanem and Lester won that, 8-0. His next match, China's Qing, before going on to the semi-finals to beat Poland's Dawid Klinek, where the final score was 10-2.

Lester said he enjoyed the Conseil International du Sport Militaire World Games despite having to wait a week to compete. It gave him a chance to watch the other wrestlers, he said.

Army Cpl. Matthew Lamb came the closest to winning another medal. He took fifth place in the 130 kg Greco-Roman category after losing to Poland's Lukasz Banak.

"It was exciting getting to meet all the other athletes," from other nations, Lester said, "especially since every one of them is military. I'm very thankful for the Army and WCAP (World Class Athlete Program) for giving me a chance to represent the country," he said.

Lester said his mission from here on out is to qualify for the Olympic Summer Games in Rio de Janeiro "and bring home a medal for the United States."

Next, he competes in the New York Athletic Club Tournament in early November, and then on to a wrestling tournament in Scandinavia in late November.

PIGSKIN

PICKS 

| | California vs. UCLA | Kansas State vs. Texas | Army vs. Rice | Duke vs. Virginia Tech | Tennessee vs. Alabama | Texas A&M vs. Ole Miss | Utah vs. USC |
|---|---|---|---|--|---|---|---|
|  David C. Agan Jr. PAO (29-13) |  |  |  |  |  |  |  |
|  Kent Anger, DPTMS (29-13) |  |  |  |  |  |  |  |
|  Todd Conyers USAACE (22-20) |  |  |  |  |  |  |  |
|  Wes Hamilton NEC (29-13) |  |  |  |  |  |  |  |
|  John Tkac DPS (24-18) |  |  |  |  |  |  |  |

SPORTS BRIEFS

Big Buck Contest

Fort Rucker Outdoor Recreation will host its Big Buck Contest from Sunday to Feb. 10 during daylight hours. Entry fee is \$25 per person and the contest is open to the public. Participants must register before harvesting bucks and bucks must be harvested on Fort Rucker to qualify. Fort Rucker requires that individuals ages 16 and older have an Alabama State Hunting License, a Fort Rucker Post Hunting Permit and a hunter education card.

For more information and to register, call 255-4305.

Spooky 5K

The Fortenberry-Colton Physical Fitness Center will host the annual Spooky 5K, 1-Mile Fun Run and Costume Contest Oct. 31. Registration on the day of the event will be from 7:30-8:45 a.m. at the Fort Rucker Festival Fields. The run will start at 9 a.m. The fun run will be free and open to all children, and will begin after the 5K is completed. Each fun run participant will receive a medal. There will be a costume contest with first-place trophies for overall best costume, scariest costume and most original costume, for both adults and children. The costume contest is free to enter and will start at 8:15 a.m. Cost for the run is \$20 until Sunday with a T-shirt, or \$25 from Monday through race day – includes shirt while supplies last. There is also a \$12 no-shirt option. Teams cost

\$120 per eight-person team – each additional person pays normal registration fee – through Sunday, which includes shirts, or \$160 from Monday through race day – includes shirts while supplies last. Trophies will be awarded in various individual and team categories. Participants are encouraged to pre-register at either PFC.

For more information, call 255-3794.

Deep Sea fishing trip

Outdoor recreation will host a deep sea fishing day trip aboard the Vera Marie in Destin, Florida, Oct. 31. All attendees have to do is sit back, relax and enjoy a day of fishing. Everything else will be taken care of. The bus will depart at 4 a.m. from the West Beach, Lake Tholocco Swimming Area parking lot and return at 8 p.m. Organizers recommend people bring a small cooler with drinks and snacks – no glass. ODR officials will stop on the way back to get food, but the cost for food is not included in the price. The cost is \$75 per person, plus tip. The price includes transportation to and from Destin, bait, rod, reel, fishing license, six-hour fishing trip, and fish cut and cleaned at the end of the trip. The trip is not open to the public. All civilians must be sponsored by active-duty military, retired military or Department of Defense civilians. The sponsor must attend the trip with the person they sponsored. The trip is limited to 36 participants.

People can sign up at ODR or MWR Central. For more information, call 255-4305 255-2997.

Fall youth basketball

Registration for fall youth basketball takes place now-Oct. 31. Participants need to have current sports physical, and be registered with child, youth and school services. Children must also meet age requirements by Sept. 1, 2015. Coaches are needed. Those interested should call 255-2257 or 255-2254.

For more information and to register, call 255-2257, 255-2254 or 255-9638.

Monster Bowl

Rucker Lanes will host its Monster Bowl Oct. 31 from 9 p.m. to midnight. For more information, call 255-9503.

Fitness challenge

Fortenberry-Colton Physical Fitness Center fitness class instructors will hold a two-hour fitness challenge each month, with the next scheduled for Nov. 9. The challenges are open to all authorized PFC patrons. Each class costs \$3.50 or people can use their class cards. Each session will feature door prizes and refreshments. All challenges are held at the Fortenberry-Colton PFC at 5:30 p.m.

For more information, call 255-3794.

Veterans Day Stars and Strikes

Rucker Lanes will host its Veterans

Day Stars and Strikes Nov. 11 from 10 a.m. to 10 p.m. The special includes bowling for 25 cents per game and 50-cent shoe rentals per person. For more information, call 255-9503.

CG Veterans Day Golf Challenge

Silver Wings Golf Course will host its second annual Commanding General's Veterans Day Golf Challenge Nov. 11. The driving range will open at 6 a.m., a continental breakfast will be served at 7 a.m. and a shotgun start will be at 8 a.m. Deadline to enter is Nov. 6. Format will be a four-person-team scramble and be 18 holes. A limit of 36 teams may participate. Priority for team slots will be given to active-duty Soldiers. The event will also feature lunch and prizes. The cost is \$30 for non-members and \$20 for members. The challenge is open to the public.

For more information, call 598-2449.

Family Fun Day at Silver Wings

Silver Wings Golf Course will host its Family Fun Day every Sunday starting at 1 p.m. now through December. This family experience is intended to introduce people to the game in a fun environment and help develop life-long golfers. The cost is \$20 for one adult and one junior, which includes cart rental, any applicable green fees, and one bucket of balls for nine holes.

For more information, call 598-2449.

PUZZLE ANSWERS

Super Crossword

Answers



Weekly SUDOKU

Answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 3 | 6 | 9 | 5 | 1 | 8 | 2 | 7 |
| 1 | 2 | 9 | 4 | 8 | 7 | 5 | 3 | 6 |
| 8 | 7 | 5 | 6 | 3 | 2 | 1 | 9 | 4 |
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| 5 | 6 | 8 | 3 | 2 | 4 | 7 | 1 | 9 |
| 3 | 9 | 7 | 1 | 6 | 5 | 4 | 8 | 2 |
| 6 | 5 | 2 | 8 | 7 | 3 | 9 | 4 | 1 |
| 9 | 4 | 3 | 5 | 1 | 6 | 2 | 7 | 8 |
| 7 | 8 | 1 | 2 | 4 | 9 | 3 | 6 | 5 |

Trivia

Answers

1. Canberra
2. Rita Moreno
3. Marilyn Monroe
4. Franklin Roosevelt, asking for a declaration of war after the bombing of Pearl Harbor, Hawaii
5. Ricin, a toxic poison
6. William Thackeray
7. Sean Connery
8. 11 pipers piping
9. 1969
10. Murray Gell-Mann

National Peanut Festival Advance Tickets Now on Sale!

ONE DAY ADMISSION TICKETS - \$6⁰⁰
TWO DAYS ADMISSION TICKETS - \$11⁰⁰
NINE DAYS SEASON PASS - \$45⁰⁰
 Ages 5 and under is FREE

ONE DAY MEGAPASS \$25⁰⁰
 Includes Admission & Armband ticket
 May be used for any one day of the festival.

Megapass & Advance Gate Tickets Available at the NPF Ticket Office & Online Now until 5:00PM Thursday, November 5TH

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- Fieldcrest Apartments • Five Star Credit Union
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